

TIMETABLE 2023

CHELSEA HEIGHTS

PRE-SCHOOL

(2-4 turning 5)

MINI

(4-6 turning 7)

SUB-JUNIOR

(7-8 turning 9)

JUNIOR

(9-10 turning 11)

INTER

(11-12 turning 13)

TEEN

(13-14 turning 15)

SENIOR

(13 years+)

BENTLEIGH

MINI- SUBBIES

(3-8 years)

JUNIOR-INTER

(9-12 years)



CHELSEA HEIGHTS

Toddler

TODDLER (2-3 years)

SATURDAY

9.00-9.30am Toddler Dance/ My Grown-up & Me



Pre-School

PRE-SCHOOL (3-5 years)

SATURDAY

9.15-10.00am Pre-School Combo (Tap, Jazz, Ballet)
10.00-10.30am Acrobatics

Mini's

MINI (4-6 turning 7)

Students starting prep, Year 1 or Year 2 in 2023

TUESDAY

4.00-4.30pm Mini Groovers (Hip-Hop, Funky Jazz)
4.30-5.15pm Acrobatics

WEDNESDAY

4.00-5.15pm Combo Class (Jazz, Ballet, Tap)
5.15-5.45pm Acrobatics

SATURDAY

10.00-10.30am Acrobatics
10.30-11.45am Combo Class (Jazz, Ballet, Tap)



CPD
DANCERS

Sub-Junior

SUB-JUNIOR (7-8 turning 9)

Students starting Year 2, 3 or 4 in 2023

SUB-JUNIOR RECREATIONAL CLASSES

MONDAY	4.00-4.30pm	Musical Theatre
	4.30-5.15pm	Hip-Hop
	5.15-6.00pm	Acrobatics
TUESDAY	4.00-6.00pm	Combo Class (Jazz, Ballet, Tap)
	6.00-6.45pm	Troupe^
THURSDAY	4.00-4.30pm	Jazz
	4.30-5.00pm	Hip-Hop
	5.00-5.45pm	Acrobatics
	5.45-6.15pm	Musical Theatre
SATURDAY	9.30-10.00am	Tap
	10.00-10.30am	Ballet
	10.30-11.00am	Jazz
	11.00-11.30am	Acrobatics
	11.30-12.00pm	Hip-Hop



SUB-JUNIOR PERFORMANCE TROUPE

MONDAY	4.00-6.00pm	4.00-4.30pm	Musical Theatre Hip-Hop Acrobatics
		4.30-5.15pm	
		5.15-6.00pm	
TUESDAY	4.00-6.45pm	4.00-6.45pm	Combo Class (Jazz, Ballet, Tap) Troupe
		6.00-6.45pm	

SUB-JUNIOR ELITE PROGRAM

MONDAY	4.00-6.00pm	4.00-4.45pm	Acrobatics Hip-Hop Musical Theatre
		4.45-5.30pm	
		5.30-6.00pm	
TUESDAY	4.00-6.45pm	4.00-6.45pm	Combo Class (Jazz, Ballet, Tap) Troupe
		6.00-6.45pm	
THURSDAY	4.00-6.00pm		Elite Program

Juniors

JUNIOR (9-10 turning 11)

Students starting Year 4,5 or 6 in 2023

JUNIOR RECREATIONAL CLASSES

MONDAY	4.00-4.30pm	Musical Theatre
	4.30-5.15pm	Hip-Hop
	5.15-6.00pm	Acrobatics
WEDNESDAY	4.00-4.45pm	Acrobatics
	4.45-5.30pm	Hip-Hop
	5.30-6.15pm	Lyrical
	6.15-7.00pm	Musical Theatre
	7.00-7.30pm	Technique
	7.30-8.00pm	Teacher Training
THURSDAY	4.00-5.00pm	Ballet
	5.00-6.00pm	Jazz
	6.00-6.45pm	Tap
	6.45-7.30pm	Troupe*
SATURDAY	9.30-10.00am	Tap
	10.00-10.30am	Ballet
	10.30-11.00am	Jazz
	11.00-11.30am	Acrobatics
	11.30-12.00pm	Hip-Hop



