

PBD Articles of Understanding

Parents and Dancers: It is what you must abide by if you want to join our team. Please read it. If you have any comments or concerns do not hesitate to call ...

Leslie Ayala (Coaches: Tiny & Mini Teams) 310-729-4326

Email: les181623@aol.com

Betsy McLaurin (Coaches: Mascot & Junior Team) 310-462-5181

Email: betsy_b@sbcglobal.net

Nancy Valle (Coaches: Elementary & Senior Teams) 310-462-4120

Email: nancyvalle11@gmail.com

Please turn it in as soon as you (the member) and parent read and sign the agreement form. Make sure that you initial by every rule.

POWERED BY DANCE
INDEPENDENT DANCE/DRILL TEAM



LESLIE AYALA
COACH FOR TINY'S & MINIS
310-729-4326 / les181623@aol.com

NANCY VALLE
COACH FOR ELEMENTARY & SENIORS
310-462-4120 / nancyvalle11@gmail.com

BETSY McLAURIN
COACH FOR MASCOTS & JUNIORS
310-462-4151 / betsy_b@sbcglobal.net

"Discipline is not something we do to you,
it is something we do for you."

**PARENTS: WE WILL BE HOLDING
MANDATORY MEETINGS WHEN
NEEDED. THIS WILL BE OUR
INFORMATIONAL MEETINGS WHERE
YOU WILL HAVE A CHANCE TO ASK
QUESTIONS.**

TEAM MOMS:

For Tynys & Minis

Mrs. Karla Romero 310-590-6645

For Mascots & Juniors

Mrs. Yennie Argueta 310-895-6327

For Elementary & Seniors

Mrs. Irma Rodriguez 310-367-2986



Tiny Team: Ages 2.5 to PK
Mini Team: K to 1st Grade
Mascot Team: 2nd to 3rd Grade
Elementary Team: 4th to 6th Grade
Junior Team: 7th to 9th Grade
Senior Team: 10th to 12th Grade

**Everyone makes a team!
Come be part of a FUN
and AWESOME TEAM!**

TYPES OF DANCE TAUGHT:
Jazz, Military, Hip Hop, Pom, Lyrical,
Character, Novelty & Production.

THE PBD DANCE TEAM IS A YEAR LONG COMMITMENT

Powered By Dance Team (PBD) – Articles of Understanding

A. THIS CONTRACT is entered into on this _____ day of _____, by and between the Powered By Dance Team and _____ an individual, hereinafter referred to as the "Dancer" and dancers' parent(s) _____

Because you are being asked to commit a great deal of time and effort in being a member of the PBD Dance Team, and because you already have large commitments at school and to your personal life, it is important that you understand what will be required of you as a dancer with the PBD Dance Team. The following contract is meant to help you understand your responsibilities as a Team member and the responsibilities of the Team to you.

Parent's Signature _____

Dancer's Signature _____



Being a dancer with any team/company requires that you put forth unusual mental and physical effort. You have to be mentally alert and physically responsive when most people are taking a break. Your reward is no more and no less than the exhilaration of dancing and the fulfillment that comes from expressing yourself in terms of movement. Being a member of the Team takes a lot of energy and you have to know how to pace yourself, when you have time to rest and when you have to work a bit harder. Knowing what your responsibilities should help you to organize your time effectively.

B. FINANCIAL RESPONSIBILITY

Initial _____

MONTHLY FEES

Fees are paid in 2 installments. (Just a little note: Dance Companies or Studios charge up to \$150.00 per month and some \$2,500 yearly fee) {NON-REFUNDABLE} A bounced check will be charged \$35 bank fee and you will be able to pay with only cash (No Venmo/Cash App).

Please make sure Payment is given to:

MRS. KARLA FOR TINYS & MINIS

MS. YENNIE FOR MASCOTS & JUNIORS

MRS. IRMA FOR ELEMENTARY & SENIORS



- 1st Payment **MUST BE PAID BY AUGUST 1, 2022.** Please make sure to pay by the due date or you will be charged a \$20.00 late fee plus \$1 thereafter.
- 2nd Payment **MUST BE PAID BY JANUARY 11, 2023.** Please make sure to pay by the due date or you will be charged a \$20.00 late fee plus \$1 thereafter.

