

President's Message

My, how the world has changed since my message to you in the March edition of Dispatches. Covid-19 has been declared a pandemic by the World Health Organization (W.H.O.) and all countries have been struggling to deal with the threat of this deadly virus. We are so fortunate to live in Canada and in my opinion, more so in New Brunswick. Although it is too early to know for sure, the efforts implemented by both governments will hopefully flatten the curve and allow our overstretched medical system to cope. We do know that social distancing is becoming the norm, staying at home a requirement and washing hands the rule, so let us all comply and beat this virus.

When this is all over, I am sure our Club will have the biggest celebration of its history, so stay tuned. In the meantime, stay strong, safe and healthy. I know that I speak on behalf of the Board, when I say I hope you all are well and stay that way.

George Filliter

Did You Know

- The Club will be 51 this year.
- The officers of HQ N.B. Area, in a gesture intended to enhance relations with the civilian community, extended an invitation to prominent citizens and recently retired military officers to become associate members of their Mess, which was our beginning
- In 1992 the Club experienced a disastrous fire which caused a loss of almost all assets
- The Club is affiliated with a number of similar clubs across Canada, the USA, Europe, the Far East and many other parts of the world. Many of these clubs have extensive amenities including their own accommodations and dining rooms. Garrison Club members have direct access to these private clubs and may make use of their facilities
- In Fredericton, the Club also has a special arrangement with Brewbakers, where members are entitled to a 15% – 20% discount on all meals. Also, room rate discounts at the Delta and access to their pool and gym for \$5.00

Message from the Club Manager

Well I never imagined I would be writing to you all, members of a social club, to JUST STAY HOME! It is not a secret that most of the people that are being affected the most by this horrible virus, are people who fall in your age demographic. There are so many sources for information but stick to places that you are sure is trustworthy such as [Health Canada](#) and [NB's COVID](#) information. You can even find a ["self-test"](#) to see if you might be positive, as well as what to do if you have it.

[Still, the basics from the beginning are still current:](#)

- **stay home/social distancing**, if you do have to go out for supplies (supplies that you really really need);
- **stay 2 metres (6 feet)** away from everyone (trust me, if you get too close, you will probably be told);
- **wash your hands often**, keep your hands away from you face when not at home. Carry hand sanitizer;
- **masks**, this is still up in the air but if you have one, wear it when you go out

Like all things, this too will come to an end. We will all be good and oh what a party we will have! BE SAFE my friends.

Francis Perry



List of Affiliated Clubs

Carleton Officer's Mess, CFB Gagetown, NB
Alma City Club, Moncton, NB
The Union Club, Saint John, NB
The Halifax Club, Halifax, NS
Officers' Club Crow's Nest, St. John's, NF
The Forest & Stream Club, Dorval, QC
Le Cercle de la Garrison de Québec, QC
University Club, Montreal, QC
Mount Stephen Club, Montreal, QC
The Hamilton Club, Hamilton, ON
Rideau Club, Ottawa, ON
The Albany Club, Toronto, ON
Ontario Club, Toronto, ON
The National Cub, Toronto, ON
Royal Canadian Military Institute Toronto
Saskatoon Club, Saskatoon, SK
Cypress Club, Medicine Hat, AB
The Ranchmen's Club, Calgary, AB
Edmonton Petroleum Club, Edmonton, AB
Manitoba Club, Winnipeg, MA
Union Club of BC, Victoria, BC
The Terminal Club, Vancouver BC
The Vancouver Club, Vancouver BC
Embassy Club, Des Moines, IO
The Royal Hamilton Amateur Dinghy Club,
Bermuda
The St. James's Club, London, England
City University Club, London, England
Kowloon Cricket Club, Kowloon, Hong Kong
Stephen's Green Hibernian Club, Dublin
Military Club of Stockholm, Sweden

COVID-19: Did you know

- ❖ Both South and North Super Stores are open from 7:00-8:00 am each day, other than Sundays, for seniors. This is a great time to get your essentials without a lot of people. Sobeys has the same, but they start at 8:00 for 1 hour. [For more information on this and other stores, please visit the website](#)
- ❖ Handwashing 101...
 - Step 1: Wet hands with warm water.
 - Step 2: Apply soap.
 - Step 3: Wash hands for at least 20 seconds (including your palms, back of each hand, between fingers, thumbs and under nails).
 - Step 4: Rinse well.
 - Step 5: Dry hands well with paper towel.
 - Step 6: Turn off tap using paper towel.
- ❖ [A good site to answer your questions](#)

DISPATCHES



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