JUNIOR PERFORMANCE TROUPE

WEDNESDAY	4.00-7.30pm	4.00-4.45pm	Acrobatics
		4.45-5.30pm	Hip-Hop
		5.30-6.15pm	Lyrical
		6.15-7.00pm	Musical Theatre
		7.00-7.30pm	Technique
THURSDAY	4.00-7.30pm	4.00-5.00pm	Ballet
		5.00-6.00pm	Jazz
		6.00-6.45pm	Tap
		6.45-7.30pm	Troupe

JUNIOR ELITE PROGRAM

WEDNESDAY	4.00-7.30pm	4.00-4.45pm	Acrobatics
		4.45-5.30pm	Hip-Hop
		5.30-6.15pm	Lyrical
		6.15-7.00pm	Musical Theatre
		7.00-7.30pm	Technique
THURSDAY	4.00-7.30pm	4.00-5.00pm	Ballet
		5.00-6.00pm	Jazz
		6.00-6.45pm	Tap
		6.45-7.30pm	Troupe
SATURDAY	11.00-11.45am	11.00-11.45am	Silver Medal Ballet
	11.45-3.15pm		Elite Program

Inter

INTER (11-12 turning 13)

Students starting Year 6,7 or 8 in 2023

INTER RECREATIONAL CLASSES

MONDAY	4.15-5.00pm	Acrobatics
	5.00-5.45pm	Lyrical
	5.45-6.30pm	Hip-Hop
	6.30-7.15pm	Jazz
	7.15-7.45pm	Musical Theatre
	7.45-8.15pm	Teacher Training
TUESDAY	4.30-5.15pm	Lyrical*
	5.15-6.15pm	Troupe*
	6.15-7.15pm	Jazz
	7.15-8.15pm	Ballet
	8.15-9.00pm	Elite*
WEDNESDAY	4.00-4.45pm	Tap
	4.45-5.30pm	Technique & Conditioning
	5.30-6.15pm	Musical Theatre
	6.15-7.15pm	Acrobatics
	7.15-8.00pm	Hip-Hop*
	8.00-8.30pm	Pre-Pointe/ Ballet



INTER PERFORMANCE TROUPE

TUESDAY	4.30-8.15pm		4.30-5.15pm 5.15-6.15pm 6.15-7.15pm 7.15-8.15pm	Lyrical Troupe Jazz Ballet
WEDNESDAY	4.00-4.45pm	Optional*	4.00-4.45pm	Tap
	4.45-7.15pm		4.45-5.30pm 5.30-6.15pm 6.15-7.15pm	Technique & Conditioning Musical Theatre Acrobatics
	7.15-8.00pm	Optional*	7.15-8.00pm	Hip-Hop
	8.00-8.30pm	Optional*	8.00-8.30pm	Pre-Pointe/ Ballet

INTER ELITE PROGRAM

MONDAY	5.00-7.45pm			Elite
TUESDAY	4.30-5.15pm	Optional*	4.30-5.15pm	Lyrical
	5.15-9.00pm		5.15-6.15pm 6.15-7.15pm 7.15-8.15pm 8.15-9.00pm	Troupe Jazz Ballet Elite
WEDNESDAY	4.00-4.45pm	Optional*	4.00-4.45pm	Tap
	4.45-8.30pm		4.45-5.30pm 5.30-6.15pm 6.15-7.15pm 7.15-8.00pm 8.00-8.30pm	Technique & Conditioning Musical Theatre Acrobatics Hip-Hop Pre-Pointe/ Ballet
SATURDAY	11.00-11.45am	Optional*	11.00-11.45am	Silver Medal Ballet
	11.45-3.15pm	Optional*	11.45-3.15pm	Elite Program
	3.15-4.00pm	Optional*	3.15-4.00pm	Silver Star Classical

