

An independent newsletter for people interested in Aged Care

In this issue:

- Welcome
- Special Days
- Public Holidays
- RCD testing
- Covid 19 vaccination roll out
- Digital boost
- Health and Safety
- HDSS review
- Flu vaccine updater
- Mobile Health
- Back issues
- Helpful websites

**Emailed to:
1966 readers
and counting**

**Welcome to my
overseas readers**

09jelica@gmail.com
www.jelicatips.com
mobile: 021 311055



Congratulate for achieving 4 years is:

None received this month.

If you are having an audit this month, then all the best. Hope you achieve a good outcome.

SPECIAL DAYS THIS MONTH

- April Fool's Day - 1 April
- Good Friday – 2 April
- Easter Sunday – Sunday 4 April
- Daylight saving ends – 4 April
- Easter Monday – Monday 5 April
- Southland Anniversary Day – 6 April
- ANZAC Day – 25 April
- Day off for ANZAC Day – 26 April
- International Firefighter's Day – 4 May
- Mother's Day – 9 May



PUBLIC HOLIDAYS

Regardless of Covid-19 Alert levels, there are some essential rules that apply over the Easter and ANZAC holidays that affect employer obligations to their employees and the ability of shops to trade.

For more information visit:

<https://www.employment.govt.nz/about/news-and-updates/planning-to-open-your-business-easter-anzac-holidays/>

RCD testing

RCD testing in workplaces is covered under AS/NZS 3760:2010 guidelines. Here's why all NZ businesses should undertake RCD testing every 12 months

Regular testing of fixed residual current devices (RCDs) for workplaces, including commercial premises, offices, schools, hotels and motels, retirement villages, workshops, factories and many other buildings is covered under AS/NZS 3760:2010 guidelines.

An RCD (aka a safety switch) is an electromechanical device that automatically shuts off when it detects leakage current that presents an electrocution hazard.

Like any electromechanical device, it is prone to failure. That's why there is a requirement for regular testing.

Regular testing will ensure your RCDs remain in good working order to...

- Avoid fire and/or electrocution.
- Promote safety in the workplace.
- Meet any requirements set by your insurance company.

Check with your electrician to have this done.

COVID 19 Vaccination roll out

Source: **Ministry of Health - Manatū Hauora**

Vaccination is now well underway. The first priority group, MIQ and border workers and their household members have been vaccinated. Frontline healthcare workers and people living in high risk settings have already started to receive the vaccine and focus on this group will continue through to May.

The COVID-19 vaccine will be provided free to everyone in New Zealand in stages. There are four main groups and the timings will overlap and may shift slightly as the vaccination programme progresses.

Group 1 – 50,000 border and MIQ workers, their household contacts and the people they live with. This started in February and most will be completed this month, with at least one dose administered.

Group 2 – Approximately 480,000 frontline workers and people living in high-risk settings. Starting with the 57,000 healthcare workers on community frontlines, and then moving through to healthcare workers protecting our most vulnerable and some priority populations. This started in February and will continue through to May.

Group 3 – Priority populations. Approximately 1.7 million people who are at higher risk if they catch COVID-19. This is planned to start in May.

Group 4 – The remainder of the general population – approximately 2 million people. Starting from July.

The Government has secured an additional 8.5 million doses of the Pfizer/BioNTech vaccine based on the fact this vaccine has been shown to be about 95 percent effective at preventing symptomatic infection. This means there will be enough doses to vaccinate New Zealand's entire population with a single vaccine.

The first dedicated vaccination clinic opened in East Tamaki early March which helped to scale up vaccination of the high priority border and MIQ workforce and the people they live with. Two other dedicated vaccination centres will open in Henderson and in central Auckland in the coming weeks. MOH is also partnering with Māori and Pacific health providers to set up smaller community-based vaccination clinics in South Auckland.

Two key resources for clinical information about the COVID-19 vaccine have been updated. The Immunisation Handbook 2020 provides clinical guidelines for health professionals on the safest and most effective use of vaccines in their practice. A new chapter on the COVID-19 vaccine can be found:

<https://www.health.govt.nz/our-work/immunisation-handbook-2020/5-coronavirus-disease-covid-19>

The Immunisation Advisory Centre (IMAC) has also updated its COVID-19 resources. Answers to key questions on vaccinator training and vaccine delivery can be found at <https://www.immune.org.nz/covid-19-vaccines>

There is also a new Covid 19 Vaccine Resource page on the Ministry website, which is full of useful information and fact sheets in multiple languages. <https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-vaccines/covid-19-vaccine-resources>

The latest vaccine and Immunisation programme Update <https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus/covid-19-vaccines/covid-19-vaccine-updates-health-sector> for the health sector covers the COVID-19 Immunisation Register, workforce and training, informed consent and other operational matters related to the vaccine roll out.

