

Victory Temple

Christian Counseling to Encourage

Newsletter

Psalms 147:3, Revelation 21:4

Dear Lord, Your Word says that You are able to wipe away my tears. So I pray that You wipe away the sorrow I feel at this moment in time. I feel overwhelmed with pain right now, but Lord let the feeling of Your presence outweigh the heaviness felt by my grief. I thank You that You heal the broken hearted and bind up their wounds; Lord, please bind up the wounds from my grief. I ask this in Your Name, Amen.



Words of Wisdom

Don't ask what the world needs. Ask what makes you come alive and go do it. Because what the world needs is people who have come alive. - Howard Thurman---Are you willing to stand on Ephesians 2:4-6 King James Version⁴ But God, who is rich in mercy, for his great love wherewith he loved us, ⁵ Even when we were dead in sins, hath quickened us together with Christ, (by grace ye are saved;) ⁶ And hath raised us up together, and made us sit together in heavenly places in Christ Jesus:--to make the world better. See the world need more of us to accept Christ and to be like Him. Studying His word so that we may learn how to love one another.

You are expected to be a light in the world that's who you are: Those who bring sunshine into the lives of others cannot keep it from themselves. by James M. Barrie: -----read Matthew 5:14-16 King James Version (KJV) **14 Ye are the light of the world.** A city that is set on an hill cannot be hid. 15 Neither do men light a candle, and put it under a bushel, but on a candlestick; and it giveth light unto all that are in the house.



From The Pastor's Desk

Topic: EXPERIENCING GRIEF, BUT OVERCOMING IT

Grief is a state of intense sadness that is typically associated with the loss of a significant person or aspect of one's life. The pain of the mind is produced by loss, misfortune, injury, or evils of any kind. We experience grief when we lose a friend or loved one when we incur a loss when we consider ourselves injured, and by sympathy, we feel grief at the misfortunes of others. **GRIEVE:** To feel the pain of mind or heart on account of evil; to sorrow; to mourn. We grieve for our misfortunes, follies, and vices, as well as for those of our children. Nothing grieves a parent like the conduct of a profligate (*reckless/wasteful*) child. **Proverbs 17:25** says, "A foolish son is a grief to his father and bitterness to her who bore him." **Grief** is an emotion common to the human experience, and we witness the process of grief throughout the biblical narrative. Multiple Bible characters experienced deep loss and sadness, including Job, Naomi, Hannah, and David. Even Jesus mourned (**John 11:35; Matthew 23:37-39**). After Lazarus died, Jesus went to the village of Bethany, where Lazarus was buried. When Jesus saw Martha and the other mourners weeping, He also wept. He was moved by their grief and by the fact of Lazarus's death. The astounding thing is that, even though Jesus knew He was going to raise Lazarus from the dead, He chose to partake in the grief of the situation (**cf. Romans 12:15**). Jesus truly is a high priest who can "sympathize with our weaknesses" (**Hebrews 4:14-16**).

- One step in overcoming grief is having the right perspective on it. First, we recognize that grief is a natural response to pain and loss. There is nothing wrong with grieving.
- Secondly, we know that times of grief serve a purpose. **Ecclesiastes 7:2** says, "It is better to go to the house of mourning than to go to the house of feasting, for this is the end of

every man, and the living will take it to heart.” This verse implies that grief can be good because it can refresh our perspective on life.

- Thirdly, we remember that feelings of grief are temporary. “Weeping may remain for a night, but a shout of joy comes in the morning” (**Psalm 30:5b**). There is an end to mourning. Grief has its purpose, but it also has its limit.

