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Many Blessings  
Emma Vickers

We also have Facebook community group - A group that is God Centred and focused, wanting to bring praise and glory to our Lord by providing a positive, safe and friendly community where creative, Christians around the world can share their journey of bible journaling that reflect bible verses and inspirations of faith, and how they use it to connect with God and grow in His word, to inspire and encourage others to learn how they too can enjoy journaling.

[www.facebook.com/groups/blessitforwardbiblejournaling/](http://www.facebook.com/groups/blessitforwardbiblejournaling/)

Printing guidance

- Load your printer with paper and select print page 2 to print of the designs.

# Bless It Forward - Bible Journaling Community

## Bible Journaling / Reading Plan

### Resting In God

Rest is important to our spiritual walk with the Lord. Rest allows our mind, body, and soul to renew and start with even more strength and focus. God promises to provide rest when we seek Him. He is an endless source of peace and strength and He created us to need Him! Enjoy the following Bible verses to inspire you to slow down and find rest, in God's presence.

Day 1 - Genesis 2:3

Day 2 - Exodus 33:14

Day 3 - Psalm 3:5

Day 4 - Psalm 23:2-3

Day 5 - Psalm 62:1-2

Day 6 - Proverbs 19:23

Day 7 - Isaiah 40:29-31

Day 8 - Psalm 4:8

Day 9 - Mark 6:31

Day 10 - Jeremiah 6:16

Day 11 - Hebrews 4:9-11

Day 12 - Psalm 91:1

Day 13 - Psalm 116:7

Day 14 - Philippians 4:6-7

Day 15 - Psalm 37:7

Day 16 - Isaiah 57:1-2

Day 17 - John 16:33

Day 18 - Psalm 73:26

Day 19 - Isaiah 26:3

Day 20 - Matthew 11:28-30



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