11 Bacon Road, Old Westbury, New York 11568-1599 **\*** (516) 333-5690

***Let’s talk about ADHD!***

**Tuesday March 28, 2017 ~ The Wheatley School ~**

**~ Room 450 ~**

**7:00 p.m. Light Snacks & Conversation**

**7: 30 p.m. – Presentation on ADHD**

***Sponsored by the East Williston PPS Department and The Special Education Parent Council***

Conversation will include a description of the diagnosis, epidemiology, comorbidities, and different modalities of treatment, including medication and behavioral options.

with ***new*** guest speaker:

**Urmila Pai, M.D.[[1]](#footnote-1)**

1. Dr Pai specializes in Child and Adolescent Psychiatry.  Dr. Urmila Pai is a double board certified psychiatrist specializing in adult, child and adolescent psychiatry. She is a diplomat of the American Board of Psychiatry and Neurology. Since graduation from the Albert Einstein College of Medicine and Montefiore Medical Center, she has been in private practice. As one of the few female child and adolescent psychiatrists practicing on Long Island, she has extensive experience in treating patients with a wide range of psychiatric disorders, including ADHD, Disruptive Disorders, Adjustment to Life Issues, Depression, Tourette's Syndrome and Tic Disorder, Obsessive Compulsive Disorder, Autistic Spectrum Disorder and Anxiety (Generalized Anxiety Disorder, Social Phobia, Selective Mutism). Additionally, she has completed training in the CBT-I (Cognitive Behavior Therapy for Insomnia) program developed at Harvard Medical School. Dr. Pai serves as a consultant to various school districts on Long Island. She serves on the executive board as the medical consultant to the Long Island Professionals ADHD Consortium. She maintains an active interest in research, and is included in the writers team at special-ism.com. Dr. Pai is also the author of [Nervous Nellie: A Book for Children Who Worry](http://www.urmilapai-md.com/nervous-nellie), which addresses anxiety in young children.  Dr. Pai is a member of the American Psychiatric Association, American Academy of Child and Adolescent Psychiatry and Greater Long Island Psychiatric Society.   Dr. Pai is a recipient of the Top Docs 2016 award recognizing her as a top child and adolescent psychiatrist in Jericho, NY.   [↑](#footnote-ref-1)