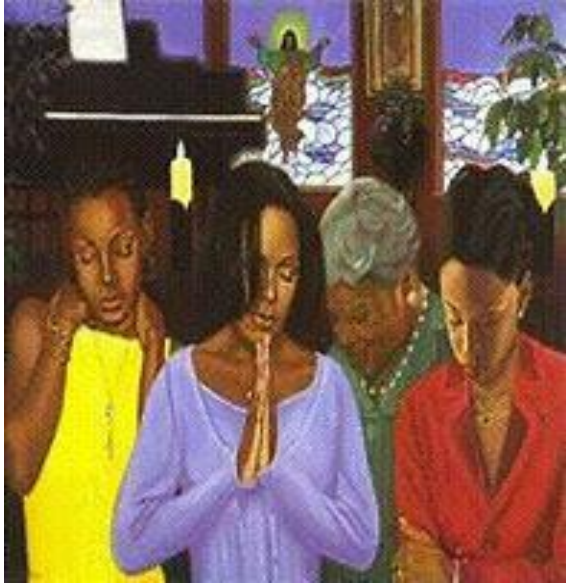
Through it all, God is faithful! Many Scriptures remind us of God’s faithfulness in times of mourning. He is with us even in the valley of the shadow of death (**Psalm 23:4**). When David sorrowed, he prayed this in **Psalm 56:8**: “You have kept count of my tossing; put my tears in your bottle. Are they not in your book?” The touching image of God catching our tears is full of meaning. He sees our grief and does not disdain it. Like Jesus entered the grief of the mourners in Bethany, God enters our grief. At the same time, He reassures us that all is not lost. **Psalm 46:10** reminds us to “be still” and rest in the knowledge that He is God. He is our refuge (**Psalm 91:1-2**). He works all things together for the good of those He has called (**Romans 8:28**). In grief, we cast our burdens on Him, rely on the community of the church, delve into the truth of the Word, and ultimately experience hope (**Hebrews 6:19-20**)

Because Of Christ,

Pastor Louis C. Polk



Col.3:12 Therefore, as God's chosen people, holy and dearly loved, clothe yourselves with compassion, kindness, humility, gentleness and patience. Is. 54:10 Though the mountains be shaken and the hills be removed, yet my unfailing love for you will not be shaken nor my covenant of peace be removed," says the LORD, who has compassion on you. Lam.3:32 Though he brings grief, he will show compassion, so great is his unfailing love.



Always praying for another, in the mist of unsettlement, dishearten, anger, dismay, worry, grief, will some bring joy and peace. Trust the Lord.

Prayers Changes Things

Hear my prayer, O LORD, and let my cry come unto thee. (**Psalm 102:1** KJV)

Be careful for nothing; but in every thing by prayer and supplication with thanksgiving let your requests be made known unto God. (**Philippians 4:6**)



We thank God for the foundational teachings and examples that have been displayed by Supt. Leroy Thompson and Mother Flora Thompson. They individuals over the years. Their work will never be forgotten, and we are eternally grateful to God for their commitment to the work of the ministry. have labored untiringly in the vineyard and have spoken life into vast numbers of families and individuals over the years. Their work will never be forgotten, and we are eternally grateful to God for their commitment to the work of the ministry.

Supt. Leroy Thompson & Mother Flora Thompson

Victory Temple Church of God in Christ

Sunday School..... 9:30 am

Sunday Morning Worship..... 11:30am

Bible Study Wednesday Night... 6:00pm

Discipleship Class (every other Thursday..... 6:30pm

Morning Prayer Friday..... 11:30am

Brotherhood (every other Saturday)
.....8:00am

Prayer

We thank you for the many blessings Father. We pray you may bless and fill our family with love, peace and prosperity. We ask Father that you provide comfort and peace to all that are, and all that have had to face bereavement. We ask that you ease the hurt and provide joy in morning. Lord we ask that you provide peace in our world as you see fit. Sin is on a rage and we understand because on of one man's sin now the whole is faced with that dilemma and because of that we ask daily for forgiveness Lord. That you keep your children from hurt and harm. We stand as Joshua stated in Joshua 24:15 King James Version (KJV) says: **And if it seem evil unto you to serve the Lord**, choose you this day whom ye will serve; whether the gods which your fathers served that were on the other side of the flood, or the gods of the [Amorites](#), in whose land ye dwell: **but as for me and my house, we will serve the Lord.** We the Victory Temple family offer this prayer unto you Lord in the name of Jesus Christ

Amen.



Let's us all come together in praying and loving all God's children. Romans 2:11
"For there is no respect of persons with God." Then why should we. [1 Peter 5:10](#) - But the God of all grace, who hath called us unto his eternal glory by Christ Jesus, after that ye have suffered a while, make you perfect, stablish, strengthen, settle you.

Please read with compassion and understanding:

THE GRIEVING PROCESS

Grieving is not the same for everyone each of us will deal with it differently; there's no right or wrong way to grieve. How you grieve depends on many factors in your life such as: including your personality and your coping style, your life experience, your faith, your personal walk with God, with Christ and you allowing the Holy Spirit to speak into you life and how significant the loss was to you. Inevitably, the grieving process takes time. Healing happens gradually; it can't be forced or hurried—and **there is no "normal" timetable for grieving**. Some people start to feel better in weeks or months. For others, the grieving process is measured in years. Whatever your grief experience is trust God it's important to be patient with yourself as you allow God to help you get through so allow the process to naturally unfold.

