

The St Augustine Lions Foundation is proud to present the 36th St. Augustine Lions Seafood Festival. Festival goers will enjoy delicious varieties of seafood, a quality arts & crafts show, kids fun and an entertainment lineup featuring Jazz, Country, and Americana music.

Join us Friday March 3rd through Sunday March 5th on Francis Field in downtown St. Augustine. Serving up boatloads of seafood and other delicious selections. In addition we will present a three-day lineup of entertainment, family fun and arts & crafts. Eat, Drink and Shop.

Family fun can be had in the Kids Ride Zone, Pirate Village and Spanish Landing. Be sure to catch the Clown Adventure, Pirates and Nutter Interactive percussion. For the youngsters, they can meet their favorite superhero or fairy tale princesses. See page 15

# JOIN US TO WELCOME "SOUTHERN STYLE VOCAL BAND"



Necie, Joe (Sr), David, Joe (Jr) & Dana of "SOUTHERN STYLE"

COME JOIN US TO WELCOME "SOUTHERN STYLE VOCAL BAND". "SOUTHERN STYLE" will be performing for the first time at the Shores Activities Club's Main Dance Social on Saturday Evening, February 18th, 2017 from 7:00 PM to 10:00 PM at the Riverview Club Center in St. Augustine Shores (790 Christina Drive). "SOUTHERN STYLE" is made up of five of Northeast Florida's finest and talented performers who are well known throughout the St. Augustine area. Come listen and dance to some of your favorite songs, which include Pop, Country, Blues, Rock, Oldies & Contemporary genres. We invite all Shores Activities Club Members and Guests to join us. So clap your hands, tap your feet, sing along, party and dance to wonderful music that will entertain and excite you. This dance social is BYOB and any snacks that you would like to consume. Shores Activities Club "Dance Members are FREE" and "Club Activity Members and Non-member/Guests are \$15.00". Sign-ups for this party may be made online by visiting our website at: www. staugshores.org. You may also make your reservations at the Riverview Club office (at 790 Christina Drive in the Shores) or by calling (904) 794-2000. Please make your reservation by Thursday, February 16th, 2017 in order to get the table location that you desire. It's sure to be a lot of fun. For more information, call Dennis on (904) 461-6782.

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St. Augustine Observer 1965 A1A South #180 St. Augustine, FL 32080-6509

## A DANCE NIGHT TO REMEMBER!

The St. Augustine Ballroom Dance Association has planned a dance night to remember for Saturday, February 11th at the Riverview Club, 790 Christina Drive, in St. Augustine Shores. Dance starts at 7pm and ends at 10pm.

Lots of wonderful dance music, beautiful decorations, a large dance floor and a bountiful buffet will be sure to make the evening memorable.

Guests pay just \$20 per person. Appropriate guest attire is a dark business suit with tie, or a tuxedo, for the men and a cocktail dress or gown for the women.



For invitation, call President Dennis Larimore at 904-824-4902. For more information pictures, facebook. and visit com/sabdastaug. Pictured is long time association members, and Darlene Van Tiem, taking a break from all the dancing.

# What's Inside The Observer This Month...

- St. Augustine Shores
- Board Update
- Message from President
- Art Show
- St. Augustine South
- Sweetheart Dance
- Area Event & Entertinment Guide
- Health Update: ITB Syndrome
- Financial Focus: What's Smarter-Paying Off Debts or Investing
- Computer Corner: Downloads
- Art Studio: Trude Zmoeling Featued Artist
- Civic Association: New Year Starts with Serious Challenge



Arts & Crafts • Music • Kid Zone March 3rd-5th, 2017, in Historic St. Augustine Francis Events Field • 25 W. Castillo Drive

Presented by

# Winn Dixie

Friday, March 3th — 3:00 to 9:00 Saturday, March 4th — 10:00 to 9:00 **Sunday, March 5th** — 11:00 to 5:00 rts and Crafts Village closes at Sundown. Sorry, no pets or coolers on the field.

# www.lionsfestival.com



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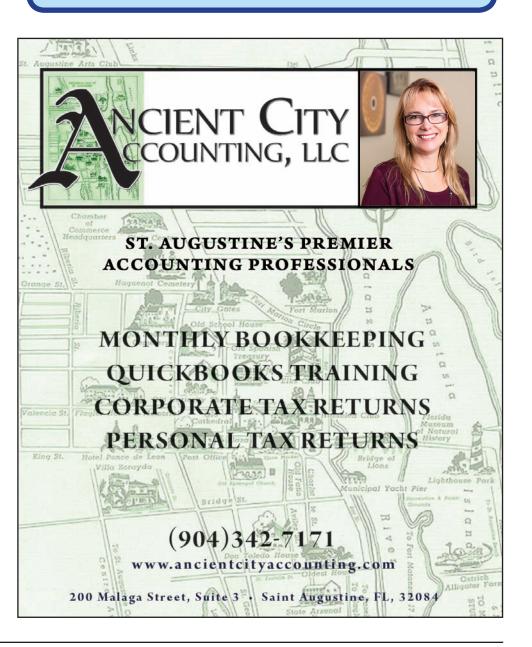


**CYPRESS LINKS - OPEN AND** SPACIOUS 3 BEDROOM, 2 BATH WITH 2 CAR GARAGE. GOLF AND COMMUNITY POOL JUST STEPS AWAY. LARGE EAT IN KITCHEN, DINING AND LIVING ROOM. LARGE **MASTER** WALKIN CLOSETS \$237,000.00



Melissa McCall Owen, REALTOR 49 Shores Blvd. St. Augustine, Florida 32086 Melissa.Owens@Deltona.com 904-794-2920 office, 904-794-5695 904-377-3960 cell

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## The St. Augustine **Observer**

Published monthly for residents and visitors of St. Augustine, FL. 1965 A1A South #180 St. Augustine, FL 32080-6509 www.observer.vpweb.com

Cliff Logsdon, Publisher/Editor (904) 607-1410 clifflogsdon@att.net

The function of the St. Augustine Observer is to serve residents of St. Augustine areas Communities. First priority will be given to reporting news and activities of the residents of the St. Augustine local communities, and other news and events that directly affects the St. Augustine area. Second priority will be given to articles of general interest as space permits.

Information should be received by the 15th of

that does not meet the publication's standards meetings are held on the fourth Monday of each month at 6 p.m. at the Riverview Club.

the month in order to appear in the following month's

issue. Articles or information may be sent to the St. Augustine Observer, 1965 A1A South #180, St. Augustine Florida 32080-6509. Information may also

to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and

opinions expressed are those of the writer and do not

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ing pictures, graphics, websites and/or emails listed,

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violation of law including copywriting infringements.

The publisher reserves the right to refuse advertising

All material submitted to the Observer is subject

The Observer's acceptance of advertising does

be e-mailed to clifflogsdon@att.net.

• Fairview Condominium Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club

• Greens Condominium Board meetings will vary. Contact Steven Sheremeta at Sovereign-Jacobs at 904-461-5556.

• Casa Bella Condominium Board 2016 meetings- March 14th (Annual Meeting) - 6:30 pm, April 11th, 6:30 pm, May 9th, - 6:30 pm, September 12 - 6:30 pm, October 10th, - 6:30 pm, November 11th - 6:30 pm, December 12th - 6:30 pm.

**St. Augustine Shores Community Calendar The Shores Service Corporation Shores Homeowners Association** (904) 794-2000 www.staugshores.org

- Shores Service Corporation monthly meetings are held on the second Thursday of each month. Meetings are at 7 p.m. at the Riverview Club.
- · Conquistador Condominium Board

St. Augustine South **Community Calendar** The St. Augustine South **Improvement Association** 

(904) 794-5129 www.staugsouth.com **Associate News Editor** Joan Nizza 904-687-8726

- SASIA Board Meeting -Wednesday of the month is the SASIA
- Board meeting at 7pm.

   SASIA Member Meeting 3rd Wednesday of the month is SASIA monthly meeting.
  • Women of the Moose-1101 -

2nd and 4th Thursdays "Women of the Moose-1101" meet at 7pm.

- DAV Meeting -3rd Tuesday of the
- month DAV monthly meeting at 7pm.
   Vietnam Vets Meeting 4th
  Tuesday of the month Vietnam Vets
  meet at 7pm.
- **Bingo** Every Thursday at 1pm except Holidays with a light lunch is available from 11:30 to 12:30.

#### **Officers**

Theresa Nizza – Acting President Louis Zimmer – Vice President Ed Olsen - Treasurer Jenna Cuzick - Secretary

**Board Members** 

Lynn Rowland Travis Cuzick

# **Community Classifieds**

The Observer offers free individual community classified ads to Shores and South residents. Classifed ads will not be printed without a name, address and phone number included with the request. Free ads Are Not to Promote a Business or Personal Service.

**Business, Services, seeking work and others may be placed** in the classified section according to the following rate schedule: 1/2" (4 lines) \$5, 1" (8 lines) \$10, 1 1/2" (12 lines) \$15, 2" (16 lines) \$20. These Ads are to be paid in advance before running in the Observer.

Send your ad and payment if required to Observer, 1965 A1A South #180, St. Augustine, 32080-6509. Or you may email your ad to clifflogsdon@att.net. Deadline for all ads is the 15th of every month for the next month's issue.

FOR SALE: (1). Women's; Three-quarter length black leather jacket, \$79 OBO. (2). Handbags, \$10 each. (3). Black sequined tank top, size 10, \$25. (4). White sequined tank top, size 10, \$25. Shoes size 7. (5). Black velvet low heel with round toe, \$10 and wine beaded high heel, pointed toe \$15. (6). Keen hiking boots, women's 8.5. Items in excellent condition and hardly used. Stored in clean, pet-free, smokefree home. Call 904-794-2594

FOR SALE: Beautiful lighted china hutchdisplay cabinet. Three sided glass enclosure with mirrored back. Light natural oak finish with a large amount of lower cabinet storage and shelf space. 78" H, by 48" wide, by 15.5" deep Condition is excellent. Redecorating forces sale. \$595.00 (or best offer). Similar units are selling for \$800-\$1,100 on E-Bay. Please call or text to Chris at (904)-325-1588. I can supply images via e-mail or by text. Don't miss out on a great buy!

FOR SALE: RE-ENACTORS; Black

wool/silk, full-length hooded cape, hand-sewn by Heidi Moser and suitable for re-enactors or anyone, \$149 OBO (similar quality \$350). Black and white ticking-stripe long, gathered skirt and matching detached pockets. All handsewn cotton, women size 10-12, \$45. All items in excellent condition. Call 904-794-2594.

PET SITTING: Reputable, respectful pet sitting in the Shores. Just provide the food and I'll provide the love.Short-term or long-term.

FOR SALE: Home; Antique Italian handmade ecru linen and crocheted tablecloth and napkins fits 42"x64" rectangular table, \$75. Pennsylvania House oval coffee table, \$65. Small mahogany table, \$25. Silver-plated flatware, Roger's Bros. "Eternally Yours", 8 place settings, serving pieces and box, \$99.Call

FOR SALE: Citizen Jamis women's bike, used a few times only, \$180 OBO. Yashica SLR 35mm film camera with 55mm macro lens, flash, cable, case, \$45. Beautiful Scully attaché case, Italian leather, pigskin lined, \$150 (original price \$300). Call 904-794-2594.

