



A Learning Center for Families Living with
Substance Use Disorders.

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Introduction

In the realm of things to consider we find ourselves as a community dealing with a chronic disease that is killing our family members at an annual rate greater than the combined year of what took place in the entire Vietnam War. With over 90,000 overdoses in 2020 and the 7 year war was totaled at was 55,000. This war devastated our families and changed lives and generations, so too with the drug epidemic. Our borders are flooding with drug struggling and no end in this escalation is expected. How then are we to protect ourselves as communities, how then are we to protect ourselves as families. We believe one answer is to *change the strategy* of our response to include a major shift and focus on strengthening our families. We need to empower the family with knowledge, coping skills and an ability to connect to the right level of professional services within our community.

This is a nice thought, but as of today there is no structure for this to occur, there is no focused resource that is centered in providing the family an education learning series. There is no community support with a learning process, a center where family members can strengthen their coping skills in determining solutions, their skills in developing value-based decisions or designing a family plan of action in how the family can respond to the issues they face.

There is no center where community agencies and those that provide professional services can turn to and learn about the families who are dealing with someone who has a substance use disorder.

There is no center where faith groups in the community can call to receive support in setting up a ministry to help these families, according to their faith practices.

There is no provider or center that can assist the legal court systems to address the education needs of family members who support their loved ones as they go through the court process and incarceration.

If there was such a structure in our local counties, then this is where all the above could turn and gain a wealth of knowledge, to strengthen our entire community. And those who provided such a learning center would become extremely valuable to the fiber of their community.

All the above is the conceptual foundation to a **Family Solution Finder Learning Centers**. It is built and is ready for you to use, to learn how this learning center is structured, how it processes education materials and how it implements as a local community collaboration.

This structure is reasonable to apply in any county across the nation where substance use disorders has become a community challenge. For our families, this is their first light of hope of a caring community. It is a hug from a community in sharing of love. Because a community is nothing more than a collection of families and an empowered family we know is unstoppable. We need unstoppable families to fight this drug epidemic. And they need us.

The Family Members:

Although family is defined in different ways, the family members need to learn about what the disease is, how it progresses, what issues will require their involvement and how their lives are likely to change. They also need to understand who in the community is there to assist them and what to expect from these services.

The Community:

For most local communities there is a lack of understanding about all the issues a family will face in their journey. This may limit their ability to provide services that directly match the family member's needs, and how to connect each service for stronger continuity of care. This lack of understanding also creates a stigma about the family and the disease.

Places of Faith Practice:

The same is true for our places of faith practices. These organizations want to participate and provide spiritual care, however, they are lacking in the tools and understanding about what it is be a family member living with substance use disorders. The faith organizations understand suffering and how to nurture family members, they just do not understand the characteristics of this type of family journey. For them to get involved we need to give the faith organizations the tools and content of what they can offer in a faith ministry for their families.

This is the program offering of a family solution finder learning centers for family, community, and faith organizations.

In a family solution finder learning centers, all of this is included into the design. By reading this concept book you will learn how this can be achieved in your community by you, and we will train you in how to instruct and train them, in a way that is sustainable and brings value to all those who participate.

What can be done?

As a caring society it would be helpful if we stepped back, reviewed what is working locally, what is not working, what is missing and what is available from within the community. Then we need to educate the family members, their local community, and the places of faith practice.

To do this, we will need:

1. A Structure, to deliver this change through.
2. A Process to support this change.
3. A Plan for Implementing this change.
4. A Multi-Level Education Strategy, to impact the families and their local community.

There is no quick fix, the education structure needs to be embedded within the community, implemented by the community, and sustained through a “collaboration of resources” from within the community. The Family Solution Finder Learning Center becomes a part of the community.

Purpose of Family Solution Finder Learning Center

“The Family Solution Finder Learning Centers” has been created and is now available to every community across the nation. The Family Solution Finder Learning Centers provides “Structure, Process, and Implementation”. Anyone can start a Family Solution Finder Learning Centers.

1. The family members living with substance use disorder can start this program.
2. The local community agencies and provider staff to better understand these family members can start this program.
3. The local places of faith practice, to better support their family members. By making the family a center of focus can start this program.

We will empower them with everything needed to get started.

Include the Stakeholders Throughout the County

Question: Have you taken the Family Solution Finder Learning Series?



The learning process is achieved through a *Procedural Learning Model (K.A.T.A.)*. The acronym K.A.T.A. represents the four learning modules, designed to strengthen the family learning experience.

K.A.T.A. stands for **K**nowledge, **A**wareness, **T**ransition, **A**ction.

Knowledge is experienced in the first learning module for the selected key issue, The Family Solution Finder Study Guide has three learning objectives for each issue.

Awareness is experienced in the second learning module for the same selected key issue, The Family Solution Finder Seminar Workbook has practical life exercises to apply what is learned to their real life situation.

Transition is experienced in the third learning module for the same selected key issue, The Family Solution Finder 3-D's Coping Skills Workbook they will determine a solution, develop a decision and design a plan of action.

Action is experienced in the fourth learning module for the same selected key issue, The Family Local Resource Connections Workbook, they will find a local professional service or program to assist them.

This is the Family Solution Finder Learning Series using a Procedural Learning Model concept to deliver to the family members knowledge and empowerment. From completing this four-module series they will know the issue, be aware of how the issue impacts their family members, transition the issue from a problem into a solution, make a decision in how to move forward and select a professional service or program from their local community to assist them. This is an empowered family.

The family members can choose a topic (issue) by selecting from one of the 32 key issues. Then they will use the Family Solution Finder Learning Series to address this issue from within their family dynamic.

1. **Learning Modular I** : Family Solution Finder Study Guide, *learn the Issue*.
2. **Learning Modular II** : Family Solution Finder Seminar Workbook, *apply what's learned to their life situations with practical exercises, and videos*.
3. Power Point Presentation (with slide voice narrator), the presentations have embedded video links for extend learning.
4. **Learning Modular III**: Family 3-D's Coping Skills, *worksheets apply the lesson for planning how to best respond*.
5. **Learning Modular IV**: Family Local Resource Connections, *Community Networking Worksheet*, the family members take the family plan of action to a local licensed professional for guidance and support.
6. Clinical Paper for each key issue, *get a second opinion by knowing the facts*.

About Us

Families Impacted by Opioids is a nonprofit organization and was founded by Mr. Roy P. Poillon, July 2018 for the purpose of educating family members living with substance use disorders. From his past career in developing healthcare delivery business models for alternate site healthcare services and disease management, he is now applying this knowledge to the **Substance Use Disorders Industry**. There is a gap in several areas which contributes to relapse, poor outcomes and fracturing of our families and their communities. This program is designed to be one element in filling the gap, nationwide.

A critical area of success has to do with how well the person in recovery is supported by their family members, the community agencies to include the local provider staff, and their places of faith practice. Given, the family members are an important link to sustained recovery, they need access to education about this journey.

What impacts the family, will impact the community, the two are inseparable.

Historically, families do not come into the community seeking education on this disease. It has a stigma. They typically come out “in response” to a situation because they need to find a solution for a particular issue. There really are no places where an all-inclusive learning series is provided covering the families entire journey. For this reason, they do not have a thorough understanding of what might come next and therefore cannot properly prepare for the next phase. This changes when you start a Family Solution Finder Learning Centers.

Include the Stakeholders:

At the *Family Solution Finder Learning Centers*, we do know what issue is likely to happen next in the family journey. So, we educate the family members on these key issues, from this learning series they will have a plan of action for each issue. They will be empowered with knowledge. And we will do the same for the local community agencies, the local provider staff, and local places of faith practices. This way, all the stakeholders are included. This can only be accomplished through a local *structure* with a *process* set-up locally to educate and share. It must come from within the community for it to be accessible and sustainable.



Beliefs

We start from our belief that all are worthy of our love. That a family is a dynamic and seeks to keep itself in balance for the benefit of those who are included to the family unit.

Values

In values we seek to understand what matters most to us in areas that are not replaceable by another of similar or alike end results. We value love and kindness, honesty and sharing. These are the things that we can control in ourselves and ask of others.

Mission Statement

We seek to educate the family members living with substance use disorders and those who support them in their local community with a Family Solution Finder Learning Centers model. By providing the structure, materials, and process to stakeholders in the community they educate the family, the local community agencies, and local places of faith practices. This disease impacts all of us, therefore all of us need to support the family members in their journey.

Vision Statement

To provide education materials and learning resources to stakeholders at the local level for our Ohio communities; Families Impacted by Opioids will visit all 88 counties in the State of Ohio. The selected organizations and individuals will register and be provided the materials needed to start a Family Solution Finder Learning Centers program at various Levels I-IV. We will have registered 53 local learning centers across the State of Ohio in five years, with a range of 60% being Level II. In each enclave of the four enclaves designated for Ohio, in two years there will be not less than 10 Family Solution Finder Learning Centers active with a mix of Levels I and II. Within the first 1.5 years there will be not less than 5 learning centers in each of the 4 enclaves for Ohio. At the start of year 3 we will expand our program to a nationwide exposure starting in States with a high prevalence and occurrence of this disease. Our goal is to have a Family Solution Finder Learning Centers presence in every state across the country by 2028.

Maybe we should speak of these things more often, who we are and what are our intentions. We have shared ours, “what about yours”? It may be helpful in reading this concept book to write it down, so as you read this material you will have it as your reference of what you want in life.

