

LGBTQ+ ADDICTION RECOVERY RESOURCES



Gays & Lesbians Achieving Sobriety Together



Revised January 2021

**PLEASE NOTE: Due to the COVID-19
pandemic, programs and/or
services may be limited or suspended.**



Content

What's GLAST?

Addiction in the LGBTQ+ Community

Treatment Providers

Sober Living

Peer Support Groups

Community Resources

For The Professionals



Guys & Lesbians Achieving Sobriety Together



@GlastCincinnati

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WE DO RECOVER



LGBTQ+ ADDICTION

According to SAMHSA, Substance use disorders are 30% higher in the LGBTQ+ community, compared to the general population of 8-9%

BUT WHY?

People who identify as LGBTQ+ often face social stigma, discrimination, and other challenges not encountered by people who identify as heterosexual. They also face a greater risk of harassment and violence. As a result of these and other stressors, sexual minorities are at increased risk for various behavioral health issues. -SAMHSA



Gays & Lesbians Achieving Sobriety Together



WHAT WE DO?

GLAST believes every addicted LGBTQ+ person has an opportunity to get clean and sober. By working in collaboration with community leaders, we can lend a helping hand to LGBTQ+ people who struggle with addiction.



WHAT YOU CAN DO?

Ensure access to resources for all people needing assistance, regardless of sexual orientation or identity. Familiarize yourself with the resources outlined in this packet. Every LGBTQ+ person has an opportunity to get clean and sober. GLAST wants to make sure their road to recovery is joyous, safe and inclusive.



WHAT WE CAN DO?

We believe that together the number of LGBTQ+



we can step by step help reduce suffering from addiction.

THINK WE CAN DO THIS TOGETHER?

Visit Glast.org/donate for more information
or contact us at (513) 334-6945

#PROUD! RECOVERY

PREVENTION

LGBTQ+ in Recovery Peer Support Groups
24/7 Online Resources
Treatment Referrals

CONNECTION

Drug & Alcohol Free Events
Community Assistance Program
Peer To Peer Support

JOINT EFFORT

Community Outreach
Bridge Building
Community Collaboration

ADDICTION TREATMENT & THE LGBTQ+ COMMUNITY

Addiction treatment facilities are often unable to meet the unique needs of LGBTQ+ people. A national study found that of the 854 treatment programs that reported to have specialized treatment services for LGBTQ+ people, only 62 confirmed these services actually existed during a telephone follow-up. This means that about 70 percent of the addiction treatment services noted as specialized for LGBTQ+ people were really no different from those provided to non-LGBTQ+ people.

Source:
www.centeronaddiction.org





Affirming LGBTQ+ TREATMENT PROVIDERS



This resource guide is for LGBTQ+ individuals who struggle with addiction. We also encourage partners, family members & mental health professionals to take advantage of the information in this booklet. GLAST believes LGBTQ+ people need specialized treatment and programs. We have done our best to find LGBTQ+ programs which serve Cincinnati / Northern Kentucky. This booklet will offer basic information about the LGBTQ+ community and addiction. For mental health professionals, we encourage you to familiarize yourself with the resources outlined in this packet.

We do not guarantee results based on the information in this packet.

LOCAL LGBTQ TREATMENT PROVIDERS

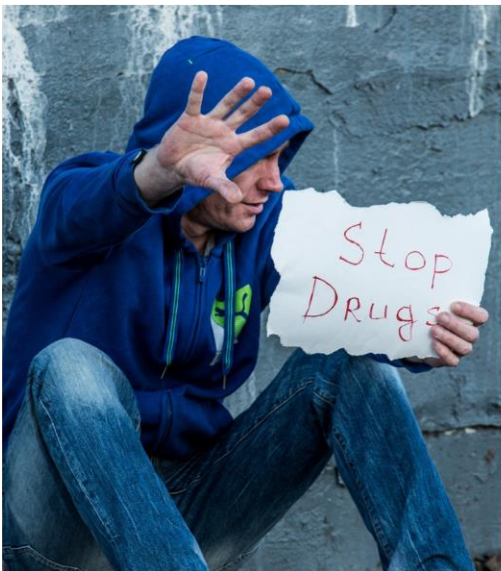


SUN Behavioral Health (Aurora Program)

LGBTQ+ Specific Intensive Outpatient
Mondays-Thursdays 3:00 PM-6:00 PM
820 Dolwick Drive
Erlanger, Kentucky 41018
Enrollment: (859) 429-5188

BrightView (Kalidescope Program)

LGBTQ+ Specific IOP
Thursdays, 1:00 PM - 4:00 PM
446 Morgan Street
Cincinnati, OH 45206
Enrollment: (513) 954-4242
www.brightviewhealth.com



NorthKey Community Care

LGBTQ+ Specific IOP
513 Madison Avenue
Covington, Kentucky 41011
Enrollment: (859) 431-3052