FOR SALE: (1)Cushioned foam maroon rug - great for kitchen. \$5.00. Like new. Call 904-797-3736. (2) Decorative Throws, 2, pale yellow and white w/fringe. Made in Portugal. Heavier weight for added warmth. Like new. Freshly laundered. \$35.00 for both. (3) Shower curtain, bought at Target. Contains beige, light and darker blues. Scalloped pattern throughout. Like new. Redecorating. Must sell. \$5.00 (4) Laura Ashley Queen size sheet sets including pillowcases. 2 pair the same. A very nice blue paisley (multi blue hues and a little white). Like new. Freshly laundered. \$20.00/per pair; or \$35.00 for both pairs. Call 904-797-3736

FOR SALE: (1) Gold's Gym XR45 Home Gym Up to 210 lbs. of resistance. Combination Chest Press / Fly Station. High Pulley and Low Pulley exercises. Rolled Preacher Pad for curls. Leg Developer. Lat Bar. Will need truck for transport. \$100. (2) MMA Omnistrike Heavy Bag with Stand and Gloves. Bag foam-wrapped bottom panel for low kicks and ground & pound. Knee Strike handles simulate the Thai clinch while training. Stand heavy duty steel tubing. Footprint of 57" L x W x 86" H. Gloves Everlast neoprene heavy bag boxing gloves. \$150. Call or Text:

FOR SALE: Electrolux Oxygen canister vacuum, hardly used available for the taking.

FOR SALE: 6 x 12 cargo trailer, rear door comes down for ramp, side entrance, new tires recently, excellent condition. \$2000. Call 301-751-5929

FOR SALE: Catnapper rocker/recliner with heat and massage. Micro suede fabric dark green. In great condition. Asking \$200.00. Wood/Glass coffee table. Asking \$50.00. 3 Outdoor mesh chairs \$5.00 each. Call Bob 386-385-2183.

# St. Augustine South February Events

### Women of the Moose-1101 **Sweetheart Dinner-Dance**

Saturday February.11,2017 Dinner: 6 pm Dancing: 7pm - 11pm DJ - Terry Hunter Raffles, 50/50 drawing and lots of FUN! Donations: \$15.00 per person For reservations Call Sandra 806-0535 or Theresa 794-5129

Daisy Troop #2228 will hold their meetings twice a month at St Augustine Clubhouse . Their leader is Mary Strohminger and co-leader Andrea Smith.



# Part Time Opportunity St. Augustine Observer

The Observer is seeking a part time marketing person to reach local business organizations for promotion in the local newspaper. If interested please contact:

> Cliff Logsdon 904-607-1410



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St. Mary's by the Sea

**National Catholic Church (PNCC)** 



# St. Augustine Shores Club News Febuary 2017 Riverview Club Calendar

#### FEBRUARY DANCES

EARLY SOCIAL 7:00 pm to 10:00 pm \*BYOB\*

**Entertainment by Ernie** 

Hosted by: Dave & Catty Mancino Dance Club Members: FREE, Activity Members and Guests: \$15.00/pp

RSVP at www.staugshores.org

MAIN SOCIAL 7:00 pm to 10:00 pm \*BYOB\*

Saturday, February 18th

Entertainment by Southern Style NEW BAND

Hosted by: Dennis & Kathy Salvati Dance Club Members: FREE, Activity Members and Guests: \$15.00/pp

RSVP at www.staugshores.org

FREE for Activity Members, guests are \$5.00/pp/class

Bridge Fridays 1:00 pm www.staugshores.org

Check out the latest events at

St. Augustine

Shores Activities Club

The class is geared to all levels. Thursdays at 10:00 am. **Bridge Lesson** 

Calling All Card Players! New card game group on Tuesdays, at 3:30 pm – 6:00 pm. Come and share

your favorite card game: 500, Euchre, Pitch, Pinochle, Canasta, etc.

Chicago Bridge Must have a partner to play, Monday and Thursday at 12:30 pm

Monday, Wednesday & Friday at 10:45 am. A gentler form of yoga for those whom balance is

an issue. New: 30 minute floor stretches after class on Wednesdays!

Ballroom dance class with Dennis, classes will resume February 2nd **Dance Class** 

Dance Class is FREE for Activities & Dance Club Members.

Tuesday and Thursday at 10:00 am

Every Monday at 6:30 pm and Wednesday at 10:00 am

Tuesday at 1:00 pm & Wednesday at 10:30 am

Mondays, Wednesdays and Fridays at 9:00 am. Bring a non-skid mat & wear comfortable Yoga

clothing (no belts or anything tight around your waist). The class is geared to all levels.

Tuesdays at 5:30 pm. Low-impact Zumba to protect joints. Come sweat, lose weight, meet

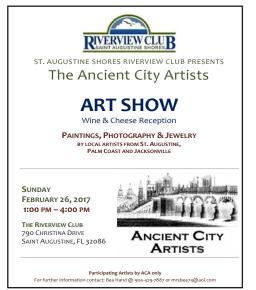
people, and have a blast!

Tuesday February  $14^{th}$  and  $28^{th}$  at 1:00 pm in the Library – topic for February  $28^{th}$  is "How can I keep from singing..." For information call Donna at 794-0789.

Upcoming Events at the Riverview Club

Early Social: Sunday, March 5th (6pm to 9pm) - Entertainment by Tim Rippey

Main Social: Friday, March 17th (7pm to 10pm) - Entertainment by Nostalgia







Door prizes Lunch & beverages provided

or more information and to make your reservation, ca Marcia no later than February 27th at 904-794-7888.

#### Rent our spacious & elegant ballroom space for your next event!



Main Hall 5,520 sq. ft. & Commercial Grade Kitchen Seating capacity: 350 people

Game Room 1,440 sq. ft. Seating capacity: 70 people

Card Room 825 sq. ft. Seating capacity: 40 people



Weddings

Graduation Party

 Birthdays • Fund Raisers Retirement Party

 Meetings Anniversaries Memorial Service

Rehearsals

Baby Shower

• Engagement Party

• Receptions • Dinner Dances • Office/Holiday Party

790 Christina Drive St. Augustine, FL 32086 904.794.2000

## St. Augustine Shores Service Corporation **December 8th Board Meeting Summary**

"This Summary is a brief overview by the Observer Editor and is not the complete meeting minutes. Minutes are posted at the Riverview Club and on the Association Website.

The St. Augustine Shores Service Corporation's Board of Directors meeting was called to order by Vice President James O'Such at 7:00 P.M. Present: Treasurer Claire Lorbeer, Director Philip Van Teem, and Secretary Sue Chitwood. Absent: President Jim Priester and Director Winston Burrell.

Approval of the Minutes of November 10, 2016 and approved.

Treasurers Report - Read by Treasurer Lorbeer accepted for audit. General Manager Smith explained the decrease in the operating fund and the increase in the reserve fund.

General Manager Smith presented one collection Issue. The Homeowner has a balance of \$4361.68 as of November 17, 2016 and is currently on a payment plan. They paid a down payment of \$2244.27 and will make 12 payments of \$244.27 and stay current. Motion approved to table this case until determines the reason for waiving the interest on a prior case.

Managers' Report - Joseph H. Smith III **Progress on Board Goals** 

**Curb Appeal-** Christmas lights have been installed. We scaled back this year due to the unforeseen expense of clean - up after Hurricane Matthew. We have planted new stock of white cabbage and red dianthus at all the entrances and the Riverview Facility. We have spread pine straw in all the beds in the medians. We are currently edging all the medians and bike paths.

Safety and Security- Tree removal has been the main focus to protect the membership. **Operations-** Board Member Vacancy discussed.

**Committee Reports** 

ACC Committee - General Manager Smith presented variance to the Board for 223 Deltona Blvd - K-9 officers in St. Johns and Putnam Counties requested a variance to place an 8 foot fence at the rear of their property due to neighbor from harassing their dogs. Request denied because it is against our governing documents and against County Ordinance. Motion approved to send the owner a letter about his tenant's harassment and get in touch with the County to find out their criteria. The ACC reviewed 14 applications: 1 driveway extension, 3 fences, 2 new homes, 1 pool enclosure, 2 pools, 1 screen room, 1 shed replacement Total approved YTD 286

Riverview Building and Grounds Committee - Judy Vershave discussed projects for the Riverview Facility. Request to remove the carpet in the Card Room and install wood flooring so lessees could serve food in this room. There was discussion on a fee for clean-up. This damage will come out of the damage deposit. The next meeting will be held December 13 at 6:30. They would like the pots at the front door to the Riverview Facility removed. They would like a runner with the logo RC leading up to the door. We need to form a sub-committee for the pier replacement project. This committee could sponsor fund raisers.

Boat and RV Storage Compound Committee - Ray Story provided a list of minor action items to the General Manager and these issues were addressed. The next meeting will be held March 7th at 6:30. They would like to have a 911 address posted on the gate. A sign should be posted listing emergency contact information. An updated camera system should be addressed

## **New Business**

Home Office Applications: Adam and Hayley Hannaford - 368 Valverde Lane - for the purpose of paperwork for a cleaning business. They agree to abide by County Ordinance 95-9 and approved by the board.

Deed Violation Report- The report was presented to the Board.

#### **Directors Comments:**

Director Van Teem complimented the meeting and the presentation from the Riverview Committee. Secretary Chitwood commented on the leaning and damaged trees. She inquired about FEMA assistance. General Manger Smith read an email to FEMA and their response denying our request. She commented on the plants at the entrance to San Savino. She would like to see a more Florida friendly planting not an annual.

**Members Comments:** 

A comment on the ACC Committee's discontent with the Board approving variances turned down by the ACC. Comment on developing parks at the South end of the Community. Dog Parks were discussed. Comment about insurance on the pier.

Meeting adjourned.

# **Message from Shores President Jim**

Residents of the St. Augustine Shores – February Greetings!

Your board continues to work hard to improve the community, sticking to our three goals initiated in 2015: curb appeal, safety and security, and operations. Curb appeal was implemented to make the community look better, and we succeeded by focusing on the common areas of the Shores and beautifying them with fresh flowers, well-groomed trees, and manicured lawns. Safety and security was enhanced by the card reader system installed on the pier, RV/boat storage, and the pool which allowed us to help restrict the possibility of vandalism and theft. Operations improved thanks to the implementation of several systems within the office to improve efficiency.

Several committees have been formed to help encourage community involvement, including the Deed Restriction Review Committee, Parks and Recreation Committee, Riverview Club and Grounds Committee, and the RV/Boat Storage Compound Committee. Each of these committees allows you, the resident, to have direct input to the HOA Board and have influence on how the association is run.

For the past three and a half years, it has been my honor to serve as a Director and then as President of our HOA. At this time, due to personal and professional obligations, I must step down from the board entirely. I ask that each of you continue to support the board and have an active participation in our community. You can reach the new President, who will be elected by the board next month at the February meeting, at president@ staugshores.net

I have enjoyed my service to the community and hope that some of what I helped create will continue under the new board and its leadership. Thank you for your support.

All the best, Shores Resident Jim Priester.

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N. PATRICK HALE, M.D.





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# News Around South St. Augustine

# St. Augustine Travel Club

by Peter Dytrych

Our next travel club will be held on Friday, February 10, at 4:30pm at the Southeast Branch Public Library. We look forward to seeing you as we cover CRUISING THE RHINE AND THE DANUBE RIVERS OF EUROPE. If you have any questions, please call me at 904 797-3736.

St. Augustine Travel Club Cruise

The St. Augustine Travel Club will again be sailing the seas on Sunday, March 26 to Sunday, April 2, 2017 on one of the largest ships in the world, the magnificent Royal Caribbean Oasis of the Seas out of Port Canaveral to the ports of Labadee, Falmouth and Cozumel for a 7-day cruise. Prices start from \$906.54 per person, double occupancy, for inside cabin, inclusive of all port fees and taxes. Oceanview and balcony cabins are available at higher cost. Book now with a \$250 pp deposit and receive \$25 per stateroom On Board Credit. Call Peter, St. Augustine Travel Club at (904) 797-3736 for more information and reservations.

