

2021-2025 Idaho Comprehensive Cancer Plan

Annual Update on Data Measures

Annual Meeting Nov 16, 2021

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Acknowledgments and Disclaimer

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- The findings and conclusions in this presentation are those of the authors and do not necessarily represent the official position of the National Cancer Institute or the Centers for Disease Control and Prevention.



COVID-19 Impacts on Cancer Burden

- "Nearly immediately at the start of the COVID-19 pandemic, the clinical and public health cancer community voiced concerns over the disruption that the pandemic would have on the cancer care spectrum – including delaying cancer screenings or delaying, modifying or forgoing critical cancer care."
 - Richards M, Anderson M, Carter P, Ebert BL, Mossialos E. The impact of the COVID-19 pandemic on cancer care. Nat Cancer 2020: 1-3.
- Screening and diagnostic procedures were down in Idaho in the beginning of 2020.
- Unknown impact of current Crisis Standards of Care. Non-emergency surgeries were on hold in some health systems.
- COVID-19 is a new, competing cause of death.
 - 1,357 COVID-19 deaths among Idaho residents in 2020.
 - ~400 additional excess deaths not directly attributable to COVID-19.

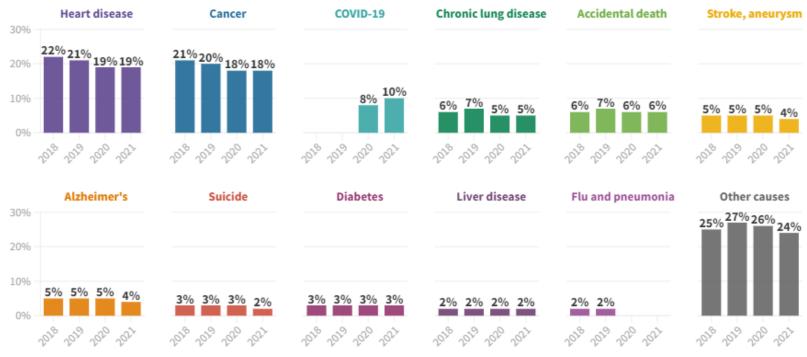


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COVID-19 Impacts on Cancer Burden

COVID-19 is a top killer of Idahoans

These charts show the most common causes of death for Idahoans per year, by percentage of all deaths attributed to each cause. The coronavirus disease was responsible for 10% of Idahoans' deaths from January through September of this year. These numbers do not include deaths from October, one of Idaho's most fatal months for COVID-19 since the pandemic began. For 2021, 3% of deaths still have a pending or unspecified cause of death.



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Source: Idaho Bureau of Vital Records and Health Statistics • Audrey Dutton / Idaho Capital Sun



Cancer Burden in Idaho

- Since 2008, #1 or #2 cause of death in Idaho each year
 - About 20% of deaths are from cancer
 - 3,002 deaths from cancer in 2020
- In 2019 in Idaho (final data):

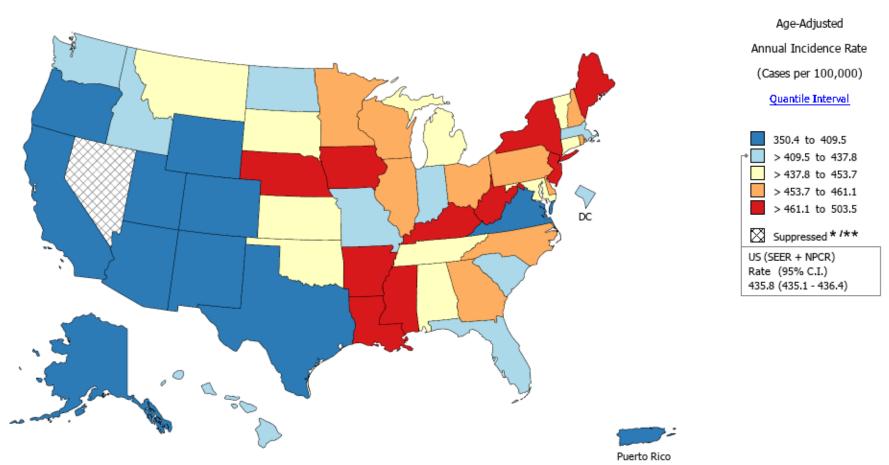
9,180 new invasive cases

1,220 new in situ cases

~31% of those diagnosed this year will die of cancer within five years



Incidence Rates[†] for United States by State All Cancer Sites, 2018 All Races (includes Hispanic), Both Sexes, All Ages