Teens


TEEN (13-14 turning 15)

Students starting Year 8,9 or 10 in 2023

TEEN RECREATIONAL CLASSES

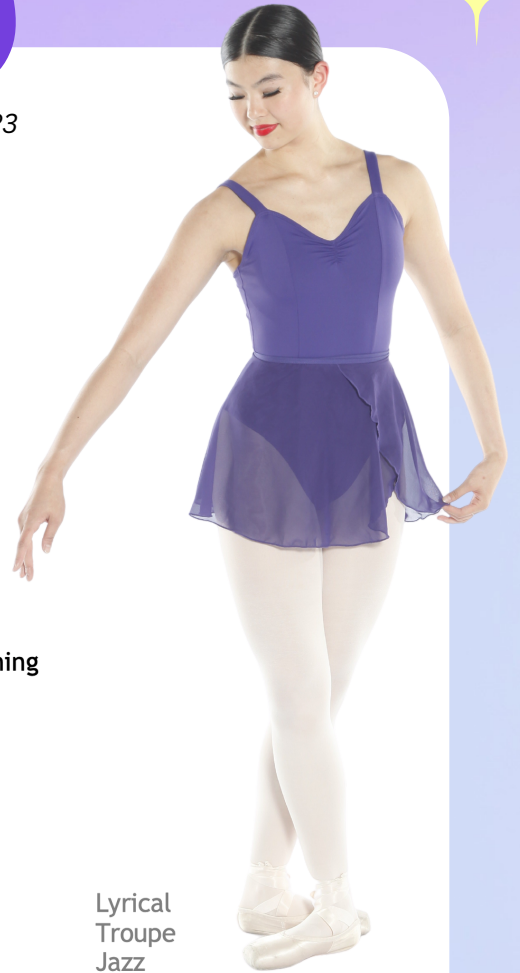
MONDAY	4.15-5.00pm	Acrobatics
	5.00-5.45pm	Lyrical
	5.45-6.30pm	Hip-Hop
	6.30-7.15pm	Jazz
	7.15-7.45pm	Musical Theatre
	7.45-8.15pm	Teacher Training
TUESDAY	4.30-5.15pm	Lyrical*
	5.15-6.15pm	Troupe*
	6.15-7.15pm	Jazz
	7.15-8.15pm	Ballet
	8.15-9.00pm	Elite*
WEDNESDAY	4.00-4.45pm	Tap
	4.45-5.30pm	Technique & Conditioning
	5.30-6.15pm	Musical Theatre
	6.15-7.15pm	Acrobatics
	7.15-8.00pm	Hip-Hop*
	8.00-8.30pm	Pre-Pointe/ Ballet

TEEN PERFORMANCE TROUPE

TUESDAY	4.30-5.15pm	Optional*	4.30-5.15pm	Lyrical Troupe Jazz Ballet Troupe	
	5.15-9.00pm		5.15-6.15pm		
			6.15-7.15pm		
			7.15-8.15pm		
			8.15-9.00pm		
WEDNESDAY	4.00-4.45pm	Optional*	4.00-4.45pm	Tap Technique & Conditioning Musical Theatre Acrobatics Hip-Hop Pre-Pointe/ Ballet	
	4.45-7.15pm		4.45-5.30pm		
			5.30-6.15pm		
			6.15-7.15pm		
	7.15-8.00pm	Optional*	7.15-8.00pm		
	8.00-8.30pm	Optional*	8.00-8.30pm		