# Florida State Genealogical Society (FSGS), Southern Genealogical Exchange Society (SGES), and Micanopy Historical Society.

Monthly meetings are held on the 3rd Saturday of each month at the SouthEast Branch Library from 1pm-3pm.

February 18th meeting-- Topic will be LAND RECORDS-Researching & Using Land Records. James (Jim) Vearil will be the presenter covering the following:

• Why use Land Records, Individual Land Records, State-Land States Records, Public Land States Records, Surveys and Maps.

Jim has worked for the U.S.Army Corps of Engineers since 1974. He is a member of the American Society of Civil Engineers (ASCE), the engineering honor society Tau Beta Pi, the Army Engineer Association, Florida Historical Society (FHS), Jacksonville Historical Society (JHS).

Guests are always welcomed. Look through your holdings and donate a book to our Genealogy Section in the SE Branch Library.

# Writers In The Shores By Donna Johnson

The February meetings for Writers in the Shores will be on Tuesday the 14th and again on the 28th. The chosen subject is to be "How can I keep from singing" and, is suggested for this month's topic to write about on the 28th. Come join us, you just might like us! Everyone is welcome and we would like to invite anyone who loves to write. You do not have to be a member. We meet on the 2nd and 4th Tuesday each month, at 1pm here at the Riverview Club Library. We are a casual group who enjoy sharing their work and related discussion with each other. There are no officers, dues or requirements. All genres are encompassed. For information call Donna at 794-0789.



# News From Around St. Johns County

# First Coast Card Club Let's Play Cards!

Tuesday, February 7th-St Augustine Main Library, 1960 N. Ponce De Leon Blvd., St Augustine 1:30pm

Wednesday, February 15th-Ponte Vedra Beach Branch Library, 101 Library Blvd., Ponte Vedra Beach 1:30pm

Tuesday, February 21st-St Augustine Main Library, 1960 N. Ponce De Leon Blvd., St Augustine 1:30pm

Wednesday, February 22nd-Fleming Island Main Library, 1895 Town Center Blvd. Fleming Island 1:30pm

We meet more interested people in our community each month. For information contact Leanne Dally at 904-829-0643.

# The Friends of Anastasia **Island Branch Library Book Sale**

The Friends of Anastasia Island Branch Library (FAIBL) will be holding their Spring Two-Day Book Sale on Friday, March 3 and Saturday, March 4, 2017 at the library at 124 Seagrove Main Street, St. Augustine Beach. Dates and times are Friday, March 3: 10 am – 6 pm, and Saturday, March 4: 10 am – 5 pm.
Approximately 8,000 books/items will be available. Books include like-new hardcover

bestsellers with dust jackets at \$1 each. Most other books are priced at \$1 or less each, including trade (larger format) paperbacks. Music CD's are \$1 and DVD's are \$2. A collection of specially-priced items will also be available.

On Saturday, prices will be reduced by 50%. A grocery sack can be filled for \$5 (doesn't include specially-priced items).

The proceeds of the book sales supplement funds from the county. With cuts in the county budget, the money raised is critical to provide ongoing quality programs and materials.

# Temple Bet Yam's Eagerly Anticipated Deli Nite Here Thursday February 16th

On the menu is your choice of corned beef, pastrami, or turkey sandwiches along with typical deli sides, a dessert, and a beverage. Bill Rosenthal, magician, will provide the entertainment. Get your reservation in now! Tickets go fast! The cost is \$30 per person. RSVP by February 7, 2017.

Checks to be made payable to Temple Bet Yam with Deli Nite indicated in the check memo and send to Temple Bet Yam, PO Box 860098, St. Augustine, FL 32086. For further information, contact Barbara Carman at 904-826-3676 or email wandmtby@gmail.com.

# **2017 Annual Beach Passes** on Sale at Discounted Rate

St. Johns County is offering the 2017 Annual Beach Passes at discounted prices of \$30 for a St. Johns County resident pass, \$40 for a non-resident pass, and \$20 for a handicap pass. Passes will be available during normal business hours at the following locations:

- Tax Collector's Main Office, 4030 Lewis Speedway.
  Tax Collector's DuPont Center, 6658 US1 South.
- Tax Collector's Julington Creek Office, 725 Flora Branch Blvd.
- Tax Collector's Ponte Vedra Office, 5430 Palm Valley Rd.
  St. Johns County Beach Services Office, 901 Pope Rd.

• St. Johns County Ocean and Fishing Pier Gift Shop, 350 A1A Blvd.
Residents must present a valid I.D. with a St. Johns County address or present proof of property tax payments in St. Johns County. When requesting a handicap pass, a vehicle with a handicap hang-tag or license plate must be presented. Disabled military (100%) are eligible for a free annual pass by presenting military I.D. or a letter from Veterans Affairs. Beginning March 2, 2017, prices will increase. Vehicles accessing the beach do not need a beach pass until March 1, 2017.

For more information about annual passes, please call the St. Johns County Beach Services Office at 904.209.0331. Visit the Reach the Beach Mobile App, www.sjcfl.us/ Beaches for current beach access updates and beach driving conditions.



# **Beach Passes Now on Sale! Great Gift for the Holidays**

Annual passes to drive vehicles on St. Johns County's beaches are now on sale at all office locations of St. Johns County Tax Collector Dennis W. Hollingsworth, CFC.

Passes are required to drive on the beaches during the 2017 season, March 1 through September 30. St. Johns County residents can purchase passes at the preseason rate of \$30.00. Non-St. Johns County residents can purchase passes for \$40.00. Passes for disabled persons, regardless of residency, are available for \$20.00. There is no fee for 100% disabled military veterans.

Customers will be asked to provide proof of residency and disability status to receive the passes at the specified rates. All fees increase by \$10.00 March 2, 2017, at which time passes will no longer be available for purchase at the Tax Collector's office.

For questions regarding the beach passes, please contact the St. Johns County Parks & Recreation Department, 904-209-0333. For more information about the St. Johns County Tax Collector's office locations and hours of operation, please visit www.sjctax.us or call 904-209-2250.

## The National Active and Retired Federal Employees **Association (NARFE)**

St. Augustine Chapter 33, will hold the regular monthly luncheon-meeting on Tuesday, February 7, at the Village Inn Restaurant, 900 Ponce De Leon Blvd at 22:A.M. The guest speaker, Mr. Jeffery Davitt, Development Officer, Flagler College Institutional Advancement, will be giving an interesting and informative presentation about Flagler

College. All active and retired federal employees and/or spouses are invited attend.

• Thursday, February 16, 2017, 5:30 PM to 7:30 PM

• St. Augustine Airport Conference Center, Meeting Room B

For Info: Paul at 904-495-8158; mail; Subsailor214@hotmail.com or Gera at 904-342-8634; e-mail; judgegera@gmail.com. This macting is not generated by the St. Augustine. 8634; e-mail; judgegera@gmail com. This meeting is not sponsored by the St. Augustine - St. Johns County Airport Authority, its Staff or the Airport.

# **Reduced Priced Stadium Passes to the 2017 Players Championship from Boy Scout Troop**

Local Boy Scouts from Troop #345 are selling reduced priced stadium passes to The 2017 Players Championship. These passes are part of the Scouts annual fundraiser. Unlike the passes you buy at a retailer that can cost up to \$69, these passes are good for ANY day of the tournament and only cost \$50! Support your local scouts and enjoy The Players Championship! Call today for more information or to purchase your passes (904)315-9962!

# **FREE Flagler Hospital Events**

Weekly
Thursdays – 10:30am – Tai Chi for Cancer Patients/Survivors. Location: Cancer Education and Support Center, First Floor, Suite 1010, Flagler Hospital, St Augustine. Every Thursday. Tai Chi is low impact and puts minimal stress on muscles and joints, making it generally safe for all levels. Walk-ins welcome! More info: (904) 819-4793

Wednesdays – 1:00pm – Yoga/chair yoga for Cancer Patients/Survivors. Location: Cancer Education and Support Center, Suite 1010, Flagler Hospital, St Augustine. Every Wednesday. The practice of restorative yoga enables you to actively and fully relax as you enhance awareness of your body and breathing. Chairs are now available for those who want the benefits of yoga, but aren't ready to get on a floor mat. Walk-ins welcome! More info: (904) 819-4793.

#### **Monthly**

Tuesday, Feb 7th & 21st - 9:30am - Managing Your Diabetes class/support group. Location: Wellness Center at Flagler Hospital, St Augustine. These twice monthly sessions are led by a nurse who is a Certified Diabetes Educator. Topics include medications, preventing complications, nutrition, and more. Walk-ins welcome!

Tuesday, Feb 7th – 10:30am – Look Good Feel Better®. Location: Cancer Education and

Support Center, First Floor, Suite 1010, Flagler Hospital, St Augustine. This class for women in cancer treatment teaches them to make the most of their appearance with specific beauty techniques. Pre-registration required.

Tuesday, Feb 7th – 7:00pm – Breast Cancer Support Group. For more information call: (904) 669-6201 or go to bcsgofstaug.com.

Tuesday, Feb 14th at 10:00am and Tuesday, Feb 17th at 3:30pm - Kidney Disease Education. Location: 8th Floor Classroom, Flagler Hospital, St Augustine. High blood pressure and diabetes are the two most common causes of kidney disease. In this twice monthly class taught by a nurse, you will learn about the stages of kidney disease, its treatment options and how to best prevent it from getting worse. Walk-ins welcome! For more info: (904) 819-4059 or go to flaglerhospital.org

Tuesday, Feb 17th - 1:00pm - Wellness Series - Obesity and Weight Management with Dr. Scott Michaels, M.D. Family Practice. Location: 8th Floor Lobby Classroom, Flagler Hospital, St Augustine. Please pre-register to ensure adequate seating. To pre-register or for more information call: (904) 819-4059 or go to flaglerhospital.org (see page 14)

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Shores References Available



# February 2017

Editors Note: Please call to confirm events before driving long distances as some dates and times could vary. An updated calendar is available every 2 - 4 months. In addition, an updated calendar of events is available at the VCB's website, www.FloridasHistoricCoast.com, or by calling 800-653-2489 or 904-829-1711.