The Stakeholders in our Communities Include (but not limited)

Stakeholders, are regular people like you and me, who have an interest in some way to the substance use disorder industry, the community as a whole, a government agency or private enterprise. It is someone or some group that serves some category of the needs of the family members from within the community.

Below, are a list of potential stakeholders by title of their category which are typically found within a county community.

1. Treatment Center Facilities
2. Mental Health Center Facilities
3. Sports Coaches
4. Emergency Room Social Workers
5. School Guidance Counselors
6. Pastors, Leaders of Faith Organizations
7. Police and First responders
8. Legal Court System
9. Foster Care Services
10. Jobs and Family Services
11. Employers
12. Community Support Agencies
13. Healthcare Providers
14. A Parent or Individual

These stakeholders will benefit in providing their services and programs when they more completely understand the journey of family members living with substance use disorders. These are the stakeholders we will visit in each county. Each is able to start their own Family Solution Finder Learning Centers at Level I-IV.

What are the 32 Key Issue Seminars?

In completing a review of the family members journey when living with someone who has a substance use disorder, there are many issues (problem) that are typical as being presented to the family dynamic. In most of these common issues, there has been extensive studies, empirical proven practice and clinical articles written on what the issue is and how the community and family members can respond.

Below are “32 of the key issues” we reviewed . The studies and journals with their cited recommendations have been included to our seminars for each issue. The issue has been placed into the Family Solution Finder Learning Series and are now available for the family members to review and learn from. No other information has been added in order that the information is the same as what the family members will find if they knew how to search and locate these sites and articles.

The family members and community will learn about these 32 key issues which cover the entire family member’s journey:

1. The family is a system.
2. Different roles of the family members.
3. Childhood trauma in the family system.
4. Different types of family therapy.
5. The family support structure in addiction.
6. Getting a diagnosis.
7. Substance use disorder is a brain disease.
8. The disease progresses in stages.
9. Relapse is a part of this brain disease journey.
10. Enable vs. Consequence.
11. The Addiction Behavior, Setting boundaries.
12. Family Intervention, Five stages of change.
13. Police Intervention.
14. Emergency Medical Intervention.
15. Legal System, Intervention.
16. Treatment Center Intervention.
17. Family Community Mapping.
18. The Relapse.
19. Successful Lifelong Recovery.
20. Bereavement.
21. Spiritual Faith practices.
22. Elements of a Family Plan of Action.
23. Roles and Responsibilities in the Family Plan of Action.
24. Getting Networked in Advance.
25. Suicide Prevention.
26. Financial Management in the substance Use Disorder Journey.
27. Foster Care Services in substance Use Disorder Journey.
28. NARCAN.
29. Peer to Peer Services.
30. Medical Assisted Treatment (M.A.T.).
31. Family Solution Finder Learning.
32. Harm Reduction.

There is great value in the family learning about these issues; because being aware of how it will impact the family members, what they can do to prepare for the issues, and who is available to assist the family will be very empowering for them.

The information is voluminous and so is the overwhelming nature of the disease journey. For this reason, it will be helpful to learn from the family, which seminar (issue) will be most beneficial for them to learn more about.

For this reason the 32 key issues are divided into five categories:

1. The Family Dynamic
2. The Disease
3. The Family Core Competency
4. The Family Taking Action

We have designed a questionnaire that will help the instructor or learning center to assist the family in selecting which seminar to take first. A selection and curriculum of learning can be set up from the self-assessment tool. In this way, the family members can see what direction their learning will take them going forward.

This will be more helpful to the family then just choosing a topic, putting up a power point presentation and sending them home. In this method it is likely they did not learn much, have no idea how to apply what they learned or who is here to help. What was accomplished is foolish to thing was a success. It has been what we have been doing and it is failing. All we did was make ourselves feel good that something was provided.

In its place, we will take time to determine what topics best match their needs, knowing their needs change, they can use this list of seminars and their personal learning library going forward. In this way, we never leave them.

Family Member Self-Assessment



SEMINAR SELECTION QUESTIONNAIR & ASSIGNMENT

INSTRUCTIONS
Family Member Self-Assessment Questionnaire

Primary Qualifying Questions:

- I. The instructor requests each family member complete a “Family Self-Assessment Questionnaire. This will allow the instructor to select the seminar programs that best match the family member’s needs.
- II. Upon completion, the family member will return the Family Member Self-Assessment Questionnaire back to the Instructor or Navigator.
- III. The Instructor or Navigator will discuss these results with the family member and complete the Family Members Seminar Assignment Card.
- IV. The seminars will be delivered through, in person presentation, zoom.com or self-administrated.

There is a goal for each issue, and each issue have three (3) learning objectives. The seminars are designed to have a pre and post test questions to determine how much they learned from the seminar.

Family Member Self-Assessment Seminar Selection

Instructions: Check the box for selection of seminar, then record to seminar assignment card.

32 Key Issues, Seminars Goals & Learning Objectives

~ THE FAMILY, ISSUES # 1-5 ~

ISSUE # 1. Family is a system. ☐

Seminar Goal: The family sees each family members as a partner in the family system, contributing to the family dynamic.

Three Learning Objective: 1. Learn each family members Functionality, 2. Learn their Potentiality, 3. Learn the Obstacles that prevents the family members from contributing to the family dynamic.

ISSUE # 2. Different roles of the family members. ☐

Seminar Goal: The family sees each family members in the role they play, understands their interaction characteristic and the sequence of thought process.

Three Learning Objective: 1. Learn the Characteristic Patterns of how family's member interacts, 2. Learn the 7 different roles family member play, 3. Understanding the sequence of thought, how we use what we know.

ISSUE # 3. Childhood trauma and SUD. ☐

Seminar Goal: Understand what to look for and how to seek professional assistance in Childhood Trauma.

Three Learning Objectives: 1. Learn what is childhood trauma, 2. Learn the signs of childhood trauma, 3. Understanding the tools used to diagnose childhood trauma.

ISSUE # 4. Different types of family therapy. ☐

Seminar Goal: As a consumer, learn the different types of family therapy practices. What to ask for when seeking family therapy.

Three Learning Objectives: 1. Learn the different types of family therapy, 2. Learn which are the four (4) predominate type models, 3. Learn why SUD is referred to as a family disease.

ISSUE # 5. Four primary support structures of the family. ☐

Seminar Goal: Understand the different areas of the community that support the family.

Three Learning Objectives: 1. Learn which are the four (4) primary family support structures, 2. Learn how to get organized to get the most from these organizations, 3. Understanding how to use a plan of action in approaching these groups.

~ THE DISEASE, ISSUES # 6-9 ~

ISSUE # 6. Getting a diagnosis. ☐

Seminar Goal: Learn the Three Type of Diagnosis to request, why get a staging and how to use this information to get organized.

Three Learning Objectives: 1. Learn the medical diagnosis path, 2. Learn the mental health diagnosis path, 3. Learn the Addiction diagnosis path. 4. Get an assessment (screening), Diagnosis, Staging, 5. Get organized.

ISSUE # 7. SUD is a brain disease. ☐

Seminar Goal: Learn what changes to make this a brain disease, what it means to be chronic.

Three Learning Objectives: 1. Learn why addiction is a brain disease, 2. How it is different from other disease, 3. Learn Why it is chronic.

ISSUE # 8. The disease progresses in stages. ☐

Seminar Goal: Know the stages of progress to prepare for each, why individualized care matters, learn how the disease diagnosis is staged.

Three Learning Objectives: 1. Learn the 7 stages of progression, 2. Learn the importance of “Individualized Treatment, 3. Learn the three (3) levels “stages” of disease, (mild, moderate, sever).

ISSUE # 9. Relapse is a part of the disease journey. ☐

Seminar Goal: Why knowing the types of mental health therapy used in treatment, how it combines with medical assisted treatment and what is a CC Care Plan that a family can participate.

Three Learning Objectives: 1. Learn the types of mental health therapy in recovery, 2. How the value of Medical Assisted Treatment (M.A.T.) in recovery, 3. Learn to support their Collaborative Comprehensive Care Plan (CC Care Plan) to deal with an enabler who is in denial of their enabling behavior.

~ THE FAMILY CORE COMPETENCY, ISSUES # 10-21 ~

ISSUE # 10. Enabling vs. Disabling ☐

Seminar Goal: Learn the 10 Types of Enabling, How to find it in the family members, what is the best way to respond.

Three Learning Objectives: 1. Learn the 10 Types of Enabling, 2. How to deal with an enabler who is in denial of their enabling behavior, 3. Understanding how to change enabling behavior.

ISSUE # 11. Addiction Behavior, Boundaries. ☐

Seminar Goal: Boundaries are about their addiction behavior as a measurement, the focus is on the family members need to change for the boundaries to work.

Three Learning Objectives: 1. To learn the behavior traits of substance misuse, 2. To understand how the behavior progresses and changes over time. 3. To learn how to responds to these behaviors by setting boundaries.

ISSUE # 12. Family Intervention, five stages of change & motivational interviewing. ☐

Seminar Goal: Know the five stages and the motivational steps to enact change.

Three Learning Objectives: 1. Identify the five stages of change and motivational interviewing to address them, 2. Learn the ten processes of change. 3. Gain an understanding dual diagnosis, mental health condition,

ISSUE # 13. The Police Intervention. ☐

Seminar Goal: Given it is likely to happen, how to prepare by completing a missing person's report focuses the family on a preparedness position and not reactionist position.

Three Learning Objectives: 1. Identify the six phases of Police intervention, 2. Learn the do's and do nots of a missing person's report, 3. How to complete a missing person's report.

ISSUE # 14. The Emergency Medical Services Intervention. ☐

Seminar Goal: Many areas after an ER visit balanced on what is done during an ER Visit.

Three Learning Objectives: 1. Understand the paramedic first response phrases, 2. Learn what happens in a hospital emergency room visit. 3. Understanding the value of SBIRT, family role in continuity of care.

ISSUE # 15. The Legal System Intervention. ☐

Seminar Goal: Many steps are required in the segmented world of the legal court system, learn them now while the family members head is clearer.

Three Learning Objects: 1. Have a working knowledge of the incarceration diversion or Sequential Intercept Model (SIM), 2. Finding an attorney, 3. What is Drug Court.

ISSUE # 16. The Treatment Center Intervention. ☐

Seminar Goal: Which one, what to ask, what to look for, Which area is more important than the other.

Three Learning Objectives: 1. Determine the right level of treatment, 2. What is Intensive Outpatient Treatment, IOP. 3. Family role in communicating with treatment center staff.

ISSUE # 17. Support Agency Mapping. ☐

Seminar Goal: Know your community resource providers before they need to know your family.

Three Learning Objectives: 1. Define family community mapping (who can assist the family), 2. Steps to create a family community map 3. Advantages gained by having a family community map.

ISSUE # 18. The Relapse. ☐

Seminar Goal: It happens in stages, know what your family members can do in each stage.

Three Learning Objectives: 1. What is relapse, 2. List three stages of relapse, 3. How can the family identify these stages.

ISSUE # 19. Successful Lifelong Recovery. ☐

Seminar Goal: Because it is a lifelong disease, it needs a lifelong plan for total recovery. What is the family's role.

Three Learning Objectives: 1. Four main ideas in relapse prevention. 2. Learn the Stages of Recovery 3. How to create a strong support system.

ISSUE # 20. Bereavement. ☐

Seminar Goal: There are different types, learn them, share them, use this as a start to your understanding of the issue.

Three Learning Objectives: 1. Learn the 3 types of grief, 2. Understand the grief cycle, 3. Create an inventory for complicated grief.

ISSUE # 21. Faith, Spiritual Practices. ☐

Seminar Goal: Where is God in the family members journey is an individual response. Create a space where this can be explored safely.

Three Learning Objectives: 1. Review the need for faith organization participation, 2. Create an Invest in the Family Ministry, 3. Offer the "Invest in the Family Ministry" program at your place of worship.

~ THE FAMILY TAKING ACTION, ISSUES 22-33 ~

ISSUE # 22. Elements of a family plan of action. ☐

Seminar Goal: Building a strong family plan of action take steps and participation. Learn both.

Three Learning Objectives: 1. Learn elements of a family plan of action, 2. Learn the steps in developing a family plan of action. 3. Be aware of the obstacles in developing a plan of action.

ISSUE # 23. Roles family members play in a plan of action. ☐

Seminar Goal: Triangulation is a tactic used to prevent relationship integrity, Knowing the six common characteristic and identifying communication patterns will aid the family to respond towards the source of how family members can contribute.

Three Learning Objectives: 1. Learn to identify and manage triangulation relationships, 2. How to deal with the six common characteristics of family unit living with substance use disorders, 3. Identify existing communication patterns within the family members.

ISSUE # 24. Getting networked in advance. ☐

Seminar Goal: Getting networked at a time when the service is not required gives the family the opportunity to consider the criteria for selection. Proactively determining in advance where are local services to assist the family in each of the 32 issue is an strong position for the family to be in.

Three Learning Objectives: 1. How to use the Family Solution Finder Local Resource Connections Workbook Learning Module IV, 2. How to apply community mapping into your family plan of action, 3. What steps to take in making learning module IV an action step.

ISSUE # 25. Suicide prevention. ☐

Seminar Goal: Being brave to address the topic of suicide prevention is a strength the family members must decide for themselves, learning how is part of taking that next step.

Three Learning Objectives: 1. Learn the common risk factors, 2. Learn the warning signs, 3. Learn the silent contributor.

ISSUE # 26. Financial management in SUD. ☐

Seminar Goal: This journey is expensive, for most a finite number is how care will be determined, know the cost of services based on the issues they may face will allow the family to more effectively budget and weigh the value of treatment plans and services.

Three Learning Objectives: 1. Learn the possible paths and their costs, 2. How to get your financial affairs in order, Learn to manage this chronic disease and your expenses.

ISSUE # 27. Foster care services. ☐

Seminar Goal: This is emotional time and has a complex system. Learning it in advance, where the family knows it is possible will allow the family members to provide the best level of support.

Three Learning Objectives: 1. Learn the serviced providers case management role, 2. How bend with the requirements, 3. Options in achieving family reunification involving substance use disorders.

ISSUE # 28. NARCAN. ☐

Seminar Goal: At the time it is needed is not the time to learn how to administer it. Learn when to use it, how to use it and what to expect after you use it.

Three Learning Objectives: 1. Learn what is NARCAN, 2. Learn when to use it, Learn what to expect as an outcome.

ISSUE # 29. Peer to Peer Support Services. ☐

Seminar Goal: A partner who has traveled this road is a strong support in getting started in a journey of sustainable recovery. These services provide that level of support. The family needs to know how to use it to their advantage. Everyone has a role to play.

Three Learning Objectives: 1. Learn what is Peer to Peer Support Service, 2. How to create your own Peer to Peer concept when local service is not available, 3. Understand the value of peer-to-peer exchange.

ISSUE # 30. Medical Assisted Treatment (M.A.T.) . ☐

Seminar Goal: M.A.T. what is it, how it works, why it is a valuable tool in sustained recovery and include it to CBT care as part of the plan of treatment.

Three Learning Objectives: 1. Learn what is Medical Assisted Treatment (M.A.T.) why it has value in long term recovery, 2. Learn as a family member how to support the inclusion of M.A.T. in the plan of care, 3. Understand the regimen and titration.

ISSUE # 31. Creating a Family Solution Finder Learning Centers, (FSFLC). ☐

Seminar Goal: What is an FSFLC, how to set up an FSFLC in your county.

Three Learning Objectives: 1. Learn how to set up a local Family Solution Finder Learning Centers for your county, 2. How to receive instructor training (train the train), 3. Understanding how operate the center and engage the local community in a community collaboration and education.

ISSUE # 32. Harm Reduction. □

Seminar Goal: What actions can a family take for harm reduction, where to find these resources.

Three Learning Objectives: 1. Learn the family member role in harm reduction, 2. How to manage ones selfcare with mindfulness of self, 3. Learn tips on how to deal with difficult people.

ISSUE # 33. The Family Members Role in the Re-Entry Process. □

Seminar Goal: How can the family members participate in the re-entry process.

Three Learning Objectives: 1. Learn the elements of the re-entry process, 2. How to manage the family members role in the re-entry process, 3. How to identify the obstacles involved in the re-entry process.

Family Member Seminar Assignment Card

The 32 Key Issue, Family Seminar Library

Seminar Number	Type of Delivery: Presentation, Zoom or Self - Administrated	Date Started	Date Completed
Issue # 1			
Issue # 2			
Issue # 3			
Issue # 4			
Issue # 5			
Issue # 6			
Issue # 7			
Issue # 8			
Issue # 9			
Issue #10			
Issue #11			
Issue #12			
Issue #13			
Issue #14			
Issue #15			

Issue #16			
Issue #17			
Issue #18			
Issue #19			
Issue #20			
Issue #21			
Issue #22			
Issue #23			
Issue #24			
Issue #25			
Issue #26			
Issue #27			
Issue #28			
Issue #29			
Issue #30			
Issue #31			

Issue #32			
Issue #33			

This is your selected curriculum for learning.

Family Member Seminar Assignment Report Card

The Seminar Assignment Progress Report Card: (started, in progress, completed)

Issue # 1.	Issue # 11.	Issue # 21.
Issue # 2.	Issue # 12.	Issue # 22.
Issue # 3.	Issue # 13.	Issue # 23.
Issue # 4.	Issue # 14.	Issue # 24.
Issue # 5.	Issue # 15.	Issue # 25.
Issue # 6.	Issue # 16.	Issue # 26.
Issue # 7.	Issue # 17.	Issue # 27.
Issue # 8.	Issue # 18.	Issue # 28.
Issue # 9.	Issue # 19.	Issue # 29.
Issue # 10.	Issue # 20.	Issue # 30.
		Issue # 31.
		Issue # 32.
		Issue # 33.

Use this worksheet to record your progress.

SOURCE: NIH, SAMHSA, Clinical Paper of Empirical Work, Professional Journals, Academic Papers.

Four (4) Levels of The Family Solution Finder Learning Centers



Level One: In this level you will provide the *Pathfinder Certificate of Completion* work book to your past, present and future clients. Also, these books can be used in distributing to your referral sources for their staff education.

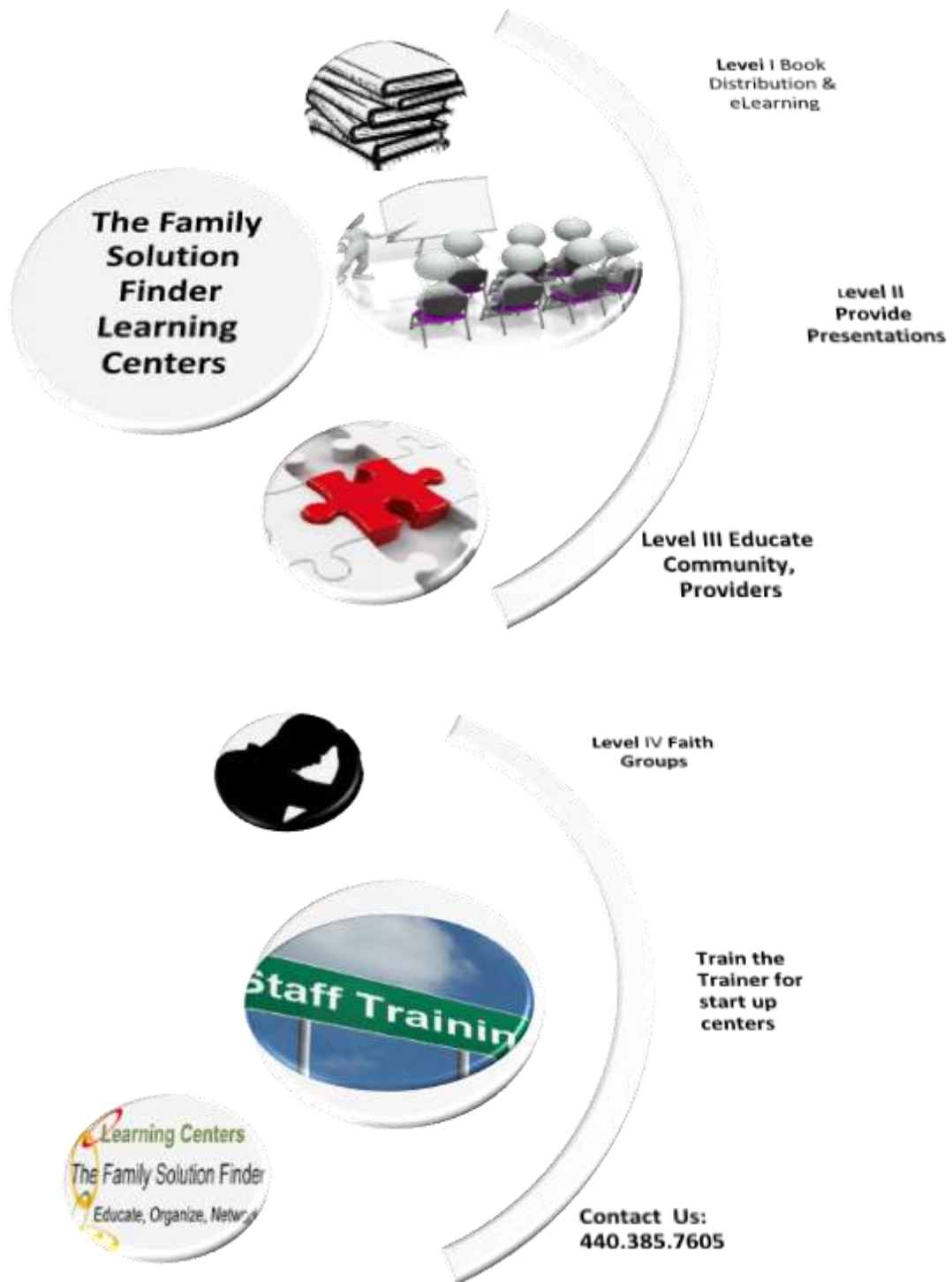
Level Two: In this level you will provide the Family Solution Finder Learning Series, learning seminars at your location. The Family Solution Finder Learning Series Study Guide and Workbooks will be provided and used in these sessions. This has Four (4) learning Modules, as a Procedural Learning Model for each issue.

Level Three: In this level you will provide learning seminars to other local community organizations using the *Pathfinder Community Seminars* at their location. This level will also include Levels One & Two.

Level Four: In this level you will meet with churches and places of Faith Practices within your community to introduce the “Invest in the Family Ministry” using the Set-Up Guide and Volunteer Manual Book. This level will also include Levels One, Two & Three. You can choose the type of support best matches their needs.

By choosing which level is right for you community you can match the need to the resources.

Educate Family, Community and Support Faith Organizations



Who can Start a Family Solution Finder Learning Centers

Anyone can start-up a Family Solution Finder Learning Centers. That is the great news about this community focused model. The Family Solution Finder Learning Center is designed so that it does not require a presenter to have prior knowledge of the topic, and the 32 seminars are self-administrated with power point slide each with voice over narrator. Also, all the handouts and practical exercise are included. So, whatever topic is determined to be most useful, this becomes the topic to present.

Examples of Who Can Set-up a Family Solution Finder Learning Center:

- ***Treatment Centers:*** can provide these seminars as a service to the family members of those they are treating, past, present and future. This can be a strong tool for community awareness of their treatment facility services and other programs, too. Level III & IV
- ***Mental Health Centers:*** as **Individual Practice or in a Center**, can provide selected seminars, at a set location and schedule. Level III % IV
- ***Libraries:*** Lending the books. Level I
- ***Support Groups:*** small or large family members support group can use this in their meetings. Level II
- ***Police and First Responder Teams:*** can present these programs and distribute the books with eLearning program as part of their “Community Engagement” drug awareness programs. Level I
- ***Churches and places of Faith Practices:*** can use this as a part of their ministry meeting plan. “Invest in the Family Ministry User Manual. Level III & IV
- ***Coaches for sport teams:*** can distribute the Pathfinder Certificate of Completion Seminar book to families. Level I
- ***Social Workers:*** 1. At schools Guidance Counselor offices, 2. In Emergency Rooms, 3. At Government Agencies. Level III
- ***Drug Courts:*** can require the family members to complete the Pathfinder Certificate of Completion Seminar book. Level I



Operating a Family Solution Finder Learning Centers

Required Registration:

We are asking you to register on www.familiesimpactedbyopioids.com in order that we can provide updates to content, support to your organizations learning center and allow others to find you in their community. These materials can be copied with permission for the purposes of marketing and training. All these materials are available as free downloads on our website.

It may be best to start one level down from where you want to be, in order to get comfortable with the material, its set up and functioning of these seminars.

We recommend most organizations start at Level One, *Book Distribution*, and *e-learning*. Then move into Level Two. Take time to invite the public as a community relations initiative. There is a required donation fee \$325.00 to register a Family Solution Finder Learning Centers. The content and learning materials are free.

Use the books:

Our books help to drive the learning experience, but your presentation and presence is what will matter even more to these family members. The operation for The Family Solution Finder Learning Centers is the same as any other scheduled list of seminars you may have provided in the past. There is nothing specific or special steps needed for the center itself, other than making people aware of your sessions.

Room set-up:

This can be in whatever design you choose. We recommend circle tables because it helps to facilitate conversation and sharing between family members.

Audio/Visual:

Be sure to have access and internet WIFI for the extended learning videos included in these seminars. Laptop, speakers, and TV or screen are needed.

The Meeting Agenda

It is helpful to have the next meeting's agenda as a handout in each meeting. Also, keep a calendar updated as to time, topic, location and point of contact on a page in your organization's website.

a. Which issue to present:

Some choose to start with Seminar #1 and proceed as it is numerically set up. Others ask their attendees, which topics they want to view. In either case, it is helpful for the attendee and the presenter if a schedule is set up going out six months.

b. Duration:

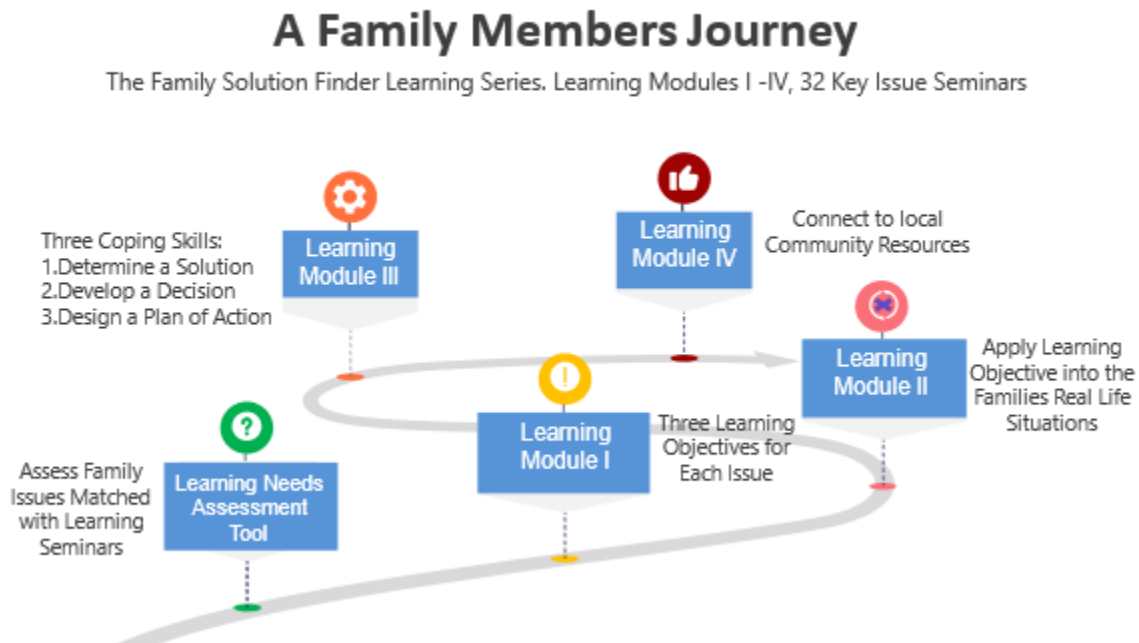
- It is more effective to have one single topic (issue) in a meeting. Try not to mix one subject with another in the same meeting. For example, don't mix seminar # 1 The Family is a System with Seminar # 2 The Different Roles Family Members Play.
- There should be 40 minutes for slides and video's, 20 minutes for practical exercises, 20 minutes for group discussion. Duration: 1.5hrs/seminar.
- The video sessions are more valuable when there is a discussion to follow, so others can glean important points from the person next to them. **And again, circle tables work best.**

The flow of a meeting:

- Greeting, Navigator Time
- Announcements
- Seminar Presentation
- Table Discussions
- Large Group Discussions
- Concluding Summary
- Next Meeting Agenda
- Social Time

Family Solution Finder, Monthly Learning System

The family solution finder monthly learning system can be presented as a “weekly learning meetings” where an entire month is dedicated to a single issue (topic).



Issue of the Month: Select an issue as the “*Topic of the Month*”. Where, the family solution finder learning series seminar (issue) is presented:

1. **In the First week**, use the Family Solution Finder Learning Seminar Study Guide, Workbook and Power Point Presentation, for that issue. *(PPT is downloaded from our website)*
2. **In the Second week**, have a speaker from the community come in to speak on this topic.
3. **In the Third week**, have a person provide their personal testimony on this same topic from that person’s experience and perspective in dealing with this issue. Use the “The Substance Use Disorder, It’s Time to Get Organized workbook.
4. **In a Fourth week**, a general discussion covering how to use the lessons learned this month, using the It’s Time to Get Organized and It’s Time to Get Networked workbook.

In this learning system, the family members are provided an in-depth education experience unlike any they will receive elsewhere. From topic introduction, to life application, to family plan of action.

Multi-Level Learning Systems

We have included the different mediums for learning into the structure of a Family Solution Finder Learning Centers so that the *Process for learning* from the Family Solution Finder Learning Series has a stronger foundation as a real-life application.

These mediums include:

1. Written Text learning.
2. Video learning.
3. Presentation learning.

Reverse demonstration (where attendee demonstrate back their level of understanding

The sources we used are worth visiting:

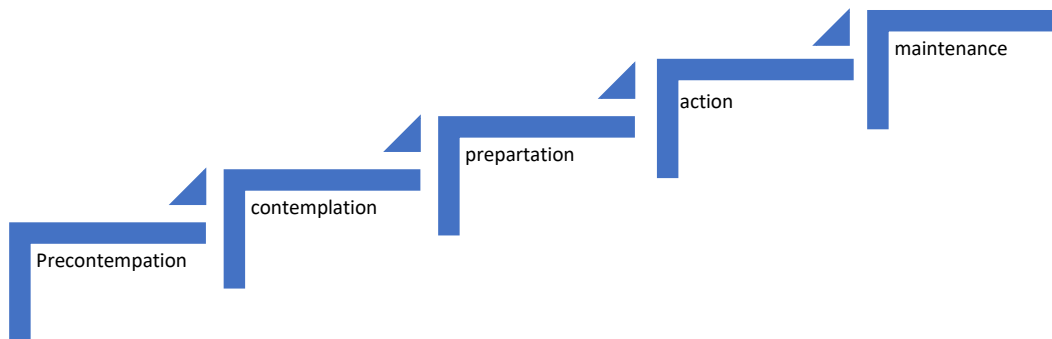
There are sites on the internet which provide strong content to support learning and instruction. Here are a few that we used and are worth looking through:

1. www.samhsa.org
2. www.adaa.org
3. www.drugfree.org
4. www.psychologytoday.org
5. www.Relink.org
6. www.drughelp.cares
7. www.nichq.org
8. www.apa.org
9. www.drugabuse.gov
10. www.nacoa.org

Structured family member learning

To ensure the family member are presented this learning series in a constructive structure, the process for learning follows the behavioral therapy methodology of the *theories of change*. Because, what we are asking of the family members to do is change their way of thinking to include this new level of learning.

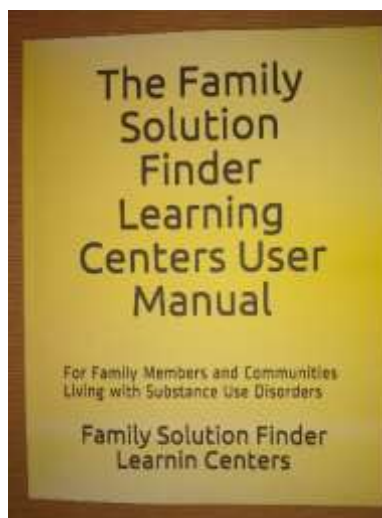
1. **Precontemplation**, the “FSF Learning Seminar Study Guidebook” introduces the issue (Subject). Each Subject (issue) has three learning objectives. This creates problem awareness which is a critical part of motivational interviewing steps to move forward. At this point the attendees is now aware of the topic (issue).
2. **Contemplation**, the “FSF Learning Seminars Workbook” introduces the subject learning objectives as a Practical Exercise with video enhanced learning about the subject. The structure of workbook, power point presentation and individual reverse demonstration in the practical exercise is our process. Now the attendee has applied what they have learned in the study guide, to their real-life situation.
3. **Preparation**, the “It’s Time to Get Organized workbook” introduces the family skill tools for creating a solution using the Family Transformation Response (F.T.R.) model. This worksheet breaks down an issue into “finding the solution”. And the Value Based Family Decision Making Model for the family to use in determining how they will respond to the issue.
4. **Action**, the “It’s Time to Get Organized workbook” has a final step, creating a family plan of action around all the steps taken above. This is a plan with To-Do list, family member assignments for taking the next steps in addressing the issue.
5. **Maintenance**, the “It’s Time to Get Networked workbook” has a worksheet for each of the 32 issues to build a local provider network. This network workbook becomes their Family Provider **Network Directory**. Here is where they will take all the above work, meet with a professional service provider, and determine how they will assist the family in meeting their needs. It is the *Five Stages of Change Theory* applied to the journey of learning for the family members living with substance use disorders.



Family Solution Finder Learning Centers User Manual

In the Family Solution Finder Learning Center User Manual the leadership team will find detailed guidance in how to set up and run a family solution finder learning centers.

This will require obtaining the books which will be used by the Learning Centers Leadership, Instructor, and Liaisons.



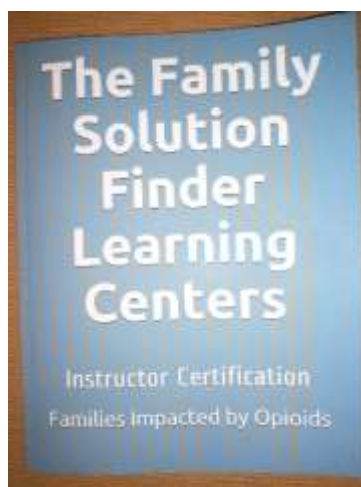
Purchase the book, then contact us. We will provide an introduction zoom.com session for you and your selected team. Call: 440.385.7605 Families Impacted By Opioids Cleveland, Ohio

Instructor Certification Book

In the learning center startup team, the “*Seminar Instructor*” will have questions about their roles and responsibilities, they may need training before starting. Families Impacted by Opioids provides a” Train the Trainer” online session of 1hr. in support of your start-up team. This agenda covers a selection of needed instruction in how to find, download, purchase and present the material for a Family Solution Finder Learning Series, Pathfinder Community Seminar, and Invest in the Family Ministry.

For the person who is the instructor for a Family Solution Finder Learning Centers, we provide needed instruction in how to manage the learning center operations, support the presenter, build awareness and marketing of the events, and manage a budget for purchasing materials and marketing.

A www.zoom.com session is held to provide your team training as needed. This allows for participation at any site location.



To set up a “Instructor Certification” online session,

Call: 440.385.7605 Cleveland, Ohio.

- i. Train the Presenter, session**
- ii. Train the Learning Center Manager, session.**
 - Send check to our office.
 - We notify you to an agreed upon date and time.
 - As many can join as is needed.
 - Duration 1 hr.
 - Agenda and material are sent in advance as PDF documents as well as Power Point Presentation for future training at your location.

**The Family Solution Finder Learning Series
Seminar Books**



EDUCATE THE FAMILY MEMBERS

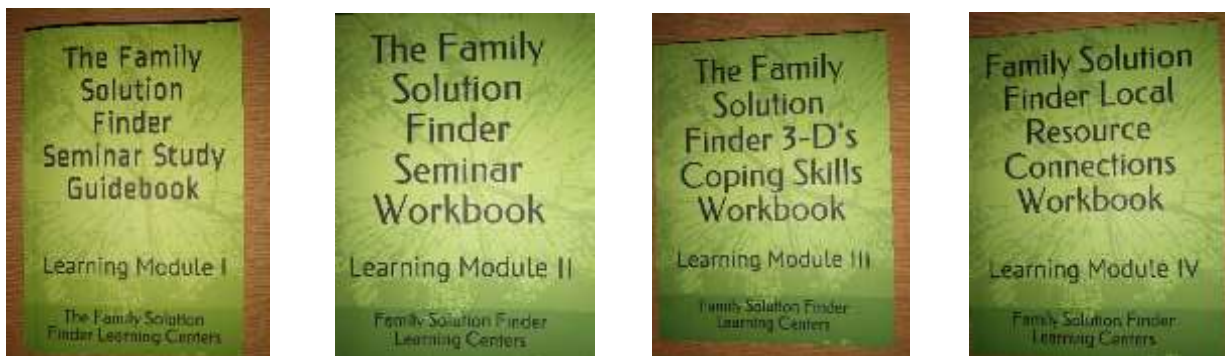
Family Solution Finder Learning Series

The ***Family Solution Finder Learning Series Books***. This series of presentation seminars will encompass the 32 key issues a family might face in their journey with substance use disorders. The 32 key issues are supported with a power point presentation online from our website as a download file, www.familiesImpactedByOpioids.Com. The attendee learning the three learning objectives in the study guidebook, applies it to their lives in the workbook, learns how to use it in the Family 3-D's Coping Skills workbook and finds a local provider to assist in their response in the Local Resource Connections Workbook. These are the four learning modules for each seminar.

The Four (4) Book Series:

- Family Solution Finder Learning Seminar Study Guidebook Learning Module I.
- Family Solution Finder Seminar Workbook Learning Module II.
- The Family Solution Finder 3-D's Coping Skills Workbook Learning Module III.
- The Family Solution Finder Local Resource Connections Workbook Learning Module IV.

From this learning series and support material the family members will become empowered families.

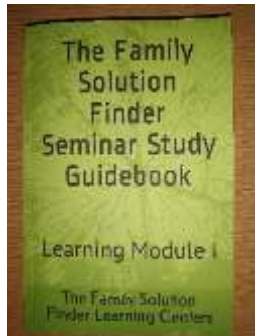


Order these books by title on www.amazon.com. Buy all four together.

These Four (4) Books: www.amazon.com. **Order by title.**

1. The Family Solution Finder Learning Study Guidebook Learning Module I.
2. The Family Solution Finder Learning Seminar Workbook Learning Module II.
3. The Family Solution Finder 3-D's Coping Skills Workbook Learning Module III.
4. The Family Solution Finder Local Resource Connections Workbook Learning Module IV.

Family Solution Finder Study Guidebook Learning Module I



This book introduces the issue as a topic of learning. Each of the 32 key issues has 3 learning objectives, these are three areas that define the issue.

Most families will likely not experience all 32 key issue and the sequence of each issue presenting to the family in their journey will differ from family to family.

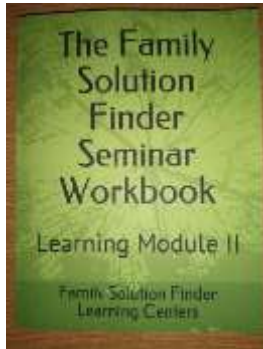
For this reason, these issues can be studied in sequence starting with the first, or a “On Demand” where a family goes to a specific topic because that is a subject requiring their immediate response. To assure access, all the section of this study guide is on our website as a free download PDF, for each of the 32 key issues. The

study guide is complemented with a power point presentation, the two should go together in a learning seminar.

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

Family Solution Finder Seminar Workbook Learning Book II



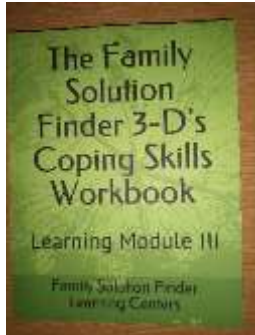
This workbook has Practical Family Life Exercises, extended video links and work sheets for each of the 32 key issues. The issue is aligned with the same issue provided in the Family Solution Finder Study Guidebook. A family member will first read the issue in the study guidebook, then take the practical exercises in this workbook, watch the video, and complete the video work sheet. All is completed in the Family Solution Finder Workbook Learning Module II. Because all 32 key issues in this workbook available to learn in advance of the issue presenting in the family journey, they can proactively learn before it is needed. This allows the family member to take time in gather local information from professional services in learning the best way to respond to the issue.

I

n the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

Family Solution Finder 3-D's Coping Skills Workbook Learning Module III.



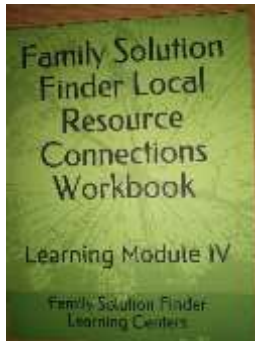
This workbook is used to organize the learning of the family members from the topics presented in the Study Guidebook and Workbook. These are coping skills where the family **D**etermines a solution, **D**evelops a decision, and **D**esigns a plan of action.

They will complete the Family Transformational Response (F.T.R.) model, to find the solution to the issue. Next the family use the Value Based Family Decision Making Model to determine how the family will respond. Then create a Family Plan of Action to implement their decision based on their solution. At this point the family has learning the topic (study guide), completed the practical exercise to apply in their real life, (workbook) the in this book identified the solution to the issue, made a decision on how to move forward and create a plan of action in who will do what by when. For each of the 32 issues.

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

Family Solution Finder Local Resource Connections Learning Module IV



This workbook is used to identify which community agencies and professional services are available to assist the family with this specific issue.

The family will take their work in learning modules I-III to a licensed professional for review and consideration of next steps.

In this workbook the develop a Family Provider Network Directory for each of the 32 key issues they are likely to face in their journey living with substance use disorders. It is set up in advance of needing these resources. The family is empowered.

To order any of these books: Go on-line to www.amazon.com search Roy Poillon or title provided above.

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

**The Family Solution Finder Pathfinder Community
Seminars Books**



EDUCATE THE COMMUNITY ABOUT THE FAMILY MEMBERS JOURNEY

The Pathfinder Community Seminar Books

(educate the community agencies and their provider staff)

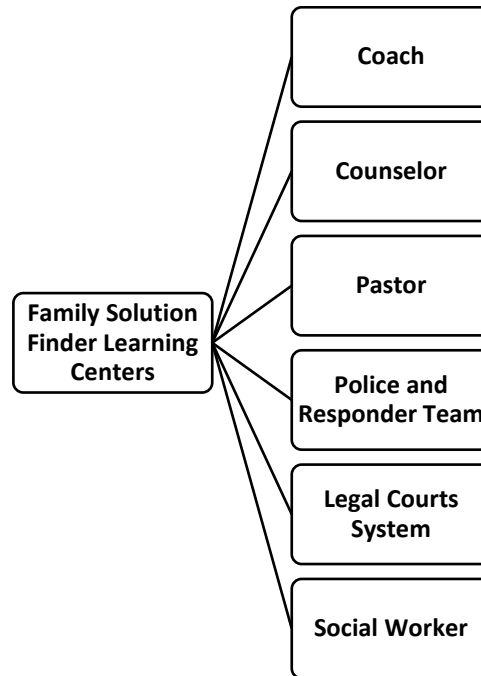


something is wrong. It is when the community is now aware and has identified the impact and now everyone's lives will evolve around this person's addiction.

Meeting the family at their point of most pain is the applied strategy to the Pathfinder Community Seminars. We seek to help the community at all points where the family members are known to seek assistance. For example, this coach or school guidance counselor will have a Pathfinder Community Seminars book to give that student to take home for their family to review.

This is where we want to be, at the family table, helping them learn and grow. We want to give them hope and it starts when they are given knowledge. This is the community giving the family a Hug, we will give them Hope through the learning series, and shared family love by having made a community commitment to build the structure and process needed to sustain a Family Solution Finder Learning Centers. The strategy is to be where the family is, at their moment of pain, ready to provide knowledge of what is happen, what to do next and how to get organized.

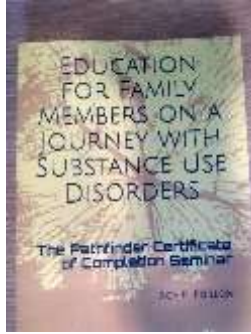
COMMUNITY STAKEHOLDERS: Receive books and pass it forward.



Above are call points for the Pathfinder Community Seminars. The FSFLC will call on these stakeholders and invite them to participate in the book distribution to family's they identify as living with substance use disorders.

This task will be completed by the FSFLC Liaison and this will help the learning center to receive more referrals.

A flyer directing the families to contact the learning centers should be placed in each book.



Education for the Individual Family Member on their Journey with Substance Use Disorders book:

This book is used in developing clinical and non-clinical support staff to increase their awareness of the “Family Members living with Substance Use Disorders Journey”. Also, this is a great book to offer those who are not directly involved in the substance use disorder occurrence but would like to know more about the disease. Your organizations contact information can be placed inside. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this book.

The contents of this book is “The Pathfinder Community Seminar” and it’s 12 issues pulled from the 32 issues found in the Family Solution Finder Learning Series books. This book can be given to any clinical organizations, Veteran Family members, hospital staff and physician office staff and political leaders staff. Your organization’s contact information can be placed inside. All four category levels (I-IV) of the Family Solution Finder Learning Centers can use this book.

