

KFOA Training Outline – Passing Game

Mechanics – each position discuss your count, key, what you are watching and ready for:

1. Prior to snap (count, know numbers, who is eligible, keys)
2. At the snap (who went out, who is blocking, where are your keys)
3. During the play (contact, when is ball in air, forward or backward)
4. After the play (next down and distance, communicate with other crew, any fouls)

Point of Emphasis –

1. Illegal –
 - A. B intercepts and now has possession
 - B. Pass beyond neutral zone
 - C. Intentional grounding
 - D. Second forward pass during down
2. Completed Pass –
 - A. Caught by A or B
3. Incomplete pass
 - A. Ball touching ground
 - B. Ball out of bounds
 - C. Caught and lands out of bounds
 - D. Control and possession thru the end of the catch (ground, when is the ball secure).
4. Fouls and Enforcements
 - A. Illegal forward pass = 5 yards from spot, loss of down
 - B. Pass Interference = 15 yards / no auto first down if on team B
 - C. Illegal touching = 5 yards and loss of down
 - D. Ineligible downfield = 5 yards, previous spot
 - E. Discuss change of possession and multiple fouls. Clean hands, dirty hands, and enforcements. Team B must decline penalty by team A to keep the ball.

CASE PLAY – A11 is running a route and B11 contacts him knocking him off his route. Ball is in the air and away from A11.

CASE PLAY – Same situation but B11 grabs A11's jersey.

Quiz Questions:

1. A81 is covered by A85 on the LOS. Is A81 eligible to receive a legal forward pass past the LOS?
2. Uncovered A81 is held at the LOS by B45 and cannot run his route? Foul? If foul, enforcement?
3. B45 interferes with A81's attempt to catch a legal forward pass. Who is foul on? Automatic first down for team A?
4. B45 intercepts a legal forward pass. At the snap, A55 held B50. After the change of possession, B50 holds A55. What does team B have to do if they wish to keep the ball?
5. A11 runs 5 yards past the LOS and throws a pass that falls incomplete. If team B accepts the foul, where is the enforcement spot? Is this a loss of down?

OPEN Discussion – past plays, situations, enforcements, questions.