



# The Trinity Trumpet

A Monthly Newsletter Published by  
Trinity Lutheran Church, Pittsburg, OH  
April, 2020



## Prayer Concerns— Current and ongoing

- Sharon Wirrig—Health
- Mike Hangen—Health
- Patty Sackett—Health
- Jr Koos—Health
- Jody Burns—Cancer
- Mindy Brandon—Awaiting kidney transplant
- John & Karen Davis & family
- Ronda Hanes—Health
- Maxine Didier—Healing
- Kerry Young—Coma & for wife, Julia
- JR Alltop
- Holly McEldowney—Cancer
- Sarah Wolfe—In Hospice, kidney failure
- Kenny Hesler—Stroke
- Frank Trimble—Illness
- Greg Perry—Heart problems
- Ev Kaiser—Heart problems
- Kenny Johnson—Heart and health issues
- Jacob Riffle—Heart issues
- Connie Rowland—Cancer
- Aubree Myers—Lupus and MS
- Marvin Brumbaugh—Cancer
- Amanda Spahr—Brain issues
- Joe Spahr—Heart issues
- Reese Addington—10 year old with auto-immune disease
- John Young—Cancer
- Mary Philpot—Cancer
- Aiden Snyder—Leukemia returned
- Miranda Nolley (Katherine's granddaughter)—Deployed to Kuwait
- Crystal Proffitt—Health
- Ray Chester
- Zane Rhodehamel—Leukemia
- Kelly VanDeGrift—Cancer
- Dennis Riffle
- Jason Couvutsakis—Medical issues
- Tony Matamoras—Health
- Michelle Lawrence—Baby
- David Netzley—Health
- Bill Mahaffey—Chemo treatments

- Bob & Rochelle Sadowski—House fire
- Bobby Jagelski—Cancer
- Auzzy Monroe—Diagnostic tests
- Janice Rosenberger—Stroke
- All families suffering with addiction
- Tommy Scarlis—Brain tumor
- Jason—Brain tumor
- Dawn Oswalt—Cancer
- Stephen Angles—Tourettes
- Dave Sroufe—Back surgery
- Brian Henderson
- Jaimie Campbell
- Shirley Hensel
- Mary Ann Shellhaus—recovering from a stroke
- Jack Myers—Heart issues
- Jeannie Myers—Health
- Pat Ferguson—Spinal surgery
- Bob Harter
- Lowell Unger
- Ruth Baker
- Jeanne Cassel—Alzheimers
- Kevin Henninger—Cancer
- Susie Weisenbarger—Cancer
- Pat Netzley—Asthma, cold
- Ruth Baker—Mental health
- Julie Erk—Health
- Jim Neitzelt—Heart issues
- Jack Rademacher—Hospitalized with sepsis/dialysis
- Carolyn Fourman—Heart issues
- Crew Baker—RSV
- Lois Baughman—Health
- Nancy Longo—Heart surgery
- Sierra Stryker—Sight & head trauma
- Sandra Williams—Eyes
- Sandy Booher
- Bob Tiborn
- Cindy Lou—Knee surgery
- Portia Boord & Family
- Marilyn Fenstermaker—Cancer reoccurrence
- Mrs. Henninger—Fertility
- Eric Snyder—Return of brain cancer
- Jerry Higgins—Cancer
- Robert Strunkenburg Family
- Janet Gilliland—Cancer
- Quana Tate—Complications from a stroke
- Eli Brown—Leg infection
- Charlotte Payne's Daughter—Stroke & paralysis
- Mark Baker—Liver transplant
- Irma Arling—Small stroke
- Gary Hill—Lung cancer beaten
- Victims of the coronavirus
- Shirley Rhoades—Knee surgery
- David Green—Peace
- Any suffering from traumatic brain injury
- Relief from locusts in East Africa
- President, House, & Senate & other leaders
- Freezing children in Syria
- Bring people together in justice, decency, & dignity
- Joseph Shumaker—Heart stent
- Jerome Axton—Leg amputation
- Camilla Migal—Hospice
- Kirby & Lori Sutton—Business loss
- Mark Groff—Pacemaker

*Our sympathy  
to the families of*

**Pastor Jim Castello  
Pat Fleury  
Al Fleury  
Chet Wirrig**

Prayer requests may be  
emailed at anytime to  
[trinityprayers@woh.rr.com](mailto:trinityprayers@woh.rr.com)  
and upon receipt your request  
will be shared so that many  
will be praying immediately.

**Check out  
the Sunday  
Devotionals  
and  
Children's  
Bulletins  
printed in  
this  
newsletter  
as part of  
your  
"Church at  
Home"!**



Happy Viewing! The Christian based movie "I Still Believe", the true story of music star Jeremy Camp and his journey of love and loss, will be made available between March 27 and April 28 with a 48-hour viewing window. On Demand platforms include Apple TV, Amazon Prime Video, Google Play, YouTube, and more. Under normal conditions, "I Still Believe" would still be going strong at movie theaters. However, with nearly every theater chain closed indefinitely, On Demand provides an option for viewing ahead of the film's availability for purchase later on.

This is a really good movie with a great message of faith through times of adversity and loss. Its positive message about believing and trusting the Lord even when times are tough is a message sorely needed today. I hope you are able to take advantage of this On Demand viewing opportunity, especially since our trip to the movie theater had to be cancelled.

## UPDATING OUR RECORDS.....

How would you like to receive your monthly Trinity Trumpet?  
If you are currently receiving it by postal mail, perhaps you would like to change to email ... or visa versa.  
Or maybe you would like to receive it both ways.  
Maybe you would like to add someone to our mailing list.  
Please contact the church office at 937/692-5670 or email [secretary@pitsburgtlc.org](mailto:secretary@pitsburgtlc.org) with any changes.

## Trinity Trumpet



OR



**PRAYERS & SQUARES  
QUILTING**

**NO QUILTING IN APRIL**

*Ladies*  
**LUNCHEON**

**CANCELLED For April**

**DEADLINE FOR THE MAY ISSUE OF THE TRINITY TRUMPET IS APRIL 21st.**

## WORSHIP OPPORTUNITIES DURING

**†  
LENT**

**Wednesdays, February 26—April 8—12:00 pm**

Worship service at St. Paul Lutheran Church, 131 E. 4th St., Greenville followed by a light lunch at 12:30

**Good Friday, April 10—12:00 pm**

"The Way of the Cross" - Walking the cross through downtown Greenville, starting at St. Mary's Church.

## HOLY WEEK SCHEDULE AT TRINITY

**Maundy Thursday, April 9**

6:00 pm Seder Meal (RSVP)

**Good Friday, April 10**

7:00 pm Tenebrae Service

**April 12**

8:00 am

9:15 am

10:00 am

10:30 am

**EASTER SUNDAY**

Early Worship Service

Breakfast

Egg Hunt

Worship Service

## WELCA News for March

The meeting opened with a short devotion about Jesus from the Max Lucado book entitled Jesus (a highly recommended read). We then had a lesson from a Women of Faith dvd as we munched on goodies proved by Pam Oswalt and Pat Netzley.



The Mother/Daughter/Friend Banquet will be held on May 3. The evening's Italian theme will include a nice dinner followed with entertainment by Noah Back. Noah is well known in the area and has performed at many local venues including Greenville Memorial Hall (to a sold out crowd) and the Darke County Fair. This young entertainer is not only a phenomenal singer but is gifted on many instruments. Have your requests ready as he can perform many styles of songs. Check out YouTube for some examples. Our planning committee will meet March 30 at 12 noon to discuss the banquet.

Time will tell, due to the virus, which activities will continue at Trinity. Fill your hearts and minds with prayers for the world! As of now, the usual Easter celebrations will happen. These include: The Palm Sunday Service (April 5) with children singing at 10:30 service, The Seder Meal Thursday, April 9 (sign up) - ladies to help, The Early Easter Service at 8:00 am, 9:15 am - breakfast (a carry-in), 10:00 am - Easter Egg Hunt, 10:30 am - Second Easter Service.

Our next meeting, April 1, is important as we need helpers and ideas for various events. Women, please consider serving your church through WELCA involvement.

Judy Ulrich will be our April 1 hostess and I hope to see you there.

Marge Warner - WELCA President 937-623-2544

### 2019-2020 WELCA OFFICERS

Pres. - Marge Warner	Vice President—Katherine Jump
Secretary - PJ Musser	Treasurer—Portia Boord
Wernle Rep. - Judy Ulrich	Quilting - Judy Ulrich and Linda Baker
Dinner Chair - Katherine Jump	Christmas Party Committee - Portia Boord and Linda Baker
Sunshine Cards - Julie Kossler	Luncheon Chair - Linda Baker
Giving Tree - Pat Netzley and Pam Oswalt	Mother-Daughter-Friend Committee - Vacant
Devotions—Marge Warner	

## CHRISTIAN EDUCATION

### ...News for Pre-K through 6th Grade



Our group is excited to be using new curriculum for Sunday School. An excellent variety of stories, games, songs, and crafts will teach the kiddos many important Bible points about Jesus. The kids will actively be participating. However, teacher help is needed on Sundays. This curriculum is easy to follow for the teacher and child. Please get involved with our children a couple of times a year. See the sign up sheet in the entry. I'm willing to help anyone interested.

Coming in April - On Palm Sunday the kids will be singing at the front of the church a song called Palm Trees to Easter Garden. On Easter Sunday the kids will be singing at the front of the church a song called The Race. I have sent a copy of both songs home for the kiddos to practice. Your help would be appreciated! The songs are sung to familiar nursery rhyme tunes.

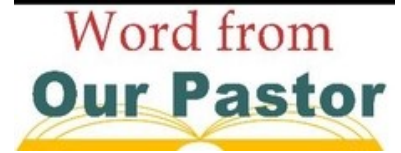
The Easter Egg Hunt is scheduled for 10:00 am on Easter Sunday following the 9:15 breakfast. I will need helpers to fill eggs. I will send them home (eggs and goodies) with some willing helpers.