Keep checking out the above pages to stay informed and up to date.

Don't carry
your mistakes
around with
you.
Instead, place
them under
your feet and
use them as
stepping stones
to rise above
them

Truth hurts

GIVE YOUR BUSINESS A DIGITAL BOOST

Join the thousands of Kiwi businesses who are taking up the free online Digital Boost courses to help them do business smarter.

Digital Boost Skills Training and Support is a partnership between the Ministry of Business, Innovation and Employment (MBIE) and a consortium led by The Mind Lab – an award-winning online learning organisation – to help more kiwi businesses realise the benefits of being digital.

The free online courses are designed to equip business owners, with digital skills to do business smarter – and they're taught by Kiwi experts who make it all straightforward. The Mind Lab CEO Frances Valintine says "Digital Boost will bring Kiwi businesses up to speed with the latest digital tools, enabling them to improve productivity and gain more time, freedom and sales.

What will you learn?

The online courses take you through self-paced learning pathways enabling you to participate when and where it suits you. There are six key topic areas, each featuring numerous videos, how-to guides, live chats and explanations that will ensure you, or members of your team, can digitise your business and boost your sales.

Subject areas include:

- Websites
- Digital tools
- Social media
- Small Business accounting
- Business insights
- Future technologies

What's the commitment?

The Digital Boost Skills Training and Support is free to any NZ-registered small business or sole trader. And because the courses are online, you can jump in and out whenever it suits. Whether you have five minutes or an hour, you can opt in and learn whenever or wherever you can.

In addition, every day you can join live online Q&A sessions with experts as well as twice weekly 'Fireside Chats' with small business owners who have already started their digital journey. At every step you are supported by a team of expert digital advisors who can talk through your specific queries.

How do I sign up? You can use your unique NZBN number to sign-up for the free courses at <https://digitalboost.co.nz>

Source: *Business.govt.nz*

AS YOU GROW OLDER

Your hearing gets worse, but you listen a lot better

Your sight gets blurry, but your vision becomes more clear

You sometimes can't think of the right words but you're no longer just throwing out anything that comes to mind.

You realise that your heart doesn't pump quite as well, but that every beat counts, because every beat means that you are still here, still learning, and still loving

Doe Zantamata

Three things to never do:

1. Beg for anyone to stay in your life.

2. Beg for anyone to talk to you.

3. Beg for anyone's attention.

Quotes and pictures

A MEERKAT THANK YOU TO HEALTH AND SAFETY REPRESENTATIVES

Source: Worksafe NZ

When it comes to looking out for those around them, meerkat instincts are widely recognised. Collaborative and risk-aware critters, we are using them in our latest advertising campaign to highlight the primal instinct we all need to call in to action – our inner-meerkats.

Health and Safety Reps are the ultimate workplace meerkat because they:

- model good behaviour
- clearly communicate health and safety issues
- support your team
- encourage collective responsibility, and
- are always on the look out for your workmates

That's why we want to celebrate them and their health and safety colleagues.

How can help you celebrate good health and safety in your workplace?

We have some resources ready to share with you, but we want to do more. Use the button below to tell us what else we can do to support the amazing mahi that you do in bringing out your workmates' inner meerkats.

Entries open: Safeguard New Zealand Workplace Health and Safety Awards.

Entries are open for the Safeguard New Zealand Workplace Health & Safety Awards. The awards celebrate great workplace health and safety initiatives and the dedicated people working to improve health and safety outcomes in New Zealand.

Who can enter?

- any organisation which operates in New Zealand.
- any person who works in New Zealand.
- an organisation can submit multiple entries, so long as each entry describes a substantially different health and safety initiative.

Entries close: 23 March 2021

Visit the website for more information and entry details: <https://safeguard.co.nz/awards/>

HEALTH AND SAFETY ASSOCIATION NZ

The HASANZ Conference 2021 will be held in Wellington at Te Papa from 1 to 3 September. Expect exceptional keynote speakers and practical takeaways from our popular concurrent sessions.

