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Waiver and Release Form for Online Events

In consideration of being permitted to participate in online workshops/classes offered by Krista Power/kpoweryoga, I _____ hereby waive and release Krista Power/kpoweryoga from any liability or claims that may be associated with my voluntary participation in these events. I acknowledge that I am participating at my own risk and I take full responsibility for my practice. I release Krista Power/kpoweryoga from any liability, now or in the future, for any adverse events that may be associated with my voluntary participation in online workshops/classes offered by Krista Power/kpoweryoga. I have read this waiver and I understand that it is a release of liability.

Signed: _____

Date: _____