

Family Solution Finder



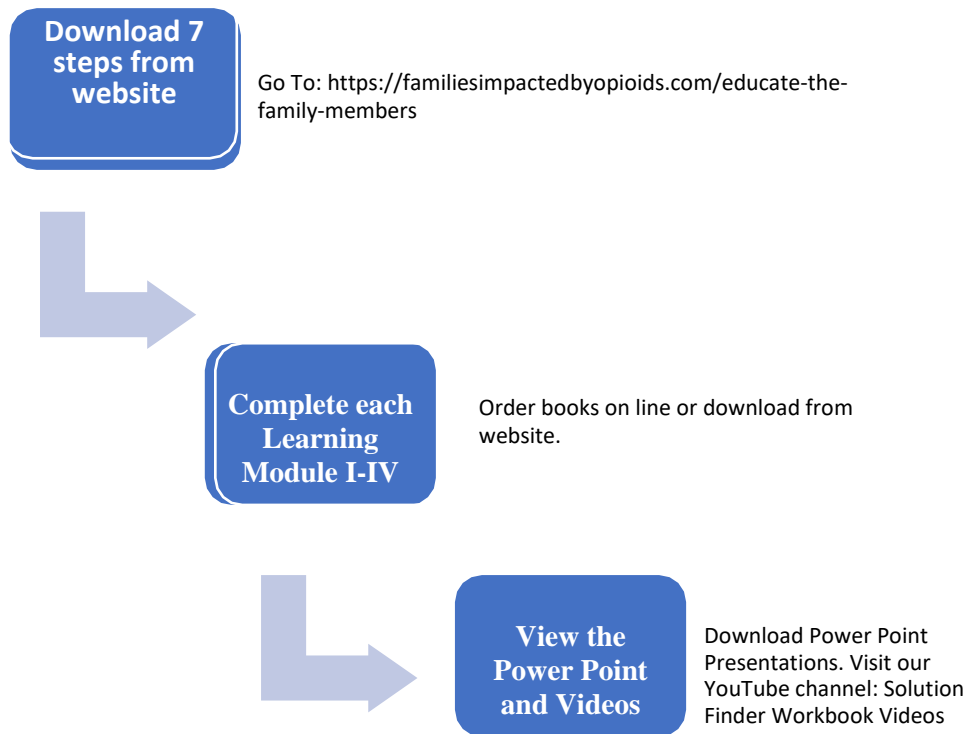
e-Learning Program

Families Living with Substance Use Disorders

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Three Steppingstones for families living with substance use disorders



FORWARD: Roy P. Poillon

Substance Use Disorder is a disease, and it needs to be managed as such. This book is focused on getting the family organized to meet the challenges of their Substance Use Disorder disease journey. Each family member needs to participate in getting educated, getting organized, and getting networked. They need to do this as individuals then as family members. Everyone has a role because the family is a system, and the system seeks balance.

The Family Solution Finder Learning Series has four (4) learning Modules I-IV. Each takes the family member through a learning process on a single issues. There are 32 key issues in this learning series.

Family Solution Finder Study Guidebook Learning Module I.

Family Solution Finder Seminar Workbook Learning Module II.

Family Solution Finder 3-D's Coping Skills Workbook Learning Module III.

Family Solution Finder Local Resource Connections Learning Module IV.

As a Family Solution Finder eLearning Program, these four books are available in their respective sections for each key issue seminar. The eLearning attendee needs to download the seven (7) steps for the issue from our website: <https://familiesimpactedbyopioids.com/educate-the-family-members>. One of these downloads is a Power Point Presentation with voice over on each slide and embedded video.

There is an agenda that supports a Family Solution Finder Monthly Learning System which requires each learning module will have a separate weekly meeting. Therefore, a single key issue seminar will be broken into four sessions/one per week. This same format can be used for eLearning or in person presentation meetings.

The Zoom.com platform is suggested for eLearning that is being presented by an instructor. This will require the instructor take time with zoom.com on line training for using the different features of zoom.com.

In a zoom meeting the participants will view the power point presentation, selected videos, go into assigned breakout rooms, and use the white board features for group discussion. This creates for a more engaging online seminar and allows the participants to have an interactive experience with this online forum.

The Family Solution Finder Learning Series is just the start to the attendees learning for these seminars. None of the presented information is designed for the family member to learn and then act upon. They are requested to take what is learned and seek the participation of a licensed profession to set up a course of action as a part of their response.

HOW READY ARE YOU TO CONTRIBUTE?

This journey requires areas that must be organized in order to succeed. But how ready and prepared are you to get fully involved and contribute? This is something each member of the family must answer for themselves. Take a moment to write a letter to yourself on how ready you are to face these issues, learn about each topic, contribute to show up and be present, ready, and able to address all things that will likely follow. Put it in an envelope and mail it to yourself.

HOW TO USE THIS BOOK

In using this book, the reader should read it first, then come back and during the second reading complete each exercise with assignments. The assignments will build your knowledge in critical learning areas to strengthen the skills you will need in managing your family and loved one's care. This will be empowering, and you will be surprised at how much more you can accomplish when you are knowledgeable and organized.

Prior to meeting as a family, it is best if each member has reviewed the study guidebook and learning objectives.

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Introduction

There are several studies and reports documenting the adverse effects of substance use disorders (SUDs) on the family system and individual members, including children, teens, and adults. The presentation of SUD's clearly affect the people around the life of one who is abusing substances, often creating a burden for the family and its members, friends, family, and work associates.

The effects on the family may include:

- **Emotional burden.** Members may feel anger, frustration, anxiety, fear, worry, depression, shame and guilt, or embarrassment.
- **Economic burden.** This may be caused by money spent on substances, or money problems associated with the loss of jobs or reliance on public assistance.
- **Relationship distress or dissatisfaction.** Families may experience high rates of tension and conflict related to the SUD's and the problems it causes in the family.
- **Family instability.** This may result from abuse or violence, or family breakup due to separation, divorce, or removal of children from the home by Children and Youth Services.
- **Effects on the developing fetus and children.** Alcohol use during pregnancy can harm fetal development causing birth defects and problems in child development. Infants born to opioid-dependent mothers are at increased risk for neonatal abstinence syndrome, which can contribute to developmental or cognitive delays. Children of parents with SUDs are at increased risk for abuse or neglect, physical problems, poor behavioral or impulse control, poor emotional regulation, conduct or oppositional disorders, poorer academic performance, psychiatric problems such as depression or anxiety, and substance abuse.

Effects on parents. Mothers with SUDs may show less sensitivity and emotional availability to infants. Parents of a child with a SUD may feel guilty, helpless, frustrated, angry, or depressed.

The effects of SUD on the family members or concerned significant other are determined by the severity of the disorder, and the presence of other serious problems such as psychiatric mental illness. Some family members are more resilient than others and less prone to the adverse effects of the SUD impact.

There is a raised level of importance to include family members into “family therapy treatment” so the family members can become a part of the substance use disorder over all recovery. This has become an increasing focus of discussion and new addiction recovery modeling.

With empirical evidence as the proof to the effectiveness and usefulness of including the family members to the overall therapy plan because the family is a system which needs to work together in support of each other, if one part is dysfunctional, it impacts the entire family system. So, both require their separate and combined level of therapy. The loved one goes into treatment and the family members go into family therapy or counseling.

Family member interventions can help the family influence or pressure the person with the SUD to enter treatment.

But now the family members need help in addressing their own reactions and problems associated with their loved one's SUD. This type of intervention is a whole family affair.

There is considerable literature supporting couples and family approaches to SUDs. These approaches may reduce the emotional burden for family members and enable them to cope more effectively with the affected family member. The following are strategies adapted from the literature on engagement, treatment, and recovery to help families.

- Engage the family members when it is possible. Try not to leave others outside the group.
- Engage the family members in the assessment process and early in treatment.
- Outreach efforts to the family members may be needed to engage them in treatment. A facility may not realize the family has an interest to be involved, so the family members need to be proactive in bring up the topic on how to be included.

Several effective interventions have been used with families to increase their rates of involvement as family members with a loved one who is in SUD treatment.

1. **Provide Education: Families benefit from education on SUDs** (symptoms, causes, effects), treatments (including medication-assisted treatments), recovery challenges for their member with a SUD, relapse, mutual support programs, the impact of SUDs on the family members, using professional services and including mutual support programs. The family needs to understand these areas in order to know where to seek assistance, what to ask for, and what to expect.
2. **Provide or Facilitate the Family Treatment:** These **education sessions** can help families address their questions and concerns, change how they interact within the family system, and improve communication. Families can also benefit from addressing their own emotional burdens and behaviors that can interfere with the recovery of the member with the SUD.
3. **Treatment can be provided in sessions with the individual family or in multiple family groups**, which provide a supportive environment for families to share their common experiences and concerns. Families can form bonds with each other and learn what has worked for others. Reduce the emotional burden of the family.