#### February 1

First Wednesday - Lightner Museum Curator Tours: Lightner Museum curator provides a themed interactive tour designed to give participants an opportunity to see acquisitions in operation rather than just as static displays. The tour, which is included in admission, takes place at 10 a.m. on the second floor of the Lightner Museum. Regular admission is \$10 adults; \$6 for active duty military; \$5 college student and youth ages 12-18; under 12 are free. 75 King St., St. Augustine 904-824-2874 www.lightnermuseum.org

#### February 1-18

Fiber and Fire Exhibition: Sandy Harrington and a collection of felted and woven wool and silk tapesties by Amy Dove. Admission is free. The gallery is open Monday to Friday from 9 a.m.-5 p.m. and Saturday from 10 a.m.-4 p.m. 50 Executive Way, Ponte Vedra Beach 904-280-0614 www.ccpvb.org

#### February 1-19

Hedda Gabler at the Limelight Theatre: The Limelight Theatre presents Hedda Gabler, Henrik Ibsen's great social drama about a caged woman in the late 19th century. The play explores her tormented desire for escape and her yearning for individual and spiritual freedom. Performance times are 7:30 p.m. Thursday-Saturday and 2 p.m. on Sunday. Tickets are \$26 general admission; \$24 seniors; \$20 students and military. 11 Old Mission Ave., St. Augustine general admission; \$24 seniors, \$25 seniors, \$26 seniors, \$27 seniors, \$27 seniors, \$28 seniors,

Pastures and Parking Lots: Outtakes and Other Rarities, 2003-2016 Exhibition. The exhibition's artwork by Los Angeles-based artist Jake Longstreth will be on display at the Crisp-Ellert Art Museum at Flagler College. The inspiration for the artwork is from Southern California's video stores, fast casual dining establishments; big box retailers and parking lots. The exhibition is free and open to the public. The museum's hours are Monday-Friday 10 a.m-4 p.m. and Saturday noon-4 p.m. 48 Sevilla St., St. Augustine 904-826-8530 www.flagler.edu/crispellert

#### February 3

First Friday - Garden Walk: Visit Washington Oaks Gardens State Park on the first Friday of every month for a guided tour of the beautiful gardens. Meet in the garden parking lot at 10 a.m. and wear comfortable shoes. Admission into the park is \$5 per vehicle, up to eight people; \$4 per vehicle for single occupancy or \$2 per person on bicycle. 6400 N. Oceanshore Blvd., Palm Coast 386-446-6783 www.washingtonoaks.org

First Friday - Art Walk: From 5-9 p.m. on the first Friday of every month, the Art Galleries of St. Augustine feature new exhibits, refreshments and live music at more than 20 galleries. The event is held rain or shine inside the member galleries and is a free, selfguided walking tour. Tour maps available at participating galleries. 832-779-2781 www. artgalleriesofstaugustine.org

Art Walk Off the Beaten Path: This event is a sponsored Vilano Beach Main Street monthly event designed to celebrate art and creativity in Vilano Beach's Town Center. It complements the monthly First Friday Art Walks found throughout the region. The Vilano and North Beach area is home to a plethora of artists and crafts dealers who have formed a local network to promote art. This event is in tandem with schools and community volunteers and Art 4 Charities. It begins at 6 p.m. on the sidewalks in the Town Center along Vilano Road near Casa Benedetto's Ristorante. 904-540-0402 www.vilanobeachfl.com

#### February 3-26

Canvas, Clay, Collage & Cutting Edge Exhibition: This juried exhibition at the St. Augustine Art Association combines four themes in one and pushes the boundaries of materials and ideas. The exhibition is free and open to the public. The gallery is open Tuesday to Saturday noon-4 p.m. and Sunday 2-5 p.m. 22 Marine St., St. Augustine 904-824-2310 www.staaa.org

#### February 4

First Saturday - GTM Research Reserve Guided Exploration Hike: The first Saturday of each month at 8:30 a.m. take a guided make that focuses on the Guana Peninsula's 5,000 years of human history. This 1.5-mile guided walking tour departs from the Trailhead Pavilion located just west of the Guana Dam. The programs are free. There is a \$3 parking fee. 505 Guana River Rd., Ponte Vedra Beach 904-823-4500 www.gtmnerr.org

CHARACTER COUNTS! in St. Johns County Six Pillars 6K/3K Run/Walk: This

race starts at Palencia Elementary School and begins at 9 a.m. There will be a 6K and 3K. Registration for the 6K ranges from \$35-\$25; registration for the 3K ranges from \$30-\$20. 355 Palencia Village Dr., St. Augustine 904-547-7504 www.racesmith.com

Saltwater Fishing Clinic: The Saltwater Fishing Clinic takes place at Washington Oaks Gardens State Park from 9 a.m.-noon. The cost is \$20. Reservations are required and can be made by phone. 6400 N. Oceanshore Blvd., Palm Coast 386-446-6783 www.washingtonoaks.org

First Saturday - Militia Muster and Training at Fort Mose: Visit Fort Mose on the first Saturday from 9 a.m.-2 p.m. of each month to be transported back to the 18th century. The members of the Fort Mose Militia come together to practice their firing drills, teach new Militia members historic weapons use and safety and generally have an enjoyable Saturday at Fort Mose. Visitors will experience historic weapons demonstrations including musket firing drills. Children of all ages will have the opportunity to participate in the children's militia training using wooden toy muskets and authentic uniform accessories. The park is open from 9 a.m.-5 p.m. Admission into the park is free. Admission into the Visitor Center is \$2 per person. 15 Fort Mose Tl., St. Augustine 904-823-2232 www.floridastateparks.org/park/fort-mose

ool of the 16th Century: Learn what it was like to live in the 16th century through multiple interactive classes held from 10 a.m.-4 p.m. at the Fountain of Youth Archaeological Park. Learn how to fire a crossbow or musket and find out about the clothing and cooking from that time period. Admission into the park is \$15 adults, \$14 seniors, \$9 kids 6-12, and free 5 and under. 11 Magnolia Ave., St. Augustine 616-990-5456 www.hfm.club/mom/school

First Saturday - Drum Runner Series Barrel Racing at St. Johns County Fairgrounds: Saddle up and head over to the St. Johns County Fairgrounds for monthly barrel, pole and other timed speed horse events. The event is open to public; free for spectators. Participants must have own horse. Participation fees are \$20 for St. Johns County Horse Council members and \$30 for nonmembers. Awards will be presented for each age group in each event. The races begin at 2 p.m. at the St. Johns County Fairgrounds. 5840 S.R. 207, Elkton 904-588-8017 www.sjchc.org

First Saturday - VIP All Things Chocolate Tasting Tour: Experience an indulgent walking tour of St. Augustine's historic district where you will get to experience the most unique chocolate selections that our Nation's oldest city has to offer. You'll explore unique culinary venues and foodie hotspots to sample delicious chocolate in all forms, including wine, sauces, toppings, dips, desserts and much more. You'll also learn about the history of St. Augustine from our licensed, professional guide as you explore several historic points of interest. This two-hour walking tour departs from Tour Saint Augustine at 1 p.m. The cost is \$59 per person. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.staugcitywalks.com

St. Johns Reads Hootenanny at the St. Augustine Amphitheatre: The St. Johns Reads Hootenanny presented by the St. Johns County Public Library System and St. Augustine Amphitheatre features music by The Wobbly Toms and a showing of the 2010 film True Grit based on the classic western novel by Charles Portis. Doors open at 4 p.m.; music at 4:45 p.m.; movie at 5:45 p.m. The event is free and open to all ages. Families are encouraged to bring pillows and blankets for warmth and comfort and take advantage of the refreshments being sold at the amphitheatre. 1340 A1A South, St. Augustine 904-209-0367 www.staugamphitheatre.com

EMMA Concert Association Presents Ensemble Español: Following a hugely successful presentation here in September 2015, the Ensemble Español returns to St. Augustine with an encore performance. Comprised of 40 singers, dancers and guest artists, the ensemble celebrates Spain in America. The performance is at Lewis Auditorium at Flagler College at 7:30 p.m. Admission is \$40. 14 Granada St., St. Augustine 904-797-2800 www.emmaconcerts.com

#### February 6

Usdin Judeo-Christian Lecture Series - Charles Gallagher: This lecture, hosted by Flagler College, features guest speaker Charles Gallagher. He came to Boston College from the Geneva School of Diplomacy and International Relations in 2010, where he was a visiting fellow, teaching undergraduate and doctoral courses on religion and international relations. In 2008, he published Vatican Secret Diplomacy: Joseph P. Hurley and Pope Pius XII, which won the John Gilmary Shea Prize from the American Catholic Historical Association. The event is at 7 p.m. at Lewis Auditorium at Flagler College. 14 Granada St., St. Augustine 904-829-6481 www.flagler.edu/news-events/community-events/lectures

#### February 9

Ideas & Images at Flagler College - Preserving our Built Heritage in the 21st Century: The guest speaker, Brian Goeken, has more than 25 years experience in historic preservation, urban planning, architecture, economic development and urban design. His talk is titled Preserving Our Built Heritage in the 21st Century: Addressing Contemporary Challenges. He has worked to ensure Historic Landmark protection for Chicago's Wrigley Field. He is currently the chief of the National Park Service's Technical Preservation Services Office, overseeing this community revitalization program. The free event takes place at Lewis Auditorium at Flagler College at 7 p.m. 14 Granada St., St. Augustine 904-819-6443 www.flagler.edu/news-events/community-events/lectures

Flagler College Writers-in-Residence - Marvin Dunn: This free event hosted by Flagler College features Dr. Marvin Dunn. He will talk about his new book, A History of Florida: Through Black Eyes. Dunn taught for 34 years in the Department of Psychology at Florida International University. He has written multiple books and directed three documentaries. The event is at 7 p.m. in the Solarium at Ponce Hall. 74 King St., St. Augustine 904-819-6339 www.flagler.edu/news-events/community-events/lectures

Evenings at Whitney - The Living Dead: Metabolic Arrest and the Control of Biological Time: Dr. Kenneth Storey, professor of biochemistry at Carelton College, will talk about hibernation and how it provides animals with a key survival mechanism. The lecture series is



home on lake. Updated kitchen; master with large walk-in closet; Florida room overlooking lake; 1-car garage. Washer and included. \$1,300 monthly. Washer and dryer



2BR/2BA shores 3BR/2BA home with a view of 3BR/2BA home with a view bar; living room; large master with



nature from back deck overlooking nature from back deck overlooking Moultrie Creek Kitchen w/breakfast Moultrie Creek Kitchen w/breakfast bar; living room; large master with double sinks; French door from LR double sinks; French door from LR leads to back deck. \$1,400 monthly. leads to back deck. \$1,400 monthly. free and open to the public. Registration or reservations are not necessary. The lecture starts at 7 p.m. 9505 Oceanshore Blvd., St. Augustine 904-461-4000 www.whitney.ufl.edu

#### February 9-16

Lego Batman, IMAX Hollywood Film: There are big changes brewing in Gotham, but if Batman, played by Will Arnett, wants to save the city from the Joker's hostile takeover, he may have to drop the lone vigilante thing, try to work with others and maybe, just maybe, learn to lighten up. Visit the website for show times and admission. One World Golf Pl., St. Augustine 904-940-4123 www. worldgolfimax.com

#### February 10

Sunset/Moonrise at St. Augustine Lighthouse & Maritime Museum: Enjoy the sunset and moonrise from the top of the Lighthouse at 5:30 p.m. The \$30 admission includes a champagne toast, provided by San Sebastian Winery, hors d'oeuvres from The Reef and an informative overview of the history of the St. Augustine Light Station. 81 Lighthouse Ave., St. Augustine 904-829-0745 www. staugustinelighthouse.org

#### February 10-11

All American Air Table Tennis Classic & Youth Championship: This year's Classic Tournament will be held on Saturday and the Youth Championship will be held on Friday. Both events will be at the River House. The Classic Tournament begins at 4 p.m., and the cost to participate is \$150; spectator admission is \$100. The Youth Championship is for youth ages 10-17 and begins at 6 p.m., and the cost to participate is \$25; spectator admission is \$5. 179 Marine St., St. Augustine 904-669-1228 www. aaacharitablefoundation.org