Center for Addiction Treatment

830 Ezzard Charles Dr, Cincinnati, OH 45214
(513) 381-6672
(Trans Affirming)



South Shore Recovery Works

4632 KY-1043, South Shore, KY 41175
(606) 498-4174
(Trans Affirming)

If your facility is affirming and would like to be added to the list, contact us at info@glast.org



Affirming LGBTQ+ SOBER LIVING

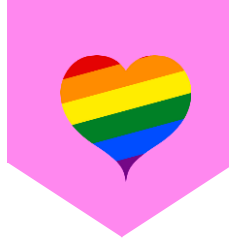


If you or a loved one are trying to stop drinking or using drugs, sober living homes may be an option for you. Sober living homes are residences for groups of people who are recovering from addiction issues. Residents must stay sober throughout their stay in the home. Living in this type of environment supports sobriety and helps alcoholics or addicts adjust to life without their addictions. Many addicts use sober housing to help them transition from rehab to living independently without using drugs or alcohol.

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SOBER LIVING & COMMUNITY HOUSING



Bright Outlook Recovery, LLC



Contact Person: Brad Tolle
(606) 375-1982
www.brightoutlookrecovery.com
(Trans Affirming)

New Foundations, Inc.

Contact Person: Mikella (513)
601-5486 www.nftl.org (Trans
Affirming)



The Oxford House, Inc.

Contact Person: Emily or Jonathon
(502) 395-3717 www.oxfordhouse.org
(Trans Affirming)

B.R Riley Sober House

Contact Person: Tony Correa
(216) 417-4831 www.brileysoberhome.org
(Trans Affirming)



If your facility is affirming and would like to be added to
the list, contact us at info@glast.org

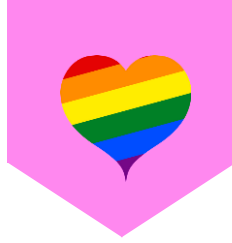
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LGBTQ+ in Recovery

SUPPORT GROUPS

By sharing their experiences, peers bring hope to people in recovery and promote a sense of belonging within the community.



GLAST

LGBTQ+ in Recover Peer Support

Mondays and Wednesdays via Zoom

Meeting ID: 854 8005 8782

Passcode: Recovery

GAY & SOBER MEN'S GROUP (Online)

www.gayandsober.org

LGBTQ+ COMMUNITY SUPPORT



We do not guarantee results based on the information in this packet.



By working in collaboration with community leaders, we can lend a helping hand to LGBTQ+ people living with an addiction.

BUILDING BRIDGES



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SAFE & SUPPORTED LGBTQ+ Homeless Youth
18-24 (513) 569-9500. www.lys.org

CARACOLE

HIV Prevention & Testing
4138 Hamilton Avenue, Cincinnati, OH 45223
(513) 761.1480
www.caracole.org

NORTHERN KY HEALTH DEPARTMENT

HIV Testing & Narcan Supply
8001 Veterans Memorial Drive, Florence, KY
(859) 341-4264
www.nkyhealth.org

LGBTQ+ PRIVATE THERAPY SERVICES

Wayne Herriford, MS, LPCC
(859) 951-6162

WOMEN HELPING WOMEN

LGBTQ+ Services
24-Hour Hotline: (513) 381-5610
www.womenhelpingwomen.org

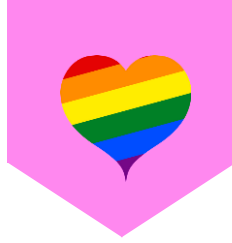
THE TREVOR PROJECT

LGBTQ+ 24/7 Hotline (866) 488-7386
www.thetrevorproject.org

CINCINNATI VA MEDICAL CENTER

LGBTQ+ Services
3200 Vine St. Cincinnati, OH 45220
(513) 475-6880





"We are a group of professionals who exhibit compassion and create a judgment free-zone to LGBTQ+ people struggling with addiction."

Stephanie Schraer, MSW, LSW Co-
Founder GLAST, INC.

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FOR THE PROVIDERS



CONTINUED CARE



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SAFE & SUPPORTED LGBTQ+ CULTURAL COMPETENCY TRAINING

Contact Person: Melissa Meyer
mmeyer@lys.org

Gay Men and Substance Abuse

by Michael Shelton

Fundamentals of LGBT Substance Abuse

by Michael Shelton & Dana G. Finnegan

Counseling Lesbian, Gay, Bisexual, and Transgender Substance Abusers

By Dana G. Finnegan

Cruise Control: Understand Sex Addiction in Gay Men

By Patrick Weiss & Patrick Carnes

The Velvet Rage: Overcoming the Pain of Growing Up Gay in a Straight Man's World

By Alan Downs

Lust, Men & Meth: A Gay Man's Guide To Sex and Recovery

By David Michael Fawcett

The Politics of Crystal Meth: Gay Men Share Stories of Addiction & Recovery

By Kenneth Cimino

Association of Lesbian, Gay, Bisexual & Transgender Issues in Counseling

<http://www.algbtic.org>



SUPPORT LGBTQ+ RECOVERY

WE DO
RECOVER



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WWW.GLAST.ORG
HOPE@GLAST.ORG