One of the first steps is to determine which of the 32 key issues should the family be learning. A tool is provided to assist the attendee in reviewing the family members self-assessment “Goals & Objectives” for each seminar. By having the family members review this self-assessment tool and then select those seminars that matter most, this will allow the instruction to be covering topics that mean the most to the family.

Once the topic is selected, each eLearning seminar will have a “Pre & Post” questions . In the content of each weekly meeting will be one of the four learning modules, one per week. This can be modified to meet your needs for meeting design, just make the changes yourself.

The Family Member Self-Assessment



INTERACTIVE SEMINAR SELECTION TOOL

Assessment Instructions:

To involve the family member from the beginning of their learning track, we ask the instructor to request each family member complete a “Family Member Self-Assessment” tool. This will allow the instructor to select with the family members which programs best match their needs.

- First review the 32 Key Issue Seminars Goals & Objectives for each seminar.
- Second, answer the Family Member Self-Assessment Category Selection questions, rank each answer.
- Fourth, record Seminar Learning Assignments.
- Fifth, file the Seminar Learning Assignments Report Card

Part One

Review the 32 Key Issue Seminars

~FAMILY DYNAMIC~

ISSUE # 1. Family is a system.

Goals: Of your family members 1. Learn the Functionality, 2. Learn the Potentiality, 3. Learn the Obstacles that prevent family members from contributing to the family dynamic.

ISSUE # 2. Different roles of the family members.

Goals: 1. Learn the Characteristic Patterns of how family's member interact , 2. Learn the 7 different roles family member play, 3. Understanding the sequence of thought, how we use what we know.

ISSUE # 3. Childhood trauma and SUD.

Goals: 1. Learn what is childhood trauma, 2. Learn the signs of childhood trauma, 3. Understanding the tools used to diagnose childhood trauma.

ISSUE # 4. Different types of family therapy.

Goals: 1. Learn the different types of family therapy, 2. Learn which are the four (4) predominate type models, 3. Learn why SUD is referred to as a family disease.

ISSUE # 5. Four primary support structures of the family.

Goals: 1. Learn which are the four (4) primary family support structures, 2. Learn how to get organized to get the most from these organizations, 3. Understanding how to use a plan of action in approaching these groups.

~THE DISEASE~

ISSUE # 6. Getting a diagnosis.

Goals: 1. Learn the medical diagnosis path, 2. Learn the mental health diagnosis path, 3. Learn the Addiction diagnosis path. 4. Get an assessment (screening), Diagnosis, Staging, 5. Get organized.

ISSUE # 7. SUD is a brain disease.

Goals: 1. Learn why addiction is a brain disease, 2. How it is different from other disease, 3. Learn Why it is chronic.

ISSUE # 8. The disease progresses in stages.

Goals: 1. Learn the 7 stages of progression, 2. Learn the importance of "Individualized Treatment, 3. Learn the three (3) levels "stages" of disease, (mild, moderate, sever).

ISSUE # 9. Relapse is a part of the disease journey.

Goals: 1. Learn the types of mental health therapy in recovery, 2. How the value of Medical Assisted Treatment (M.A.T.) in recovery, 3. Learn to support their Collaborative Comprehensive Care Plan (CC Care Plan) to deal with an enabler who is in denial of their enabling behavior,

~ COMMUNITY SERVICES AND PROGRAMS~

ISSUE # 10. Enabling vs. Disabling

Goals: 1. Learn the 10 Types of Enabling, 2. How to deal with an enabler who is in denial of their enabling behavior, 3. Understanding how to change enabling behavior.

ISSUE # 11. Addiction Behavior, Boundaries.

Goals: 1. To learn the behavior traits of substance misuse, 2. To understand how the behavior progresses and changes over time. 3. To learn how to responds to these behaviors by setting boundaries.

ISSUE # 12. Family Intervention, five stages of change & motivational interviewing.

Goals: 1. Identify the five stages of change and motivational interviewing to address them, 2. Learn the ten processes of change. 3. Gain an understanding dual diagnosis, mental health condition,

ISSUE # 13. The Police Intervention

Goals: 1. Identify the six phases of Police intervention, 2. Learn the do's and do not's of a missing person's report, 3. How to complete a missing person's report.

ISSUE # 14. The Emergency Medical Services Intervention

Goals: 1. Understand the paramedic first response phrases, 2. Learn what happens in a hospital emergency room visit. 3. Understanding the value of SBIRT, family role in continuity of care.

ISSUE # 15. The Legal System Intervention

Goal: 1. Have a working knowledge of the incarceration diversion or Sequential Intercept Model (SIM), 2. Finding an attorney, 3. What is Drug Court.

ISSUE # 16. The Treatment Center Intervention

Goal: 1. Determine the right level of treatment, 2. What is Intensive Outpatient Treatment, IOP. 3. Family role in communicating with treatment center staff.

ISSUE # 17. Support Agency Mapping

Goal: 1. Define family community mapping (who can assist the family), 2. Steps to create a family community map 3. Advantages gained by having a family community map.

ISSUE # 18. The Relapse

Goal: 1. What is relapse, 2. List three stages of relapse, 3. How can the family identify these stages.

ISSUE # 19. Successful Lifelong Recovery

Goals: 1. Four main ideas in relapse prevention. 2. Learn the Stages of Recovery 3. How to create a strong support system.

ISSUE # 20. Bereavement

Goal: 1. Learn the 3 types of grief, 2. Understand the grief cycle, 3. Create an inventory for complicated grief.

ISSUE # 21. Faith, Spiritual Practices

Goal: 1. Review the need for faith organization participation, 2. Create an Invest in the Family Ministry, 3. Offer the “Invest in the Family Ministry” program at your place of worship

~TAKE ACTION~

ISSUE # 22. Elements of a family plan of action

Goals: 1. Learn elements of a family plan of action, 2. Learn the steps in developing a family plan of action. 3. Be aware of the obstacles in developing a plan of action.

ISSUE # 23. Roles family members play in a plan of action

Goals: 1. Learn to identify and manage triangulation relationships, 2. How to deal with the six common characteristics of family unit living with substance use disorders, 3. Identify existing communication patterns within the family members.

ISSUE # 24. Getting networked in advance

Goals: 1. How to use the Family Solution Finder Local Resource Connections Workbook Learning Module IV, 2. How to apply community mapping into your family plan of action, 3. What steps to take in making learning module IV an action step.

ISSUE # 25. Suicide prevention

Goals: 1. Learn the common risk factors, 2. Learn the warning signs, 3. Learn the silent contributor.

ISSUE # 26. Financial management in SUD

Goals: 1. Learn the possible paths and their costs, 2. How to get your financial affairs in order, Learn to manage this chronic disease and your expenses.

ISSUE # 27. Foster care services

Goals: 1. Learn the serviced providers case management role, 2. How bend with the requirements, 3. Options in achieving family reunification involving substance use disorders.

ISSUE # 28. NARCAN

Goals: 1. Learn what is NARCAN, 2. Learn when to use it, Learn what to expect as an outcome.

ISSUE # 29. Peer to Peer Support Services

Goals: 1. Learn what is Peer to Peer Support Service, 2. How to create your own Peer to Peer concept when local service is not available, 3. Understand the value of peer to peer exchange.

ISSUE # 30. Medical Assisted Treatment (M.A.T.)

Goals: 1. Learn what is Medical Assisted Treatment (M.A.T.) why it has value in long term recovery, 2. Learn as a family member how to support the inclusion of M.A.T. in the plan of care, 3. Understand the regimen and titration.

ISSUE # 31. Creating a Family Solution Finder Learning Centers

Goals: 1. Learn how to set up a local Family Solution Finder Learning Centers for your county, 2. How to receive instructor training (train the train), 3. Understanding how operate the center and engage the local community in a community collaboration and education.

ISSUE # 32. Harm Reduction

Goals: 1. Learn the family member role in harm reduction, 2. How to manage ones selfcare with mindfulness of self, 3. Learn tips on how to deal with difficult people.

ISSUE # 33. The Family Members Role in the Re-Entry Process

Goals: 1. Learn the elements of the re-entry process, 2. How to manage the family members role in the re-entry process, 3. How to identify the obstacles involved in the re-entry process.

Find by title: www.amazon.com:

1. Family Solution Finder Study Guidebook Learning Module I.
2. Family Solution Finder Seminar Workbook Learning Module II.
3. Family Solution Finder 3-D's Coping Skills Workbook Learning Module III.
4. Family Solution Finder Local Resource Connections Workbook Learning Module IV.