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame in order to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

From Police and Response Team to Family Table: (Stakeholder)

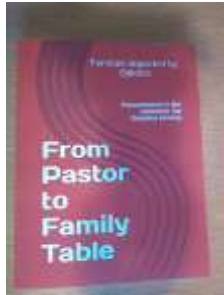


This book is used by your organization, to give to your local police and first responder teams, for them to give a family during or after an overdose intervention. The police and first responders can also use it to train their own staff members on the family's whole journey with this epidemic. This book can be used by police as part of their local community speaking engagement program. Your organizations contact information can be placed inside the workbook. All four Family Solution Finder Learning Center Category Levels (I-IV) use this book.

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

From Pastor to Family Table: (Stakeholder)

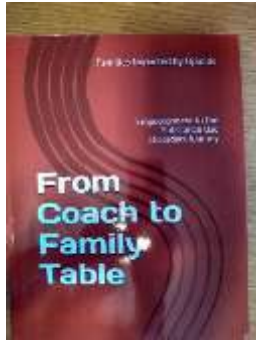


This book is offered to the Pastor and Ministry Leaders of a faith organization to give to the family members within their church who are on a journey with substance use disorders. Often, Family members especially mothers will seek advice from a minister or priest. This book can be given from the Pastor to train their staff and leaders. It can be delivered as a lunch and learn or as a take-home study book for the family. Your organization contact information can be placed inside. All four Family Solution Finder Learning Center Category Levels (I-IV) use this book

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame in order to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

From Coach to Family Table: (Stakeholder)

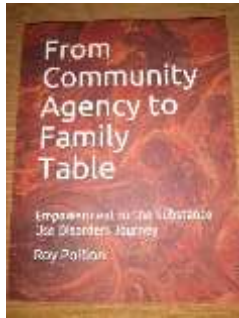


The “From Coach to Family Table” book is offered to the sports coaches. When a family or player is identified as a family who is going through a journey with substance use disorders, this will be a kind act of caring. In many communities our coaches are looked up to for their advice and guidance. They are on the front line of our families (children) and will be able to pass this book through a player to the family members. This will empower coaches to have a way of contributing to the value of our community by being an asset towards empowering our families. Your organizations contact information can be placed inside. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this book.

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

From Community Agency to Family Table: (Stakeholder)



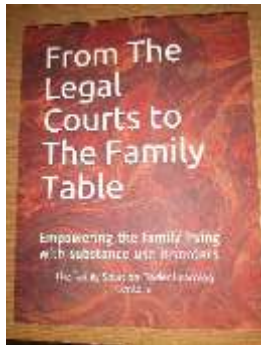
The “*From Community Agency to Family Table*” book is used to assist community agency staff in better understanding of the issue family members face in their journey with substance use disorders. This will allow any agency an internal resource for professional development. Also, this same book can be given to those families they serve, to learn through self-administration at home. All 12 core competency issues are covered in the Pathfinder Community Seminars workbook with practical exercises and learning videos. This is also supported with On Demand Learning and our eLearning Program series. Your organization contact information can be placed inside. All four category levels (I-IV) of the Family Solution Finder Learning Centers

use this book.

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

From Legal Courts to The Family Table: (Stakeholder)



The From Legal Courts to the Family Table book provides material for the courts to use in educating their staff. It can be given to the family members for those who are in specialty court and by probation officers for the same.

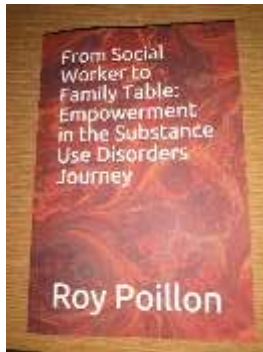
This book can be used by the jail system for those family members who are incarcerated.

The book will provide an insight to the 12-core competency issues a family member deals with when living with substance use disorders. This same book with the support materials for these issues on our website to include power point presentation and handouts, allows the social workers to provide their own learning seminars use these materials. Also, the book can be given to the family members to take home and self-administrate the 12 core competency issues in the comfort of their home. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this book.

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

From Social Work to Family Table: (Stakeholder)

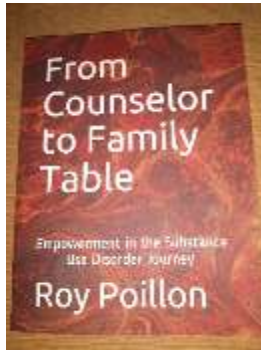


The “From Social Worker to Family Table” book is offered to social workers across the health care and community services area. The book will provide an insight to the 12-core competency issues a family member deals with when living with substance use disorders. This same book with the support materials for these issues is on our website to include power point presentation and handouts. This allows the social workers to provide their own learning seminars use these materials. Also, the book can be given to the family members to take home and self-administrate the 12 core competency issues in the comfort of their home. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this book.

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

From Counselor to Family Table: (Stakeholder)



The “From Counselor to Family Table” book is provided to counselors of all types that deal with family members. This can include, drug counselors, school guidance counselors, family therapy counselors. The book will provide an insight to the 12-core competency issues a family member deals with when living with substance use disorders. This same book with the support materials for these issues on our website to include power point presentation and handouts, allows the social workers to provide their own learning seminars use these materials. Also, the book can be given to the family members to take home and self-administrate the 12 core competency issues in the comfort of their home. All four category levels (I-IV) of the Family Solution Finder Learning Centers use this

book.

With these seven books your community Family Solution Finder Learning Centers, can assist the entire community in learning more about the family issues and needs. Now the community is Empowered.

In the Seminar:

1. Use the three (3) Learning Objectives as a guide for each seminar instruction.
2. Use the Power Point Presentation to complement the reading. Also, click the Enable Content button on the PPT frame to activate the embedded videos.
3. There are eight steps to a seminar, download to a jump drive all eight steps. Then take the seminar for yourself, create note of areas you want to highlight.

Family Solution Finder Invest in the Family Ministry

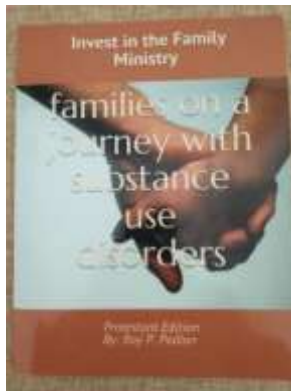


SUPPORT THE FAMITH ORGANIZATIONS

Assist the Places of Faith Practice

By providing a ministry for family members living with substance use disorder

This is a turnkey model for starting a ministry at your place of faith practice for family's members living with substance use disorders. The User Manual and Volunteer Guidebook provides Four (4) programs:



The Purpose Driven Ministry, trains the ministry volunteers and provides structure to the ministry with roles and responsibilities.

The Family Solution Finder Learning Series, is the education program for the family (32 sessions covering the entire journey of the family members)

The SP~ARK's Program, which assist the individual family member in determining their level of faith practice.



The M.O.R.E.S. Program, for setting up a local community directory for these family's based on the 32 known issues they are likely to face. All this is provided in the "Invest in the Family Ministry. Also, all support materials are ready to use and online (free) as downloads. A Catholic Edition is also available.

The Families Impacted by Opioids staff will provide On-line training for your leadership core team.

Typical Meeting Agenda:

- I. Group discussion.
- II. Education (choose an issue of the 32 key issues).
- III. Breakout group table discussion regarding education topic.
- IV. Spiritual develop review ideas, and progress.
- V. Conclusion, group discussion.

Family Solution Finder On-Demand Curriculum Builder Program



Self-Directed Learning for Families Living with Substance Use Disorders

BUILD YOUR OWN CURRICULUM OF SEMINARS

Family Solution Finder On-Demand Curriculum Builder Program

Seminar Book



The On-Demand Curriculum Builder Program Workbook is provided to allow families and professionals to design their own learning curriculum.

For Professions: An individual can choose from any of the 32 key issues, package them into a series for speaking engagements and deliver these sessions throughout the community. Everything needed is provided, from study material, to handouts, clinical papers to power point presentations with voice over on each slide and embedded video to enhance learning.

There is a Self-Administered Family Needs Assessment Tool to use in identifying which seminar is best to include to a selection.

For the Family Members, the selection may be more driven by occurrences in their lives. They might need to more immediately learn about “Getting an Assessment” or “how to navigate drug court”. In this case, a person can design a selection around both short and long term needs.