Our team meets the second Wednesday of the month and would love to have a few more of you to step up and help!

Thanks, Marge Warner 937-623-2544

The Team - Pam Oswalt, Linda Baker, Stephanie Kemp, Michelle Groff, Bev Erdmann, and Pastor Mel

*Do not let your hearts be troubled, and  
do not let them be afraid. (John 14:27)*



Dear Trinity Church,

The verse above is sage advice from our Lord Jesus Christ. He was talking to his disciples regarding his eminent passion and crucifixion, but His words are so relevant to our Coronavirus Crisis today. In our faith tradition the heart is not only the seat of our emotions, for most of us we think of our hearts as the place where all important decisions are made. The heart is also the place where we say God's Holy Spirit dwells within us. So, when Jesus commands us to not let our hearts be troubled or afraid, He's addressing the deepest core of our human existence.

Since the Coronavirus began its march across these United States, I've seen too many people react from what's called their lizard brain. The lizard brain refers to the oldest part of the brain, the brain stem, responsible for primitive survival instincts such as aggression and fear ("flight or fight"). This is the center of the brain that tells us the proper response to COVID-19 is to hoard exceedingly large quantities of toilet paper...

As the effects of the crisis settle in and we hunker down for the long haul, anxiety and fear, along with sadness and depression might all begin to invade our hearts as well. When we're faced with an enemy we cannot see, one that can infect us without warning, it's quite natural to become anxious and fearful. If we allow our fear to take over our heart we begin to behave irrationally and do things like purchase way more hand sanitizer and cleaning supplies than we could possibly use in a year or more.

How can we learn to control this lizard brain reaction to things that bring out these emotions in us? A couple of years ago I led the adult Sunday school class through Max Lucado's book titled "Anxious for Nothing." In that book Lucado provides a great way for us to leave fear and anxiety behind and learn to stay CALM even in the worst of crises. CALM is an acronym for a 4-step method to deal with those times when your "go to" emotion is fear or anxiety. Here's how it works:

- C: **C**elebrate God's goodness! Scripture tells us, "Rejoice in the Lord always, again I say rejoice!" (Philippians 4:4) Turn your attention away from your problems even just for a few minutes and celebrate how awesome God is.
- A: **A**sk God for help. "Let your requests be made known to God." (Philippians 4:6) Lucado says when fear or anxiety knock on the door of your heart, ask Jesus to answer that door. After all prayer isn't a suggestion for Christians, we're commanded to pray, and Jesus promises to give us what we ask for when we ask in His name.
- L: **L**ease your concerns with God. Allow God to take control and let God do what he is so willing and able to do. I recently had a problem with PJ's laptop that I couldn't fix so, I took it to the repair shop. When I dropped it off, I trusted the computer tech to fix it. I didn't call 5 or 6 times a day to check up on it, nor did I stop by the shop to make sure he was attending to my repairs. I left it with him and trusted his willingness and ability to fix the problem. It's hard to do that with God. We continuously go back to ask over and over...
- M: **M**editate about God's blessings. Saint Paul writes, Finally, beloved, whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is pleasing, whatever is commendable, if there is any excellence and if there is anything worthy of praise, think about these things. Keep on doing the things that you have learned and received and heard and seen in me, and the God of peace will be with you. (Philippians 4:8-9)

There you have it! How can we respond to all the hardships this virus has imposed on us in a healthy way that doesn't lead to a huge lizard brain reaction? Stay **CALM**. You can stay **CALM** right where you are in the safety of your home. You don't have to risk going out into a potentially infectious world. Staying **CALM** doesn't even cost you any money--it's a free gift of God. When you feel fear and anxiety or sadness and depression taking over your heart, kick the devil out by **C**elebrating God's goodness and **A**sking Jesus to help. Then **L**ease your problem with God and instead **M**editate on things that are good and excellent and worthy of praise.

Until we can safely gather together to encourage one another, please know you are loved and in my prayers. Please stay in touch with your Church Family by calling one another or via text messages, Facebook, or whatever social means you are able to use. May God strengthen you and keep you in His Grace until we can safely meet face to face once again.

You all have my peace and love in Christ Jesus,

Pastor Mel



# President's Perspective 2020

Greetings to all our Trinity Family,

There is nothing to report from the Council Meeting as it had to be cancelled. Church has been cancelled through March, and likely for the first Sunday in April with the Shelter in Place order from our Governor, but no decision has been made for Holy Week and Easter. The council will see where we are and make that decision later. There will be light at the end of the tunnel and it is the light of our Savior.

I hope you are finding ways to keep in touch with each other to keep our bond strong. We need to check on others and let it be known that we do care. We have phones, computers, and snail mail to keep us connected and we should use them. It means so much to someone to receive a call or whatever to check up on them and let them know that you care. Let's take care of our Church family.

Take care of yourselves too. If you can't get out to go for a walk, open the door and get some fresh air. It cleanses the mind and the body. Keep in touch with God, too. Prayer is the most calming activity ever. I do have hope that it will be alright. Just recently they have announced a combination of existing medications is showing great promise at treating this virus. Keep praying for God to help us out of this predicament and to heal those affected. I know that the Bible tells us in Corinthians 13 that of faith, hope, and love, the greatest of these is love. Right now, we need to focus on all 3 and trust in God's great love for all of us.

These are unusual times in our Church and our country. No one knows just where we are going, but we all know who is in charge. Our faith is what can carry us through this. As I mentioned in my call, you can continue your donations to Trinity online at [www.pitsburgtlc.org](http://www.pitsburgtlc.org) or just mail your offering to Trinity Lutheran Church, PO Box 64, Pittsburg, OH 45358.

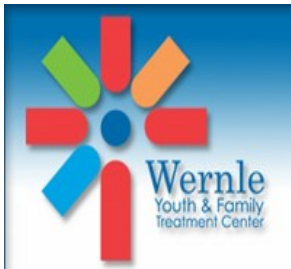
God bless you all and feel free to call me anytime at 937-678-0122 or 937-621-6748. I'll be home, unless I'm out for a walk in God's great world.

Bev Erdmann

## Mark Wood Visits Greenville City School

Mark Wood, founding member of the Trans-Siberian Orchestra spent 2 days at the Greenville City Schools working with all orchestra grade levels from 5<sup>th</sup> grade through Seniors. They performed an outstanding Rock and Roll orchestra concert featuring many of our local students as soloists. Mark spent 2 days mentoring, tutoring, and encouraging every orchestra student. They each got to play his electric violin, which he invented. Trinity's Lexi Angles played along with the 5<sup>th</sup> and 6<sup>th</sup> grade orchestra and with the entire Greenville City Schools Orchestra for the finale of the concert. Mark Wood spends his time and extreme talent traveling to schools all over the world encouraging and energizing local school orchestras. He raffled off one of his electric violin creations and all the money from the raffle as well as a portion of the sales from his merchandise went to the Greenville Orchestra. Here's a few pics from the event!





## APRIL NEWS

We have some new residents at Wernle that have not been chosen for the card shower yet. Those with a March birthday DID receive birthdays cards and we also sent Valentine's and St. Patrick's Day cards to the new residents. "Thinking of You" cards and Easter cards will be sent in April, too. Following are the new residents who will still need to be selected for encouragement and celebration:

Cas K. (2/11/08)	Dakota B. (2/1/03)	Tyler G. (3/1/04)
Camren B. (3/12/04)	Alexander S. (6/25/04)	Jesse B. (8/24/07)
Clayton H. (11/20/01)	Lucas C. (11/19/07)	

Here are several boys and two girls from our original list who have not been selected. You can start participating in this project at any time this year. Contact Judy at 937-417-5590 to sign up and receive directions of how you can make a difference in a young person's life. Remember how nice it is to get a cute, funny or inspirational card in the mail!

Dillon C. (2/12/05)	Katlyn H. (2/21/03)	Amy D. (3/4/05)
JaWaun M. (3/10/06)	Jordan V. (5/21/02)	Brandon S. (6/7/03)
Gerardo M. (6/15/04)	Kylian C. (7/17/03)	Raul D. (8/2/03)
Devon H. (9/25/04)	Nathan P. (10/16/01)	Corey S. (10/27/06)

We won't let a month go by without every resident receiving a greeting card!

### ***Thirteen residents have been successful and returned home! Prayers answered!***

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If you can safely go to the church, check out the **Giving Tree!** Colorful crosses have been placed on the "Giving Tree" to represent the "40 days of Lent". In that time leading up to Easter we have set aside our needs to sacrifice in order to give to those less fortunate. In each cross there are items that the boys and girls of Wernle always need. Some gift card ideas too so they can purchase something they want — or perhaps an Easter treat!

Thanks for all the donations you have given to Wernle. Keep Safe and Healthy till we meet again.

Judy Ulrich, Wernle Rep.

If you wish to send greeting cards or gifts to any of the residents, sign the card with your first name only and Trinity Lutheran Church if you want. Place your card in the envelope unsealed, and write the recipient's name on the outside. Place this envelope in another envelope.

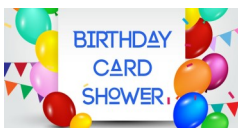
Address your card to:

**Attn: Resident's Greeting Card Inside!**  
**Wernle Youth and Family Treatment Center**  
**2000 Wernle Rd., P O Box 1386**  
**Richmond IN 47374-1386**

Use the church's return address:

**Trinity Evangelical Lutheran Church**  
**8520 Oakes Rd.**  
**Arcanum OH 45304**

If you would like to include a gift card (\$15-\$25) for food or shopping, place it in the outer envelope. Staff will need to monitor it and make plans for them to use it.