Or

Download each book as PDF file, free on our website:

www.familiesimpactedbyopioids.com

Part Two

Family Member Self-Assessment Category Selection

- I. The Ability of your family members to deal with issues related to living with substance use disorders. How well does the family respond to issues when they are presented? Rate your answer using a scale of 1 to 10. Where 1 is the lowest ability and 10 is the highest ability. Then record the rating score.

[Choose an item.](#) Rating Score. (Family Dynamic Category)

Score Key:

- | | |
|------|---|
| 1-5 | Greater focus on seminars in Family Dynamic Category. |
| 5-10 | Lesser focus on seminars in Family Dynamic Category. |

- II. Your family members level of understanding why substance use disorders is a chronic brain disease. Rate using a scale of 1 to 10. Where 1 is the lowest level and 10 is the highest level.

[Choose an item.](#) Rating Score. (Chronic Brain Disease Category)

Score Key:

- | | |
|------|--|
| 1-5 | Greater focus on seminars in Chronic Brain Disease Category. |
| 5-10 | Lesser focus on seminars in Chronic Brain Disease Category. |

- III. The awareness of the family members to know which services and programs in the community to look for, where to find them and how to connect with them for assistance. Rate using a scale of 1 to 10 where 1 is the lowest awareness and 10 is the highest awareness.

[Choose an item.](#) Rating Score. (Connecting to Services and Programs)

Score Key:

- | | |
|------|--|
| 1-5 | Greater focus on seminars in Chronic Brain Disease Category. |
| 5-10 | Lesser focus on seminars in Chronic Brain Disease Category. |

From the above I-III questions, Rank in order of highest to lowest the rating scores, the three categories from the above ratings, (Family, Disease, Community). We want to prioritize which category is most important.

- #1. [Choose an item.](#)
- #2. [Choose an item.](#)
- #3. [Choose an item.](#)

The above three categories are your selected areas of learning focus, (Family, Disease, Community). It may change over time, so take this assessment again as needed.

Of Other Interest:

Choose in order of importance the “*Coping Skills*” you feel the family needs to strengthen: (Solution Finder, Decision Maker, Plan of Action Designer) your family needs the most. Rank high to low with high being #1 and low being #3.

- #1. [Choose an item.](#)
- #2. [Choose an item.](#)
- #3. [Choose an item.](#)

Check Box for the “**Other Topics/Issues**” of most importance to your family. Select Three Seminars:

- | | |
|---|--------------------------|
| 1. Elements of a Family Plan of Action (POA). | <input type="checkbox"/> |
| 2. Roles in the Family POA. | <input type="checkbox"/> |
| 3. Getting Networked, in Advance. | <input type="checkbox"/> |
| 4. Suicide Prevention | <input type="checkbox"/> |
| 5. Financial Management | <input type="checkbox"/> |
| 6. Foster Care Services | <input type="checkbox"/> |
| 7. NARCAN | <input type="checkbox"/> |
| 8. Peer to Peer Services | <input type="checkbox"/> |
| 9. Medical Assisted Treatment (M.A.T.) | <input type="checkbox"/> |
| 10. Harm Reduction | <input type="checkbox"/> |

Part Three

Seminar Learning Assignments

The 32 Key Issue, Family Seminar Library

Seminar Number	Method of Delivery: In-Person, Zoom or Self Administrated	Date Assigned	Completion Date
#1			
#2			
#3			
#4			
#5			
#6			
#7			
#8			
#9			
#10			
#11			
#12			
#13			
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#19			
#20			
#21			
#22			
#23			
#24			
#25			
#26			
#27			
#28			
#29			
#30			
#31			
#32			
#33			

These are your selected seminars. You now have a curriculum built.

Seminar Learning Assignments Report Card

Name of Family Member:

Contact information.

1. Phone:

2. Email:

The Seminar Assignment Progress Report Card:

1.	11,	21.
2.	12.	22.
3.	13.	23.
4.	14.	24.
5.	15	25.
6.	16.	26.
7.	17.	27.
8.	18.	28.
9.	19.	29.
10.	20.	30.
		31.
		32.

Use this worksheet to record your progress.

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

PART I

“The Family Members”

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 1

“The Family is a System.”

Learning Objectives

1. Balance in the family dynamic is important.
2. Functionality and Potentiality of Individual Family Members.
3. Three common obstacles that impact the family’s ability to function.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

1. Rate how well you understand the term functionality, their ability to function when they are responding to issues of substance use disorders in the family. (circle one)
 - a) Very Strong
 - b) Average
 - c) Not Very Strong
2. Rate how well you understand potentiality, their willingness to contribute their response to the issues of substance use disorders in the family. (circle one)
 - a) Very Strong
 - b) Average
 - c) Not Very Strong
3. Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Balance in the family dynamic is important.

- a) Strong
- b) Average
- c) Not Strong

Functionality and Potentiality Family Members.

- a) Strong
- b) Average
- c) Not Strong

Common obstacles that impact the family’s ability to function.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program

Seminar # 1 “The Family is a System”

Monthly Learning System

I. Family Solution Finder Study Guidebook Module I. (week one)

1. Presentation Highlights of the Three Learning Points: Read Seminar One in the Study Guidebook.
 - a) What is Functionality.
 - b) What is Potentiality.
 - c) What are the three most common obstacles.
2. View Power Point Presentation (with slide audio) and embedded videos.
3. Group discussions

II. Family Solution Finder Seminar Workbook Module II. (week two)

1. Presentation of guest speaker on the topics: (30min)
 - a) What is Functionality.
 - b) What is Potentiality.
 - c) What are the three most common obstacles.
2. Using zoom.com *breakout rooms*, each room completes the Workbook Seminar One question,

Parents to the other siblings?

Functionality (do they know what to do with the “other siblings”, as individuals and together as parents, regarding “Enabling”) if enabling is your issue.

Potentiality (are they willing to do it, regarding “Enabling”)

How well do you feel this is currently working? Good____ Fair ____ Poor ____

3. Back to Group Discussion

III. Family Solution Finder 3-D’s Coping Skills Module III. (week three)

1. Discuss the Family Solution Finder 3-D’s Coping Skills. (Group Discussion)
 - a) How to use Family Transformational Response Model, F.T.R. for finding a solution to the issue.
 - b) How to use Value Based Family Decision Making Model for this issue .
 - c) How to use Family Plan of Action for this issue.
2. Using zoom.com *breakout rooms*, each room completes the Module III (F.T.R. Section) workbook questions, together as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
3. Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

1. Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).
 - a) Who is in the community.
 - b) What program is provided.

Post Seminar Questions

Using zoom.com “Polling Feature”

1. Rate how well you understand the other members of your family functionality, their ability to function when they are responding to issues of substance use disorders in the family. (circle one)

- a) Very Strong
- b) Average
- c) Not Very Strong

2. Rate how well you understand the other members of your family, potentiality, their willingness to contribute their response to the issues of substance use disorders in the family. (circle one)

- a) Very Strong
- b) Average
- c) Not Very Strong

3. Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Balance in the family dynamic is important.

- a) Strong
- b) Average
- c) Not Strong

Functionality and Potentiality Family Members.

- a) Strong
- b) Average
- c) Not Strong

Common obstacles that impact the family’s ability to function.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 2

“Different Roles of the Family”

Learning Objectives

1. Six Characteristic Patterns of Interaction.
2. 7 Different Roles of Family Members and Common Behaviors.
3. The Sequence of Thought when considering these roles.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

1. Rate how well you understand the “Characteristics Patterns of a Family”. (circle one)
 - a) Very Strong
 - b) Average
 - c) Not Very Strong

2. Rate how well you understand “different roles of the family” living with substance use disorders. (circle one)
 - a) Very Strong
 - b) Average
 - c) Not Very Strong

3. Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Six Characteristic Patterns of Interaction.

- a) Strong
- b) Average
- c) Not Strong

7 Different Roles of Family Members and Common Behaviors.

- a) Strong
- b) Average
- c) Not Strong

The Sequence of Thought when considering these roles.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 2 “Different Roles of the Family”
Monthly Learning System

I. Family Solution Finder Study Guidebook Module I.
(week one)

1. Presentation Highlights of the Three Learning Points: Read Seminar Two in the Study Guidebook.
 - a) What are the Six (6) Interaction Patterns in a family.
 - b) What are the Seven (7) Roles of the family.
 - c) What can be a sequence of thought when considering these roles.
2. View Power Point Presentation (with slide audio) and embedded videos.
3. Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

1. Presentation of guest speaker on the topics: (30min)
 - a) What are the Six (6) Interaction Patterns in a family.
 - b) What are the Seven (7) Roles of the family.
 - c) What can be a sequence of thought when considering these roles.
2. Using zoom.com *breakout rooms*, each room completes the Workbook Seminar One question,

Question For Breakout Session

- Why is it important to understand the Six Characteristics of Interaction Patterns?
- What does the interaction patterns have to do with the roles family members play?

3. Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

1. Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

- a) How to use Family Transformational Response Model, F.T.R. for finding a solution to the issue.
- b) How to use Value Based Family Decision Making Model for this issue .
- c) How to use Family Plan of Action for this issue.

2. Using zoom.com **breakout rooms**, each room completes the Module III (F.T.R. Section) workbook questions, together as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

3. Group discussions.

IV. Family Solution Finder Local Resource Connection

Module IV. (week four)

1. Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).
 - a) Who is in the community.
 - b) What program is provided.

Post Seminar Questions

Using zoom.com “Polling Feature”

1. Rate how well you understand the “Characteristics Patterns of a Family”. (circle one)
 - a) Very Strong
 - b) Average
 - c) Not Very Strong

2. Rate how well you understand “different roles of the family” living with substance use disorders. (circle one)
 - a) Very Strong
 - b) Average

3. Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Six Characteristic Patterns of Interaction.

- a) Strong
- b) Average
- c) Not Strong

7 Different Roles of Family Members and Common Behaviors.

- a) Strong
- b) Average
- c) Not Strong

The Sequence of Thought when considering these roles.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 3

“Childhood Trauma and Substance Use Disorders”

Learning Objectives

Signs of Childhood Trauma.

Scales to evaluate Level of trauma.

The clinical tools to diagnosis trauma.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-7.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

1. Rate how well you understand the “Signs of Childhood Trauma”. (circle one)
 - ☐ Very Strong
 - ☐ Average
 - ☐ Not Very Strong
2. Rate how well you understand “Scales to evaluate the level of trauma”. (circle one)
 - ☐ Very Strong
 - ☐ Average
 - ☐ Not Very Strong
3. Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Signs of Childhood Trauma.

- a) Strong
- b) Average
- c) Not Strong

Scales to evaluate Level of trauma.

- a) Strong
- b) Average
- c) Not Strong

The clinical tools to diagnosis trauma.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 3 Childhood Trauma and Substance Use
Disorders
Monthly Learning System

I. Family Solution Finder Study Guidebook Module I.
(week one)

Presentation Highlights of the Three Learning Points: Read Seminar Three in the Study Guidebook.

What is Childhood Trauma.

What are the signs of Childhood Trauma.

What are clinical tools to diagnose and evaluate the level of trauma.

View Power Point Presentation (with slide audio) and embedded videos.

Complete a group discussion. (use white board for opening up participation).

II. Family Solution Finder Seminar Workbook Module
II. (week two)

Presentation of guest speaker on the topics: (30min)

What is Childhood Trauma.

What are the tools to screen for childhood trauma.

What are the three most common obstacles in responding to a suspicion of childhood trauma.

Using zoom.com *breakout rooms*, each room completes the Workbook Seminar One question,

Family or Group Discussions (Ref: Study Guide & Workbook)

1. How would you describe the obstacles created by complex trauma for your family?
2. Why is knowing the trauma important towards moving forward as family members.
3. Given that the trauma may have happened to a different family member than the one who is abusing substances, how do they impact the other family members? Consider the family is a system.

In what way can family therapy for the family members help to identify other types of mental health conditions in each family member, as the family tries to work together.

Back to group discussion. (use white board to open up participation)

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion white board)

Now use Family Transformational Response Model, F.T.R. for finding a solution to the issue.

Now use Value Based Family Decision Making Model for this issue .

Now use Family Plan of Action for this issue.

Using zoom.com **breakout rooms**, each room completes the Module III (F.T.R. Section) workbook questions, together as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (10 min. use timer)

Back to group discussions.

IV. Family Solution Finder Local Resource Connection

Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Who is in the community.

What program is provided.

Post Seminar Questions

Using www.Zoom.Com “Polling Feature”

Rate how well you understand the other members of your family ability to respond to childhood trauma, their ability to inquire for screening when they are responding to this issue. (select one)

☐ Very Strong

☐ Average

☐ Not Very Strong

Rate how well you understand the other members of your family members understanding of the impact in childhood trauma to the person and the family dynamic. (select one)

☐ Very Strong

☐ Average

☐ Not Very Strong

Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Signs of Childhood Trauma.

a) Strong

b) Average

c) Not Strong

Scales to evaluate Level of trauma.

a) Strong

b) Average

c) Not Strong

The clinical tools to diagnosis trauma.

a) Strong

b) Average

c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 4

“Different Types of Family Therapy”

Learning Objectives

- Learn the different types of family therapy.
- Learn which are the predominate type models.
- Learn why SUD is referred to as a family disease.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions
Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

1. Rate how well you understand the “different type of family therapy”. (circle one)
 - a. Very Strong
 - b. Average
 - c. Not Very Strong
2. Rate how well you understand “four predominate models of family therapy” living with substance use disorders. (circle one)
 - a. Very Strong
 - b. Average
 - c. Not Very Strong
3. Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Learn the different types of family therapy.

- a) Strong
- b) Average
- c) Not Strong

Learn which are the predominate type models.

- a) Strong
- b) Average
- c) Not Strong

Learn why SUD is referred to as a family disease.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program

Seminar # 4 The Different Types of Family Therapy

Monthly Learning System

I. Family Solution Finder Study Guidebook Module I. (week one)

Presentation Highlights of the Three Learning Points: Read Seminar Four in the Study Guidebook.

What are the different types of family therapy?

Which are the predominate types of models?

Why SUD is referred to as a family disease?

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II. (week two)

Presentation of guest speaker on the topics: (30min)

What are the different types of family therapy?

Which are the predominate types of models?

Why SUD is referred to as a family disease?

.

Using zoom.com *breakout rooms*, each room completes the Workbook Seminar One question,

Parents to the other siblings?

Functionality (do they know what to do with the “other siblings”, as individuals and together as parents, regarding “seeking family therapy”) if family therapy is your issue.

Potentiality (are they willing to do it, regarding “family therapy”)

How well do you feel this is currently working? Good ____ Fair ____ Poor ____

3. Back to Group Discussion

III. Family Solution Finder 3-D’s Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D’s Coping Skills. (Group Discussion)

How to use Family Transformational Response Model, F.T.R. for finding a solution to the issue.

How to use Value Based Family Decision Making Model for this issue .

How to use Family Plan of Action for this issue.

Using zoom.com **breakout rooms**, each room completes the Module III (F.T.R. Section) workbook questions, together as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection

Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Who is in the community.

What program is provided.

Seminar # 4 Different Types of Family Therapy
Post-Seminar Questions
Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

1. Rate how well you understand the “different type of family therapy”. (circle one)
 - a. Very Strong
 - b. Average
 - c. Not Very Strong
2. Rate how well you understand “four predominate models of family therapy” living with substance use disorders. (circle one)
 - a. Very Strong
 - b. Average
 - c. Not Very Strong
3. Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Learn the different types of family therapy.

- a) Strong
- b) Average
- c) Not Strong

Learn which are the predominate type models.

- a) Strong
- b) Average
- c) Not Strong

Learn why SUD is referred to as a family disease.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 5

“Four Primary Support Structures of the Family”

Learning Objectives

- Learn the four (4) primary support structures of the family.
- Learn how to get organized.
- Understand how to design a plan of action.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “the four primary support structures”. (circle one)

Very Strong

Average

Not Very Strong

Rate how well you understand “How to get organized” living with substance use disorders.
(circle one)

Very Strong

Average

Not Very Strong

Rate how well your family understands creating a plan of action, when responding to
substance use disorders issues within the family. (Place X to indicate selection)

Learn the four (4) primary support structures of the family.

- a) Strong
- b) Average
- c) Not Strong

Learn how to get organized.

- a) Strong
- b) Average
- c) Not Strong

Understand how to design a plan of action.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program Seminar # 5 “Four Primary Support Structures” Monthly Learning System

I. Family Solution Finder Study Guidebook Module I. (week one)

Present Highlights of the Three Learning Points: Read Seminar Five in the Study Guidebook.

What are the four structures.

What is required to get organized.

What are the ways to design a plan of action.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II. (week two)

Presentation of guest speaker on the topics: (30min)

What are the four structures.

What is required to get organized.

What are the ways to design a plan of action.

Using zoom.com *breakout rooms*, each room completes the Workbook Seminar One question,

Parents to the other siblings?

Functionality (do they know what to do with the “other siblings”, as individuals and together as parents, regarding “Enabling”) if enabling is your issue.