Cancer Risk Factors/Screening in Idaho

• In 2020, Idaho ranked 18th lowest among states for the proportion of adults who were current smokers (age-adjusted 14.1%)

 Idaho has among the lowest screening rates in the country (2020 data) for cancers of the

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    Colon and rectum (47<sup>th</sup>) [AA 66.4%]
    Breast (47<sup>th</sup>) [AA 71.5%]
    Cervix (49<sup>th</sup>) [AA 71.2%]
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2021-2025 Idaho Comprehensive Cancer Plan Update on Data Measures

Across the cancer continuum:

- Risk Factors
- Screening
- Incidence
- Treatment
- Quality of Life
- Survival
- Mortality



What is new – November 2021

- BRFSS 2020
- CDRI 2019 incidence and survival
- BVRHS 2020 mortality
- Clinical trial enrollment 2019

Data Sources

- CDRI is the source for cancer incidence and survival data in Idaho.
- Cancer mortality, risk factor, and screening data come from the Bureau of Vital Records and Health Statistics, Division of Public Health, Idaho Department of Health and Welfare.



Scorecard

Symbol	Meaning
✓	CCAI 2025 Target Achieved
	Progress towards Target
_	No Progress toward target
•	Losing ground, moving in wrong direction



Goal 1: Reduce incidence and mortality of tobacco-related cancers

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target
						Met
1.1	Current use of any tobacco products by adults [at least 1 form	27.2%	24.6%	16.2%		
	of cigarettes; cigars, cigarillos, filtered little cigars; regular	BRFSS 2019	BRFSS 2020	HP2030		
	pipes, water pipes, hookah; e-cigarettes; and/or smokeless tobacco products every day or some days] (Age adjusted to the year 2000 standard population)			TU-01		
1.2	Current use of any tobacco products among adolescents	22.8%		18.2%		
	[percent of students in grades 9 through 12 used cigarettes, ecigarettes, cigars, smokeless tobacco, hookah, pipe tobacco, and/or bidis in the past 30 days]	YRBS 2019		CCAI (20%)		



Boundary District 1 Bonner (Panhandle) Kootenai Benewa Shoshone District 2 (North Central) Idaho District 7 District 4 (Central) (Eastern) Valley Custer Clark Boise Bonneville Butte Elmore Blaine Bingham Sooding Lincoln Owyhee Twin Falls Cassia **District 3** District 5 District 6 (Southwest) (South Central) (Southeastern)

Local Data



Goal 2: Increase access to healthy food options and opportunities for physical activity

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target
						Met
2.1	Percentage of adults aged 18+ who do enough aerobic physical	34.5%		59.2%		
	activity for substantial health benefits (age adjusted to the	BRFSS 2019		HP2030		
	year 2000 standard population)			PA-02		
2.2	Percentage of adults aged 20+ who are at a healthy weight	33.4%	31.0%	40.1%		
	(BMI >= 18.5 and <= 25.0; age adjusted to the year 2000 standard population)	BRFSS 2019	BRFSS 2020	CCAI (20%)		
2.3	Proportion of of students in grades 9 through 12 who were	47.6%		57.1%		
	physically active for a total of at least 60 minutes per day on five or more of the past seven days	YRBS 2019		CCAI (20%)		



Percentage of adults aged 20+ who are at a healthy weight

Region	Percent	Low95%CI	Up95%CI	n
PHD1	29.8	25.0	35.0	591
PHD2	29.1	24.6	34.0	639
PHD3	27.3	22.8	32.2	855
PHD4	36.7	32.5	41.2	797
PHD5	29.5	25.3	34.0	656
PHD6	26.6	22.8	30.9	748
PHD7	28.2	24.8	31.9	882



Goal 3: Increase protective behaviors from sun and other ultraviolet radiation exposure

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target Met
3.1	Percentage of adolescents in grades 9 through 12 who report using artificial sources of ultraviolet light for tanning	5.1% YRBS 2019		4.1% CCAI (20%)		



Goal 4: Increase vaccination rate for vaccines shown to reduce the risk of cancer

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target
						Met
4.1	Percentage of adolescent females aged 13-17 years who	48.3%		80.0%		
	completed 3 doses of the HPV vaccine, or 2 doses 6 months	IRIS 2020		HP2030 IID-		
	apart if 1st dose before age 15			08		
4.2	Percentage of adolescent males aged 13-17 years who	44.4%		80.0%		
	completed 3 doses of the HPV vaccine, or 2 doses 6 months	IRIS 2020		HP2030 IID-		
	apart if 1st dose before age 15			08		
4.3	Percentage of newborns receiving hepatitis B vaccine	75.8%		91.0%		
	(Hepatitis B vaccine administered from birth through age 3	IRIS 2020		CCAI (20%)		
	days)					