C. UNIFORMS

Expenditures:

Initial _____

If uniforms or warm ups are not paid, you will not receive the items until they are fully paid.

- ✓ WARM UP: PBD Team Lettermen jacket, shirt, bow, bag, black pants, w/ black converse.
- ✓ Competition Costumes – Range between \$45 - \$100 each.
- ✓ Money Due September 14th. This is non-refundable.

Parents: We are asking to please purchase a PBD Fanware T-Shirt to wear to all of our events (Competitions, parade, etc.) to show your support for your daughter or son.

D. COMPETITIONS Entrance to Competitions: Initial _____

Comp fees: We will compete anywhere between 7 to 10 competitions depending on location and date. **There may be competitions that MAY be canceled due to the pandemic and we will try to reschedule if time and place permits.**

- ✓ \$120 will be due by October 12th for High School Competitions (not including Theme Parks)
- ✓ \$85 for Knotts Berry Farm and \$85 for Vegas Nationals

Dancers are required to attend all the required competitions and Lennox Annual Cinco de Mayo Parade.

NOTE: For the team to compete the cost is...
\$150/\$200 per routine. Each team does at least 2 routines, but most do 3-5 routines

6 teams X 2 routines = 12
12 x 6 HS comps = 72 = \$10,800
12 x 3 Theme = 24 = \$7,200

TOTAL = \$18,000 / 115 = \$157

E. MORALE ON COMPETITION DAY Initial _____

For many teams, competition day can be the most Exciting day of the year. This is the day when all the hard work of memorizing Choreography, cleaning motions, and drilling technique comes together. Until the awards ceremony is finished, most coaches are in a constant state of stress. For the dancers, though, it is vital that morale is very high and that they feel confident, excited, and ready to compete.

The team will enter together and sit together as a team. A parent must come over to the side of the dancers in order for your child to be released to eat lunch or dress into their next costume. **THERE IS NO CHANGING in the gym on the bleachers AND NO running around.** **Members must stay for awards at the end of their scheduled competition. Everyone must actively be engaged in the awards ceremony.**

F. "CASTING" - COMPETITION ROUTINES Initial _____

Casting is the responsibility of the Dance Directors who must consider the specific needs of the entire team. Dancers are required to accept the competition routines for which they are asked to be part of and are encouraged to think in terms of dancing as part of a complete production rather than dancing an isolated piece of the production that may or may not fit what they had in mind for themselves. Any problem with casting should be discussed with the Dance Directors. The Directors reserve the right to remove Team Dancers who are missing many practices. If a Team Dancer is injured or ill but not contagious, the dancer should come to practice, sit down and take mental notes. If a Team dancer knows in advance that she is going to miss a scheduled practice, the dancer should send a text, voicemail or e-mail with their PBD Dance Director as to why and which practice will be missed. **On a side note:** The more competition routines your daughter or son is asked to be on the more competition costumes you have to purchase. In this case we always ask parents if it's OK for the member to be on more than 2 routine when the directors are casting for competition routines. The Directors will tell parents which team your daughter/son will be in for competition.

Just a reminder: Tuiton guarantees your son/daughter to be on at least 2 competition routines.
For Novice or beginners you will be in Production and 1 other routine chosen by the directors.

G. PRACTICE – During the season rehearsals are held as follows:

Initial _____



Mondays & Wednesdays:

Tinys (Age 3 – 4) 4:30 – 5:00pm
Minis (K – 1st) 5:15 – 6:30pm
Mascots (2nd – 3rd) 4:30 – 6:00pm

Mondays & Wednesdays:

Elementary (4th to 6th) 4:30 – 6:00pm
Juniors (7th to 9th) 5:30 – 7:30 or 8:30pm
Seniors (10th to 12th) 5:30 – 7:30 or 8:30pm

Attendance at PRACTICE is MANDATORY (especially when we are in Competition Season). No exceptions. Dancers are required to attend all the required competitions and events, if not the Directors need to be aware and told in advance (at least 3 weeks), unless an emergency arises. If you have an emergency, notify one of the directors or Team Moms **BEFORE** the practice, **not after**. The Directors will make the effort to be understanding in accommodating to re-teach the material, but the ultimate responsibility for attendance lies with each dancer.

