## Getting a Diagnosis The "Responding to Family Issues" Process

Identify the Issue

Completing and F.T.R. worksheet

Apply the Family Values Based Decision Making Model Complete the practical exercises and video worksheets

Connect the needed resources or support services

Complete a Family Plan of Action for this issue

## **SEMINIAR #6:**

Purpose: The Responding to Family Issues creates a plan for future use in how the family will college respond to an issue.		
Instructions	The "Responding to Family Issues" process provides a step by step path for a family to consider when developing their response in how to best create a solution to a family issue. Complete each step below to formulate your possible family course of action.	
Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.	
Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R. worksheet using your identified issue. This seminar reviews the "Getting a Diagnosis" topics include: Get an Assessment, Get a Diagnosis, Get a Staging and Get Comorbidities Assessed-Diagnosed and Staged, for Addiction, Mental Health and Medical (Physical), Creating a Family Plan of Action to the issue. Which of these will the family seek to address?	
Complete Family Value Based Decision -Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.	
Key Topic #1: Addiction	Your family members will seek professional tools are used to assess, diagnosis and stage the of their loved one's possible addiction. Also complete the practical exercise in the Seminar Workbook.	
Key Topic #2: Mental Health	Your family members will seek professional tools are used to assess, diagnosis and stage the condition of their loved one's mental health profile. Also complete the practical exercise in the Seminar Workbook.	
Key Topic #3: Medical	Your family members will seek professional tools are used to assess, diagnosis and stage the condition of their loved one's medical profile. Also complete the practical exercise in the Seminar Workbook.	

## **Family Plan of Action**

The Decision-Making Process: (From the completed Family Values Decision-Making worksheet)

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**DECISION:** 

II.

The Identified Solution: (From the completed F.T.R. Worksheet):

III.	PLAN OF ACTION:
	Priority # 1.
	Task:
	Task:
	Task:
	Priority # 2.
	Task:
	Task:
	Task:
	Priority # 3.
	Task:
	Task:
	Task:

Prior to taking any action it is important to review your families plan of action with a professional therapist, counselor or licensed State/Federal professional. This step should not be ignored and will ensure safety, continuity and bring about the best results for your loved one and your family.