Goal 5: Reduce cancer risk related to environmental carcinogens

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target Met
	Percentage of adults living in households ever been tested for radon (age adjusted to the year 2000 standard population)	23.4% BRFSS 2018	23.3% BRFSS 2020	28.1% CCAI (20%)		



Percentage of adults living in households ever been tested for radon

Region	Percent	Low95%CI	Up95%CI	n
PHD1*	31.8	26.5	37.5	517
PHD2	15.6	12.2	19.6	575
PHD3*	17.9	14.5	22.0	774
PHD4	25.7	22.0	29.8	697
PHD5	19.0	15.8	22.6	605
PHD6	24.0	20.1	28.4	685
PHD7	23.6	20.3	27.2	817



Goal 6: Reduce breast cancer deaths and rate of late stage diagnosis through screening and early detection

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target Met
6.1	Percentage of women aged 50 to 74 who had a mammogram within the past two years (age adjusted to the year 2000 standard population)	67.8% BRFSS 2018	71.3% BRFSS 2020	77.1% HP2030 C-05		
6.2	Age-adjusted rate per 100,000 females of breast cancer diagnoses at late stage (regional and distant)	45.7 CDRI 2018	43.7 CDRI 2019	41.1 CCAI (10%)		
6.3	Age-adjusted mortality rate, female breast cancer	18.5 BVRHS 2019	17.0 BVRHS 2020 (Prelim Pops)	15.3 HP2030 C-04		



Local Data - Incidence

Breast - late (regi					
	Rate	Lower Cl	Upper Cl	Count	Rate Ratio
State of Idaho	43.7	39.6	48.1	449	
Health District 1	42.5	32.9	54.3	75	0.97
Health District 2	52.3	34.8	75.6	33	1.20
Health District 3	43.5	33.9	55.1	75	1.00
Health District 4	45.0	37.5	53.5	135	1.03
Health District 5	47.7	35.3	63.1	53	1.09
Health District 6	42.2	29.9	57.8	42	0.97
Health District 7	32.0	22.1	44.7	36	0.73

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Goal 7: Reduce deaths and numbers of new cases of cervical cancer through screening and early detection

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target Met
7.1	Percentage of women aged 21-65 who receive a cervical cancer screeing based on the most recent guidelines (age adjusted to the year 2000 standard population)	72.8% BRFSS 2018 (was 79.9% with previous criteria - see data notes)	73.9% BRFSS 2020 (see data notes for updated screening criteria)	84.3% HP2030 C-09		
7.2	Age-adjusted rate per 100,000 females of invasive cervical cancer diagnoses	8.3 CDRI 2018	8.0 CDRI 2019	6.6 CCAI (20%)		
7.3	Age-adjusted cervical cancer mortality rate per 100,000 females	1.8 BVRHS 2019	2.0 BVRHS 2020 (Prelim Pops)	1.4 CCAI (20%)		



Goal 8: Reduce the numbers of deaths and new cases of colorectal cancers through screening and early detection

Indicator	Measure	120×1	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target
8.1	Percentage of adults aged 50-75 who reported colorectal cancer screening based on the most guidelines (age adjusted to the year 2000 standa [*Baseline reflects FOBT, FIT, sigmoidoscopy, co	recent ard population)	66.2% BRFSS 2018	66.5% BRFSS 2020	74.4% HP2030 C-07		Met
8.2	Age-adjusted rate per 100,000 of invasive color incidence	ectal cancer	36.5 CDRI 2018	34.2 CDRI 2019	29.2 CCAI (20%)		
8.3	Age-adjusted mortality rate, colorectal cancer		12.3 BVRHS 2019	11.2 BVRHS 2020 (Prelim Pops)	8.9 HP2030 C-06		



Local Data - Incidence

Colorectal - invas					
	Rate	Lower Cl	Upper CI	Count	Rate Ratio
State of Idaho	34.2	31.6	36.8	712	
Health District 1	39.4	32.8	47.0	139	1.15
Health District 2	38.3	28.0	51.3	52	1.12
Health District 3	36.3	30.1	43.5	123	1.06
Health District 4	29.8	25.5	34.7	179	0.87
Health District 5	36.6	29.0	45.7	83	1.07
Health District 6	29.2	21.9	38.1	57	0.85
Health District 7	34.3	27.0	42.9	79	1.00