If the directors choose any other activities or performances, the directors shall decide if the event is mandatory or optional. Reasonable notice of all events will be given for mandatory events, and as early as possible for others. **PLEASE CALL TEAM MOMS IF YOU ARE GOING TO BE ABSENT.**



You must have the desire to dance on the PBD Dance Team. If you have many unexcused absences, the Directors have the option of removing you for the routine. If this happens repeatedly, the Directors will have a parent and dancer meeting to speak about such absences, and you may possibly be placed on a probationary period.

A PBD Dance Team is a TEAM. Just as sports teams require all players to attend practices, dance teams require their dancers to attend all practices. Absences will hold back, not only the individual dancer, **BUT** the team as a whole.

Dance requires consistent ongoing training, and dancers who miss several practices due to illness or injury, or any other reason will not be able to perform at the same level as those who have attended practices regularly. **All Team members must be present in all practices the week prior to every competition.** Please consider, being a part of The PBD Dance Team must be your priority (Besides School)-- Regular attendance in all dance practices is expected! (WE WILL HAVE A PERFECT ATTENDANCE AWARD AT OUR ANNUAL BANQUET FOR THOSE THAT DON'T MISS PRACTICE!)

I agree to attend all required team practices, competitions and performances. I understand that absences (as described above) may result in me not being able to participate in an event or even removal from the team. I do not anticipate scheduling conflicts with other activities.

Parent's Signature _____

Dancer's Signature _____

H. PRACTICE WEAR

Initial _____

ALL MEMBERS (TINYS TO SENIORS) MUST WEAR BLACK CLOTHES TO ALL PRACTICES, THERE WILL BE BLACK PBD SHIRTS AND TANKS FOR SALE FOR PRACTICE USE. HAIR MUST BE IN A PONYTAIL. NO EXCEPTIONS. IF MEMBER SHOWS UP TO PRACTICE IN OTHER CLOTHES HE/SHE WILL NOT BE PERMITTED TO STAY AND WILL BE ASKED TO LEAVE.

I. DUTIES OF EACH DANCER – Each Dancer is responsible for...)

Initial _____



- Setting an example by following the rules and regulations of the TEAM.
- Being at practice early and starting to stretch on time.
- Being courteous, polite, friendly, and try to have a smile for everybody.
- Being responsible for welcoming visiting squads and setting a good example of friendliness.
- Saying cheers and chants at events. All chants shall be of a positive and sportsmanlike manner.

J. CONCERTS

Initial _____

- ✓ JUNE: Our Annual June concert is our fundraiser for our Team Banquet.
- ✓ Coaches Choreograph this Concert
- ✓ We ask parents to volunteer to work a shift and donate for the concession stand and volunteer during the concert. (This Concert is not possible without parent help! (So, Thanks in Advance!))

K. CODE OF CONDUCT FOR PARENTS:

Initial _____

1. Let the coaches do the coaching for all team members.
2. Be your child's best fan; support him or her unconditionally.
3. Acknowledge your child's effort, as well as her or his support of team members, adherence to member's responsibilities, etc.
4. Support and root for all team members. That fosters teamwork. We're asking for all Parents wear their PBD Fan Wear to show support, sit and root together! We are asking that spectators join the spectator dance at competitions
5. Model good sportsmanship at all times, especially at all competition.
6. Encourage direct communication. If your child is having difficulties in practice or at competitions or can't make a practice, encourage him or her to speak directly to the coaches.
7. Understand and display appropriate behaviors (e.g., watch; make positive remarks; don't berate other parents or dance members, judges or coaches). Remember, your child's self esteem and competition performance are at stake. Be supportive.
8. Monitor your child's stress level at home. Ask questions to ascertain whether your child is having trouble balancing various activities in her or his life. Ask whether she or he is enjoying the experience. Help your child handle any stress effectively.
9. Monitor eating and sleeping habits. Ensure that your child is eating the proper foods and getting adequate rest.
10. Help your child keep her or his priorities straight, maintaining a balance among schoolwork, family responsibilities, chores, free time and the team.
11. Keep PBD in its proper perspective: PBD should be fun for you and your child. Highly skilled children and their parents must be especially careful to maintain a balanced view.
12. Reality test: If your child's team loses but has performed its best, help your child see THAT as a "win." If your child's performance produces strong emotions in you, maintain a calm demeanor. Your relationship with your child remains long after competitive days are over. Keep your goals and needs separate from your child's experience.
13. If you have a problem at any event... for example at practice, competitions or any gathering please speak with the coaches. They will speak with the people who the problem is with.
14. Parent group messages are for general information. If you have a concern, please reach out individually to the coach or team mom first.
15. Let other family members and friends who might attend your child's competition know what constitutes appropriate and supportive behavior.
16. If you have a comment, question or concern regarding Powered By Dance, please go to the coaches directly. Gossiping or negativity is not welcomed at all on this team.
17. But most of all.... HAVE FUN!



