



Welcome Back Kid Street Charter Students & Parents!

Our Counselor this year is Erin Prieskorn MS, APCC, AMFT
Erin loves: Animals, purple, the beach and ice cream!

Our Counseling Program will provide these services this year:

- Classroom visits and lessons in calming and social-emotional wellness
- Weekly Individual Sessions for processing events and learning skills
- Groups by age and gender to focus on social skills and relationship building
- Family sessions and consultations to help create peace and stability in school and at home

GOALS:

We offer counseling to help students work on a wide range of goals that may include things like: making friends, calming skills, anger management, school productivity, processing past events, empathy skills, cooperation, increasing positivity, expressing emotions verbally, and overall resilience to be able to overcome any potential stressor.

>>>>>>>> **New this year** <<<<<<<<<<



Video Sessions – Sessions will now be offered via a secured mental health platform and can be scheduled at the family's convenience.



Interactive Virtual Therapy Room – The bitmoji counseling room is full of fun games, activities, and calming tools that all students and parents are free to use! See the link below.



Virtual Bulletin Boards – I will create with the students this year bulletin board on which students/staff will write kindnesses, worries, & wishes.

VIRTUAL COUNSELING ROOM (OPEN TO ALL STUDENTS)
[CHECK IT OUT HERE](#)

Sincerely,
Erin Prieskorn MS APCC AMFT
Mental Health Counselor

Please feel free to call and speak to me at any time regarding your students. I can be reached at 707-520-0030 or by emailing sonomatherapist@gmail.com