HASANZ CONFERENCE 2021 is the flagship conference for workplace health and safety professionals in New Zealand, organised by the industry for the industry. It also has wide appeal to every business with an interest in health and safety and attracts sector influencers, educators, regulators and decision makers.

We've designed a quality programme with a blend of heavy hitting international and local keynote speakers on relevant health and safety topics and the latest trends.

HASANZ CONFERENCE 2021 offers you choice. Instead of one programme stream, we are repeating our popular format of keynote addresses plus a range of concurrent sessions.

Get ready for some serious learning and serious fun!

Registration and the call for papers opens 1 February - book the dates in your calendar today.

For more information: <https://www.hasanz.org.nz/page-conference/>

„The people who are crazy enough to think they can change the world, are the ones who do.“

Steve Job

HEALTH AND DISABILITY STANDARD REVIEW (from healthcert)

This is an update regarding the Standards Review work programme and current plans for implementation of the new Standard. For more information about the work programme, and for regular updates, please visit the dedicated Standards Review page on our website: <https://www.health.govt.nz/our-work/regulation-health-and-disability-system/certification-health-care-services/services-standards/health-and-disability-services-standards-review>.

Public Consultation complete

Over 100 individuals and organisations participated in the public consultation, with over 1400 pieces of feedback addressed and moderated by the P8134 Standard Development Committee (“the Committee”).

The new Health and Disability Services Standard is now making its way through Standard New Zealand’s final approval process. The Ministry of Health jointly own this Standard with Standards New Zealand (SNZ), which is a business unit within the Ministry of Business, Innovation, Employment. SNZ is responsible for administering the [Standards and Accreditation Act 2015](#).

The new Health and Disability Services Standard NZS 8134:2021 (“the new Standard”) is now going through Standards NZ’s final approval process. This includes approval by Committee members and formal confirmation by the Standard Approval Board that Standard NZ’s robust and internationally accredited standard development process was adhered to in the development of the new Standard.

The new Health and Disability Services Standard will then make its way through the approval process as set out in the Health and Disability Services (Safety) Act 2001. In early May 2021, the Ministry of Health will take steps for the Minister of Health to approve the new Health & Disability Services Standard NZS 8134:2021 and revoke the current standards under the Health and Disability Services (Safety) Act 2001. The Act requires a minimum of six months from approval of the new Standard to the date for compliance to the new Standard.

HealthCERT is currently planning for a date for compliance to occur mid-November 2021. Implementation planning is underway, and will include information for auditors, providers, and people and whānau who use the included services.

The differences between the current and the new standards

HealthCERT has started a thorough analysis mapping the current standard (NZS 8134:2008) against the new Standard (NZS 8134:2021). The finalisation of this analysis will need to wait until the Standard is formally finalised and approved. It is expected that the new Standard will be made publicly available by mid-May 2021.

Key, high-level changes to the new Standard include:

- strengthened infection prevention and antimicrobial stewardship, including learnings from New Zealand’s experience of the COVID-19 pandemic
- an increased focus on supporting service providers to meet Te Tiriti O Waitangi obligations, and
- strengthened clinical governance, to ensure people’s care and support needs are appropriately met.

Education and resources will be provided to support the sector to meet the requirements of the new Standard.

HealthCERT will be supporting the sector on the journey to ensure safe care and support for people in New Zealand Aotearoa.

„Men who say
it cannot be
done should
not interrupt
men doing it.“
Confucius

HEALTH AND DISABILITY STANDARD REVIEW Con't

HealthCERT's focus for implementation will be to work with the sector to provide the guidance and resources needed in order to transition towards meeting the requirements of the new Standard. More information will be provided regarding this programme of work over the coming months.

This is the update for now.

Jade. **HealthCERT** | Health System Improvement and Innovation | **Ministry of Health**

2021 HEALTH AND DISABILITY SECTOR WORKER INFLUENZA VACCINATIONS

Please be advised that the Ministry of Health has updated its website regarding the 2021 influenza immunisation programme. The update is available here <https://www.health.govt.nz/our-work/preventative-health-wellness/immunisation/influenza>.

We encourage health and disability care employers including DHBs to fund influenza immunisation programmes for their workforce.

