

Welcome Back Kid Street Charter Students & Parents!

Our Counselor this year is Erin Prieskorn MS, APCC, AMFT Erin loves: Animals, purple, the beach and ice cream!

Our Counseling Program will provide these services this year:

- Classroom visits and lessons in calming and social-emotional wellness
- Weekly Individual Sessions for processing events and learning skills
- Groups by age and gender to focus on social skills and relationship building
- Family sessions and consultations to help create peace and stability in school and at home

GOALS:

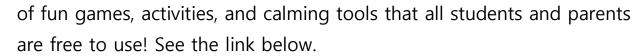
We offer counseling to help students work on a wide range of goals that may include things like: making friends, calming skills, anger management, school productivity, processing past events, empathy skills, cooperation, increasing positivity, expressing emotions verbally, and overall resilience to be able to overcome any potential stressor.



<u>Video Sessions</u> – Sessions will now be offered via a secured mental health platform and can be scheduled at the family's convenience.



Interactive Virtual Therapy Room – The bitmoji counseling room is full





<u>Virtual Bulletin Boards</u> – I will create with the students this year bulletin board on which students/staff will write kindnesses, worries, & wishes.

VIRTUAL COUNSELING ROOM (OPEN TO ALL STUDENTS) CHECK IT OUT HERE

Sincerely, Erin Prieskorn MS APCC AMFT Mental Health Counselor Please feel free to call and speak to me at any time regarding your students. I can be reached at 707-520-0030 or by emailing sonomatherapist@gmail.com