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Local Data - Mortality

Colorectal/2020/	Male and f				
	Rate	Lower Cl	Upper Cl	Count	Rate Ratio
State of Idaho	11.2	9.7	12.7	233	
Health District 1	9.8	6.7	14.0	34	0.88
Health District 2	10.3	5.5	17.9	15	0.93
Health District 3	13.3	9.7	17.8	46	1.19
Health District 4	9.4	7.0	12.3	55	0.84
Health District 5	9.6	6.1	14.6	24	0.86
Health District 6	17.3#	11.7	24.6	32	1.55
Health District 7	12.2	8.0	17.8	27	1.09

Goal 9: Reduce lung cancer deaths and rate of distant stage diagnosis through screening and early detection

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target Met
9.1	Proportion of adults aged 55-80 who received a lung cancer screening based on the most recent guidelines (age adjusted to the year 2000 standard population)	16.2% BRFSS 2019 (see data notes)		19.4% CCAI (20%)		
9.2	Age-adjusted rate per 100,000 of lung cancer diagnoses at distant stage	23.9 CDRI 2018	22.0 CDRI 2019	21.5 CCAI (10%)		
9.3	Age-adjusted mortality rate, lung cancer	26.3 BVRHS 2019	26.3 BVRHS 2020 (Prelim Pops)	25.1 HP2030 C-02		_



Local Data - Incidence

Lung - distant sta					
	Rate	Lower Cl	Upper Cl	Count	Rate Ratio
State of Idaho	22.0	20.0	24.1	484	
Health District 1	27.1	22.0	33.3	103	1.23
Health District 2	33.1#	24.7	43.8	54	1.50
Health District 3	23.8	18.9	29.6	83	1.08
Health District 4	20.1	16.6	24.2	122	0.92
Health District 5	21.3	15.9	28.0	54	0.97
Health District 6	14.5#	9.8	21.0	30	0.66
Health District 7	15.9	11.2	22.0	38	0.72



Local Data - Mortality

Lung and Bronch					
	Rate	Lower Cl	Upper Cl	Count	Rate Ratio
State of Idaho	26.3	24.2	28.5	588	
Health District 1	22.6	18.1	28.2	90	0.86
Health District 2	31.5	23.5	41.9	52	1.20
Health District 3	32.2	26.5	38.8	114	1.22
Health District 4	26.2	22.2	30.6	162	1.00
Health District 5	25.4	19.6	32.6	66	0.97
Health District 6	30.5	23.3	39.3	62	1.16
Health District 7	17.7#	12.7	24.0	42	0.67



Goal 10: Reduce prostate cancer deaths through close monitoring of early stage cases

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target Met
10.1	Age-adjusted mortality rate, prostate cancer	19.6 BVRHS 2019	20.7 BVRHS 2020 (Prelim Pops)	16.9 HP2030 C-08		•



Goal 11: Monitor the development and implementation of screening and early detection methods for other cancers



Goal 12: Increase timely access to quality cancer diagnostic and treatment services for all Idahoans

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target Met
12.1	Percentage of Idaho adults aged 18-64 with health care coverage (age adjusted to the year 2000 standard population)	78.7% BRFSS 2019	82.7% BRFSS 2020	94.4% CCAI (20%)		
12.2	Percentage of Idahoans who could not see a doctor due to cost sometime in past year (age adjusted to the year 2000 standard population)	15.5% BRFSS 2019	11.1% BRFSS 2020	12.4% CCAI (20%)		✓
12.3	5-year relative survival ratio, adjusted for age and primary site mix (NAACCR cancer survival index)	64.6 CDRI 10-16	64.3 CDRI 11-17	66.2 HP2030 C-11		_



Percentage of Idaho adults aged 18-64 with health care coverage

			Up95%C	
Region	Percent	Low95%CI		n
PHD1	79.8	74.4	84.4	425
PHD2	85.7	81.4	89.2	458
PHD3	77.8	72.2	82.6	629
PHD4	86.0	82.3	89.0	653
PHD5*	75.9	70.8	80.3	491
PHD6*	88.9	85.2	91.7	541
PHD7	82.6	79.0	85.8	702

^{*}Statewide prevalence (82.7%) not contained in district-level 95% CI



Goal 13: Increase opportunities to access and participate in cancer treatment clinical trials

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target
						Met
13.1	Percentage of cancer patients who enroll in treatment-related	13.1%	3.2%	50.0%		
	clinical trials	Ages 0-19	Ages 0-19	Ages 0-19		
		4.2%	2.1%	5.0%		
		Ages 20+	Ages 20+	Ages 20+		
		CDRI 2018	CDRI 2019	CCAI		



Goal 14: Increase provider utilization of evidence-based treatment guidelines.