Potentiality (are they willing to do it, regarding “Enabling”)

How well do you feel this is currently working? Good ____ Fair ____ Poor ____

3. Back to Group Discussion

III. Family Solution Finder 3-D’s Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D’s Coping Skills. (Group Discussion)

How to use Family Transformational Response Model, F.T.R. for finding a solution to the issue.

How to use Value Based Family Decision Making Model for this issue .

How to use Family Plan of Action for this issue.

Using zoom.com **breakout rooms**, each room completes the Module III (F.T.R. Section) workbook questions, together as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection

Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Who is in the community.

What program is provided.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “the four primary support structures”. (circle one)

Very Strong

Average

Not Very Strong

Rate how well you understand “How to get organized” living with substance use disorders. (circle one)

Very Strong

Average

Not Very Strong

Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Learn the four (4) primary support structures of the family.

- a) Strong
- b) Average
- c) Not Strong

Learn how to get organized.

- a) Strong
- b) Average
- c) Not Strong

Understand how to design a plan of action.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 6

“Getting a Diagnosis.”

The Seminar Learning Objectives:

Learn the medical diagnosis path,

Learn the mental health diagnosis path,

Learn the Addiction diagnosis path.

Get an assessment (screening), Diagnosis, Staging, 5. Get organized.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Learn the Assessment Path”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different types of a diagnosis” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “Disease Staging of Progression” for the family when responding to substance use disorders.

Learn the medical diagnosis path.

- a) Strong
- b) Average
- c) Not Strong

Learn the mental health diagnosis path.

- a) Strong
- b) Average
- c) Not Strong

Learn the Addiction diagnosis path.

- a) Strong
- b) Average
- c) Not Strong

Get an assessment (screening), Diagnosis, Staging, 5. Get organized.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program

Seminar # 6 Getting a Diagnosis

Monthly Learning System

I. Family Solution Finder Study Guidebook Module I. (week one)

Present Highlights of the Three Learning Points: Read Seminar Six in the Study Guidebook.

What is an Assessment.

What is a Diagnosis.

What are the three-diagnosis needed.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II. (week two)

Presentation of guest speaker on the topics: (30min)

What is Screening Tool.

What is Plan of Treatment.

What are the three most common tools used to obtain an assessment.

Using zoom.com *breakout rooms*, each room completes the Workbook Seminar One question,

Parents to the other siblings?

Assessment (do they know what to do with the “assessment”, as individuals and together as parents, regarding “the diagnosis”) and if staging is an issue.

Diagnosis of the Three Types

How well do you feel this is currently working? Good____ Fair ____ Poor ____

3. Back to Group Discussion

**III. Family Solution Finder 3-D’s Coping Skills Module III.
(week three)**

Discuss the Family Solution Finder 3-D’s Coping Skills. (Group Discussion)

How to use Family Transformational Response Model, F.T.R. for finding a solution to the issue.

How to use Value Based Family Decision Making Model for this issue .

How to use Family Plan of Action for this issue.

Using zoom.com *breakout rooms*, each room completes the Module III (F.T.R. Section) workbook questions, together as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection

Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Who is in the community.

What program is provided.

Seminar # 6 Getting a Diagnosis

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Learn the Assessment Path”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a diagnosis” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “Disease Staging of Progression” for the family when responding to substance use disorders.

Learn the mental health diagnosis path.

- a) Strong
- b) Average
- c) Not Strong

Learn the Addiction diagnosis path.

- a) Strong
- b) Average
- c) Not Strong

Get an assessment (screening), Diagnosis, Staging,
Get organized.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 7

“Substance Use Disorders is a Brain Disease.”

Learning Objectives

- Learn why addiction is a brain disease.
- Learn how it is different from other diseases.
- Learn why it is chronic.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well your family understands “Why addiction is a brain disease”. (circle one)

Very Strong

Average

Not Very Strong

Rate how well your family understands “how SUD is different from other diseases” living with substance use disorders. (circle one)

Very Strong

Average

Not Very Strong

Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Learn the mental health diagnosis path.

- a) Strong
- b) Average
- c) Not Strong

Learn the Addiction diagnosis path.

- a) Strong
- b) Average
- c) Not Strong

Get an assessment (screening), Diagnosis, Staging,
Get organized.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program Seminar # 7 Substance Use Disorder is a Brain Disease Monthly Learning System

I. Family Solution Finder Study Guidebook Module I. (week one)

Present Highlights of the Three Learning Points: Read Seminar Seven in the Study Guidebook.

Learn why addiction is a considered a brain disease.

Learn how SUD is different from other diseases.

Learn why it is a chronic disease.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II. (week two)

Presentation of guest speaker on the topics: (30min)

Learn why addiction is a considered a brain disease.

Learn how SUD is different from other diseases.

Learn why it is a chronic disease.

Using zoom.com *breakout rooms*, each room completes the Workbook Seminar One question,

Parents to the other siblings?

Functionality (do they know what to do with the “other siblings”, as individuals and together as parents, regarding “Enabling”) if enabling is your issue.

Potentiality (are they willing to do it, regarding “Enabling”)

How well do you feel this is currently working? Good ____ Fair ____ Poor ____

3. Back to Group Discussion

III. Family Solution Finder 3-D’s Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D’s Coping Skills. (Group Discussion)

How to use Family Transformational Response Model, F.T.R. for finding a solution to the issue.

How to use Value Based Family Decision Making Model for this issue .

How to use Family Plan of Action for this issue.

Using zoom.com *breakout rooms*, each room completes the Module III (F.T.R. Section) workbook questions, together as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Who is in the community.

What program is provided.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well your family understands “Why addiction is a brain disease”. (circle one)

Very Strong

Average

Not Very Strong

Rate how well your family understands “how SUD is different from other diseases” living with substance use disorders. (circle one)

Very Strong

Average

Not Very Strong

Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Learn the mental health diagnosis path.

- a) Strong
- b) Average
- c) Not Strong

Learn the Addiction diagnosis path.

- a) Strong
- b) Average
- c) Not Strong

Get an assessment (screening), Diagnosis, Staging, Get organized.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 8

“The Disease Progresses in Stages.”

Learning Objectives

Learn the 7 stages of progression.

Learn the importance of individualized Treatment.

Learn the three (3) levels ‘Stages’ of disease, (mild, moderate, severe)

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand “the 7 stages of the disease progression”. (circle one)

Very Strong

Average

Not Very Strong

Rate how well you understand “the importance of individualized treatment” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well your family understands creating a plan of action, when responding to substance use disorders issues within the family. (Place X to indicate selection)

Learn why there are 7 stages of the disease progression.

- a) Strong
- b) Average
- c) Not Strong

Learn the importance of individualized treatment it is different from other diseases.

- a) Strong
- b) Average
- c) Not Strong

Rate how well your family understands creating a plan of action.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 8
“The Disease Progresses in Stages”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Eight in the Family Solution Finder Study Guidebook.

Learn the 7 stages of progression.
Learn the importance of individualized Treatment.
Learn the three (3) levels ‘Stages’ of disease, (mild, moderate, sever)

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Learn the 7 stages of progression.
Learn the importance of individualized Treatment.
Learn the three (3) levels ‘Stages’ of disease, (mild, moderate, sever)

Using zoom.com ***breakout rooms***, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the other members of your family, functionality, their ability to function when they are responding to issues of substance use disorders in the family. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand the other members of your family, potentiality, their willingness to contribute their response to the issues of substance use disorders in the family.

Very Strong

Average

Not Very Strong

Rate how well you understand the presence of obstacles that interfere with the functioning of the family when responding to substance use disorders.

Learn why there are 7 stages of the disease progression.

- d) Strong
- e) Average
- f) Not Strong

Learn the importance of individualized treatment it is different from other diseases.

- d) Strong
- e) Average
- f) Not Strong

Rate how well your family understands creating a plan of action.

- d) Strong
- e) Average
- f) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 9

“Relapse is a Part of the Disease Journey.”

Learning Objectives

Learn the types of mental health therapy.

Learn the value of M.A.T.

Learn to support the plan of care.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Different type of mental health therapy”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “Medical Assisted Treatment (M.A.T.)” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “Comprehensive Care Plan” that interfere with the functioning of the family when responding to substance use disorders.

Types of Mental Health Therapy.

- a) Strong
- b) Average
- c) Not Strong

Understand M.A.T.

- a) Strong
- b) Average
- c) Not Strong

Understand how to support a Comprehensive Care Plan

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 9
“Relapse is a part of the disease journey.”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Nine in the Family Solution Finder Study Guidebook.

- Types of Mental Health Therapy.
- Understand M.A.T.
- Understand how to support a Comprehensive Care Plan

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

- Types of Mental Health Therapy.
- Understand M.A.T.
- Understand how to support a Comprehensive Care Plan

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “Different type of mental health therapy”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “Medical Assisted Treatment (M.A.T.)” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “Comprehensive Care Plan” that interfere with the functioning of the family when responding to substance use disorders.

