



# arrowhead

## Grade School Track & Field Meet

Arrowhead High School Track

*Wednesday, May 18, 2022*

### 4<sup>th</sup> Grade and Younger

**5:00 pm to 6:00 pm**

*Just Show Up*

*Arrive by 4:45*

*Proceed to the East Side of the Football Field*

#### Events Run in this Age / Gender Order

4<sup>th</sup> grade girls then 4<sup>th</sup> grade boys  
3<sup>rd</sup> grade girls then 3<sup>rd</sup> grade boys  
2<sup>nd</sup> grade girls then 2<sup>nd</sup> grade boys  
1<sup>st</sup> grade girls then 1<sup>st</sup> grade boys  
5k & under girls then 5k & under boys

#### Events:

Football Infield 50 yard Dash  
Football Infield 100 yard Dash  
Football Infield 50 yard Hurdles  
High Jump

*Ribbons for All Participants!*

### 5<sup>th</sup> – 8<sup>th</sup> Grade

Middle School Showcase

**5:00 pm** – Field Events

**6:00 pm** – Running Events

*3 Entries per school*

*3 Events per Athlete*

*Must Pre-Register with your PE Teacher  
or school Track & Field Coach*

Upon arrival to the track  
Check in at Registration Tables near the Concession Stand

#### All Field Events Begin at 5:00

High Jump – Girls on East Pit  
High Jump – Boys on West Pit  
Long Jump – Girls on East Runway  
Long Jump – Boys on West Runway  
Shot Put – Girls in Ring 1  
Shot Put – Boys in Ring 2

#### Rolling Schedule in this Order:

100 Hurdles  
1600  
100 Dash  
400 Dash  
4 x 100 Relay  
800 Run  
200 Dash  
4 x 400 Relay

*Awards for top 8 in each event &  
Overall Athlete of the Meet*