### **Birthdays during April:**

**Summer L. 4/12/03      Keaton S. 4/26/02      Chloe J. 4/28/05**

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**Tying the Fleece Blanket for Wernle....** We are planning to have a gathering for working on the fleece blankets with the confirmands, parents, and mentors but the date for this activity will have to be scheduled when it is safe for us to meet. However, if you wish to work on a fleece blanket while you are confined to home, you will find the blankets on a table in the basement of the church. Several of you have chosen the blanket you would like to tie and your name is on the bag. Sign the paper on the table if you take a blanket so we know who is working on them. Thank you!



Judy Ulrich 937-417-5590

## Homemade Face Mask

**From Judy Ulrich:**

**Call if you have any questions and would like to help start this project at your house. We have fabrics at church that could be used to assist you in this project. The elastic will have to be purchased and Fourman's Variety in Arcanum is currently sold out. They may have some on Friday when their order comes in. I'm not going out of the house. Judy's phone numbers are 937-692-5054 or 937-417-5590.**



According to the CDC, fabric masks are a crisis response option when other supplies have been exhausted.

"Prior to modern disposable masks, washable fabric masks were standard use for hospitals," said Dawn Rogers, MSN, RN, FNP-C, Patient Safety & Infection Prevention Office. "We will be able to sterilize these masks and use them repeatedly as needed. While it's less than ideal, we want to do our best to protect our staff and patients during this pandemic.

Following are directions to make face masks that can be donated:

What you will need -

- Cotton fabric, a pretty print is best.
- Rope elastic, beading cord elastic will work (you may also use 1/8" flat elastic)  
(Editor Note: I've heard that the elastic headbands sold at places like Dollar Tree will work.)
- Cut the elastic 7" long and tie a knot at each end (DO NOT knot the ends of the flat.

You can make two sizes—Adult or Child

1. Put the right sides of cotton fabric together (Cut 9 X 6 for adult or 7.5 X 5 for child) *Be sure any fabric design is placed horizontally.*
2. Starting at the center of the bottom edge, sew to the first corner, stop. Sew the elastic with the edge out into the corner. A few stitches forward and back will hold this.
3. Sew to the next corner, stop, and bring the other end of the same elastic to the corner and sew a few stitches forward and back.
4. Now sew across that top of the mask to the next corner. Again put an elastic with the edge out.
5. Sew to the next corner and sew in the other end of the same elastic.
6. Sew across the bottom leaving about 1.5" to 2" open. Stop, cut the thread. Turn inside out.
7. Pin 3 tucks on each side of the mask. Make sure the tucks are the same direction.
8. Sew around the edge of the mask twice.



A video of these instructions can be found on [www.deaconess.com/masks](http://www.deaconess.com/masks) or many other YouTube.com sites.





# Cheeseman Updates

## One Link in the Team...

Below is a picture of our friend, Lin. Ivy met Lin last year at our neighborhood running track. Lin seemed to be looking for friends and invited Ivy to a daily "Thai/English language exchange". It seemed like the perfect opportunity to share our faith and build a deeper relationship, but Ivy was already feeling swamped. Sensing God telling her to say "no" (while simultaneously feeling like a "bad missionary"), she only visited Lin a few times.

A couple months later, we helped a new English-speaking student, "Crystal" move into our neighborhood. Since Crystal's primary focus was learning Thai, Ivy networked her and Lin together. They hit it off immediately. Through their relationship, we were able to get Lin an audio Bible. Since then, Lin has been listening to the Bible and is now making friendships with the local Thai church.

We love seeing how God uses teams of people to draw individuals to Himself. We did not have the availability of Crystal or the cultural relativity of the local Thai believers, but God graciously used our family as a bridge to connect His team.



## Time at Wycliffe Headquarters...



We continue to be grateful for smooth transitions for our girls. In February the Wycliffe Headquarters ran a "re-entry" program for our kids and several other missionary families while the adults attended their own training. We left feeling a little more prepared to help Bible Translation students back in Thailand. Please continue to pray for our kids (and us) as we all begin for a new round of goodbyes to friends at our church and headquarters.

## Next Stop, New Hampshire...

On March 31 we'll begin traveling up the coast toward New Hampshire. Please pray for safe travels and good health during our two weeks on the road. We plan to be in New Hampshire April 11-June 9. Please pray that we can find a good balance between connecting with supporting churches, working remotely, and visiting with Nate's family.



For financial partnership send a check to: Wycliffe USA, PO Box 628200, Orlando FL 32862-8200. Attach a note saying: "for the ministry of Nate & Ivy Cheeseman account 248577."

Or go to <http://www.wycliffe.org/Partnership.aspx?mid=FCA44A>

For prayer partnership: Contact us directly: [nateandivy@gmail.com](mailto:nateandivy@gmail.com) <http://nateandivy.blogspot.com>



## For the Men in Your Life: Testicular Cancer Facts

Testicular cancer is a relatively rare cancer. It accounts for only 1 percent of all cancers in men. About 1 of every 250 males will develop it in their lifetime, but Daniel B. Miller, MD, of the Dayton Physicians Urology Division, says, “The condition is the most common cancer in American men between the ages of 15 and 35.”

Testicular cancer affects primarily young and middle-aged men. But it comes in various types, some that grow more slowly and others, faster. Slower growing forms can affect older men. And about 6 percent of cases occur in children and teens. Almost all testicular cancers start in the germ cells of the testicles. These cells produce immature sperm that travel through a network of tubules (tiny tubes) and larger tubes into the epididymis – a coiled tube next to the testicles. The sperm are stored there and mature.

### Risk Factors

The following raise the risk for testicular cancer:

- A family or personal history of testicular cancer
- Having had an undescended testicle or abnormal development of the testicles
- HIV infection
- Being white - white men are at four to five times greater risk than African-American and Asian-American men

### Symptoms, Detection and Diagnosis

When detected early, testicular cancer is nearly 100 percent curable. Some doctors recommend a monthly testicular self-exam for early detection after puberty – particularly for men with risk factors. Dr. Miller says, “Most guys come in because they feel a lump. It doesn’t hurt, but it’s not going away.”

### Signs and symptoms may also include:

- Pain or discomfort in a testicle or in the scrotum
- A change in how the testicle feels
- A dull ache in the lower abdomen or groin
- A sudden build-up of fluid in the scrotum



(over)



Physical exams, ultrasounds and blood tests are commonly used to confirm a diagnosis of testicular cancer. “Depending on the results of the ultrasound and blood test, we might remove a testicle,” Dr. Miller says. “We’ll study the cells in the lump to determine the type and stage of the cancer.” Dr. Miller adds, “There are two kinds of testicular cancer. Seminomas grow and spread slowly and usually occur in men between the ages of 25 and 45. Non-seminomas grow quickly and are more difficult to treat. They appear in men between their late teens and early 30s.”

CT scans of the abdomen and chest are used to determine if the cancer has spread to other parts of the body. Pregnancy tests have been cited in social media as a way to detect testicular cancer, but Dr. Miller cautions, “That is not good medicine. Pregnancy tests can detect a hormone produced by some testicular cancers, but not all of them. A urine test can miss many forms of testicular cancer.”

*“When detected early, testicular cancer is nearly 100 percent curable.”*

### **Testicular Cancer Treatment**

“Once we know the type and stage of testicular cancer,” Dr. Miller explains, “we’ll either watch it or provide more treatments. In many cases, removing the testicle (radical inguinal orchiectomy) is all the treatment that is needed. In some cases, patients may need chemotherapy, radiation therapy and surgery to remove lymph nodes (retroperitoneal lymph node dissection) in the abdomen.”

### **Chance of Cure**

Testicular cancer can usually be cured in patients who receive chemotherapy or radiation therapy after surgery. And it is nearly 100 percent curable when found early. The following factors affect the treatment used and chance of recovery:

- Type of cancer
- Size of the tumor
- Stage of the cancer
- Number and size of affected lymph nodes, if the cancer has spread

### **Can Testicular Cancer Cause Infertility?**

Dr. Miller says that some testicular cancer treatments may cause a low sperm count, and some tumors produce a substance that may temporarily interfere with fertility. “Many men use sperm banking before treatment as a way to preserve healthy sperm for future family planning,” he adds. “In sperm banking, sperm is frozen and stored for later use. In many cases, when only one testicle is involved, infertility is temporary, but in some cases, infertility may be permanent.”

*Source: Daniel B. Miller, MD, Dayton Physicians Urology Division; American Cancer Society; National Cancer Institute*

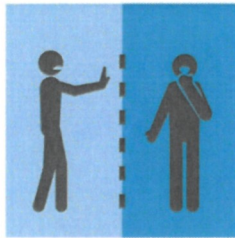
*The material above is general medical information provided for informative and educational purposes only. General medical advice can never substitute for personal, professional advice given based on your medical history, your family medical history, your medication history, and other factors. Because these factors are different for every person, you should always consult your physician before relying on this information. These health tips should not be construed as establishing a patient-physician relationship between you and Premier Health and/or any staff members. If you need medical assistance, contact (866) 608- 3463 to make an appointment with a physician, or call 9-1-1 immediately if it is an emergency.*

# COVID-19

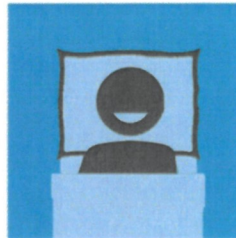
## PREVENTION



STAY HOME  
WHEN YOU ARE  
SICK



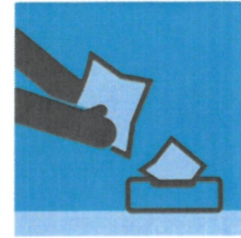
AVOID CONTACT  
WITH PEOPLE  
WHO ARE SICK



GET ADEQUATE SLEEP  
AND EAT WELL-  
BALANCED  
MEALS



WASH HANDS OFTEN  
WITH WATER AND SOAP  
( 20 SECONDS  
OR LONGER)