Types of Mental Health Therapy.

- a) Strong
- b) Average
- c) Not Strong

Understand M.A.T.

- a) Strong
- b) Average
- c) Not Strong

Understand how to support a Comprehensive Care Plan

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 10

“Enabling vs. Consequences.”

Learning Objectives

Learn the 10 Types of Enabling.
How to deal with an enabler in denial.
Understand how to change enabling behavior.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Ten Types of Enabling”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “How to deal with an enabler in denial” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “How to change the behavior of an enabler” that interfere with the functioning of the family when responding to substance use disorders.

Learn the 10 Types of Enabling.

- a) Strong
- b) Average
- c) Not Strong

How to deal with an enabler in denial.

- a) Strong
- b) Average
- c) Not Strong

Understand how to change enabling behavior.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 10
“Enabling vs Consequences.”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Ten in the Family Solution Finder Study Guidebook.

Learn the 10 Types of Enabling.
How to deal with an enabler in denial.
Understand how to change enabling behavior.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Learn the 10 Types of Enabling.
How to deal with an enabler in denial.
Understand how to change enabling behavior.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “Ten Types of Enabling”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “How to deal with an enabler in denial” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “How to change the behavior of an enabler” that interfere with the functioning of the family when responding to substance use disorders.

Learn the 10 Types of Enabling.

- a) Strong
- b) Average
- c) Not Strong

How to deal with an enabler in denial.

- a) Strong
- b) Average
- c) Not Strong

Understand how to change enabling behavior.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 11

“Addiction Behavior, Boundaries”

Learning Objectives

Learn the behavior traits of substance misuse.
Understand how the behavior progresses and changes over time.
Learn how to respond to these behaviors.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “behavior traits of substance misuse”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “How the behavior progresses and changes over time” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand “ How to respond to these behaviors” that interfere with the functioning of the family when responding to substance use disorders.

Learn the behavior traits of substance misuse.

- a) Strong
- b) Average
- c) Not Strong

Understand how the behavior progresses and changes over time.

- a) Strong
- b) Average
- c) Not Strong

Learn how to respond to these behaviors.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 11
“Addiction Behavior, Boundaries”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Eleven in the Family Solution Finder Study Guidebook.

- Learn the behavior traits of substance misuse.
- Understand how the behavior progresses and changes over time.
- Learn how to respond to these behaviors.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

- Learn the behavior traits of substance misuse.
- Understand how the behavior progresses and changes over time.
- Learn how to respond to these behaviors.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “behavior traits of substance misuse”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “How the behavior progresses and changes over time” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand “ How to respond to these behaviors” that interfere with the functioning of the family when responding to substance use disorders.

Learn the behavior traits of substance misuse.

- a) Strong
- b) Average
- c) Not Strong

Understand how the behavior progresses and changes over time.

- a) Strong
- b) Average
- c) Not Strong

Learn how to respond to these behaviors.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 12

“Family Intervention, Five Stages of Change and Motivational Interviewing”

Learning Objectives

Identify the five stages of change and the motivational interviewing steps.

Learn the ten processes of change.

Gain an understanding dual diagnosis.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Characteristics Patterns of a Family”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a family members” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “sequence of thought” that interfere with the functioning of the family when responding to substance use disorders.

Identify the five stages of change and the motivational interviewing steps.

- a) Strong
- b) Average
- c) Not Strong

Learn the ten processes of change.

- a) Strong
- b) Average
- c) Not Strong

Gain an understanding dual diagnosis.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 12
“The Disease Progresses in Stages”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twelve in the Family Solution Finder Study Guidebook.

Identify the five stages of change and the motivational interviewing steps
Learn the ten processes of change.
Gain an understanding dual diagnosis.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Identify the five stages of change and the motivational interviewing steps.
Learn the ten processes of change.
Gain an understanding dual diagnosis.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “Characteristics Patterns of a Family”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a family members” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “sequence of thought” that interfere with the functioning of the family when responding to substance use disorders.

Identify the five stages of change and the motivational interviewing steps.

- a) Strong
- b) Average
- c) Not Strong

Learn the ten processes of change.

- a) Strong
- b) Average
- c) Not Strong

Gain an understanding dual diagnosis.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 13

“Police Intervention”

Learning Objectives

Identify the six phases of Police Intervention.
The Do’s and Don’t of missing persons reports
How to complete a missing persons report

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “six phases of Police Intervention” (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “Do’s and Don’t of missing persons reports” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand “how to complete a missing persons report” that interfere with the functioning of the family when responding to substance use disorders.

Identify the six phases of Police Intervention.

- a) Strong
- b) Average
- c) Not Strong

The Do’s and Don’t of missing persons reports.

- a) Strong
- b) Average
- c) Not Strong

How to complete a missing persons report.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 13
“The Disease Progresses in Stages.”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Thirteen in the Family Solution Finder Study Guidebook.

Identify the six phases of Police Intervention.
The Do’s and Don’t of missing persons reports
How to complete a missing persons report

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Identify the six phases of Police Intervention.
The Do’s and Don’t of missing persons reports
How to complete a missing persons report

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “six phases of Police Intervention” (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “Do’s and Don’t of missing persons reports” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand “how to complete a missing persons report” that interfere with the functioning of the family when responding to substance use disorders.

Identify the six phases of Police Intervention.

- a) Strong
- b) Average
- c) Not Strong

The Do’s and Don’ts of missing person’s report.

- a) Strong
- b) Average
- c) Not Strong

How to complete a missing person’s report.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 14

“The Emergency Medical Services Intervention”

Learning Objectives

Understand the paramedic first response phases.
Learn what happens in a hospital ER visit.
Understand SBIRT and family role in continuity of care.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “paramedic first response phrases”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “what happens in an ER visit” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “value of SBIRT and continuity of care” that interfere with the functioning of the family when responding to substance use disorders.

Understand the paramedic first response phases.

- a) Strong
- b) Average
- c) Not Strong

Learn what happens in a hospital ER visit.

- a) Strong
- b) Average
- c) Not Strong

Understand SBIRT and family role in continuity of care.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 14
“The Disease Progresses in Stages”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Fourteen in the Family Solution Finder Study Guidebook.

Understand the paramedic first response phases.
Learn what happens in a hospital ER visit.
Understand SBIRT and family role in continuity of care.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Understand the paramedic first response phases.
Learn what happens in a hospital ER visit.
Understand SBIRT and family role in continuity of care.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “paramedic first response phrases”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “what happens in an ER visit” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “value of SBIRT and continuity of care” that interfere with the functioning of the family when responding to substance use disorders.

Understand the paramedic first response phases.

- a) Strong
- b) Average
- c) Not Strong

Learn what happens in a hospital ER visit.

- a) Strong
- b) Average
- c) Not Strong

Understand SBIRT and family role in continuity of care.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 15

“The Legal System Intervention.”

Learning Objectives

Working knowledge of the incarceration diversion process.
How to find an attorney for drug court.
What is drug court or specialty courts.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “knowledge of the incarceration process”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “find an attorney for drug court” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand “what is drug court or specialty court” that interfere with the functioning of the family when responding to substance use disorders.

Working knowledge of the incarceration diversion process.

- a) Strong
- b) Average
- c) Not Strong

How to find an attorney for drug court.

- a) Strong
- b) Average
- c) Not Strong

What is drug court or specialty courts.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 15
“The Legal System Intervention”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Fifteen in the Family Solution Finder Study Guidebook.

Working knowledge of the incarceration diversion process.
How to find an attorney for drug court.
What is drug court or specialty courts.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Working knowledge of the incarceration diversion process.
How to find an attorney for drug court.
What is drug court or specialty courts.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “knowledge of the incarceration process”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “find an attorney for drug court” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand “what is drug court or specialty court” that interfere with the functioning of the family when responding to substance use disorders.

Working knowledge of the incarceration diversion process.

- a) Strong
- b) Average
- c) Not Strong

How to find an attorney for drug court.

- a) Strong
- b) Average
- c) Not Strong

What is drug court or specialty courts.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 16

“The Treatment Center Intervention

Learning Objectives

Determine the right level of treatment.
What is Intensive Outpatient Treatment.
Communicating with treatment center staff.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Determine the right level of treatment”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “What is IOP” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “Communicating with treatment staff” that interfere with the functioning of the family when responding to substance use disorders.

Determine the right level of treatment.

- a) Strong
- b) Average
- c) Not Strong

What is Intensive Outpatient Treatment.

- a) Strong
- b) Average
- c) Not Strong

Communicating with treatment center staff.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 16
“The Treatment Center Intervention”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Sixteen in the Family Solution Finder Study Guidebook.