L. PBD Dance Team Conduct:

Initial _____

As a Team member you should display a PBD attitude towards practice, preparations for performances, and to all other dancers/teams. Group energy must be maintained – a positive atmosphere promotes growth. PBD Dance Team is a family. It is fully expected that each individual within the Team contributes to the group as a whole.

The Directors will make final “casting” decisions in the best interest of the team.

Practice: Arrive on time to sufficiently warm up, have the proper attire requested by the Dance Directors, and work quietly and efficiently. Concentrate on the choreography, and do not talk with other dancers during practice unless it is specifically about the routines. Devote your energies to the practice. Be open to suggestions, criticism, and change. Do not practice other choreography at practice – this is rude and clearly shows lack of respect.

Preparation: Maintain a physical appearance that reflects your commitment to dance as a performance art. Hair securely fastened away from the face, dance attire that reflects a respect for the art form, and your mind in the mode of concentration and work. Approach your rehearsal as you would a job. You are a tool in the hands of the choreographer, so be open and ready to be molded. Maintain a well-conditioned, clean body. **NO GUM.**

Other Dancers: Avoid personal conflict with other dancers, avoid cliques, “gossip” and make every effort to get to know all team members. Be concerned with your role, and let the Dance Directors worry about other dancers. Be concerned with your own abilities, and do not criticize others – help them! Above all, maintain the primary goal working to BE the best possible Dance Team, first and foremost. This will happen if each dancer works to his or her potential. “Returning” members will be expected to serve as Mentors to “New” members. We want all PBD dancers to find satisfaction and joy in their work with the Team, however this is a large commitment. In other words, we urge all dancers to demonstrate respect towards the Directors, towards other dancers, and towards all the parents that help with the team’s needs.

Leadership Positions: All leadership positions, i.e. Captains and Co-Captains will be selected at the discretion of the Directors.

M. SOCIAL MEDIA

Initial _____

There is absolutely **NO SOCIAL MEDIA BASHING/BULLYING** of any type. PBD will not tolerate any bashing of other members, other teams or anyone! If this occurs, we will hold a meeting with parents and the member and he or she will be expected to delete post.

Depending on severity of the situation, member can be suspended from competition or removed from the team. PBD does not condone any type of Bullying!

PBD Dance Team

If any of the above rules are not followed you may be placed on Probation.

1. **TEAM** — In every issue... Ask yourself, “What’s best for *the team*?”
2. **REPUTATION** — Nothing in life is more valuable, easier to lose, or harder to regain than your good name. Treasure it, and remember that your reputation reflects not only you, but also on the team!
3. **CONSTRUCTIVE** — Always, always be constructive and considerate of others’ feelings in everything you say and do. Remember, they are struggling with problems just like you.
4. **FUN** — Find the fun in the work. Being great at something is so much more fun than being mediocre.
5. **POSITIVES** — Focus on the positives in every situation. There will always be negatives, but if you focus on the positives, you will be happier (and so will the people around you).
6. **SMILE** — (and mean it) It is both habit-forming and contagious. You’ll find that people want to be around happy people.

The Dance Directors make all decisions!