The Ministry will also be providing funding to support influenza vaccination for health and disability sector employees, self-employed lead maternity carers and carers employed under individualised funding arrangements who:

- are not eligible for a funded vaccination under the eligibility criteria stated in the Pharmaceutical Schedule
- have patient/client contact
- have not previously been the recipient of an employer-funded influenza vaccination whilst in their current place of employment (not including one reimbursed by the Ministry of Health in 2020).

The amount claimable will be limited to actual costs incurred for influenza vaccination, as supported by appropriate documentation, to a maximum of \$35+GST per person. Only claims submitted between 14 April and 30 June 2021 will be accepted for payment. Claims should be submitted to influenzaimmunisation@health.govt.nz. A template will be made available for download ahead of the programme start date.

MOBILE HEALTH

The topics offered are presented by health professionals. Presenters are suitably qualified nurses, doctors, or other health professionals, usually currently practicing clinically. Their specialty areas include acute and chronic medicine, mental health, aged care topics, age related illness, women's health and emergency care. Rural sites choose topics from our Presenters Portfolio and we arrange the delivery of the education sessions.

For further information contact Sandra van Hout – sandra@mobilehealth.co.nz

The topics are chosen based on requests we receive so if there is a topic you would like contact us: <https://mobilehealth.co.nz/webinars/>

SILVER RAINBOW

Lesbian, Gay, Bisexual, Trans and Intersex (LGBTI)

Education for Caregivers

If you are interested, please contact

Julie on Julie.Watson@kahuitukaha.co.nz to find out how you can book Silver Rainbow education for your organisation.



„If you don't like something, change it; if you can't change it, change the way you think about it.“

Mary Engelbreit

<p style="color: #4f81bd; font-style: italic;">“Goodbyes are not forever, Goodbyes are not the end. They simply mean I’ll miss you, until we meet again.”</p> <p style="font-size: small; color: #4f81bd;">Author Unknown</p>	NEWSLETTERS BACK ISSUES
	<p>All newsletters are on my website including an alphabetical list of topics. This website is available to everybody: www.jelicatips.com No password or membership required.</p> <p>I believe in having the data available to everybody as it is important that as many people as possible get the information and that we help each other as much as possible in this very challenging sector.</p>
	HELP ME KEEPING THE DATABASE UP TO DATE!
	<p>Changing positions? New email address? Let me know if your details are changing so I can keep the database up to date. If you know anybody else who would like to receive the newsletter please let me know and I will be happy to add them to our growing readers’ base. Thank you all for your contribution each month.</p> <p style="text-align: right; font-style: italic;">Jessica</p>

Some interesting websites:

www.careassociation.co.nz; www.eldernet.co.nz, www.moh.govt.nz; www.careerforce.org.nz,
www.advancecareplanning.org.nz; <http://www.bpac.org.nz/Public/admin.asp?type=publication&pub=Best>,
<http://www.open.hqsc.govt.nz>; www.safefoodhandler.com; www.learnonline.health.nz;
www.nutritionfoundation.org.nz/about-nznf/Healthy-Ageing; www.glasgowcomascale.org;
<https://www.health.govt.nz/our-work/disability-services/disability-publications/disability-support-services-newsletter>;
<https://worksafe.govt.nz/>

Please note these sites are not necessarily endorsed by Jelica nor is it responsible for the contents within them.

The information contained in this publication is of a general nature and should not be relied upon as a substitute for professional advice in specific cases.

REMEMBER!

Send your feedback, suggestions and articles showcasing your local, regional and workforce activities for publication in future issues.

Text in Italics are the comment of the writer of this newsletter

This brings me to the end of this issue. I hope you enjoyed reading it and welcome any feedback you have. With your help I hope to keep this a very informative newsletter with something for everyone.

CONFIDENTIALITY AND SECURITY

- I send this with due respect to, and awareness of, the “The Unsolicited Electronic Messages Act 2007”.
- My contact list consists ONLY of e-mail addresses, I do not keep any other details unless I have developed personal contact with people or organisations in regard to provision of services etc.
- E-mail addresses in my contact list are accessible to no one but me
- Jelica Ltd uses Trend antivirus protection in all aspects of e-mail sending and receiving

Signing off for this month!!

Jessica

SUBSCRIBE OR UNSUBSCRIBE

- If you do not wish to continue to receive emails from me, all you need to do is e-mail me and write “Unsubscribe”. I will then remove you from my contact list (though I will be sorry to lose you from my list).
- If you know of others who you think would benefit from receiving my newsletter, please pass on my details and have them sending me an email with the subscribe request.