Determine the right level of treatment.
What is Intensive Outpatient Treatment.
Communicating with treatment center staff.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Determine the right level of treatment.
What is Intensive Outpatient Treatment.
Communicating with treatment center staff.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “Determine the right level of treatment”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “What is IOP” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “Communicating with treatment staff” that interfere with the functioning of the family when responding to substance use disorders.

Determine the right level of treatment.

- a) Strong
- b) Average
- c) Not Strong

What is Intensive Outpatient Treatment.

- a) Strong
- b) Average
- c) Not Strong

Communicating with treatment center staff.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 17

“Support Agency Mapping”

Learning Objectives

Define Community Mapping.

Create a community map.

Advantages gained from having a community map.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “definition of community mapping” (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “Creating a community map” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “advantages gained from having a community map” that interfere with the functioning of the family when responding to substance use disorders.

Define Community Mapping.

- a) Strong
- b) Average
- c) Not Strong

Create a community map.

- a) Strong
- b) Average
- c) Not Strong

Advantages gained from having a community map.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 17
“Support Agency Mapping”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Seventeen in the Family Solution Finder Study Guidebook.

Define Community Mapping.
Create a community map.
Advantages gained from having a community map.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Define Community Mapping.
Create a community map.
Advantages gained from having a community map.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “definition of community mapping” (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “Creating a community map” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “advantages gained from having a community map” that interfere with the functioning of the family when responding to substance use disorders.

Define Community Mapping.

- a) Strong
- b) Average
- c) Not Strong

Create a community map.

- a) Strong
- b) Average
- c) Not Strong

Advantages gained from having a community map.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 18

“The Relapse”

Learning Objectives

What is relapse.

Three stages of relapse.

How can family identify the three stages.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand “what is relapse”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “the three stages of relapse” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand “how to identify the stages of relapse” that interfere with the functioning of the family when responding to substance use disorders.

What is relapse.

- a) Strong
- b) Average
- c) Not Strong

Three stages of relapse.

- a) Strong
- b) Average
- c) Not Strong

How can family identify the three stages.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 18
“The Relapse”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Eighteen in the Family Solution Finder Study Guidebook.

What is relapse.
Three stages of relapse.
How can family identify the three stages.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

What is relapse.
Three stages of relapse.
How can family identify the three stages.

Using zoom.com ***breakout rooms***, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand “what is relapse”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “the three stages of relapse” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand “how to identify the stages of relapse” that interfere with the functioning of the family when responding to substance use disorders.

What is relapse.

- a) Strong
- b) Average
- c) Not Strong

Three stages of relapse.

- a) Strong
- b) Average
- c) Not Strong

How can family identify the three stages.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 19

“Successful Lifelong Recover”

Learning Objectives

- Four main ideas in relapse prevention.
- The stages of recovery.
- Create a strong support system.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Characteristics Patterns of a Family”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a family members” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “sequence of thought” that interfere with the functioning of the family when responding to substance use disorders.

Four main ideas in relapse prevention.

- a) Strong
- b) Average
- c) Not Strong

The stages of recovery.

- a) Strong
- b) Average
- c) Not Strong

Create a strong support system.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 19
“Successful Lifelong Recovery”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Nineteen in the Family Solution Finder Study Guidebook.

Four main ideas in relapse prevention.
The stages of recovery.
Create a strong support system.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Four main ideas in relapse prevention.
The stages of recovery.
Create a strong support system.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “Characteristics Patterns of a Family”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a family members” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “sequence of thought” that interfere with the functioning of the family when responding to substance use disorders.

Four main ideas in relapse prevention.

- a) Strong
- b) Average
- c) Not Strong

The stages of recovery.

- a) Strong
- b) Average
- c) Not Strong

Create a strong support system.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 20

“Bereavement”

Learning Objectives

- Three types of grief.
- Understand the grief cycle.
- Create an inventory for complicated grief.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Characteristics Patterns of a Family”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a family members” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “sequence of thought” that interfere with the functioning of the family when responding to substance use disorders.

Three types of grief.

- a) Strong
- b) Average
- c) Not Strong

Understand the grief cycle.

- a) Strong
- b) Average
- c) Not Strong

Create an inventory for complicated grief.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 20
“Bereavement”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twenty in the Family Solution Finder Study Guidebook.

Three types of grief.
Understand the grief cycle.
Create an inventory for complicated grief.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Three types of grief.
Understand the grief cycle.
Create an inventory for complicated grief.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “Characteristics Patterns of a Family”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a family members” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “sequence of thought” that interfere with the functioning of the family when responding to substance use disorders.

Three types of grief.

- a) Strong
- b) Average
- c) Not Strong

Understand the grief cycle.

- a) Strong
- b) Average
- c) Not Strong

Create an inventory for complicated grief.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 21

“Faith, Spiritual Practices”

Learning Objectives

- The need for faith organization participation.
- Create an Invest in the Family Ministry.
- Offer an Invest in the Family Ministry.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Characteristics Patterns of a Family”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a family members” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “sequence of thought” that interfere with the functioning of the family when responding to substance use disorders.

The need for faith organization participation.

- a) Strong
- b) Average
- c) Not Strong

Create an Invest in the Family Ministry.

- a) Strong
- b) Average
- c) Not Strong

Offer an Invest in the Family Ministry.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 21
“Faith, Spiritual Practices”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twenty One in the Family Solution Finder Study Guidebook.

The need for faith organization participation.
Create an Invest in the Family Ministry.
Offer an Invest in the Family Ministry.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

The need for faith organization participation.
Create an Invest in the Family Ministry.
Offer an Invest in the Family Ministry.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “Characteristics Patterns of a Family”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a family members” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “sequence of thought” that interfere with the functioning of the family when responding to substance use disorders.

The need for faith organization participation.

- a) Strong
- b) Average
- c) Not Strong

Create an Invest in the Family Ministry.

- a) Strong
- b) Average
- c) Not Strong

Offer an Invest in the Family Ministry.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 22

“Elements of a Family Plan of Action”

Learning Objectives

Learn element of the family plan of action.

Learn the steps in developing a family plan of action.

Be aware of the obstacles in developing a family plan of action.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

4. Rate how well you understand the “elements of the family plan of action”. (select one)
 - d) Very Strong
 - e) Average
 - f) Not Very Strong
5. Rate how well you understand “steps in developing a family plan of action” living with substance use disorders.
 - d) Very Strong
 - e) Average
 - f) Not Very Strong
6. Rate how well you understand the “obstacles in developing a family plan of action” that interfere with the functioning of the family when responding to substance use disorders.

Learn element of the family plan of action.

- a) Strong
- b) Average
- c) Not Strong

Learn the steps in developing a family plan of action.

- a) Strong
- b) Average
- c) Not Strong

Be aware of the obstacles in developing a family plan of action.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 22
“The elements of a family plan of action”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twenty Two in the Family Solution Finder Study Guidebook.

- Learn element of the family plan of action.
- Learn the steps in developing a family plan of action.
- Be aware of the obstacles in developing a family plan of action.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

- Learn element of the family plan of action.
- Learn the steps in developing a family plan of action.
- Be aware of the obstacles in developing a family plan of action.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

7. Rate how well you understand the “elements of the family plan of action”. (select one)
 - g) Very Strong
 - h) Average
 - i) Not Very Strong
8. Rate how well you understand “steps in developing a family plan of action” living with substance use disorders.
 - g) Very Strong
 - h) Average
 - i) Not Very Strong
9. Rate how well you understand the “obstacles in developing a family plan of action” that interfere with the functioning of the family when responding to substance use disorders.

Learn element of the family plan of action.

- a) Strong
- b) Average
- c) Not Strong

Learn the steps in developing a family plan of action.

- a) Strong
- b) Average
- c) Not Strong

Be aware of the obstacles in developing a family plan of action.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 23

“Roles Family Members Play in a Plan of Action.”

Learning Objectives

- Learn to identify and manage triangulation relationships.
- Deal with the six common characteristics living with SUD.
- Identify communication patterns within the family.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand “identifying triangulation relationships” (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “dealing with six common characteristics living with SUD” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “communication patterns with the family” that interfere with the functioning of the family when responding to substance use disorders.

Learn to identify and manage triangulation relationships.

- a) Strong
- b) Average
- c) Not Strong

Deal with the six common characteristics living with SUD.

- a) Strong
- b) Average
- c) Not Strong

Identify communication patterns within the family.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 23
“Roles family members plan in a plan of action.”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twenty Three in the Family Solution Finder Study Guidebook.