Objectives

- Promote awareness, education and advocacy efforts aimed at increasing the number of patients who receive high quality care.
- Monitor Idaho performance on American College of Surgeons Commission on Cancer (CoC) standards for Cancer Program Practice Profile Report (CP3R) treatment standards.



Goal 15: Improve the physical and mental health of cancer survivors

Indicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target Met
15.1	Percentage of cancer survivors who report poor physical health 14+ of last 30 days (age adjusted to the year 2000 standard population)	22.7% BRFSS 2018	16.3% BRFSS 2020	20.4% CCAI (10%)		✓
15.2	Percentage of cancer survivors who report poor mental health 14+ of last 30 days (age adjusted to the year 2000 standard population)	19.1% BRFSS 2018	11.5% BRFSS 2020	17.2% CCAI (10%)		✓
15.3	Percentage of cancer survivors who are current smokers (age adjusted to the year 2000 standard population)	26.2% BRFSS 2018	18.2% BRFSS 2020	23.6% CCAI (10%)		✓
15.4	Percentage of cancer survivors who report no physical activity outside of work (age adjusted to the year 2000 standard population)	25.7% BRFSS 2018	19.2% BRFSS 2020	23.1% CCAI (10%)		✓
15.5	Percentage of cancer survivors who report consuming 5+ servings fruit and vegetables per day (age adjusted to the year 2000 standard population)	13.4% BRFSS 2019		14.7% CCAI (10%)		



Goal 16: Improve access and referrals to palliative care services for cancer patients

Inc	dicator	Measure	Baseline 2020	Update 2021	2030 Target	Progress towards target	Target Met
16		Proportion of cancer patients aged 66+ at diagnosis who received hospice care in 12 months prior to death	68.8% SEER-CMS 2007-2018 cases died 2018		75.7% CCAI (10%)		

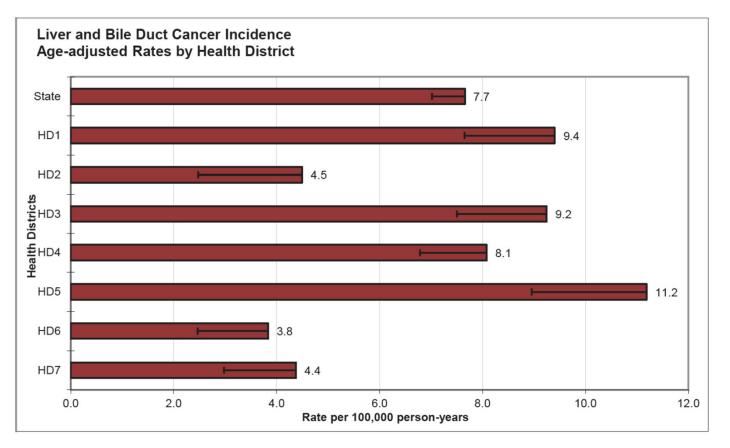


Sources for District-Level Data http://www.idcancer.org/statisticaldata

- 1. CDRI Annual Reports
- 2. Geographic Reports
- 3. Pediatric Cancer Reports
- 4. County Cancer Profiles



CDRI Annual Reports http://www.idcancer.org/annualreports





Geographic Reports

 "Incidence of Cancers Associated with Modifiable Risk Factors and Late Stage Diagnoses for Cancers Amenable to Screening"



Pediatric Cancer Reports

PEDIATRIC CANCER IN IDAHO 2008-2017

May 2020

A Publication of the



ACKNOWLEDGMENTS

The Idaho Hospital Association (IHA) contracts with, and receives funding from, the Idaho Department of Health and Welfare, Division of Public Health, to provide a statewide cancer surveillance system: the Cancer Data Registry of Idaho (CDRI).

The statewide cancer registry database is a product of collaboration among many report sources, including hospitals, physicians, surgery centers, pathology laboratories, and other states in which Idaho residents are diagnosed or treated for cancer. Their cooperation in reporting timely, accurate, and complete cancer data is acknowledged and sincerely appreciated.