TEEN ELITE PROGRAM

MONDAY	5.00-7.45pm			Elite
TUESDAY	4.30-9.00pm		4.30-5.15pm	Lyrical Troupe Jazz Ballet Troupe
			5.15-6.15pm	
			6.15-7.15pm	
			7.15-8.15pm	
			8.15-9.00pm	
WEDNESDAY	4.00-4.45pm	<i>Optional*</i>	4.00-4.45pm	Tap Technique & Conditioning Musical Theatre Acrobatics Hip-Hop Pre-Pointe/ Ballet
	4.45-8.30pm		4.45-5.30pm	
			5.30-6.15pm	
			6.15-7.15pm	
			7.15-8.00pm	
			8.00-8.30pm	
SATURDAY	11.45-3.15pm	<i>Optional*</i>	11.45-3.15pm	Elite Program Silver Star Classical
	3.15-4.00pm	<i>Optional*</i>	3.15-4.00pm	



Seniors

SENIORS (13+)

Students starting Year 9 or above in 2023

SENIOR RECREATIONAL CLASSES

MONDAY	4.15-5.00pm	Acrobatics
	5.00-5.45pm	Lyrical
	5.45-6.30pm	Jazz
	6.30-7.15pm	Hip-Hop
	7.15-7.45pm	Musical Theatre
TUESDAY	5.15-6.15pm	Acrobatics
	6.15-7.15pm	Ballet
	7.15-8.15pm	Jazz
	8.15-9.00pm	Troupe
THURSDAY	5.15-6.00pm	Tap
	6.00-6.45pm	Musical Theatre
	6.45-7.15pm	Technique & Conditioning
	7.15-8.15pm	Lyrical
	8.15-9.00pm	Hip-Hop



SENIOR PERFORMANCE TROUPE

TUESDAY	5.15-6.15pm	5.15-6.15pm	Acrobatics Ballet Jazz Troupe
	6.15-9.00pm	6.15-7.15pm	
THURSDAY		7.15-8.15pm	
		8.15-9.00pm	
	5.15-6.00pm	5.15-6.00pm	Tap Musical Theatre Technique & Conditioning Lyrical Hip-Hop
	6.00-8.15pm	6.00-6.45pm	
		6.45-7.15pm	
		7.15-8.15pm	
	8.15-9.00pm	8.15-9.00pm	

SENIOR ELITE PROGRAM

MONDAY	6.00-7.00pm	6.00-7.00pm	Technique & Conditioning Elite Program
	7.00-9.00pm	7.00-9.00pm	
TUESDAY	5.15-9.00pm	5.15-6.15pm	Acrobatics Ballet Jazz Troupe
		6.15-7.15pm	
		7.15-8.15pm	
		8.15-9.00pm	
THURSDAY	5.15-6.00pm	5.15-6.00pm	Tap Musical Theatre Technique & Conditioning Lyrical Hip-Hop
	6.00-9.00pm	6.00-6.45pm	
		6.45-7.15pm	
		7.15-8.15pm	
		8.15-9.00pm	

BENTLEIGH

Pre-School

MONDAY

4.00-5.00pm

PRE-SCHOOL (3-5 years)

Pre-School Combo (Tap, Jazz, Ballet)

Mini's

MONDAY

4.15-5.30pm

MINI & SUB-JUNIORS (5-7 years)

Test 1- Test 3

Mini Combo (Tap, Jazz, Ballet)

THURSDAY

4.15-5.45pm

Mini Combo (Tap, Jazz, Ballet)

4.15-5.00pm

Hip-Hop



Sub-Juniors

THURSDAY

4.15-6.15pm

SUB-JUNIORS (7-9 years)

Bronze Medal

Sub-Junior Combo (Tap, Jazz, Ballet)

4.15-5.00pm

Hip-Hop



Boys

THURSDAY

4.15-5.00pm

BOYS (6-9 years)

Hip-Hop & Breakdance

Junior - Inter

MONDAY

5.00-7.30pm

JUNIOR/ INTER ELITE (9-11 years)

Silver Medal- Silver Star

Elite Extension Program

THURSDAY

4.45-7.30pm

Elite Extension Program

SATURDAY (Chelsea Heights)

11.00-11.45am

Silver Medal

11.45-3.15pm

Elite Extension Program

3.15-4.00pm

Silver Star



CPD
DANCERS