PLT Curriculum Map

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September- Anti-Drug Campaign (Avoiding drugs, alcohol, tobacco, vape)

October- After Murray Campaign (Bring awareness to college week, careers, internships, ect.)

November- Mental Health & Suicide (talk about anxiety, depression and suicide prevention)

December- Stress/Charity (depending on when SBO's decide to do the charity)

January- Anti-bullying, cyberbullying (Spread kindness, and cyber kindness)

February- Healthy Relationships (Dating, avoiding relationship abuse)

March- Celebrate Diversity (Multicultural assembly, Multicultural dance, GSA, LIA, and BSU included in planning)

April- Emotional health (anger management strategies)

May- Stress (Healthy ways to manage stress!)