

History...Spirit Gifts, Retreats &

Workshops (formerly Recovery Retreats) began in 1999 as an outreach effort of MainStreet Clubhouse, Incorporated, a 12-step recovery meeting facility. The retreats were sponsored and held four times a year on weekends in the fall season in the North Georgia Mountains, and in the lake community of East Georgia. Participants came from the metro Atlanta area recovery community of Narcotics Anonymous and Alcoholics Anonymous. Interest grew to those interested in relaxing weekends of personal and spiritual growth.

Mission...The mission of Spirit Gifts,

Retreats & Workshops is to provide training and tools in non-traditional, unique environments of natural beauty, creativity, and spirituality settings that encourage self-exploration and personal growth to individuals and special interest groups with a focus especially on those affected by substance abuse and domestic violence, either directly or as care givers, service providers or family members.

Purpose...To provide safe and

comfortable settings for young ladies, women and occasionally men, to connect, convene and grow, encouraging self-exploration and personal growth by inspiring, nurturing and rejuvenating, while addressing issues of focus. We develop and facilitate workshop programs that foster coping skills and impeded ethical, social and spiritual development. We also strive to deepen one's commitment to the recovery process with a concentration on values such as kindness, honesty, personal responsibility, and a respect for others' - values essential to productive lives, while concurrently building social support.

Spirit Gifts Workshops & Retreats



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Spirit Gifts



Workshops & Retreats



Meals...are usually a community event! Or, a facility can be chosen that caters to you.

Groups...include church groups, professional service providers, support groups and facilities.



Social...support and comfort are priority to the security of "releasing" yourself to the entire retreat and workshop process.



Women's Group

Men's Group

Couple's Retreat

Customized Services...for small groups (12-30) to larger groups. Choose to mix and/or match from the following;

- Meals: Community, catered or dining room
- Art Therapy
- Pampering Packages
- Massages
- Sports Therapy
- or suggest your own!

We work with your budget!



Workshops...are based on customized themes; they're informative, interactive and fun! Facilitators are experienced in their fields, and attendees are encouraged to "own" their experience by leading selected activities such as Morning Meditations.

Themes...are customized to fit your focus.

Some past themes have been:

- Inner Child Healing
- Discovering & Working with Your Spiritual Gifts
- My Father, My Self

Relax!...Locations are chosen always near water. Plenty of time is allowed to enjoy the amenities or - to simply do nothing.



Couple's Foot Massage Session



The "Reverend's" Workshop



Closing Ceremony

See you there!

