



**NAME:**

### RED AWARD

I attend class regularly and on time.

I am able to move freely with the use of imagination.

I am able to do a correct demi-plié.

I am developing good Ballet posture; stand tall, shoulders down, straight back.

**TEACHERS REPORT:**

**Date Completed:**

### ORANGE AWARD

I am able to show tendus; point and close.

I am able to persist and try things in class that I find difficult.

I am able to skip on both legs, aiming for high knees & pointed toes.

I am beginning to point my foot correctly.

**TEACHERS REPORT:**

**Date Completed:**

### 'PRELIMINARY' BALLET PROGRESS RECORD

### YELLOW AWARD

I am working on a step, close, step, point sequence.

I am able to return to my space in the room after a travelling step.

I use good manners throughout the class to my teacher & fellow students.

I am able to show bras bas.

**TEACHERS REPORT:**

**Date Completed:**



NAME:

### GREEN AWARD

I am able to do rises in parallel.

I am able to balance on one leg.

I am able to lead a line around the room.

I am able to show 1st position with my arms.

TEACHERS REPORT:

Date Completed:

### BLUE AWARD

I am able to lead a line in a circle around the room.

I am able to jump in 1st position.

I have a good sense of spatial awareness of my fellow class members.

I am able to dégagé from 1st to second position.

TEACHERS REPORT:

Date Completed:

## 'PRELIMINARY' BALLET PROGRESS RECORD

### PURPLE AWARD

I am able to move freely and with enjoyment to the music.

I am able to curtsy or bow.

I am able to gallop sideways aiming to begin with a hop and elevation in the middle.

I am able to remember a simple three step Ballet combination.

TEACHERS REPORT:

Date Completed: