

## *And, NOW WE ARE WHOLE ...*

As the excitement of designing

*"A Woman's Corner"* has rapidly become the vision of hopefulness in the lives of many women working in today's marketplace, the men that have examined her content felt privileged and expressed a desire to be included in this journey, and asked not to be left behind. And, although *"A Woman's Corner"* is trailblazing paths for women to develop a deeper relationship within her own persona, I have promised the men who are supporting this venture that in context *"A Woman's Corner"* is not for woman only, and although *"her"* credo is that no woman would be left out, they would be included in knowing that no one would be left behind. Therefore, as we grow and heal from the battle scars of our life's struggles, I believe we will develop a gentler more secure relationship with ourselves, which will ultimately change how we respond in to each other regardless of the circumstances in our lives, as well as how we interact with the people that are the closest to us.

Consequently, in these early stages of *"A Woman's Corner"* as we are becoming more comfortable and learning to trust *"her"* compassion, we will be able to conserve our time, effort, and energy to focus on letting go of the anguish that for so many of us has been suffered in silence. As we begin to look forward to the dawn of tomorrow's "rights of passage" our goal is to level the playing field and build a life worth living in spite of the experiences of yesterday's misfortunes.

Therefore, as we move together with the men who have stepped forward to support this project, and have become an integral part of the development of *"A Woman's Corner"*, I am grateful that they have recognized that although the forum of *"A Woman's Corner"* is women centered, everyone will benefit from *"her"* vision, and that no one will be left behind. Because we are their mothers, their grandmothers, their sisters, their aunts, their best friends, their wives, their ex-wives, their girlfriends, their ex-girlfriends, their lovers, their nieces, their nannies, their mothers-in-law, their daughters-in-law, their babysitters, their secretaries, their engineers, their co-workers, their housekeepers, their sales staff, their bankers, their doctors, their hairdressers, their fashion designers, their neighbors, and their colleagues, and their closest confidants.

So, as you ponder the concepts presented in the principles of the *Lifestyle Makeovers for Women in Transition* workshop series offered within the mental and practical exercises in the workshop series of *"A Woman's Corner"* you may be astounded to discover that the success of its application is simple, and is totally contingent on your willingness to be awakened to the realities that are already nestled in the chambers of your subconscious that have just been waiting for your permission to come out and play.

Therefore, with a light heart, and a sincere desire to move from where you are to where you want to be, it is a guarantee that the end result will absolutely reflect the quality of effort that goes in. And as you digest the principles of *"A Woman's Corner"* through the sensitivity of many of the essays and developmental exercises of the workshops, it is my greatest hope that you too may one day look forward to tomorrow with a renewed spirit and forebode and recognize, *"that now we are whole."*