#### February 10-12

26.2 With Donna: The National Marathon to Fight Breast Cancer: This is the 10th anniversary of this marathon that devotes 100 percent of net race proceeds to breast cancer research. Donna Deegan's famous marathon and half marathon on Sunday will start from 200 ATP Tour Blvd. in Ponte Vedra Beach at 7:30 a.m. The route winds through four beautiful beach communities on historic coastal A1A, over the Intracoastal Waterway Bridge on Butler Blvd., and finishes at Mayo Clinic. The 10K, 5K and Family Fun Run are on Saturday and start at the Prime Osborne Convention Center. The 10K starts at 8 a.m.; 5K and Fun Run at 10 a.m. Registration at the expo includes \$135 marathon; \$120 half marathon; \$45 10K; \$40 5K; free Family Fun Run. 904-355-7465 www.breastcancermarathon.com

Sunset Kayak Tours: Join the St. Johns County Parks and Recreation Department on a guided sunset kayak tour at Trout Creek Park at 4:30 p.m. Tour attendees will experience Trout Creek and Palmo Bay as well as a sunset over the St. Johns River. The cost is \$20 per person for participants bringing their own kayak; \$40 per person for participants using a county kayak. Space is limited. Call to reserve a space. 6795 Collier Rd., St. Augustine 904-209-0335 www.sjcfl.us/recreation

February 11

Second Saturday - Family Seining at the GTM Research Reserve: Join GTM Research Reserve docents from 8:30-10:30 a.m. to learn how to pull a seine net collecting species of fish, crabs and more. Learn about the animals and their roles in the habitat. Waders and boots will be provided. The program is included with regular admission to the reserve and takes place in the Environmental Education Center. 505 Guana River Rd., Ponte Vedra Beach 904-823-4500 www.gtmnerr.org

Second Saturday - Free St. Augustine Pet Walk Pup Crawl: Explore the timeless streets of St. Augustine and hear tales of the city's rich history while touring with your beloved pets. This free, onehour guided walking tour covers several square blocks of the downtown plaza area. All pets must be leashed and all city pet ordinances followed. This is a great way to share quality time with man's best friend and explore the nation's oldest city. The tour departs at 10 a.m. from the Tour Saint Augustine office. Reservations required. 4 Granada St., St. Augustine 904-825-0087 www.staugcitywalks.com

econd Saturday - Plant Sale: Washington Oaks Gardens State Park hosts its monthly plant sale from 10 a.m.-2 p.m. Regular park entrance fee of \$5 per vehicle, up to eight people; \$4 per vehicle for single occupancy or \$2 per person on bicycle applies. 6400 N. Oceanshore Blvd., Palm Coast 386-

446-6783 www.washingtonoaks.org
Flight to Freedom: Flight to Freedom shares the story of the thousands of people who traveled south to flee enslavement on the British indigo and sugar plantations in South Carolina during the mid-17th century to the beginning of the 18th century. Learn about their flight to freedom, the journey to St. Augustine, and walk with them on the Freedom Trail, which was the first Underground Railroad The event is from 10 a.m.-3 p.m. at Fort Mose State Park. Admission into the event is free. General admission into the museum is \$2. 15 Fort Mose Trl. St. Augustine 904-823-2232 www.fortmose.org

Second Saturday - Pet-Friendly Food Tours: This special pet-friendly version of our original Št. Augustine Food and Wine Tasting Tour is also a fundraiser for our local humane society. To help support this wonderful cause, City Walks Food and Wine Tasting Tours will donate \$20 directly to the Humane Society for every furry friend that joins our St. Augustine Pet-Friendly Food Tour. Spend the afternoon sampling wonderful food and wine while visiting select eateries that welcome your pet. What better way to enjoy food, fun, history and companionship... all while supporting a great cause. This exclusive 2.5-hour walking tour departs at 12:30 p.m. from Tour Saint Augustine where our guests will enjoy complimentary San Sebastian wine and chocolates at check in. Tickets are \$59 per human and, of course, free for their furry-companions. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.staugcitywalks.com

Cupid's Chocolate Tasting Tour: In honor of Cupid's special day, join St. Augustine City Walks for a walking tour of the historic district where you will get to experience the most unique chocolate selections that our nation's oldest city has to offer. You'll explore culinary venues and foodie hot spots to sample delicious chocolate in all forms, including wine, sauces, toppings, dips, desserts and more. You'll also learn about the history of St. Augustine from our licensed, professional guide. This two-hour tour departs at 1 p.m. from Tour Saint Augustine. Enjoy complimentary wine and chocolate at check in. The cost is \$59 per person. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.staugcitywalks.com

Gamble Rogers Festival Concert Series: This Gamble Rogers Festival Concert series event takes place at the St. Augustine Art Association. It will feature an evening with Sam Pacetti and Gabe Valla. Doors open at 6 p.m.; performance at 7 p.m. Tickets are \$20 at the door; \$15 in advance. 22 Marine St., St. Augustine 904-794-4163 www.gamblerogersfest.org

Musical Comediennes The Babes Present Hormonal Imbalance: A Mood-Swinging Musical Revue

at the Ponte Vedra Concert Hall: The Babes, also known as Sally Fingerett, Debi Smith, Deirdre Flint, along with revolving fourth members, Nancy Moran and Megon McDonough, are an original Babes Brand of musical theater with a 25-year career on-stage and in-studio. Together, they honor and pay tribute to the wacky and hectic lives of men and women with their unbridled comedic commentary. With this latest tour, The Babes have chosen to honor the hits and highlights from 25 years of escapades on stage. Doors open at 7 p.m.; performance at 8 p.m. Admission is \$42.50. 1050 A1A North, Ponte Vedra Beach 904-209-0367 www.pvconcerthall.com

#### February 11, 18 & 25

Cuban Foodways at the St. Augustine Lighthouse: Marisella Veiga, traditional Cuban cook, will share her knowledge of Cuban cooking in this workshop at the St. Augustine Lighthouse and

Museum. The workshop takes place on three Saturdays in February from 10 a.m.-noon. With each class, you'll learn to cook new favorite dishes. The workshop cost is \$70, and the materials cost is \$15. 81 Lighthouse Ave., St. Augustine 904-829-0745 www.staugustinelighthouse.org

#### February 12

Petals and Kisses: Make something special for your sweetheart at the Lightner Museum from 4-6 p.m. The Garden Club of St. Augustine is hosting a fun and flirty, interactive floral-arranging seminar followed by desserts in the historic pool area of the Lightner Museum. Tickets are \$30. 75 King St., St. Augustine 904-824-2874 www.lightnermuseum.org

EMMA Concert Association Presents Cann Sisters Piano DuoL: Kimberly and Michelle Cann, duo

pianists who are sisters, both made their musical debut around the age of 13. They perform throughout the United States, playing a wide range of multi-cultural music. The Cann Sisters performance is at Lewis Auditorium at Flagler College at 2 p.m. Admission is \$35. 14 Granada St., St. Augustine 904-797-2800 www.emmaconcerts.com

3 Blind Dates - Improv on Stage: This is an unscripted romantic comedy that follows the lives of three single women on their quest for love at the Limelight Theatre. It's a theatre production that has no script. 3 Blind Dates features actors at a speed-dating event. Once the speed dating has concluded, the audience selects the couples and watches the dates unfold. No one knows the outcome of the dates – not even the actors – as they are completely improvised. General admission tickets are \$15. Mingling is at 6 p.m.; performance at 6:30 p.m. 11 Old Mission Ave., St. Augustine 904-825-1164 www.adventure-project.com

#### February 14

Cupid's Chocolate Tasting Tour: In honor of Cupid's special day, join us on a walking tour of St. Augustine's historic district where you will get to experience the most unique chocolate selections that our nation's oldest city has to offer. You'll explore culinary venues and foodie hot spots to sample delicious chocolate in all forms, including wine, sauces, toppings, dips, desserts and more. You'll also learn about the history of St. Augustine from our licensed, professional guide. This two-hour tour departs at 1 p.m. from Tour Saint Augustine. Enjoy complimentary wine and chocolate at check in. The cost is \$59 per person. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.tourstaug.com

Sweethearts' Savory Faire Food & Wine Tasting Tour: On this romantic day, treat your sweetheart to a delightful afternoon sampling St. Augustine's culinary offerings on the original Savory Faire Food Tour. This award-winning, three-hour tasting adventure will indulge your senses at renowned local restaurants and unique eateries. Spend the afternoon exploring quaint downtown alleys and taking in all the sights while tasting farm-fresh ingredients that inspire local chefs. Your culinary guide will explain how certain foods came to the New World. The tour departs at 1:30 p.m. from Tour Saint Augustine. Guests will enjoy complimentary San Sebastian wine and chocolate at check in. Tickets are \$59 per person. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.

staugcitywalks.com
VIP Valentine's Day Sunset Stroll: Kick off your romantic evening with an historic walking tour as the sun sets over the nation's oldest city. A licensed, professional guide will make history come alive as you saunter through the narrow brick streets of St. Augustine's historic downtown district for an up close and personal view of the city on this 1.5-hour tour. You'll be intrigued and inspired as you hear tales of the Colonial Exploration Period, the opulent Henry Flagler Development Period, and the modern Civil Rights Movements and events that took place. This tour departs at 5 p.m. from Tour Saint Augustine. Guests will enjoy complimentary San Sebastian wine and chocolate at check in. Tickets are \$19 per person. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.tourstaug.com







February 16

Flagler Forum on Government and Public I Carroll Doherty: The guest speaker of this free forum hosted by Flagler College is Carroll Doherty, director of political research at Pew Research Center. He creates the center's agenda based on trends in U.S. policy and political values. The lecture begins at 7 p.m. in Lewis Auditorium at Flagler College. 14 Granada St., St. Augustine 904-829-6481 www.flagler.edu/news-events/community-events

Richard Thompson at the Ponte Vedra Concert Hall: The Ponte Vedra Concert Hall welcomes renowned guitarist and songwriter Richard Thompson for a solo, acoustic performance. Named by Rolling Stone Magazine as one of the Top 20 Guitarists of All Time, Thompson is also one of the world's most critically acclaimed and prolific songwriters. Doors open at 7 p.m.; performance at 8 p.m. Admission is \$56.50 and \$46.50. 1050 A1A North, Ponte Vedra Beach 904-209-0367 www.pvconcerthall.com

February 16-March 2

The Great Wall, IMAX 3D Hollywood Film: Starring global superstar Matt Damon and directed by one of the most breathtaking visual stylists of our time, Zhang Yimou, The Great Wall tells the story of an elite force making a valiant stand for humanity on the world's most iconic structure. Visit the website for show times and admission. One World Golf Pl., St. Augustine 904-940-4123 www.worldgolfimax.com

February 17

Dream Big: Engineering Our World, IMAX Documentary: Dream Big: Engineering Our World is the first film of its kind for IMAX® and giant screen theatres that will transform how we think about engineering. From the world's tallest buildings to underwater robots and a solar car race across Australia, Dream Big celebrates the human ingenuity behind engineering marvels big and small, and shows how engineers push the limits of innovation in unexpected and amazing ways. Visit the website for show times and admission. One World Golf Pl., St. Augustine 904-940-4123 www.worldgolfimax.com

February 17-19

For the Love of Shakespeare!: A Classic Theatre joins the celebration of 400 years of Shakespeare with For the Love of Shakespeare! at the Pioneer Barn. These comic acts reflect the world's continued fascination with the beloved playwright. A Classic Theatre's delightful evening of one acts includes George Bernard Shaw's The Dark Lady of the Sonnets, Milton Polsky's SHAKESappear! and Ann Karine's Something Rotten in Denmark. The performance is at 7:30 p.m. on Friday and Saturday and 2 p.m. on Sunday. Tickets are \$20 for adults; \$10 for students. 259 San Marco Ave., St. Augustine 904-501-5093 www.aclassictheatre.org February 18

