

TERMS & CONDITIONS

Your challenge must be completed at any time between 24/12/21 and 31/12/21. You must do a minimum, but are not limited to a 5K distance (3.1 Miles).. You can either run or walk. You cannot include cycling or swimming for this virtual event. This challenge is about getting you outside and achieving whilst raising money for the amazing 'Eve Appeal'. Details of donations and how to donate are online on the website. You can do this challenge by running an organised running event/race if you wish, or a social or training run/challenge for yourself. If you are partaking in another virtual challenge from us or another company/running organisation, you can include these miles for that challenge also.

Data and/or photo to show proof can be emailed to us at: bysvykencornishtrails@gmail.com. This will be accepted as qualification for a bespoke 'Harry' medal. Any data sent and posted via Instagram, Facebook, Twitter or email will also be counted. You can send photos including that of you wearing your printed bib if you want to (you're responsible for bib printing and ink and energy costs) on our Facebook pages. There will be a group page set up and a link to that page should have been made available to you upon receiving your bespoke bib number. Please note that even though this isn't an actual race, you are advised to still write emergency information and your name on the back of your bespoke number in case of an emergency.

You are advised to maintain 2 metres (6ft) of distance between yourself and anyone else. Even though some restrictions may have been lifted for some, it's currently for the best due to the ongoing pandemic. WE ARE NOT RESPONSIBLE FOR YOUR GENERAL HEALTH WHEN YOU ARE A PART OF THIS CHALLENGE. BE SMART AND BE SENSIBLE AND IF YOU ARE SICK AND/OR SHOWING SIGNS OF COVID – 19 THEN PLEASE DO NOT RUN. WE ENCOURAGE TESTING AND THE RECORDING OF YOUR TEST RESULTS PRE AND POST-RUN.USING THE NHS TEST & TRACE APP.

YOU ARE ADVISED TO SEEK WHAT YOU CAN AND CANNOT DO IN TERMS OF RESTRICTIONS WHEREVER YOU ARE IN THE WORLD.

This is not an actual race. This is a personal challenge. You will be responsible for picking your own routes/paths/journey and the number of miles you decide to take on. You can use treadmills on this challenge if you want to, particularly if you feel that being at home is something you must do because you either need to shield or self-isolate.

You are advised to keep to **ALL** public rights of way only and are advised to respect the basic environmental codes of closing **ALL** gates and not littering anywhere on your chosen route, and respecting all landowners and their livestock, if any.

You are advised not to run on main busy roads or lay out signage for your own challenge. If you do (because you think it will add fun to your challenge) then please **DO NOT** put any writing or moniker/logo on the signage that suggests it's anything to do with Bys Vyken Events & Cornish Trails or 'The Eve Appeal', as we do not condone the littering of anywhere on any route(s) you choose and do not want to be associated with said littering.

Upon signing up for this challenge and adventure, you are agreeing to all these rules and regulations laid out in these terms and conditions and declare yourself fit and capable of running and/or walking your selected distance.

Even though there will be leader-boards on the challenge, not everybody will be running or walking the same routes and same places/distances. By completing what you set out to do means you've won regardless anyway, no matter what. You will all achieve something great come the end of this challenge, and it's all about this great charity and understanding that you should be free to be who you want to be.

Bys Vyken Events & Cornish Trails and their race directors, David Andrewartha & Sally Galsworthy, Bys Vyken Race Team, every landowner, tenant or charity responsible for maintaining the area in which you decide to run are not responsible for the route you take, the gear that you wear whilst doing so, the nutrition and hydration, or lack of that you take with you or indeed your injury, health or death whilst pursuing this challenge. 'The Eve Appeal' are not responsible for the organisation of this event. They are merely the charity in which we are raising money for. We will have no marshals or aid stations or maps on your route. This is **YOUR** route, remember. We have no say over where you go or how fast you do it in. You assume complete responsibility of yourselves and your own environment. Sticking to public rights of way and taking and reading a map is advised and essential in all places. It's recommended that you figure out where you're going before leaving your home. You are responsible for yourself and recommend that challengers under the age of 16 should be accompanied by someone above 16 years of age.

You are ultimately responsible for sticking to the Government guidelines surrounding what we can and cannot do during the Covid-19 pandemic/crisis.

You are advised to read the do's and don'ts on the [Gov.uk/coronavirus](https://www.gov.uk/coronavirus) site (if in the UK. Please check your own Government site wherever you are in the world if anywhere outside of the UK). By reading this and entering, you are accepting liability.

ALL PHOTOS/IMAGES THAT ARE POSTED BY YOU ON OUR SOCIAL MEDIA AND/OR EMAILED TO US WILL MEAN YOU GIVE US PERMISSION TO USE THEM FOR PUBLICATION AND PROMOTION OF THIS AND FUTURE EVENTS, UNLESS YOU TELL US BEFOREHAND THAT YOU DON'T WANT THEM BEING USED. PHOTOS OF ANYONE UNDER THE AGE OF 18 WILL NOT BE USED. YOUR IMAGES MAY BE USED TO ADD TO CERTAIN FACEBOOK ALBUMS BUT WILL NEVER BE SHARED TO ANY OTHER PAGE THAT'S NOT OWNED BY BYS VYKEN EVENTS & CORNISH TRAILS OR WITH ANY INDIVIDUAL. BY SENDING TO US, POSTING ON OUR PAGES OR TAGGING IN SOCIAL MEDIA POSTS, YOU GIVE US PERMISSION TO USE YOUR IMAGES/LIKENESS'.

There will be a no refund policy in place and you will not be allowed to transfer or defer to an actual event held by us or any other virtual challenge held by us or anyone else. IN THE EVENT OF AN EMERGENCY DIAL 999 (IN THE UK. PLEASE CHECK EMERGENCY SERVICES NUMBER IF YOUR'RE OUTSIDE OF THE UK) where you will be able to contact ambulance, police, fire and coastguard services. Please respect the environmental code. Close all gates behind you and do not litter the area where you run/walk (as previously stated within these terms).

Downloading 'what3words' may help with your positioning if you get lost and need assistance from emergency services.

You must understand that your event fee will be used for the administration of your entry and your medal and posting of said medal before any money for charity or profit is declared.

We are not responsible for the supply of any PPE in your challenge. Be sensible and stay safe ,and remain and stay alert and be respectful to others on your challenge. Please take PPE with you if you feel that you need it when out on your activity.

Medals are subject to availability and will take up-to 6 weeks to arrive to the 'Bys Vyken House of Creative Arts'. Medals should arrive to UK runners by early January at the latest, and everyone outside of the UK by early February. Please allow extra time due to the ongoing pandemic and the delay in expected delivery times.

These terms & conditions were assembled by the Governing Event Director of 'Bys Vyken Events & Cornish Trails', David W J Andrewartha.

We thank you for taking the time to read. Enjoy your adventure!

Love,

Dave & Sally Ann

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