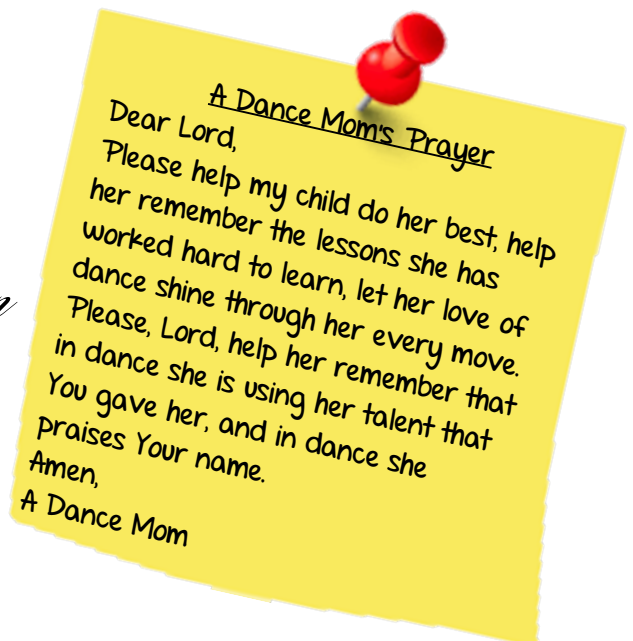
Any time there is an infraction of rules set forth in this Constitution, the Dance Directors will administer the discipline.



Leslie Ayala
Leslie Ayala.
Tinys & Mini Coach

Betsy McLaurin
Betsy McLaurin
Mascot & Junior’s Coach

Nancy Valle
Nancy Valle
Elementary & Senior’s Coach





Articles of Understanding

(Articulos de Entendimiento de PBD)

- A. **Contract** *(Contrato):* _____ (Parent Initial) _____ (Dancer Initial)
- B. **Financial Responsibility** *(Responsabilidad Financiera):* _____ (Parent Initial) _____ (Dancer Initial)
- C. **Uniforms** *(Uniformes):* _____ (Parent Initial) _____ (Dancer Initial)
- D. **Competitions** *(Competiciones):* _____ (Parent Initial) _____ (Dancer Initial)
- E. **Morale on Competition Day** *(El Ánimo en el día de competencia):* _____ (Parent Initial) _____ (Dancer Initial)
- F. **Casting** *(Rutinas):* _____ (Parent Initial) _____ (Dancer Initial)
- G. **Practice** *(Práctica):* _____ (Parent Initial) _____ (Dancer Initial)
- H. **Practice Wear** *(Ropa para ensayar):* _____ (Parent Initial) _____ (Dancer Initial)

I agree to attend all required team practices, competitions and performances. I understand that absences (as described above) may result in me not being able to participate in an event or even removal from the team. I do not anticipate scheduling conflicts with other activities.

- I. **Duties of Each Member** *(Derechos del bailarín):* _____ (Parent Initial) _____ (Dancer Initial)
- J. **Events** *(Eventos):* _____ (Parent Initial) _____ (Dancer Initial)
- K. **Attendance & Time Commitment** *(Asistencia):* _____ (Parent Initial) _____ (Dancer Initial)
- L. **Code of Conduct for Parents** *(Código de comportamiento de padres):* _____ (Parent Initial) _____ (Dancer Initial)
- M. **Dance Team Member Conduct** *(Comportamiento del miembro):* _____ (Parent Initial) _____ (Dancer Initial)
- N. **Social Media** *(Medios de comunicación social):* _____ (Parent Initial) _____ (Dancer Initial)
- O. **PAYMENT AGREEMENT FORM** *(Formulario de Acuerdo de Pago):* _____ (Parent Initial) _____ (Dancer Initial)

Acknowledgement Statement

Both dancer and parent have read and understood all that is expected as a member of The PBD Dance Team. We understand that these rules are created to ensure the absolute best training and most positive and rewarding experience for all. Both dancer and parent understand that failure to meet the conditions set forth in our PBD Contract and Constitution could result in the dancer's dismissal from The PBD Dance Team.

Declaración de Reconocimiento

Tanto el miembro como el padre han leído y comprendido todo lo que se espera como miembro del Equipo de PBD. Entendemos que estas reglas se crean para asegurar la mejor y absoluta experiencia más positiva y gratificante para todos. Tanto el bailarín como el padre entienden que el no cumplir con las condiciones establecidas en nuestro Contrato y Constitución de PBD podría resultar en la expulsión del miembro del Equipo de PBD.

STUDENT: _____ **TEAM:** _____

PARENT: _____ **DATE:** _____

PHONE NUMBER: _____