VeloFest Wrigley Ride: The 7th Annual Wrigley Ride is in honor of Bryan Wrigley, who was killed in a hit-and-run accident in 2011. The ride starts and finishes at Rype & Readi Farm Market in Elkton and includes a 100-mile ride, 76-mile ride, 42-mile ride or 16-mile ride. This year, there are all new routes. All registrations include a fully supported ride with SAG and rest stops every 20 miles. The 100-mile ride begins at 7:30 a.m., 76-mile ride at 8 a.m., 42-mile ride at 8:30 a.m. and 16-mile ride at 9 a.m. Registration ranges from \$35-\$55. 5780 C.R. 305, Elkton 904-509-6895 www.wrigleyride.com

Third Saturday - Photography Challenge Event: Photographers, from beginners to professionals, compete to take the best photo at three designated locations within Washington Oaks Gardens State Park. Maps to the featured locations can be obtained from the ranger station or from volunteers in the main parking lot. Each month, park volunteers will select the winning photo, which will then be displayed at the Visitors Information Center kiosk and the park's gift shop. There is no cost to compete. Park admission is \$5 per vehicle; \$2 per pedestrian/bicyclist. The park is open from 8 a.m.-sunset. 6400 N. Oceanshore Blvd., Palm Coast 386-446-6783 www.washingtonoaks.org

Hastings Boulevard Car Show: Enjoy this car show that showcases antique cars and trucks of area car clubs from Daytona to Palatka and St. Augustine. The event also includes music, food and a variety of booths featuring local businesses and vendors. The show is from 10 a.m. -3 p.m. The cost to enter a car into the show is \$25 after Feb. 1; \$20 before Feb. 1. N. Main St., Hastings 904-692-1771 www.facebook.com/hastings.cumc

Third Saturday - Tolomato Cemetery Guided Tour: Tour the oldest extant planned cemetery in Florida with burials starting during the First Spanish Period (1565-1763). Admission is free; donations encouraged. Tours are from 11 a.m.-3 p.m. 14 Cordova St., St. Augustine 904-257-3273 www.tolomatocemetery.com

Third Saturday - Free Black Heritage & Civil Rights Walking Tour: Join St. Augustine Black Heritage Tours for a walking tour of historical sites in St. Augustine where more than 400 years of African-American history lives. A licensed, professional guide takes you to several locations that were significant to the Civil Rights Movement of St. Augustine, and you will hear stories and see history come alive as you follow in the footstone of Dr. Martin you will hear stories and see history come alive as you follow in the footsteps of Dr. Martin Luther King and Andrew Young. You will learn of Martin Luther King's visit to St. Augustine as well as see the site of the famous Woolworth's demonstration. This 1.5-hour tour departs from Tour Saint Augustine at 4 p.m. Advance reservations required; individual bookings only. 4 Granada St., St. Augustine 904-825-0087 www.staugustineblackheritagetours.com

February 18-20

Presidents' Day Weekend at the Hall of Fame: Enjoy learning about Hall of Fame Presidents George H.W. Bush and Dwight D. Eisenhower while you take a scavenger hunt that enters you to win a Hall of



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February 19

St. Augustine Mardi Gras 5K and Fun Run: Join the newest beach 5K in the oldest city in the United States. The race begins at 8:30 a.m. at St. Johns County Pier Park. The route takes runners through Anastasia State Park and on the beautiful, flat beach. There will be a live DJ and raffle at the end of the race. Dressing up is encouraged. Parking is available at St. Johns County Pier Park and St. Augustine Family YMCA. The cost ranges from \$40-\$10. 350 A1A Beach Blvd., St. Augustine Beach 904-471-9622 www.firstcoastymca.org

February 21

Third Tuesday - GTM Research Reserve Marineland Lecture: This free lecture series is held on the third Tuesday of the month from 10-11 a.m. at Marineland Dolphin Adventure. This month's lecture features Lauren Watkins from White Oak Conservation. Tickets must be purchased online. Please bring ticket to the Marineland gift shop on the day of the scheduled presentation to gain entry. Please arrive by 9:45 a.m. at the gift shop to be escorted to the classroom. 9600 Oceanshore Blvd., Marineland 904-823-4500 www.gtmnerr.org

February 22

The Bag Lady Luncheon: This event is hosted by The Cultural Center at Ponte Vedra Beach and will be held at Sawgrass Country Club from 11 a.m.-2 p.m. It features a delicious lunch and silent auction with more than a 100 bags. Tickets are \$45 and can be purchased through the website or by phone. 10034 Golf Club Dr., Ponte Vedra Beach 904-280-0614 www.ccpvb.org

February 23

Last Thursday - Lightner After Hours: Kick off the weekend in style in the Lightner Museum's Grand Ballroom Gallery for this monthly social. The Lightner Museum will host evening socials the last Thursday of the month from 5-7 p.m. This event is free and open to the public. Wine, beer and appetizers are available for purchase from Café Alcazar. 75 King St., St. Augustine 904-824-2874 www.lightnermuseum.org

Flagler College Writers-in-Residence - Maile Chapman: This free event hosted by Flagler

College features Maile Chapman, the author of the novel Your Presence Is Requested at Suvanto, which was short-listed for the Guardian First Book Award and a finalist for the PEN Center USA literary award in fiction. The event is at 7 p.m. The location is to be determined. 904-819-6339 www.flagler.edu/news-events/community-events/lectures

February 24

Mindfulness Meditation and Garden Walk: Learn the practice of mindfulness meditation followed by a walk through the formal gardens at Washington Oaks Gardens State Park from 10 a.m.-noon. Regular park entrance fees apply. Entrance fees range from \$5-\$2. 6400 N. Oceanshore Blvd., Palm Coast 386-446-6783 www.washingtonoaks.org

Foreigner at the St. Augustine Amphitheatre: With 10 multi-platinum albums and 16 Top 30 hits, Foreigner is universally hailed as one of the most popular rock acts in the world with a formidable musical arsenal that continues to propel sold-out tours and album sales, now exceeding 75 million. Responsible for some of rock and roll's most enduring anthems, Foreigner continues to rock the charts almost 40 years into the game. Doors open at 6 p.m.; performance at 7 p.m. Admission ranges from \$94-\$44. 1340 A1A South, St. Augustine 904-209-0367 www.staugamphitheatre.com



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#### February 24-26

Cathedral Festival: One of the area's largest festivals features rides, games, bingo, a silent auction, food, beverages, fireworks and favorite local bands playing each day. The festival takes place at the Mission Nombre de Dios beginning at 5 p.m. on Friday and noon on Saturday and Sunday. Fireworks go off Saturday at 9 p.m. See website for entertainment schedule. General admission is \$5. Tickets for rides are \$1 each. Most rides take 4-6 tickets. 27 Ocean Ave., St. Augustine 904-829-2933 www.thecathedralfestival.com

#### February 24-March 4

Audubon Photography Awards Exhibition: Hosted by the St. Johns County Audubon Chapter, enjoy the winning bird photographs from this year's Audubon Photography Awards and learn more about your local birdlife at this exhibition hosted by Wild Birds Unlimited. The store is open Monday through Saturday 10 a.m.-6 p.m.; Sunday noon-4 p.m. Admission is free. There will be a reception on February 27 at 6:30 p.m. 450 S.R. 13 North, Ste.108, St. Johns 904-230-3242 www.stjohnsaudubon.com

#### February 24-April 7

Art of Healing Exhibition: This exhibition is hosted by The Cultural Center at Ponte Vedra Beach and features body painting by Heather Aguilera in the Main Gallery. Admission is free. The gallery is open Monday through Friday, 9 a.m.-5 p.m. and Saturday 10 a.m.-4 p.m. 50 Executive Way, Ponte Vedra Beach 904-280-0614 www.ccpvb.org

#### February 25

5 for the 50 5K Run/Walk: This race supports the 50 million Americans suffering from the autoimmune disease, Lupus. It begins at 8 a.m. at the University of St. Augustine. Each participant will receive a t-shirt, water and snacks. Also, there will be awards for top overall male and female as well as top three in each age group. Registration ranges from \$30-\$20. 1 University Blvd., St. Augustine 864-304-5718 www.racesmith.com

Fourth Saturday - Family Seining at the GTM Research Reserve: Join GTM Research

Reserve docents from 8:30-10:30 a.m. to learn how to pull a seine net collecting species of fish, crabs and more. Learn about the animals and their roles in the habitat. Waders and boots will be provided. The program is included with regular admission to the reserve and takes place in the Environmental Education Center. 505 Guana River Rd., Ponte Vedra Beach 904-823-4500 www.gtmnerr.org

Last Saturday - Uptown Saturday: Uptown Saturday is the perfect event for fashionistas, art lovers and antique shoppers from 11 a.m.-8 p.m. on the last Saturday of each month. Uptown Saturday takes place year-round and combines a festive party atmosphere with hospitality and special deals in the unique shops on St. Augustine's San Marco Avenue, concentrated between Ripley's Museum and the Mission Nombre de Dios. Many participating shops also serve refreshments. The Mission Nombre de Dios provides free parking most months. 904-829-6831 www.facebook.com/uptownstaugustine

Fourth Saturday - Free Historic Walking Tour: History comes alive as you saunter through the narrow brick streets of our nation's oldest city for an up close and personal view of the city. Our licensed, professional guide will relate more than 400 years of St. Augustine's past during this all-encompassing 1.5-hour history lesson. You'll be intrigued and inspired as you hear tales of the Colonial Exploration Period, the opulent Henry Flagler Development Period, and the modern Civil Rights Movement and events that took place. This tour departs from Tour Saint Augustine at 4 p.m. Advance reservations required. 4 Granada St., St. Augustine 904-825-0087 www.staugcitywalks.com

At 6 p.m., see history come to life when 18th century Spanish soldiers march down St. Augustine's St. George Street from the Colonial Quarter to the Governor's House Cultural Center & Museum where they perform authentic military drills before firing an exciting volley of musketry. The event features the St. Augustine Garrison. 48 King St., St. Augustine www. hfm.club/garrison/cog

Pepper and Less Than Jake at the St. Augustine Amphitheatre: After releasing five albums, Pepper has opened a new chapter in its storied career. The band's music is really about enjoying life and being grateful for each experience. Less Than Jake is a ska punk band from Gainesville, Florida. After more than two decades together, Less Than Jake members are embracing a total back to basics approach. Doors open at 5 p.m.; performance at 6:15 p.m. Admission ranges from \$39.50-\$29.50. 1340 A1A South, St. Augustine 904-209-0367 www.staugamphitheatre.com

#### February 25-26

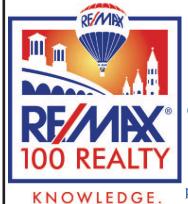
St. Augustine Art and Craft Festival: The St. Augustine Art and Craft Festival features some of the nation's best artists and crafters and offers jewelry, ceramics, stained glass, photography, handmade soaps and much more. All crafts are made in the USA. The event is Saturday 10 a.m.-5 p.m. and Sunday 10 a.m.-4 p.m. at the St. Johns County Pier Park. Admission is free. 350 A1A Beach Blvd., St. Augustine Beach 352-344-0657 www.tnteventsinc.com

Ancient City Cat Club Show: The Ancient City Cat Club is hosting this all-breed cat show from 10 a.m.-4 p.m. both days at the Solomon Calhoun Community Center. More than 150 cats, kittens and household pets will be at the event plus there will be cat vendors, rescue groups, food and raffles. General admission is \$6. 1300 Duval St., St. Augustine 904-829-0381 www. facebook.com/ancientcitycatclub

#### February 26

Agent Orange, Guttermouth, The Queers and The Atom Age at the Backyard Stage: Agent Orange is one of only a handful of bands that has been continually active since the earliest days of the West Coast Punk Scene. Guttermouth has released nine full-length studio albums and two live albums and toured extensively. The Queers are pop-punk legends, channeling the best parts of the Ramones and Beach Boys. The Atom Age finds inspiration from the dustcovered collections of unhinged 60's Punk and R&B. Doors open at 5 p.m.; performance at 6 p.m. Admission is \$27 and \$22. The event is at the Backyard Stage at the St. Augustine Amphitheatre. 1340 A1A South, St. Augustine 904-209-0367 www.staugamphitheatre.com

Last Sunday - Music in the Box: On the last Sunday of the month at the Limelight Theatre, enjoy live acoustic music by some of the area's best up-and-coming bands and musicians from 6-9 p.m. on stage in the Koger-Gamache Studio Theatre. Admission is \$5. Refreshments available for purchase. 11 Old Mission Ave., St. Augustine 904-825-1164 www.limelight-theatre.org



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## The Art Studio

of St. Augustine Beach by Susan Stone www.beachartsstudio.com

# Trude Zmoelnig February **Featured Artist**

The Art Studio of St. Augustine Beach is proud to feature Trude Zmoelnig as our

showcased artist for the month of February.