DRY HANDS WITH  
A CLEAN TOWEL  
OR AIR DRY  
YOUR HANDS



COVER YOUR MOUTH  
WITH A TISSUE OR  
SLEEVE WHEN  
COUGHING OR SNEEZING



AVOID TOUCHING  
YOUR EYES, NOSE,  
OR MOUTH WITH  
UNWASHED HANDS  
OR AFTER  
TOUCHING SURFACES



CLEAN AND DISINFECT  
"HIGH-TOUCH"  
SURFACES OFTEN



CALL BEFORE VISITING  
YOUR DOCTOR



PRACTICE GOOD  
HYGIENE HABITS

## CLEAN ALL "HIGH-TOUCH" SURFACES EVERY DAY

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

02-27-2020





## APRIL CELEBRATIONS



### *Birthdays*

- |                     |                      |                     |
|---------------------|----------------------|---------------------|
| 1 Brandon Groff     | 11 Bradly Burrell    | 22 Donna Thompson   |
| Rita Erdmann        | Nina Unger           | 23 Aubree Myers     |
| 2 Brooklyn Proffitt | Nychelle Cool        | Lexie Angles        |
| Sherri Shelley      | 15 Elizabeth Erdmann | Michael Martin      |
| Terri Brumbaugh     | 17 Diane Hesler      | 25 Kalysta Thobe    |
| 4 Barry Ulrich      | 18 Josh Schmitmeyer  | 26 Blake Gettinger  |
| 5 Carla Hesler      | 19 Angelo Morelli    | Stephanie Vanatta   |
| Kimberly Harleman   | Beth Hein            | 27 Sarah Beard      |
| 6 Bucky Burrell     | Cody Troutwine       | 28 Kami Schmitmeyer |
| 8 Lucas Witters     | David Wills          | 29 Jake Angles      |
| Pam Barga           | 20 Jake Warner       | Teresa Neitzelt     |
| 9 Andrew McKibben   | Keith Witters        | 30 Linda McKibben   |
| Ed Muhlenkamp       | Ryan Garwood         | Madison Sagan       |
| 10 Bill Ulrich      | 21 Bryanna Diceanu   |                     |
| Todd Ulrich         |                      |                     |



### *Anniversaries*



- |                            |                          |
|----------------------------|--------------------------|
| 6 Marvin & Carolyn Fourman | 17 Terry & Diane Warner  |
| 9 Greg & Pam Barga         | 30 Tom & Brenda Tauscher |
| 13 Stanley & Mary Lamb     |                          |



### *Baptisms*



- |                     |                   |                     |
|---------------------|-------------------|---------------------|
| 1 Pat Netzley       | 14 Joshua Long    | 17 Emily Warner     |
| 3 Jamey Rismiller   | Kristen Sarver    | 18 Mark Oswalt      |
| Linda McKibben      | Mallory Long      | Ronnie Bridenbaugh  |
| 6 Kristen Netzley   | Pamela Oswalt     | 20 Katie Ressler    |
| 7 Allison Warner    | Roxanne Groff     | 21 Tracy Muhlenkamp |
| 8 Dana Heckman      | Sarah Sarver      | 25 Brent Shofner    |
| Terry Altic         | Zachary Long      | 26 Ashton Myers     |
| 9 Jennifer McKibben | 15 Caleena Hesler | Sierra Bruner       |
| 12 Marvin Fourman   | Claudette Diceanu | 27 Marie Beard      |
| 13 Debra Harleman   | Vicki Ressler     | 29 Jackson Baker    |
|                     | Elizabeth Erdmann | Paul Barga          |
|                     |                   | 30 Pam Myers        |

### MARCH

DATE	GREETERS	READERS	ACOLYTES	FLOWERS
5	Rob & Jennifer Arling			
12—8 AM	Tony & Linda Baker			
12—10:30 AM	Kathy Kathman		Robby Arling	
19	Mark & Pam Oswalt			
26	Brad & Miranda Harleman		Trudie Arling	Brad & Miranda Harleman



# Daily Discipleship

Week of April 5, 2020

**Palm Sunday (A) – Matthew 21:1-11**

**[Passion Sunday (A)- Matthew 26:14-27:66]**

**Discipleship:** *An Instrument of Giving*

**Focus Question:** *This week how might you be an instrument of God's giving?*

## word of life

**“The crowds that went ahead of him and that followed were shouting, ‘Hosanna to the Son of David! Blessed is the one who comes in the name of the Lord! Hosanna in the highest heaven.’”** Matthew 21:9 (NRSV)

Read Matthew 21:1-11

On Palm Sunday worshippers often gather outside a church or in the church's narthex and hold their palms high in the air. They listen to the story of Jesus' triumphal entry into Jerusalem waiting to join the chant, “Hosanna to the Son of David!” “Blessed is the one who comes in the name of the Lord!”

1. *Describe that scene as Jesus enters Jerusalem.*
2. *What traditions do you associate with Palm Sunday in today's churches?*

The story begins with Jesus making methodical preparations for his entry into Jerusalem. This week in the life of Jesus does not begin with a random event. He sends two disciples to make the final arrangements for the donkey. If by chance there are complications or questions, these disciples are instructed to reply, “The Lord has need of them.” (Matthew 21:3 NRSV) Jesus is not a passive victim, but one who willingly enters into Jerusalem, even though he has predicted his own death.

3. *How would you respond if someone said to you, “The Lord has need”?*
4. *What might the Lord need from you this week?*

All four gospels describe the entry into Jerusalem with similar details. It is an entrance worthy of royalty. Whereas most people of that day walk into the city, Jesus rides. Unlike kings who come in a carriage, he rides on a donkey. Whereas most people enter the holy city without fanfare, Jesus draws a crowd of people who are willing to place their garments on the road. The crowd goes ahead of him, preparing the way for Jesus.

5. *What makes this entrance into the holy city so special?*
6. *How does it contrast with the coming events of the week?*

Psalm 118:25-26 is quoted by the crowd. Take a moment to read Psalm 118:27-29. Note the tone of victory in this song. The Jews had been waiting for centuries for such a day when God's anointed and David's descendent would claim his rightful throne in Jerusalem. Yet, Jesus did not come with sword or an army. He enters the city as royalty, but with humility.

7. *What do you think the crowds mean when they proclaim, “Hosanna to the Son of David”?*
8. *What would it have been like to have been part of the crowds?*
9. *Do you believe all who shouted “Hosanna” were followers of Jesus?*

It has become popular on Palm Sunday to begin with the reading of Jesus entering Jerusalem, but also to read the entire passion narrative. Thus, the congregation is invited to move from the victory song of a parade through the pains of betrayal and denial to death on the cross. Yet, God remains faithful despite the behavior of humanity towards God's very own Son.

## **word among us**

Take a moment to read through the passion narrative found in Matthew 26:14-27:66. Take your time to read, reflect, and ponder the meaning behind the actions of Jesus, the disciples, and others. Make a list of the range of emotions experienced within this final week of the life of Jesus.

This section begins with the plot to kill Jesus and the anointing of Jesus by a woman. The passion narrative includes the final meal of Jesus with his disciples before his own disciples turn against him. He is betrayed by Judas, denied by Peter, and abandoned by the others. Jesus is also questioned, stripped, mocked, whipped, and crucified by those in authority.

After the death of Jesus, the guards secure the tomb. His death is final and he is buried. It is quite a contrast from the triumphal entry of Jesus into Jerusalem. It appears to be the end of the story.

All seems lost in this tragic story of a king who rode into town on a donkey.

1. *What can one expect from a ruler who carries no weapon or has no army?*
2. *Describe the emotions experienced by Jesus during this week.*
3. *Describe the emotions experienced by the followers of Jesus during the last week of his life.*

**Holy Week!** It is a week in the life of Jesus filled with passion.

4. *What does this one week in the life of Jesus mean for your own life?*
5. *How has your life been changed because Jesus was willing to sacrifice his life?*

**Holy Week.** It is a week set aside.

6. *But for what?*
7. *How might you set aside Holy Week this year?*
8. *How might you keep vigil with Jesus during this most holy of weeks?*

**Holy Week!** Yet, we know Easter is coming! The death of Jesus is not the end of the story.

9. *What happens after the burial?*
10. *What can be said to those who want to skip from the joy of the palm processional to the Easter lilies?*

**Holy Week!** Thanks be to God for Holy Week.

11. *Take extra time this week to ponder the significance of the Holy Week and the sacrifice of Jesus Christ.*

## **Prayer**

Lord, make me an instrument of your peace. For it is giving, that we receive. Amen

## **Dig Deeper**

Matthew 26:14-27:66.

## **last word**

Pray each day this week:

Lord, make me an instrument of your peace,  
For it is giving that we receive.



*Daily Discipleship*

Written by John and Robin McCullough-Bade

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Palm Sunday/Passion Sunday (A) Page 2 of 2

# Daily Discipleship

Week of April 12, 2020

**Easter Sunday (A) – Matthew 28:1-10**

**Discipleship:** *An Instrument of Life*

**Focus Question:** *This week how might you be an instrument of life?*

## word of life

**“But the angel said to the women, ‘Do not be afraid; I know that you are looking for Jesus who was crucified. He is not here; for he has been raised, as he said.’”** Matthew 28:5-6 (NRSV)

Read Matthew 28:1-10

The story starts out slowly as the sun emerges from the horizon. The other disciples are not around, but it is Mary Magdalene and Mary who travel to the tomb at dawn. Suddenly an earthquake shakes the land. This is not the first earthquake of the week. A few days earlier at the death of Jesus, the earth shook and rocks tumbled. A centurion guard witnessed these events and confessed, “Truly this man was God’s son!” (Matthew 27:45-54 NRSV)

1. *How do you explain the earthquakes?*
2. *What might Mary Magdalene and Mary have been thinking when they reached the tomb?*

Suddenly, an angel wearing brilliant white descends, rolls back the tomb, and sits on the rock. This is enough to terrify the guards. First, the guards react with trembling before they freeze, immobilized by their fear. The angel speaks to the two women and utters remarkable words: “*do not be afraid. . . he has been raised. . . go quickly . . . tell . . .*” (Matthew 28: 5-7)

Like the guards, the women are terrified; but the good news proclaimed by the angel brings them such great joy that they are compelled to move past their fear into action. Despite their fear, they are able to run to tell others. Despite their lack of understanding, they are able to respond. Despite being ineligible to be a legal witness in a court because of their gender, these women depart as willing witnesses to the risen Christ.

