

"Your Style" Permanent Makeup LLC  
5040 Gull Road Suite "F" Kalamazoo, MI 49048  
269-330-8411

**Pre Procedure Instructions**

Please be aware that your permanent makeup will typically look dark and around day 5-7 it will start sloughing off the darker top layer therefore, following any procedure, you will need to allow your body to heal for 7-10 days. If you have a vacation or special event planned, you may want to schedule your procedure with this time frame in mind.

If you are having sinus issues you will need to reschedule.

It is recommended not to schedule appointments right before, during or right after your menstrual cycle, as you could be more sensitive and experience unnecessary discomfort.

I cannot perform any procedure if you are pregnant or nursing. Sorry no exceptions.

If you have any condition that requires you to take antibiotics prior to going to the dentist including hip, knee, shoulder or any joint replacement, you should consult your physician as an antibiotic prior to a procedure may be indicated.

Cancer patients, please, provide "written" permission from your physician for you to have the procedure done.

Typically redheads, blondes and fair skin types can be more sensitive and may require more follow-up appointments.

- Mark your calendar:
- ✓ 1 week prior to appointment avoid Aspirin, ibuprofen, Advil (or anything similar) and any supplements that are blood thinners such as Vitamin A, Vitamin E or fish oil. Tylenol is fine.
- ✓ Avoid alcohol and all vitamin supplements 24 hours prior to procedure.
- ✓ Please refrain from caffeine and energy drinks on the day of the procedure as it may interfere with numbing products.
- If you are planning to or have had Botox treatments, there is a 2 week waiting period before a permanent makeup procedure should be performed. On average this will allow for the full effects to be reached on the facial muscles and prevent any shift in the permanent makeup lines.
- Please do not wear perfume to your appointment.
- Please leave your cell phone turned off during your procedure.

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### *Eyebrows Specific Pre Procedure Instructions*

While I typically work with your own brow shape to enhance your natural look, you may want to come into your appointment with your eyebrows drawn on in order to "show" me the way you would like them to look, or provide an idea as to what feels "comfortable" for you, i.e., size and color. (I will remove all makeup prior to starting your procedure).

Clients with large pores or oily skin typically have better results with machine applied brow strokes or a powdered or solid brow.

If you have any skin blemishes, rashes, or irritation within your brow line, you should wait until your skin clears up before having the eyebrow procedure done.

The following guidelines are to prevent surface irritation or under the skin inflammation present on the permanent makeup procedure day.

- ☐ Do not tweeze, wax, or tint brows for 2 days prior. Tweezing or waxing may be resumed after healing is completed in approximately 7-10 days. However, tinting should not be resumed until after healing from your final secession is completed.
- ☐ No electrolysis for two weeks prior.
- ☐ Please, never shave your eyebrows off before or after your permanent makeup procedure.
- ☐ You should refrain from any laser treatments, microdermabrasion, chemical peels or acid treatments in the brow area at least 4 weeks prior to your eyebrow procedure.
- ☐ Avoid facials around the brow area for 2 weeks post eyebrow procedure.
- ☐ Discontinue Glycolic, Chemical Peels and Retin-A on the forehead or around the brow area for 4 weeks prior to your appointment.
- ☐ Avoid Alpha Hydroxy Acid (AHA) products close to the brow area 2 weeks prior and post procedure until healing from the final secession is completed.
- ☐ Discontinue eyebrow hair growth serums 2 weeks prior and it is not recommended post procedure. It is believed that growth serums may affect pigment retention in a negative way.
- ☐ You must be off of Accutane (prescription medication used to treat acne) or any products similar to Accutane for at least 6 months prior to procedure. This is extremely important!

*If you have any questions regarding your permanent make up procedure please contact me.*