As a young child growing up in Austria, Trude developed fascination and gift for drawing. Her teachers in grade school were very supportive of her watercolor presentations. Later, as a psychology major at the University of Salzburg, her color compositions won her a scholarship to the famous Salzburg International Academy of Summer

Arts. Even though she continued her studies of psychology, paint and brushes remained in her luggage when she came to the United States as a Fulbright Scholar. In both her Master's Thesis and her Doctoral Dissertation, she researched the affective value of color and its energetic impact on mankind.

Over the years she continued to spice her life by attending classes and expanding her artistic toolbox. However, it was only in 2005 when an unexpected breakthrough, an almost obsessive re-connection to the creative process occurred. "I was attending a portrait drawing event, where I decided out of the blue to use my left hand. As it turned out, this was my dominant hand, the one I had been restricted to use as a child". What came through were strong, decisive lines, the confidence that had been missing from her work all along.

Much of her unique work, executed in oils, acrylic, watercolor and charcoal, is attributed

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to the style of German Expressionism. During her career in Mental Health, she had

opportunities to work with inmates in several Correctional Facilities California. place, where she is still remembered by staff as well as prisoners, is the notorious Pelican State Prison. Her Bay work has been shown in Oregon, California, and now here in Saint Augustine Florida, where she resides is active within the art community since April of last year. Trude is a member of The Art

Studio and is active within the art community since April of last year.

A reception at The Art Studio of St. Augustine Beach is planned during the First Friday Art Walk, February 3rd, from 5:00pm-8:30pm. Please plan to visit The Art Studio to meet Trude and view her work!

The Art Studio is available to rent for classes or as meeting space. Membership is offered at just \$20.00/year although it is not necessary to become a member to participate in any of the variety of classes offered. Our regular studio hours are Monday-Friday from 12:00 pm-4:00 pm. Please see our calendar at www.beachartstudio.com for a list of classes, events, and special hours. For more information, contact Judy Shaulis at 904-671-5843. The Art Studio is located in the Cultural Arts Center Building at St. Johns County Pier Park 370 A1A Beach Blvd. St. Augustine Beach, Florida.





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# St. Augustine Beach Civic Association

by Bill Jones, President www.thecivicassociation.com

# New Year Starts with Serious Challenge

The holidays brought a surprise to us at The Saint Augustine Beach Civic Association (SABCA). A letter from County Administrator Michael Wanchick put the future of The Wednesday Market at Pier Park in jeopardy. And the Market is not the only thing to be concerned about. The Music by the Sea Concert Series season may need to be shortened too. You see The Wednesday Market is the locomotive driving the train for much of what we do for the community. 18 years ago the leadership of SABCA decided to start a Farmers Market at what was then a new and very underutilized Pier Park. The Market had modest beginnings with less than 10 vendors. It took a little time but the Market grew in popularity and began to grow and flourish. A couple of years later the same leadership decided the community needed a reason to get together socially and use the new Pavilion at Pier Park. This is how Music by the Sea became a reality. Imagine if you will a three piece band, 40 patrons with beach chairs and coolers along with a guy cooking ot dogs on a camping stove.

That was the first Music by the Sea concert 15 years ago. Now the event draws over 25,000 to our Pier Park each summer. The Civic Association is proud that both events are touted as major quality of life factors for those who live and reside in our City and surrounding area. We have but a sliver of Civil Rights history here. We don't have fort, castle or cathedral. The Wednesday Market, Music by the Sea concerts, Beach Blast Off, and events like the Don's Friends 5K (now the Betty Griffin Center Run for Peace) and Taste of the Beach have all contributed to the very cool feeling that makes us different for other beach communities.

Realtors tour these events as reasons to buy here. The VCB and TDC use these events to sell us as a desirable vacation destination. We can't afford to lose what separates us from the others.

We've heard a few possible reasons for the decision to not renew the lease for our market. The first reason was parking followed by a revenue shortage. The propose answer is move or lose the market and add parking meters at Pier Park. This may create some revenue but what is the trade off? The Market has an economic impact of over two million dollars a

year. The revenue from the Market pays 60% of the concert expenses. The concert have a positive economic impact of more than one million dollars. Has anyone done the math on how many cars will need to feed parking meters to create that kind of impact? Adding meters does not create one new parking space either. So maybe it's more about the generating revenue than solving the parking problem?

We've reached out to the County asking they extend our least through the remainder of this calendar year. This would allow us to produce a full season of concerts while negotiating with the County to find a solution. We've provided County Commissioners with economic data to help influence their decision. We also obtained nearly 2000 signatures in an Online Petition in less than 72 hours. The petition drive will continue. Details on how to sign can be found on our website www.sabca.org and we have paper petitions available at The Wednesday Market, Amici Itaian Restaurant, Salt Life, Purple Olive, Tim's Wine Market and The Sunshine Shop. Help us Save the Market – Save the Music.





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# **National Active and Retired Federal Employees** Association Chapter 33 Event Planned

All active and retired Federal Employees and spouses and Postal Employees in St. Johns County are invited to an informational "Meet and Greet" event. Learn what NARFE is doing to protect your salaries and benefits.

- Thursday, February 16, 2017 From: 5:30 PM to 7:30 PM
- Complimentary hors d oeuvres served
- Location: St. Augustine Airport Conference Center, Meeting Room B
- 4730 Casa Cola Way, St. Augustine, FL.
   For Info: Paul at 904-495-8158; mail; Subsailor214@hotmail.com or Gera at 904-342-8634; e-mail; judgegera@gmail com
   Note: This meeting is not sponsored by the St. Augustine St. Johns County Airport Authority, its Staff or the Airport.



# **Financial Focus**

Information Provided by **Edward Jones** 

# What's Smarter - Paying Off Debts or Investing

If you're just starting out in your career, you will need to be prepared to face some financial challenges along the way – but here's one that's not unpleasant: choosing what to do with some extra disposable income. When this happens, what should you do with the money? Your decisions could make a real difference in your ability to achieve your important financial goals.

Under what circumstances might you receive some "found" money? You could get a year-end bonus from your employer, or a sizable tax refund, or even an inheritance. However the money comes to you, don't let it "slip through your fingers." Instead, consider these two moves: investing the money or using it to pay off debts.

Which of these choices should you pick? There's no one "right" answer, as everyone's situation is different. But here are a few general considerations:

- Distinguish between "good" and "bad" debt. Not all types of debt are created equal. Your mortgage, for example, is probably a "good" form of debt. You're using the loan for a valid purpose – i.e., living in your house – and you likely get a hefty tax deduction for the interest you pay. On the other hand, nondeductible consumer debt that carries a high interest rate might be considered "bad" debt – and this is the debt you might want to reduce or eliminate when you receive some extra money. By doing so, you can free up money to save and invest for retirement or other goals.
- Compare making extra mortgage payments vs. investing. Many of us get some psychological benefits by making

your house may not be the best move. For one thing, as mentioned above, your mortgage can be considered a "good" type of debt, so you may not need to rush to pay it off. And from an investment standpoint, your home is somewhat "illiquid" – it's not always easy to get money out of it. If you put your extra money into traditional investments, such as stocks and bonds, you may increase your growth potential, and you may gain an income stream through interest payments and dividends.

Consider tax advantages of investing. Apart from your mortgage, your other debts likely won't provide you with any tax benefits. But you can get tax advantages by putting money into certain types of investment vehicles, such as a traditional or Roth IRA. When you invest in a traditional IRA, your contributions may be deductible, depending on your income, and your money grows on a taxdeferred basis. (Keep in mind that taxes will be due upon withdrawals, and any withdrawals you make before you reach 59½ may be subject to a 10% IRS penalty.) Roth IRA contributions are not deductible. but your earnings are distributed tax-free, provided you don't take withdrawals until you reach 59½ and you've had your account at least five years.

Clearly, you've got some things to ponder when choosing whether to use 'extra" money to pay off debts or invest. Of course, it's not always an "either-or" situation; you may be able to tackle some debts and still invest for the future. In any case, use this money wisely – you weren't necessarily counting on it, but you can make it count for you.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

# **Computer Corner**

By Gary Herrick, Computer Professor 904-377-6785 mainely2@bellsouth.net

# **Downloads**

**Greetings from Computer Professor** 

This month the topic is "Downloads". What are downloads? "To Copy (data) from one computer system to another, typically over the Internet".

The most common data files downloaded are: Statements or invoices from banks and stores, email attachments, program setup files, updates of programs you have (i.e. antivirus program) and Windows updates. antivirus and windows updates are usually automatically downloaded and installed from within the program themselves, so you do little. Programs, attachments and documents all have a step after you "click to get", where you tell it where to go. The vast majority of people miss this step and just click save. Gee, nothing happened; so click again and again and again. Save is just save, it does not open or run the file. We see nothing and download again. In a little known location, in a folder named DOWNLOAD, lies dozens of copies of the same file from all our attempts. The good news is you succeeded, the bad news is no one told you where they go.

There are always several ways to access items; I will tell you one for windows 7 and one for windows 8.1/windows 10.
Windows 7: click the "start" button in the

lower left of your screen (icon is the Windows logo). A menu appears with two columns, the

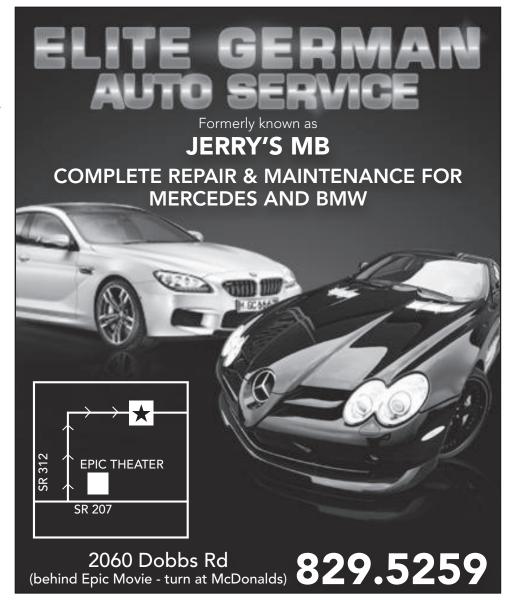


right column has your account name at the top. Click on this name and a window opens up showing you all the users' folders, one of them is labeled Download. Double-click this folder to see all your past downloads.
Windows 10/8.1: On the desktop, on

the taskbar, usually at the bottom of the screen; but can be docked on the top, bottom, left or right side of the screen. On this taskbar is an icon that looks like a file folder. Click this folder to open and in the resulting window, on the left hand side is a list of folders, one of them is labeled Download, click to open.