3. *How do you explain the response by the guards?*
4. *Why would God choose to reveal the resurrection to unlikely witnesses?*

The story is not over. Things happen quickly on this Easter morning. Just as the angel appeared suddenly, so does the risen Christ appear to the women. Unlike the immobilized guards, the women respond with purpose and action. They worship Jesus. Simple enough. No questions. No pondering. They drop to their knees to worship the risen Jesus. Like the angel, Jesus responds with a pastoral word, “Do not be afraid.” (Matthew 28:10 NRSV)

5. *How can they not be filled with fear?*
6. *What would it have felt like to hear the words “do not be afraid”?*

How can their minds and hearts not be swirling like a whirlpool? At this point, life makes no sense. These women know Jesus had been crucified and buried. They were first-hand witnesses to the brutal reality of it all, including the finality of the death and burial of Jesus. But now – Jesus has defeated death. That victory over death changes everything once and for all. No wonder Jesus joins the angel to commission the women . . . *go and tell.*

7. *How does the resurrection of Jesus change our lives?*
8. *What does it mean to believe in Easter?*

## word among us

Throughout the Lenten season, the theme of the Daily Discipleship has been the Peace Prayer of St. Francis of Assisi. Take a few minutes to silently pray this prayer, pausing to savor each phrase.

Lord, Make me an instrument of your peace,  
Where there is hatred, let me sow love; Where there is injury, pardon;  
Where there is doubt, faith; Where there is despair, hope;  
Where there is darkness, light; Where there is sadness, joy;  
Grant that I may not so much seek to be consoled as to console;  
to be understood as to understand; to be loved as to love.  
For it is giving that we receive, it is pardoning that we are pardoned;  
and it is in dying that we are born to eternal life. Amen

Prayer changes people.

1. *If you have prayed this prayer during the last weeks, what changes have you observed in your own life?*
2. *How else might this prayer change someone who prayed it consistently?*

The prayer concludes with the petition, “it is dying that we are born to eternal life.” That is the Easter promise. Because Jesus Christ died and defeated death, we are promised the same. Alleluia! Jesus Christ is risen! He is risen indeed!

3. *What does the petition “it is dying that that we are born to eternal life” mean to you?*
4. *Is this petition only referring to physical death at the end of life? How so?*
5. *How do we live our lives differently because we are Easter people?*

The prayer names many human experiences – hatred, injury, doubt, despair, darkness, and sadness. But, the prayer counters each negative with a specific blessing which might be extended by an individual. By the grace of God, a disciple of the risen Christ can be turned into an instrument of peace, love, pardon, faith, hope, light, and joy.

In addition, God can transform a person from being self-centered and full of self-pity into someone committed to extending consolation, understanding, and love to another person.

6. *How finely tuned are you as a personal instrument of God’s peace?*
7. *Which is the hardest petition for you to pray?*
8. *Which is the easiest petition for you to live?*
9. *Which one petition would you like to adopt for the coming year?*

## Prayer

Lord, make me an instrument of your peace. For it is dying that we are born to eternal life. Amen

## Dig Deeper

Acts 10:34-43

## last word

Pray each day this week:

Lord, make me an instrument of your peace,  
for it is dying that we are born to eternal life.



Daily Discipleship

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Easter (A) Page 2 of 2



# Daily Discipleship

Week of April 19, 2020

Second Sunday of Easter (A) – John 20:19-31

**Discipleship:** *An Instrument of Prayer*

**Focus Question:** *This week how might you be an instrument of prayer?*

## word of life

**“Peace be with you. As the Father has sent me, so I send you.”** John 20:21 (NRSV)

Read John 20:19-31

On the day Jesus rose from the dead, he appears to Mary Magdalene at the empty tomb and sends her as an ambassador to tell the others, “I have seen the Lord.” (John 20:11-18 NRSV) On that same evening, Jesus appears to the disciples even though they are behind locked doors. Despite, or perhaps because of Mary’s proclamation, the disciples are filled with fear of the Jews.

1. *What do you imagine the disciples did, thought, or felt from Easter dawn when Mary talked with Jesus at the tomb until he appeared in the evening to the disciples?*
2. *What might the disciples have been afraid of?*

The first words to the disciples from the resurrected Jesus are, “Peace be with you.” (John 20:19 NRSV) After showing them his hands and side, Jesus repeats those words but adds a mission, “Peace be with you. As the Father has sent me, so I send you.” (John 20:21 NRSV) Then, Jesus gives them the Holy Spirit. They are not sent out into the world by themselves, but are empowered by the Holy Spirit.

3. *What are the disciples sent to do?*
4. *How is peace related to being sent?*
5. *How is the Holy Spirit related to being sent?*

God comes into the lives of disciples in concrete ways. Most certainly, the presence of the crucified and resurrected Jesus with his wounded hands and side is significant, but the disciples are also given God’s peace and God’s Spirit.

Not all the disciples are present to bear witness to the risen Jesus. Thomas in particular wants to see some proof. He can not believe the words of the other disciples or Mary. It takes a week for Thomas to get his concrete proof. Again, Jesus appears in the room although the doors are shut. Once more, Jesus extends peace to his followers. Thomas is allowed to touch Jesus’ wounds. Jesus pleads with Thomas, “Do not doubt, but believe.” (John 20:27 NRSV)

6. *What might have prevented Thomas from believing?*
7. *What about the faith of all those who never get to touch the wounded hands and side of Jesus?*

Jesus recognizes and responds to the limited faith of Thomas by allowing Thomas to touch him. At the same time he praises those who believe without tangible proof. Jesus says, “Blessed are those who have not seen and yet have come to believe.” (John 20:29 NRSV) Jesus blesses the generations who come after the first followers, those who will not be able to physically touch Jesus.

8. *What can be said today to those who have doubts about Jesus?*
9. *What kind of witness might Thomas have become?*

Jesus works with people in different ways depending on their needs. Through the work of the Holy Spirit, God transforms fears and doubts into courage and conviction. Followers throughout the ages are encouraged to believe and trust in Jesus Christ.

## **word among us**

Reinhold Niebuhr was on the faculty of Union Theological Seminary in New York. In 1943 he was living at his summer home near Heath, Massachusetts when he preached at a small church. He included the following prayer:

*O God, give us  
Serenity to accept what cannot be changed  
Courage to change what should be changed and  
Wisdom to distinguish the one from the other.*

Howard Chandler Robbins asked for a copy and Niebuhr gave him the original. Supposedly, Niebuhr said, "Here, take the prayer. I have no further use for it." Robbins printed the prayer in a pamphlet. Later it was published as part of the Alcoholics Anonymous resource materials. Over the years, it has been simplified as such:

*God grant me the  
Serenity to accept the things I cannot change,  
Courage to change the things I can, and  
Wisdom to know the difference.*

Today, the "Serenity Prayer" is one of our most familiar and popular prayers. It is simple enough to be easily memorized, yet profound enough to give direction in many aspects of our lives.

1. *When did you first hear the prayer?*
2. *How might this prayer impact the pray-er?*

The prayer begins easily enough with the words "God grant me." But when we call upon God it is an admission that we are not the Ultimate One. It is not in our ability to be able to grant all things. As humans, we can go through much turmoil and wrestling to come to terms with our limitations. We try to be God or live independently from God. That is called sin. It is the story of Adam and Eve in the garden trying to live on their terms, disregarding God and God's desires.

Despite it all, God chose to send Jesus Christ into our lives to show us another path. Jesus came, was crucified, and defeated death. Then, he came physically to the disciples to grant them peace and also the Holy Spirit. It is not clear if after the resurrection the scared disciples knew they needed such gifts. Out of great love, Jesus came to his disciples to guide them through that first week. He blessed them with his presence, peace and Holy Spirit.

3. *What does it mean to you to be able to approach God in prayer?*
4. *What do you want God to grant to you?*
5. *When has God given you the gift of peace?*
6. *How is the Holy Spirit at work in your life?*

### **Prayer**

God, grant me a humble heart which allows me to come into your presence with thanksgiving, ready to receive your grace and wisdom. Amen

### **Dig Deeper**

1 Peter 1:3-9

## *last word*

Pray each day the Serenity Prayer:  
God grant me the serenity to accept the things I cannot change,  
courage to change the things I can, and  
wisdom to know the difference.



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2 Easter (A) Page 2 of 2

# Daily Discipleship

Week of April 26, 2020

Third Sunday of Easter (A) – Luke 24:13-35

Discipleship: *An Instrument of Serenity*

Focus Question: *This week how might you be an instrument of serenity?*

## word of life

**“When [Jesus] was at the table with them, he took bread, blessed and broke it, and gave it to them. Then their eyes were opened, and they recognized him, and he vanished from their sight.” (Luke 24: 30-31 NRSV)**

Read Luke 24:13-35

Much had taken place in Jerusalem the week Jesus died and rose from death. Life no longer made sense to the followers of Jesus, and some had already left Jerusalem talking about the events of the week. Jesus appears to two men who were walking from Jerusalem to a town called Emmaus. As Jesus walks with them, they do not recognize him.