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Johnson CJ, Morawski BM, Rycroft RK. *Pediatric Cancer in Idaho, 2008-2017*. Boise, ID: Cancer Data Registry of Idaho; May 2020.

CANCER DATA REGISTRY OF IDAHO P.O. Box 1278 Boise, Idaho 83701-1278 208-489-1380 (phone) 208-344-0180 (FAX) http://www.idcancer.org







CDRI County Cancer Profiles

BLAINE COUNTY CANCER PROFILE

A publication from the Cancer Data Registry of Idaho, Idaho Hospital Association. Cancer Incidence 2014-2018 Cancer Mortality 2015-2019 BRFSS 2011-2019

CANCER

Cancer is a group of over 100 different diseases, each characterized by the uncontrolled growth and spread of abnormal cells. Cancer risk increases with age and varies by gender and race. As the average age of the population increases, the incidence of cancer will increase as well.

An estimated 42% of all cancers in the United States are due to personal lifestyle factors, such as smoking and sedentary lifestyle, and are preventable (10.3322/caac.21440). Cancers are also attributable to environmental factors and gene-environment interactions. Other non-modifiable factors, such as age, sex, and family history of specific cancers, are also associated with cancer risk and can help identify people at elevated risk for developing cancer.

For some cancers, early detection can save lives. For example, colorectal cancer screening reduces mortality in adults aged 50–75 years (10.1001/ jama.2016.3332). Improved primary prevention, early detection, and effective treatment can reduce the burden of cancer in Idaho.

Aging:

As the population ages, the number of new cancer cases and cancer deaths that occur each year will continue to increase. This trend could be reversed through significant improvements in primary prevention, early detection, and treatment.

RISK FACTORS AND INTERVENTIONS

Smoking:

Smoking and the use of smokeless tobacco are responsible for most cancers of the lung, trachea, bronchus, larynx, pharynx, oral cavity, and esophagus. Smoking is the leading cause of preventable death in the United States (PMID: 24455788).

Diet:

The U.S. Departments of Agriculture and Health and Human Services recommend the following dietary guidelines: eat a variety of foods; choose a diet with plenty of fruits, vegetables, and whole-grain products; limit the use of sugar, salt, and solid fats; and minimize alcoholic beverage consumption. For details, see https://www.dietaryguidelines.gov

Screening:

Early detection through screening reduces morbidity and mortality for cancers that can be diagnosed early and treated.

FOR MORE INFORMATION

Cancer Data Registry of Idaho P.O. Box 1278 Boise, ID 83701 208-489-1380 https://www.idcancer.org National Cancer Institute Cancer Information Services 1-800-4CANCER

https://www.cancer.gov/contact/contactcenter American Cancer Society https://www.cancer.org



Blaine County

- 588 cases 2014-2018
 - Significantly different than expected
 - Colorectal –
 - Lung & Bronchus –
 - Melanoma of the Skin +
- 144 cancer deaths 2015-2019
 - Significantly fewer than expected
 - Colorectal –
 - Esophagus –
 - Lung & Bronchus –



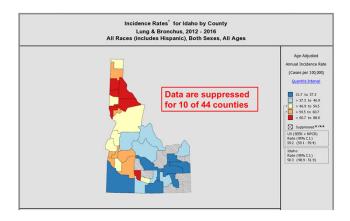
Blaine County

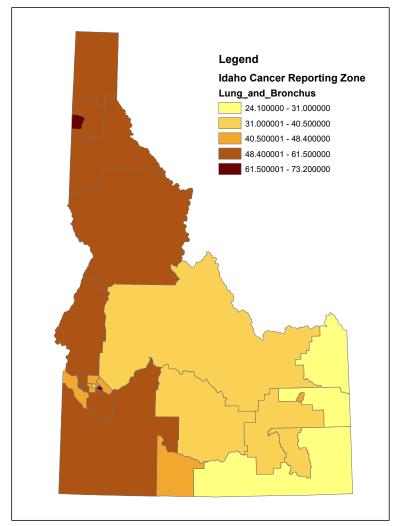
- Lower rate of health care coverage, lower proportion who could not see doctor due to cost
- Higher colorectal cancer screening rates
- Much lower smoking rate
- Much higher proportion healthy body weight, meeting physical activity guidelines
- Much higher rate home radon testing



Lung & Bronchus Incidence 2013-2017 By Idaho Cancer Reporting Zone

- Rates ranged from 24.1 73.2 cases per 100k
- Max/Min = 3.04





Questions?

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