



CWC CONNECTION

Next Meeting:

The general membership is invited to a community presentation, member introductions and announcements session that will take place starting at 2pm and last till 3pm. Zoom is venue for now. See link to the right. >>>>



Jonna Toledo from Goodwill Industries of NM will present their programming options and support services including Gateway to Work or Good Jobs, veteran's and senior programs as well as how the job market has changed during COVID.

Mar. 3, 2021: 2pm

Join Zoom Meeting
<https://us02web.zoom.us/j/82195517301>

Meeting ID: 821 9551 7301
 One tap mobile
 +12532158782,,82195517301# US (Tacoma)

Agenda
 2:00-2:30 Presentation by

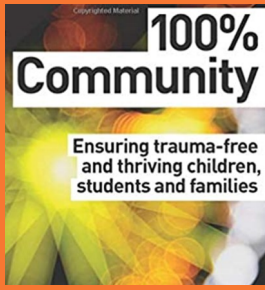


2:30-2:40 Introductions
 2:40-2:50 100% Community
 2:50-3:00 Kids at Hope

Valencia County is a 100% Community!

We are excited to announce that we have launched the **Food and Parenting Support Task forces** and are actively recruiting new members for those groups. If you are interested in participating on either of these task forces, please email noellecerw@gmail.com or call Noelle Chavez at 505-388-3547.

Please visit: <https://www.annaageeight.org/nm-valencia/> for more information and how you can be involved.



OUR TEN ACTION TEAMS STRENGTHEN THE ORGANIZATIONS THAT SERVE OUR RESIDENTS

Survival Services

- Medical/Dental Care
- Behavioral Health Care
- Food
- Housing
- Transportation

Thriving Services

- Parent Supports
- Early Childhood Learning
- Community Schools
- Youth Mentors
- Job Training

Do your part to keep New Mexico safe and healthy



Take an anonymous survey and enter for chances to win \$100 or \$500.

<https://tinyurl.com/NMCS2021>

- ★ Giving away \$100 to 3 people every week.
- ★ Must be 18 or older and live in New Mexico.
- ★ Ends April 30th



Sponsored by: Pacific Institute for Research and Evaluation and the NM Office of Substance Abuse Prevention

We are in the process of preparing for implementation of the New Mexico Community Survey, held from Mar. 1 thru Apr. 30, 2021. The survey is funded by the NM Office of Substance Abuse Prevention and administered by the Pacific Institute for Research and Evaluation. Locally, the OSAP Program is housed with Village of Los Lunas DWI Program. The OSAP- Substance Use Prevention Program, works in conjunction with the Community Wellness Council to administer the survey to Valencia County Residents. Findings from this survey will be used to better understand substance abuse issues across New Mexico. The more New Mexico residents who complete the survey, the better NM

OSAP can respond to the problems and areas of most concerns. We want to find out what community members know about (alcohol and drug) prevention efforts and to help identify substance abuse prevention needs in our community. It takes about 15 to 20 minutes to complete. We are giving away \$100 to 3 people every week. Must be 18 or older and live in New Mexico. <https://tinyurl.com/NMCS2021>

A mayor número residentes de Nuevo México que respondan la encuesta, mejor la NM OSAP podrá responder a los problemas y a las áreas más preocupantes. Estamos administrando una encuesta que nos permitirá saber qué tanto conoce la gente de los esfuerzos de prevención (de alcohol y drogas) que se llevan a cabo en esta comunidad. Llenar la encuesta le tomará más o menos 15-20 minutos. Por sorteo semanal, ¡tres participantes recibirán \$100 en efectivo! Debes tener 18 años o más y vivir en Nuevo México. La encuesta termina el 30 de abril Patrocin. * Esta encuesta está patrocinada por la NM Office of Substance Abuse Prevention (NM OSAP) y administrada por el Pacific Institute for Research and Evaluation (www.pire.org).

* La NM OSAP utilizará la información que obtenga de esta encuesta para determinar las necesidades de prevención de abuso de sustancias y su tratamiento en Nuevo México. Questions? Linda Montaña <montanol@loslunasnm.gov>

Mana Mart is now a **fūdr** retailer!
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Bart's Bridges to Hope: A "Kids at Hope" Reflection

Building bridges to hope are not easy for children! So far, quite a few named beams and planks have been installed. But these planks and beams need protection from the elements. These bridges must last a life time! Paint is the usual answer. Actually, a special paint is desired! It must effectively shield and be absorbed into the wood for maximum protection! This can allow safe passage for any one over the bridges to hope!

What can families experience besides love that can help them have hope through life? It must be a strong factor that hearts, souls and minds feel day after day! Could it be "Harmony?" I believe it is! When "Harmony" happens on a daily basis, there are far more positive thoughts, words and actions. This creates family peace in all, happiness and a strong sense of belonging! Toxic negativity is almost eliminated. Now, all children's' journeys can reach the essential desires of hopefulness about their futures! ~ Bart Regalbrugge, CWC Board Member

NM Alliance of Health Councils Update:

We were represented at the Alliance meetings and participated in Zoom calls to discuss legislative advocacy techniques and the new strategic plan.

We also support the efforts of the Middle Rio Grande Economic Development and Workforce Development and Policy Advocacy Workgroup. More information can be found

Updated Resource Directory is online and ready to use!

<https://www.communitywellnesscouncil.org/Community-Resources.html>

COVID Resources available as well: <https://www.communitywellnesscouncil.org/COVID-19-Corona-Virus.html>

<https://cv.nmhealth.org/>

Community-Identified Priorities

- 1) Violence Prevention
- 2) Behavioral Health
- 3) Substance Use
- 4) Healthy Eating
- 5) Active Living



Our Vision: "A community working in cooperation to ensure the health and well being of all its residents." Our Mission: "To promote community collaboration through framework of coordination, assessment and solutions." <https://www.communitywellnesscouncil.org/>. Photo is from a Pre-COVID gathering.