These anxious and disturbed men are a contrast to the serene Jesus. Patiently, Jesus listens as they recount the events occurring to Jesus, but they do not recognize the risen Jesus beside them.

1. *Describe the possible feelings of the men on the road to Emmaus.*
2. *What might have prevented the men from seeing Jesus at this part of the walk?*

Jesus tells these two men they are foolish for not being able to make sense and believe in the risen Christ. He then proceeds to interpret those things recounted in the Old Testament from Moses through the prophets. As Jesus teaches, he connects the events from the past to the current reality.

3. *What would it have been like to walk with Jesus on the road to Emmaus?*
4. *If you were on that walk, what questions would you ask Jesus?*
5. *How do you connect the Old Testament with the life and death of Jesus?*

The two men still do not perceive it is Jesus who is walking with them and teaching them. How can that be? They urge Jesus to stay with them for dinner. The scene is reminiscent of the last supper. Again, Jesus takes bread, blesses and breaks it, then gives it to them. It is in the breaking of the bread the disciples have their eyes open so that they truly see Jesus. As soon as they recognize Jesus, he disappears.

6. *What connections might be made between this meal and the last supper?*
7. *Why do you think Jesus disappeared so quickly?*
8. *What else might the disciples have asked if Jesus had not disappeared?*

The anxiety of the disciples is transformed into energetic joy. The words of the women and disciples are true. Jesus is alive. “They said to each other, ‘Were not our hearts burning within us while he was talking to us on the road, while he was opening the scriptures to us?’” (Luke 24:32 NRSV)

9. *What would it have been like to have your heart burn because of the teaching of Jesus?*
10. *By the end of the walk, what prevented these followers of Jesus from recognizing him?*

Within the hour, they began walking the return trip of over seven miles from Emmaus to Jerusalem. They could not wait to join others in the Easter proclamation, “The Lord has risen indeed!” (Luke 24:34 NRSV)

11. *How would this proclamation have been received by the others?*



## word among us

Their grandfather sat out on the patio near the garden. He was a picture of serenity. Yet in the house, there was chaos. Many would call the family “dysfunctional”. The family thought their yelling and fighting were typical of all families. The children did not know any different pattern of family life.

Since their grandfather had moved in with them, things were changing slowly. It was strange. Their grandfather never yelled back. Consequently, there seemed to be less yelling and swearing by others. It was hard to describe, but their grandfather was so calm. He had an inner peace which was a bit unnerving to the household. Yet, it was also attractive.

1. *How would you define “serenity”?*
2. *How does one obtain “serenity”?*
3. *If by chance someone develops the characteristic of “serenity”, how does one keep such a perspective?*
4. *How can a serene person be both unsettling and attractive to others?*

Throughout the season of Easter, *Daily Discipleship* is using the Serenity Prayer in its reflection. Reflect on the word *serenity* as you pray, “God grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.”

5. *Who in your life has modeled “serenity”?*
6. *Describe a time in your life when you felt the gift of “serenity”?*
7. *What has or needs to change in your life so that you experience more serenity?*

As Jesus walked with the disciples on the road to Emmaus, he might have been described as serene. His calmness was certainly a contrast from the anxious and distraught disciples. They had witnessed events which turned their world upside down. Jesus attempted to help them make sense by returning to the Scriptures. He did not hash over the injustice of the crucifixion, nor did he spend time describing the pain of the experience. Jesus helped connect the teaching of the old with the reality of the resurrection.

The disciples seemed to have understood, but not fully. Because they could not grasp who was teaching them, there was a significant missing piece to the puzzle. For whatever reasons, they could not see Jesus. Once Jesus was revealed to them in the breaking of the bread, then things began to make sense. They had an “Aha!” moment. At that point, those disciples could not contain or limit their excitement. They were willing to walk over seven miles from Emmaus to Jerusalem to tell the good news about Jesus Christ.

8. *What might prevent us from seeing and hearing Jesus?*
9. *What are we willing to do in order to tell someone about Jesus Christ?*

### Prayer

God, grant me serenity to face the challenges and opportunities today. Amen

### Dig Deeper

Psalm 116

## last word

Pray each day the Serenity Prayer:  
God grant me the serenity to accept the things I cannot change,  
courage to change the things I can, and  
wisdom to know the difference.



*Daily Discipleship*

Written by John and Robin McCullough-Bade

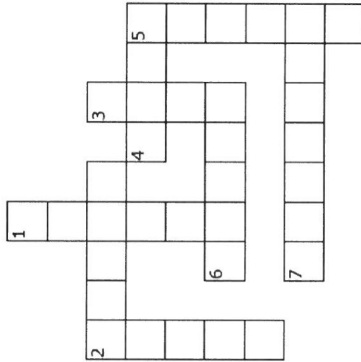
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# Crossword Puzzle



## ACROSS

- A loose outer garment without sleeves worn instead of a coat
- A pathway for vehicles, persons, and animals
- To speak with a very loud voice
- A community which is smaller than a town, usually in the countryside

## DOWN

- The part of a tree that grows out from the main trunk and has leaves
- A large group of people who have gathered together
- A young male horse (or donkey)
- An animal like a small horse with long ears

BRANCH	COLT	ROAD	CLOAK
SHOUT	VILLAGE	DONKEY	CROWD



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# Children's Worship Bulletin

## The King Is Coming

Matthew 21:1-11

## Word Search

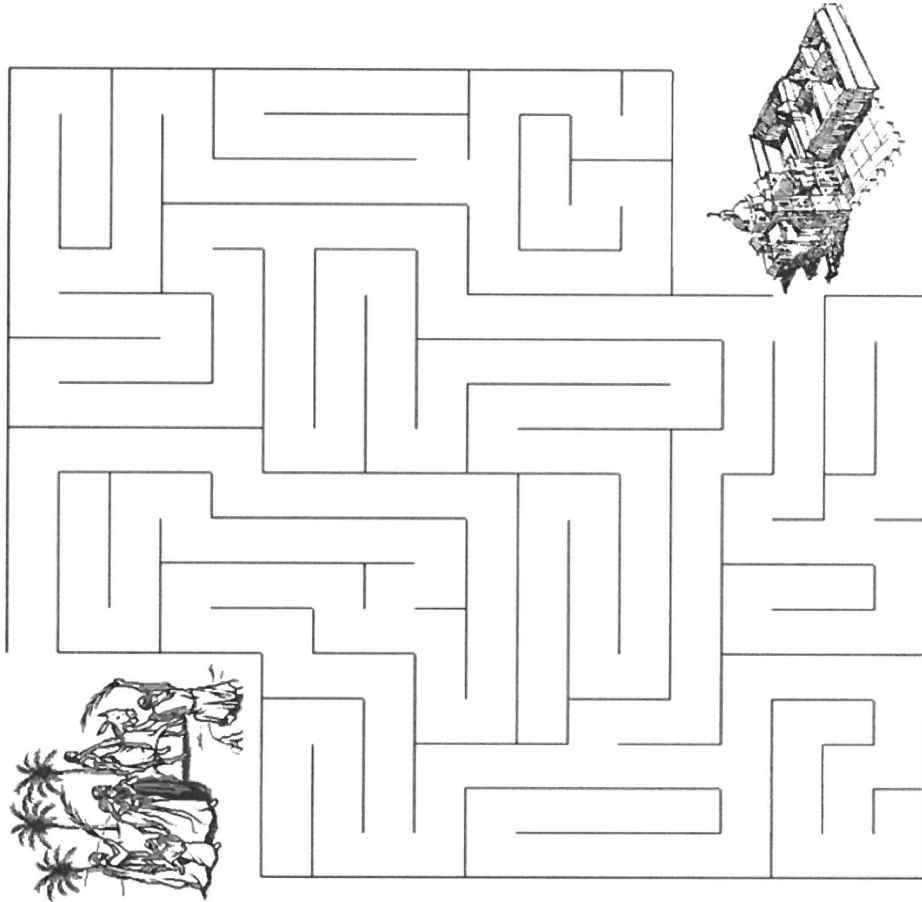
C L O A K S N J T E M K I N G  
E E Y S Y E J E R U S A L E M  
P X K H K N H B K D K F K D J  
H D D O M P X L B I E F P Q L  
M O P W O E L E S S P H J A Y  
O S S R N I X S L C H X O R U  
U C P A F N A S E I Y F N I U  
N U O L N P E E P A C H D F  
T X U L J N Y D X L J P B I V  
U F Y R I E A K B E K W M N C  
F L E A K V R X R S C X V G O  
A S O N G N E C L J E S U S L  
U E O R M I A S G E N T L E T  
Z D C Y D G V I L L A G E K P  
E M D B R A N C H E S L U I U

RIDING	SPOKEN	JESUS	PROPHET	MOUNT
BRANCHES	BLESSED	JERUSALEM	HOSANNA	KING
CLOAKS	LORD	FULFILL	DONKEY	FOAL
VILLAGE	DISCIPLES	OLIVES	GENTLE	COLT



# Maze Puzzle

Follow Jesus through the streets of Jerusalem.



PALM  SUNDAY

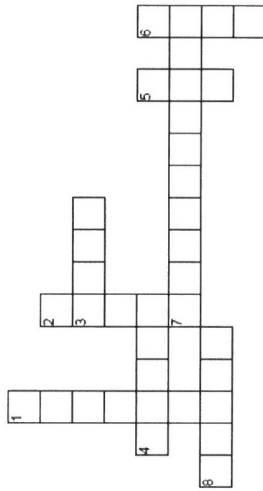
# Coloring Page



The Triumphal Entry



# Crossword Puzzle



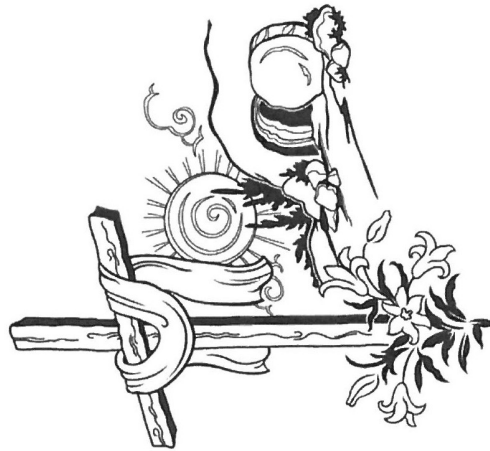
## ACROSS

- A place where someone is buried
- "He is not here; he has \_\_\_\_\_, just as he said." Matthew 28:6
- A shaking or trembling of the earth
- A heavenly being that serves as a messenger for God

## DOWN

- The first or early part of a day
- A hard solid substance found in the ground which is often used for building
- A period of twenty-four hours
- A period of seven days

STONE RISEN	MORNING ANGEL	WEEK DAY	EARTHQUAKE TOMB
----------------	------------------	-------------	--------------------



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# Children's Worship Bulletin

## An Easter Surprise

Matthew 28:1-10

## Word Search Puzzle

B H M W E E K A J E S U S E S  
N T J O X D G N O L M L N A R  
I S Z V K M T G O R H C L R I  
B D O I T C A E R I S E N T S  
X A M O L A L L R S R T H E  
A Y F O E A X P N L D T O Q N  
O H N X B G Q X N I U N M U L  
S E L O Y Z W S R O D S B A V  
H A C N L S X L O D Z V F K A  
O V H Z G I Y Q L J U U I E F  
O E U E I W N U L D Q B R Y R  
K N S V X Z B T E L J Q S O A  
T M K J Z F M F D F Z I T N I  
Y T I N M F A Q P H J F G Z D  
J Z E D A W N P S T O N E N G

TOMB SHOOK EARTHQUAKE	ANGEL WEEK ROLLED	RISEN FIRST JESUS	RISEN DAWN AFRAID	STONE HEAVEN DAY
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# Coloring Page

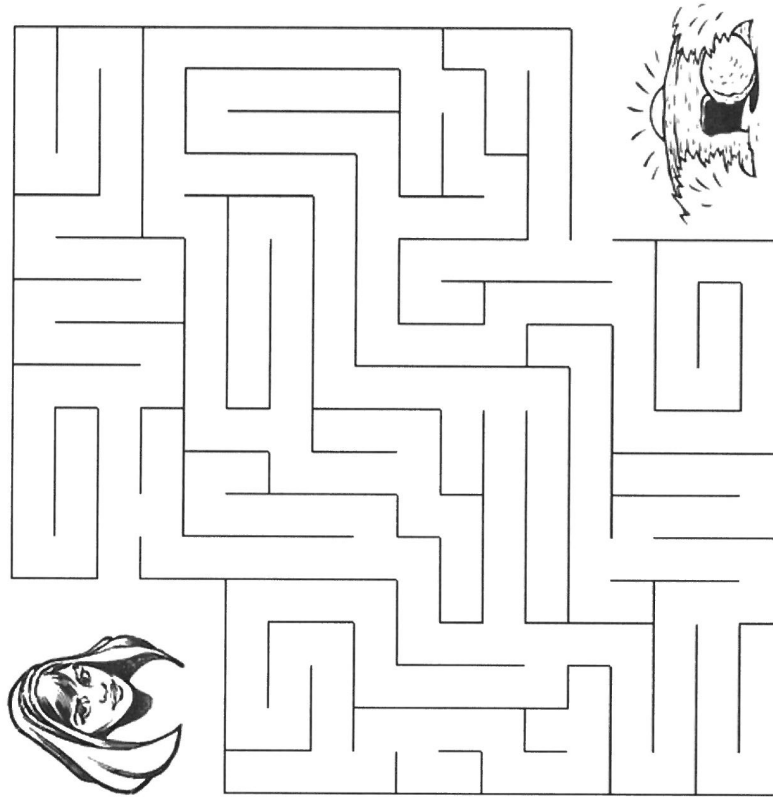


HE IS NOT HERE! HE IS RISEN!

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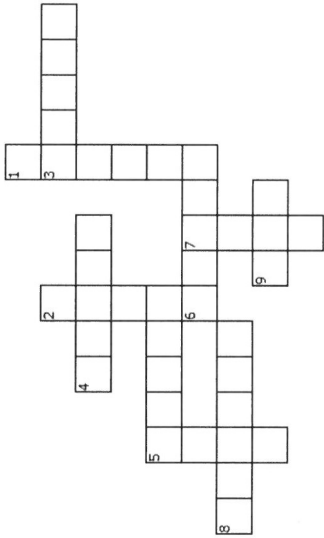
# Maze Puzzle

Can you find the way to the empty tomb?



"He is not here; he has risen, just as he said.  
Come and see the place where he lay."  
Matthew 28:6 (NIV)

# Crossword Puzzle



## ACROSS

3. To be in a state of pleasure, satisfaction, joy or delight
4. Free from conflict; getting along with others; opposite of war
5. To be undecided or unbelieving that something is true
6. The body parts at the end of the arms
8. Not open
9. To break God's law

## DOWN

1. The disciple who would not believe without seeing
2. To believe in something for which there is no proof
5. An entrance into a building or room
7. A thin piece of metal with one pointed end and one flat end which you hit with a hammer

PEACE	DOOR	HANDS	FAITH	HAPPY
NAIL	THOMAS	CLOSED	SIN	DOUBT



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# Children's Worship Bulletin

## Believe It or Not!

John 20:19-31

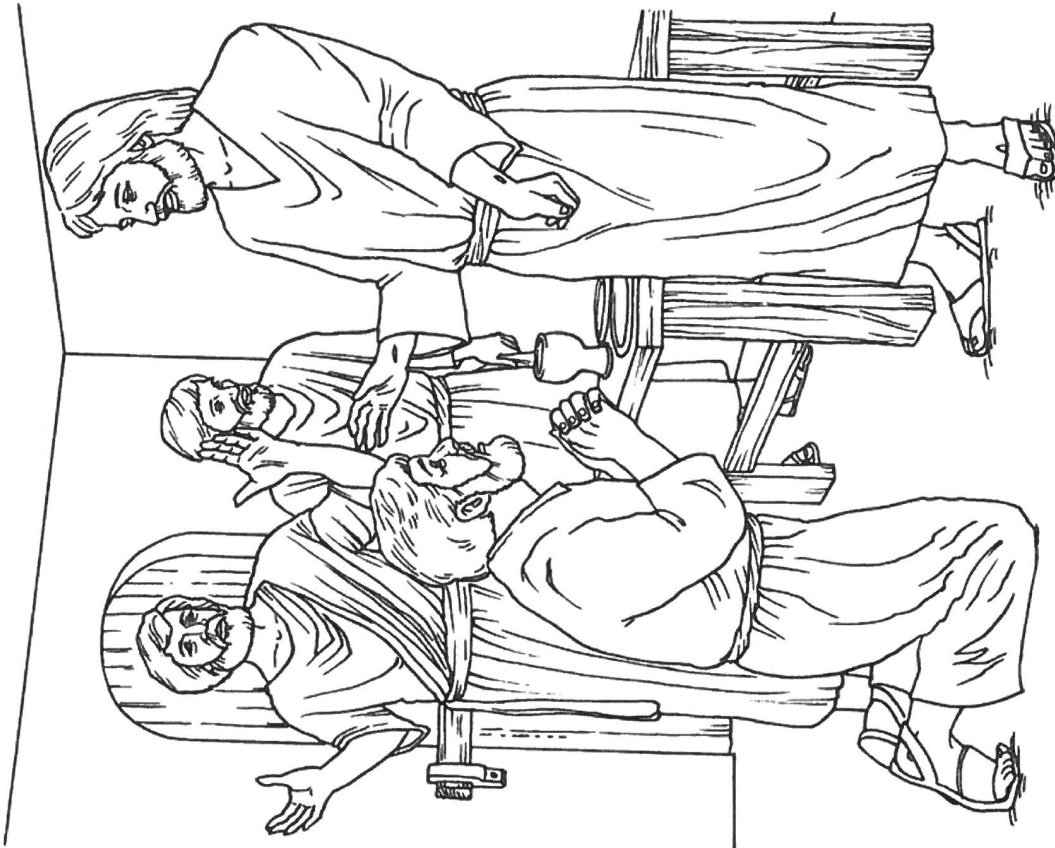
## Word Search Puzzle

Y J M N P S M B J D J Y D J S  
C X I T A T F M L H O Y W A X  
W X R K N Y G X P O F O M E D  
X M A D V Y G E A X C O R E H  
R X C C J V D R L X H K V S A  
T L L U V E D A E T N E E D M  
T K E S H E H I R C I N S D S  
O X S C W B A S S L O C Y N T  
G R U O L K N Z E C L R G D N  
E O H D Q Z D B H J I I D E P  
T S I U J J S A S R S P F E Z  
H N T F E K D P I A M I L B D  
E T W U S N K D D U L G E E E  
R S R N U K P S E S L V H N S  
R P T V S V D O U B T I N G B

JESUS	TOGETHER	DOUBTING	RECORDED
MIRACLES	SIGNS	SHOWED	BELIEVED
DOORS	LIFE	HANDS	DISCIPLES
TOUCHED	THOMAS	SIDE	LOCKED



# Coloring Page

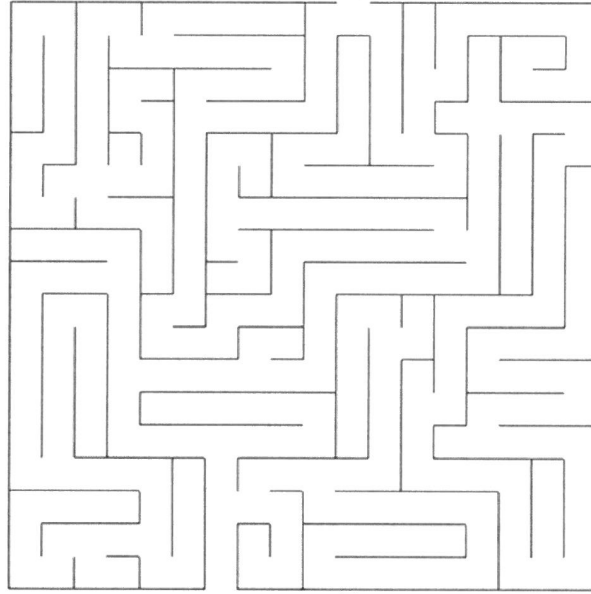


Jesus Appears!