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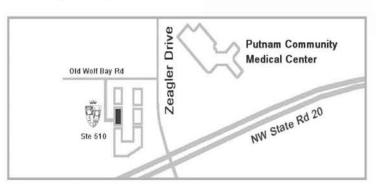


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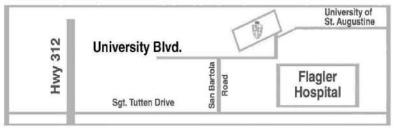


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# Flagler Hospital Free Events (continued from page 6)

Wednesday, Feb 15th – 11:30am – Living with Cancer Support Group. Location: Cancer Education and Support Center, First Floor, Suite 1010, Flagler Hospital, St Augustine. This monthly group is open to patients/survivors with any type of cancer. Various topics discussed. Walk-ins welcome! For more information call: (904) 819-4793 or go to flaglerhospital.org

Tuesday, Feb 14th & 28th - 2:00pm - Adult Coloring for Cancer Patients/Survivors.

Location: Cancer Education and Support Center, First Floor, Suite 1010, Flagler Hospital, St Augustine. This twice monthly apprent to provide the provided support to the prov

St Augustine. This twice monthly group is open to patients/survivors of any type of cancer. No previous experience required and supplies are provided. Walk-ins welcome! For more information call: (904) 819-4793 or go to flaglerhospital.org

## **Orchid Association Events**

FEBRUARY 4 Meeting: Orchid Clinic at Ace Hardware

Representatives of the SAOS will be available with the Master Gardeners at Ace Hardware at 3050 US 1 South from 9 am to 1 pm on February 4th at Ace Hardware at 3050 US 1 South in St. Augustine.

FEBRUARY 7 Monthly Meeting: Unusual & Natural Mounts

Tom Kulligowski has been an orchid hobbyist for over twenty years. The Unusual Mounts presentation started as an idea to generate extra income from selling orchids mounted on unusual materials. Tom wanted to use materials representative of the orchid's natural settings or something completely different from expected. But he is not a professional grower so why would he sell plants he has worked so hard to develop? Orchids will be available on the sales and raffle tables. Friends & guests are always welcome. Meeting is Tuesday February 7, 7 tp 9 pm.PLACE: Watson Realty Conference Room, 3505 US 1 South, St. Augustine 32086.

FEBRUARY: 19 Keiki Club:

Topic1: A Winterizable Shade Structure with Moderator Janis Croft - A traditional greenhouse is a great for the winter cold months, but it can become an oven during the summer heat. Janis will show you how she built her shade house which is ipen to the elements during the growing season and closes with a retractable curtain when its cold.

Topic 2: Designing a Rain Barrel System with Moderator: Linda Stewart

Our well and tap water contains lots of dissolved salts that can build up around your orchid roots. You can correct this problem by collecting rain water to water and flush your orchids. Meeting is at Janis Croft and Alan Winer's Home, 8311 County Road 208, St. Augustine, 32092 Feb February 19, 1 - 3 pm.



## **ITB Syndrome**

By Rob Stanborough PT, DPT, MHSc, MTC, CMTPT, FAAOMPT First Coast Rehabilitation (904) 829-3411



A syndrome is a diagnosis based on a series of correlated symptoms. The ITB Syndrome or Iliotibial Band Syndrome is a diagnosis based on outside knee pain believed to be caused by overuse. If the cause is overuse, the question has to be asked how is the ITB over used? During walking aren't both legs responsible for locomotion and weight-bearing? When walking are not both legs used equally? Both legs advance, strike the ground, and advance the body. So he cause if actually overuse, why would ITB develop in one leg and not both? It's because it would actually be better stated as faulty overuse

The IT Band is a strong ligament traveling along the outside of the leg. It starts at the pelvis and crosses the hip and knee. Abnormal stresses applied to the IT Band can cause pain in the hip, but mostly the knee. And, because the Band itself does not move much, problems are usually due to a mechanical problem somewhere else.

For instance, because the IT Band crosses the knee, if the knee twists the Band can be stressed. Likewise, if the pelvis is rotated, one leg longer than the other, the knees bowed or knocking, weak hip muscles or even fallen arches can cause rotation of the leg or knee, resulting in abnormal stresses being applied to the IT Band and causing pain.

The most common cause we see as physical therapists is either weakness in the muscles of the hip or fallen arches. Both can result in twisting or rotating forces going through the knee. It produces increased tension in the IT Band as it wraps around the leg. Each time the knee bends and straightens, the Band can grow increasingly irritated.

ITB syndrome can effect runners, hikers, walkers, cyclists, and more. Pain is usually more intense with knee extension or straightening as well as resisted or weightbearing activities. It can stop an athlete in his/her tracks and be quite debilitating.

The key to treatment is finding the faulty mechanism that is producing abnormal stress. Once that occurs, the solution can be quite simple to fix. Sometimes the solution is orthotics. Other times it is simple exercises to restore muscle balances in the hip or leg but it takes a thorough clinical examination to know for sure.

If you or someone you know has been diagnosed with ITB Syndrome and still having pain, it may the cause has not yet been identified. A series of clinical tests can be done to zero in on the source of the problem instead of the pain. Call your physical therapists for help today.

Rob Stanborough is a physical therapist serving St. Augustine for over 15 years. He is president and co-owner of First Coast Rehabilitation, as well as co-author Myofascial Manipulation: Theory & Application, 3rd ed by Proed Inc. He is certified in manual therapy, a Fellow of the American Academy of Orthopaedic Manual Therapists and has presented on the topic of soft tissue dysfunction in a variety of venues. Read previous columns posted on www. firstcoastrehab.com.

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# Lions Seafood Festival March 3rd - 5th

(continued from page 1)

Adults are \$5. Kids age 15 or under are FREE! Your admission includes free musical entertainment, a stroll in the Arts & Crafts village, Clown Adventure, Princesses and



Pirate shows, some seafood samples from our presenting sponsor Winn Dixie. You can smile knowing you are supporting a great

Proceeds from the festival benefit the charitable activities of the St. Augustine Lions Foundation. For more information, email admin@lionsfestival.com, call 904-829-1753 or visit www.lionsfestival.com and www.facebook.com/staugustinelionsfestival

# Temple Bet Yam Deli Nite Feb 7th

On the menu is your choice of corned beef, pastrami, or turkey sandwiches along with typical deli sides, a dessert, and a beverage. Bill Rosenthal, magician, will provide the entertainment. Get your reservation in now! Tickets go fast! The cost is \$30 per person. RSVP by February 7, 2017.

Checks to be made payable to Temple Bet Yam with Deli Nite indicated in the check

memo and send to Temple Bet Yam, PO Box 860098, St. Augustine, FL 32086. For further information, contact Barbara Carman at 904-826-3676 or email wandmtby@gmail.com.





# Library Presents St. Johns Reads Hootenanny

On Saturday, February 4, the St. Johns County Public Library System and the St. Augustine Amphitheatre invite the community to the St. Johns Reads Hootenanny, celebrating the 12th year of St. Johns Reads, the community-wide reading project.

The St. Johns Reads Hootenanny will feature music by The Wobbly Toms and a showing of the 2010 film "True Grit" based on the classic western novel by Charles Portis. Doors open at 4pm, music at 4:45 p.m. and the movie will begin at 5:45 p.m. The event is free and open to all ages, with free parking. Families are encouraged to bring pillows and blankets for warmth

and comfort and take advantage of the refreshments being sold at the Amphitheatre.

The St. Johns Public Library System announced that "True Grit", the classic western novel written by Charles Portis, was this year's featured St. Johns Reads book. "True Grit" was first published in 1968 as a serial in the Saturday Evening Post, and made into the first of two film versions the following year. To read "True Grit" and to learn more about St. Johns Reads events, contact your local library, call 904.827.6928, or visit www.sjcpls.org.



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# Wild Flower Meadow Group

by Cindy Taylor

When I look up flowers for identification in wildflower books, I usually read something

about the habitat where they grow: close to water, in sandy soils, everything in between, and in disturbed areas. By disturbed the writer means areas where people change the natural environment into man-made ones. Well, in the wildflower meadow it means something else. It's where people change things back to the way they were naturally. Where our wildflower meadow is now used to be a lawn people made and now we're trying to change it back to the way it was.

Late in December Baker and Company mowed the meadow and we want to give them a special thanks. They followed our instructions carefully and didn't mow plants we asked them not to, like the mully grasses. I also want to thank Augustus Craig IV of Tile and Marble Cabinets for transporting some lawn lumber that was waiting for garbage pick-up on the swale. He saw me looking at the logs, they weren't going to fit into my car, and he loaded them into his truck and brought them to the meadow. The lumber was used but better than the rotting ones we had.





Late in January we plan to go to a wildflower nursery and buy some native plants for the meadow. In February we plan to spread the wildflower seeds we collected during the year and look forward to see what this spring will bring. We're also looking for a volunteer to help us trim the myrtle tree that was damaged by Hurricane Matthew. If you're interested, please call the number below.

We occasionally visit state and county parks and welcome newcomers, even if you want only to come on the outings. Our group meets the first Saturday of each month at 8:30 by the Riverview Club House. Our goal is to preserve the wildflower meadow, learn about native plants, and those that grow in this location. We're an informal group without officers or dues and hope you will join us. Call Claire at 904-826-5366 for more information.

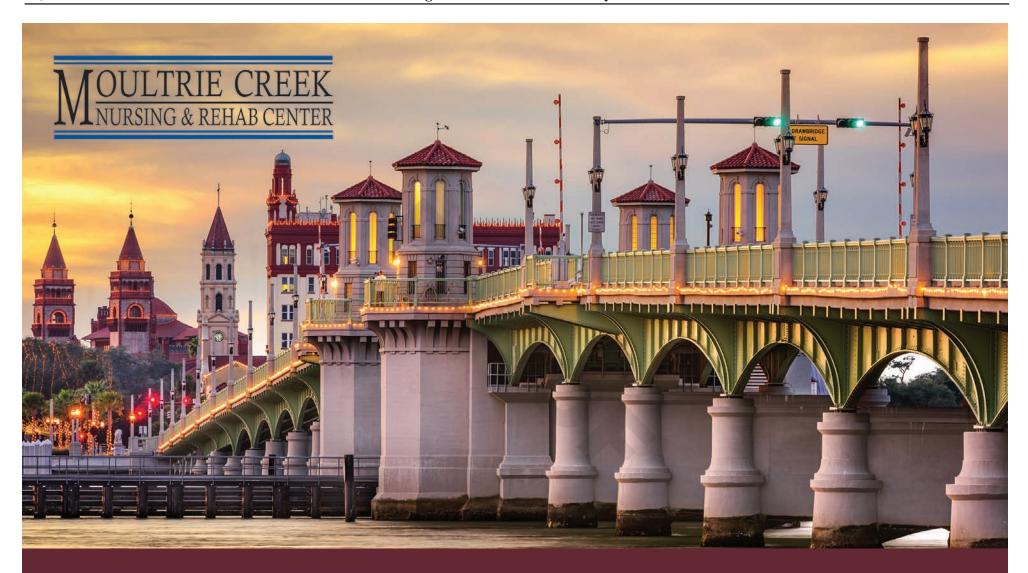






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