Family Solution Finder



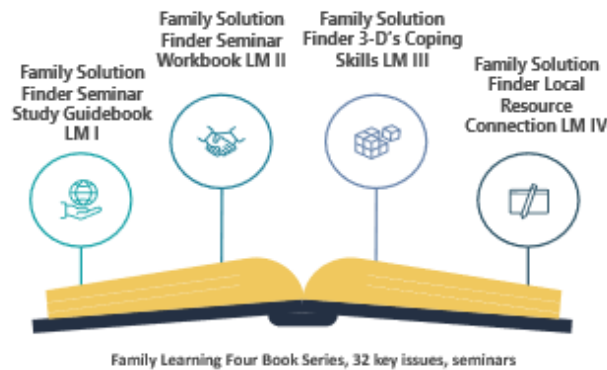
e-Learning Program

Families Living with Substance Use Disorders

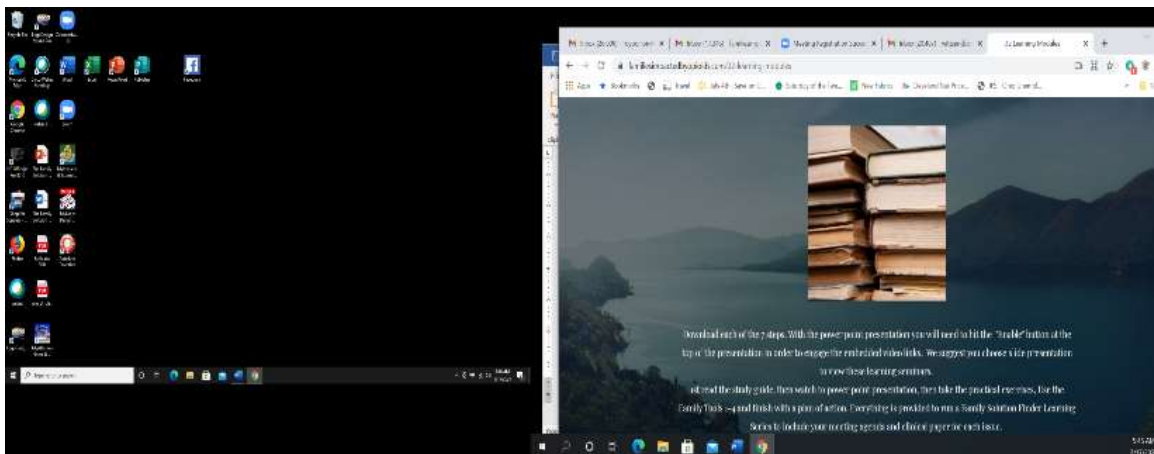
PROVIDE SEMINARE THROUGH ZOOM.COM

Family Solution Finder Learning Series

Learning Modules I-IV

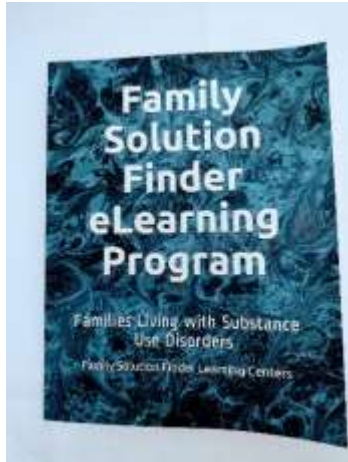


Go online to our website and download free as a PDF. www.Familiesimpactedbyopioids.com



These learning session are delivered through the following download formats:

- a) Seminar Study Guide, Learning Module I, *Three learning objectives for each issue.*
- b) Seminar Workbook Learning Module II, *apply Applied to their real-life situations.*
- c) Power Point Presentation with slide voice narrator, *some learn better through video.* These presentations have embedded video links for extend learning.
- d) Practical Family Life Exercises, *apply the lesson for planning how to respond.*
- e) Family 3-D's Coping Skills Learning Module III,
 1. Solution Finder Exercise Worksheet, **D***etermine a solution given their real-world facts.*
 2. Value Based Family Decision Making Model Worksheet, **D***evelop a family unified decision on how to move forward.*
 3. Family Plan of Action Worksheet **D***esign a plan on who does what by when.*
- f) Local Resource Connections Learning Module IV, *community networking worksheet takes the family plan of action to a local licensed professional for guidance and support.*
- g) Clinical Paper for each key issue, *get a second opinion by knowing the facts.*



Family Solution Finder eLearning Program has the ability to deliver all 32 key issue seminars using www.zoom.com platform.

This allows for greater reach to targeted audiences that may not have the ability to attend a seminar in person.

The Family Solution Finder eLearning Program can be presented as a monthly schedule series or on-demand, based on the special needs of a family.

The different tools of the Zoom.com platform are suggested to be used in the session: 1. Breakout Rooms, Polling, White Board.

Another unique feature is recording. By recording the zoom.com meeting, these past sessions can become a resource for others to view in the future.

This creates your own library, for the local community to access as needed.

The recorded videos can become the foundation to future presentation.

Go to our website: <https://familiesimpactedbyopioids.com/32-key-issues-learning-series-and-e-learning>

Follow the directions at the top of page. Scroll down and hit each button for downloads.

Each seminar has:

- ✓ Seminar Study Guide and Workbook Handout
- ✓ Power Point Presentation with slide Audio (self-administrated)
- ✓ Practical Exercises and Video Worksheets
- ✓ Responding to Family Issues Process
- ✓ Monthly Meeting Agenda
- ✓ Clinical Paper Handout

This can be used for group presentations, individual and family at home study. It is self-administrated, and no prior knowledge or experience is required.

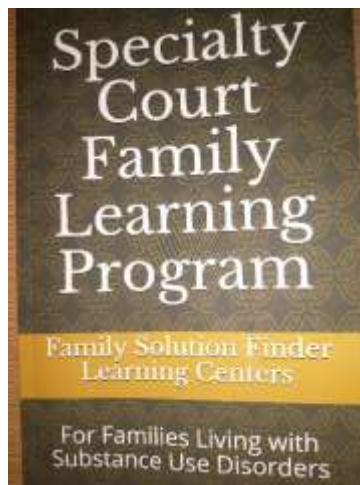




Family Members Living with Substance Use Disorders

EMPOWER FAMILIES IN THEIR JOURNEY

This book outlines how to set up a Family Learning Program:



The Family solution Finder Specialty Courts Program provides the Courts a way to help change the environment at home, the person seeking recovery will possibly be staying or at least the base of understanding form which the family can operate.

Without education we cannot have high expectations that things will magically change for the family and their loved one.

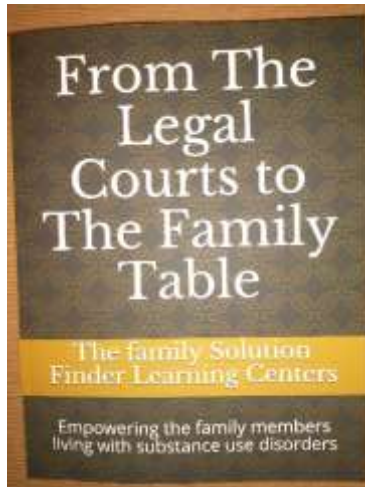
This guidebook provides the Courts with the mechanics of how to set up a Family Learning Process. It will be from the Courts involvement and assignment that taking these seminars will start their interest.

We suggest that a Family Solution Finder Learning Center provide the Courts with support in running their program. However, the Court can choose to run it from their own internal resources and staff.

The Family Solution Finder Learning Series is the library for seminars choices and will allow the Courts to select those issues which from an assessment best fit the needs of each family. Or , the Courts can use a standard model by assigning from the From The Legal Courts to the Family Table workbook. This workbook has 12 Core Competency Seminars as a learning resource.

The Courts will use the workbook exercises as a format to confirm completion. The family members will complete the exercise and submit them to the proctor of the program as proof of completion.

This book is given to the family as a Study Guidebook and Workbook, 12 Core Competency Issues seminars:



The From The Legal Courts to The Family Table is a selection of 12 Core Competency Issues take from the 32 Key Issues found in the Family Solution Finder Learning Series.

This selection can be used to assign a family to complete one or several seminars.

The family would use the website power point presentation for each seminar, as a complement to this book for extended learning.

There are over 90 learning videos to choose from on our www.Youtube.com Channel. Search: Solution Finder Workbook Video.

Many families will benefit from a proctor being available, or to have these seminars provided by zoom.com where interaction and follow up can be a part of the learning.

How to Register a Family Solution Finder Learning Center

See the Invest in the Family Ministry User Guide and Volunteer Manual for instructions in setting up and support a local faith organization.

To register your Family Solution Finder Learning Centers, you can visit our on-line registration form

1. <https://familiesimpactedbyopioids.com/registering-as-a-family-solution-finder-learning-center>
2. Call us: 440.385.7605 Cleveland, Ohio



Benefits:

- By registering your learning center, you will receive:
 - FSFLC newsletter
 - FSFLC discounts on book purchases
 - FSFLC private group learning center leaders Facebook page for shared insights
 - FSFLC locator on our website.
- FSFLC will be promoted in your state.
- Update training materials forwarded upon release to your location.

How to Order Books

To Order books:

1. For individual book order (non-case ordering) Go to www.amazon.com and type into the search field the title of the book you want to purchase.
2. **Contact us for a volume book order:**
 - By the Case 20 books/case.
 - Send an order form, we will send you an invoice and confirm with confirmation of order call before processing the order. We receive your payment. The quantity ordered will be shipped to your shipping address. We order your books from the publisher and your order is shipped directly to your location from their location.
There are no returns allowed or refunds made. Allow 4 weeks from time of order to publisher for delivery.



Conclusion

We need to have a strategy, ours is one of many possible choices. We need to have a local structure. Ours is ready to start with those who are already serving their community. We need to have a process to deliver the education. Our has both Text, Video and Presenter with seminar content ready to use. We need to ensure access. Ours is On-Demand, On-Line 24/7. The next step is yours.

Our Slogan: Hope, Hugs and Shared Family Love (*Give them Hope with the learning series, Give them Hugs with the learning centers, give them Share in the Family's Love with including the community and faith organizations*).

Our Call to Action: We know what to do, so let's get started!

CONTACT US TO LEARN MORE.

Mr. Roy P. Poillon

Executive Director

Families Impacted by Opioids

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