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# Maze Puzzle

Stop doubting and believe!

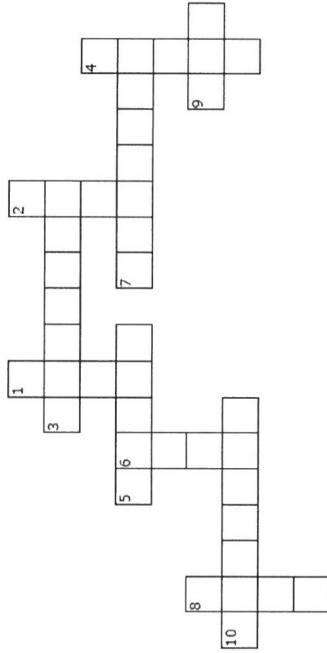


From  
Doubting

To  
Believing



# Crossword Puzzle



## ACROSS

3. To put to death on a cross
5. The Old Testament man who received the Ten Commandments from God
7. A person who visits
9. A period of twenty four hours
10. Carrying on a conversation with someone

## DOWN

1. Not false
2. The organ which makes people able to see
4. A food made from flour and water, mixed together and baked
6. Not closed
8. To travel on foot

OPEN	MOSES	DAY	WALK	VISITOR
TRUE	BREAD	EYES	TALKING	CRUCIFY



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# Children's Worship Bulletin

## On the Road to Emmaus

Luke 24:13-35

## Word Search

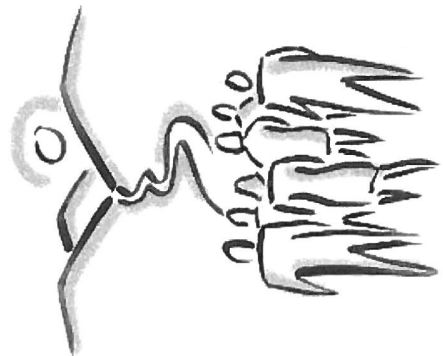
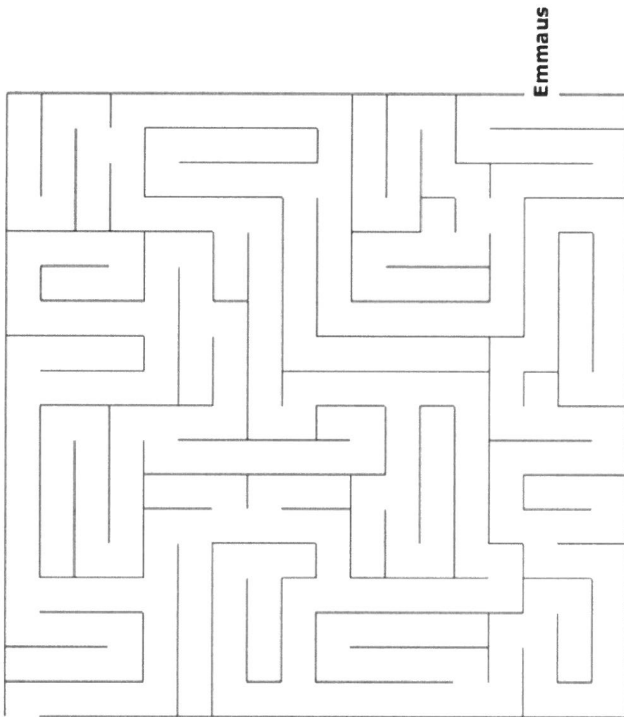
W X Q T T I Z H E G H W Z O R  
V O D H L I F G J S E C R O E  
Q P E A Y N I Q I H Y Q T G U  
C E P N A B J L X D E I A T X  
T N Y K D R O I E E S L Y U H  
J E I S E O Z K F I L C K G R  
I D S V F A L L V I G R R J X  
B P K T T A H T V K U U S K E  
D E R W W B R E A D N C U F I  
U S L O C L E O P A S I F V E  
O T D I P H F V S C M F F I A  
W T I M E H I C J I O I E C D  
J M S M C V E Y K J S E R Z G  
E M M A U S E T Y L E D P C O  
J V K V I D K H J E S U S R Z

WALKED	JESUS	SUFFER	CRUCIFIED
MOSES	BREAD	BELIEVE	VISITOR
THANKS	FOOLISH	PROPHET	EYES
CLEOPAS	OPENED	VILLAGE	EMMAUS



# Maze Puzzle

Follow Jesus on the road to Emmaus



The Road to Emmaus

# Coloring Page



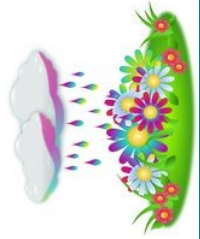
The Road to Emmaus






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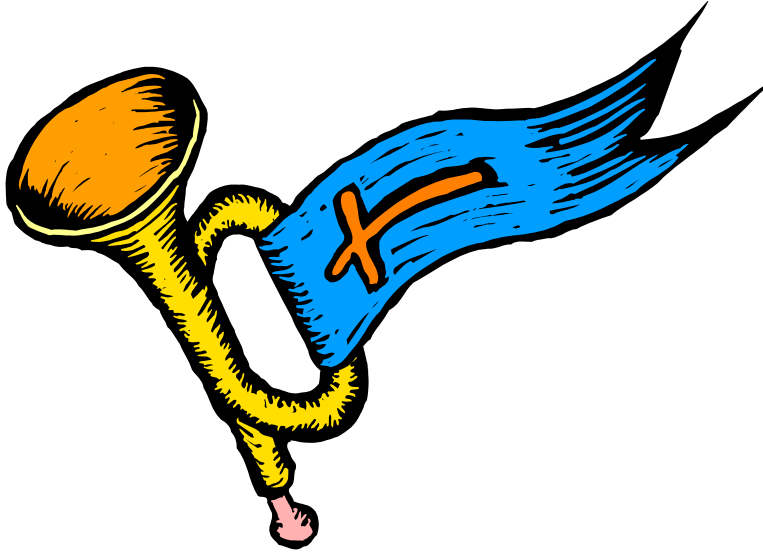


# APRIL



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>No Prayers &amp; Squares Quilting this month.</b>	<b>All gatherings are subject to change!</b>		<b>1 April Fools Day</b> 11:20 am FM Core Club 12:00 pm Lenten Worship at St. Paul's, Greenville 6:30 pm WELCA Meeting	<b>2</b>	<b>3</b> 3:30 pm FISH Choice Food Pantry	<b>4</b>
<b>5</b>  9:15 am Confirmation Class 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sunday School	<b>6</b>	<b>7</b>	<b>8</b> 11:20 am FM Core Club 11:30 am Ladies Luncheon 12:00 pm Lenten Worship at St. Paul's, Greenville 6:30 pm Christian Education Team Meeting	<b>9</b>  6:00 pm Seder Meal at Trinity	<b>10</b>  12:00 pm Way of the Cross (St. Marys, G'vle) 3:30 pm FISH Choice Food Pantry 7:00 pm Tenebrae Svc. at Trinity	<b>11</b>
<b>12</b>  8:00 am Early Worship Service 9:15 am Easter Breakfast 9:30 am Adult Sunday School 10:00 am Egg Hunt 10:30 am Worship & Kid's Sunday School	<b>13</b>	<b>14</b>	<b>15</b> <b>Tax Deadline extended to July 15, 2020</b> 8:00 am GGMA Meeting 11:20 am FM Core Club 6:00 pm Finance Team Meeting 7:00 pm Trinity Council Meeting	<b>16</b>	<b>17</b> 3:30 pm FISH Choice Food Pantry	<b>18</b>
<b>19</b> 9:30 am Confirmation Class 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sunday School 11:30 am Blood Press. Screening	<b>20</b>	<b>21</b> 	<b>22</b> 11:20 am FM Core Club	<b>23</b>	<b>24</b> 3:30 pm FISH Choice Food Pantry	<b>25</b>
<b>26</b> 9:30 am Confirmation Class 9:30 am Adult Sunday School 10:30 am Worship & Kid's Sunday School 11:30 am Blood Press. Screening	<b>27</b>	<b>28</b>	<b>29</b> 11:20 am FM Core Club	<b>30</b>		

# TRINITY TRUMPET



## April, 2020

A MONTHLY NEWSLETTER PUBLISHED BY  
TRINITY LUTHERAN CHURCH

P.O. Box 64 - 8520 Oakes Rd. - Pittsburg, Ohio 45358

Phone: 937-692-5670

Email: [secretary@pitsburgtlc.org](mailto:secretary@pitsburgtlc.org)

Website: [pitsburgtlc.org](http://pitsburgtlc.org)

Pastor Mel Musser - 937-626-7100    [pastor@pitsburgtlc.org](mailto:pastor@pitsburgtlc.org)



Trinity Evangelical Lutheran Church  
P.O. Box 64 - 8520 Oakes Road  
Pittsburg, Ohio 45358



To—

**Evangelical Lutheran Church  
In America**