Learn to identify and manage triangulation relationships.
Deal with the six common characteristics living with SUD.
Identify communication patterns within the family.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Learn to identify and manage triangulation relationships.
Deal with the six common characteristics living with SUD.
Identify communication patterns within the family.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand “identifying triangulation relationships” (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “dealing with six common characteristics living with SUD” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “communication patterns with the family” that interfere with the functioning of the family when responding to substance use disorders.

Learn to identify and manage triangulation relationships.

- a) Strong
- b) Average
- c) Not Strong

Deal with the six common characteristics living with SUD.

- a) Strong
- b) Average
- c) Not Strong

Identify communication patterns within the family.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 24

“Getting Networked in Advance.”

Learning Objectives

How to use Learning Modul IV.

How to apply community mapping.

Steps to take in making Learning Modul IV an Action Step.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand “how to use learning module IV”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “how to apply community mapping” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “steps to take in making learning module IV an action step” that interfere with the functioning of the family when responding to substance use disorders.

How to use Learning Modul IV.

- a) Strong
- b) Average
- c) Not Strong

How to apply community mapping.

- a) Strong
- b) Average
- c) Not Strong

Steps to take in making Learning Modul IV an Action Step.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 24
“The Getting Networked in Advance”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twenty Four in the Family Solution Finder Study Guidebook.

How to use Learning Modul IV.
How to apply community mapping.
Steps to take in making Learning Modul IV an Action Step.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

How to use Learning Modul IV.
How to apply community mapping.
Steps to take in making Learning Modul IV an Action Step.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand “how to use learning module IV”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “how to apply community mapping” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “steps to take in making learning module IV an action step” that interfere with the functioning of the family when responding to substance use disorders.

How to use Learning Modul IV.

- a) Strong
- b) Average
- c) Not Strong

How to apply community mapping.

- a) Strong
- b) Average
- c) Not Strong

Steps to take in making Learning Modul IV an Action Step.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 25

“Suicide Prevention”

Learning Objectives

- Learn the common risk factors.
- Learn the warning signs.
- Learn about the silent contributor.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “common risk factors”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “the warning signs” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “silent contributor” that interfere with the functioning of the family when responding to substance use disorders.

Learn the common risk factors.

- a) Strong
- b) Average
- c) Not Strong

Learn the warning signs.

- a) Strong
- b) Average
- c) Not Strong

Learn about the silent contributor.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 25
“Suicide Prevention”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twenty Five in the Family Solution Finder Study Guidebook.

Learn the common risk factors.
Learn the warning signs.
Learn about the silent contributor.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Learn the common risk factors.
Learn the warning signs.
Learn about the silent contributor.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “common risk factors”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “the warning signs” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “silent contributor” that interfere with the functioning of the family when responding to substance use disorders.

Learn the common risk factors.

- a) Strong
- b) Average
- c) Not Strong

Learn the warning signs.

- a) Strong
- b) Average
- c) Not Strong

Learn about the silent contributor.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 26

“Financial Management in Substance Use Disorders”

Learning Objectives

- Learn the possible paths and their costs.
- How to get financial affairs in order.
- Manage chronic disease and your expenses.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Possible paths and their costs”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “get financial affairs in order” living with substance use disorders.

Very Strong

Average

Not Very Strong

10. Rate how well you understand the “manage chronic disease and your expenses” that interfere with the functioning of the family when responding to substance use disorders.

Learn the possible paths and their costs.

- a) Strong
- b) Average
- c) Not Strong

How to get financial affairs in order.

- a) Strong
- b) Average
- c) Not Strong

Manage chronic disease and your expenses.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 26
“Financial Management in SUD”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twenty Six in the Family Solution Finder Study Guidebook.

Learn the possible paths and their costs.
How to get financial affairs in order.
Manage chronic disease and your expenses.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Learn the possible paths and their costs.
How to get financial affairs in order.
Manage chronic disease and your expenses

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)
Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “Possible paths and their costs”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “get financial affairs in order” living with substance use disorders.

Very Strong

Average

Not Very Strong

11. Rate how well you understand the “manage chronic disease and your expenses” that interfere with the functioning of the family when responding to substance use disorders.

Learn the possible paths and their costs.

- a) Strong
- b) Average
- c) Not Strong

How to get financial affairs in order.

- a) Strong
- b) Average
- c) Not Strong

Manage chronic disease and your expenses.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 27

“Foster Care Services”

Learning Objectives

Learn the service providers case manager role.
How to bend with the requirements.
Options in achieving family reunification.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download
from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “service providers case manager role”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “how to bend with the requirements” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “options in achieving family reunification” that interfere with the functioning of the family when responding to substance use disorders.

Learn the service providers case manager role.

- a) Strong
- b) Average
- c) Not Strong

How to bend with the requirements.

- a) Strong
- b) Average
- c) Not Strong

Options in achieving family reunification.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 27
“Foster Care Services”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twenty Seven in the Family Solution Finder Study Guidebook.

Learn the service providers case manager role.
How to bend with the requirements.
Options in achieving family reunification.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Learn the service providers case manager role.
How to bend with the requirements.
Options in achieving family reunification.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “service providers case manager role”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “how to bend with the requirements” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “options in achieving family reunification” that interfere with the functioning of the family when responding to substance use disorders.

Learn the service providers case manager role.

- a) Strong
- b) Average
- c) Not Strong

How to bend with the requirements.

- a) Strong
- b) Average
- c) Not Strong

Options in achieving family reunification.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 28

“NARCAN”

Learning Objectives

Learn what is NARCAN.

Learn when to use it.

Learn what to expect as the outcome.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand “what is NARCAN”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “When to use it” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “What to expect as an outcome” that interfere with the functioning of the family when responding to substance use disorders.

Learn what is NARCAN.

- a) Strong
- b) Average
- c) Not Strong

Learn when to use it.

- a) Strong
- b) Average
- c) Not Strong

Learn what to expect as the outcome.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 28
“NARCAN”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twenty Eight in the Family Solution Finder Study Guidebook.

Learn what is NARCAN.
Learn when to use it.
Learn what to expect as the outcome.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Learn what is NARCAN.
Learn when to use it.
Learn what to expect as the outcome.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand “what is NARCAN”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “When to use it” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “What to expect as an outcome” that interfere with the functioning of the family when responding to substance use disorders.

Learn what is NARCAN.

- a) Strong
- b) Average
- c) Not Strong

Learn when to use it.

- a) Strong
- b) Average
- c) Not Strong

Learn what to expect as the outcome.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 29

“Peer to Peer Support Services”

Learning Objectives

- Learn what is Peer to Peer Support Service.
- How to create your own Peer to Peer concept.
- Understand the value of Peer to Peer service.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand “what is peer to peer support service”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “how to create your own peer to peer concept” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “understand the value of peer to peer service” that interfere with the functioning of the family when responding to substance use disorders.

Learn what is Peer to Peer Support Service.

- a) Strong
- b) Average
- c) Not Strong

How to create your own Peer to Peer concept.

- a) Strong
- b) Average
- c) Not Strong

Understand the value of Peer to Peer service.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 29
“Peer to Peer Support Service”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Twenty Nine in the Family Solution Finder Study Guidebook.

Learn what is Peer to Peer Support Service.
How to create your own Peer to Peer concept.
Understand the value of Peer to Peer service.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Learn what is Peer to Peer Support Service.
How to create your own Peer to Peer concept.
Understand the value of Peer to Peer service.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand “what is peer to peer support service”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “how to create your own peer to peer concept” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “understand the value of peer to peer service” that interfere with the functioning of the family when responding to substance use disorders.

Learn what is Peer to Peer Support Service.

- a) Strong
- b) Average
- c) Not Strong

How to create your own Peer to Peer concept.

- a) Strong
- b) Average
- c) Not Strong

Understand the value of Peer to Peer service.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 30

“Medical Assisted Treatment (M.A.T.)”

Learning Objectives

Learn what is Medical Assisted Treatment
How to support M.A.T.
Understand the regimen and titration.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand “What is Medical Assisted Treatment”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “how to support M.A.T.” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “regimen and titration” that interfere with the functioning of the family when responding to substance use disorders.

Learn what is Medical Assisted Treatment.

- a) Strong
- b) Average
- c) Not Strong

How to support M.A.T.

- a) Strong
- b) Average
- c) Not Strong

Understand the regimen and titration.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 30
“Medical Assisted Treatment”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Thirty in the Family Solution Finder Study Guidebook.

Learn what is Medical Assisted Treatment
How to support M.A.T.
Understand the regimen and titration.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Learn what is Medical Assisted Treatment
How to support M.A.T.
Understand the regimen and titration.

Using zoom.com ***breakout rooms***, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand “What is Medical Assisted Treatment”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “how to support M.A.T.” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “regimen and titration” that interfere with the functioning of the family when responding to substance use disorders.

Learn what is Medical Assisted Treatment.

- a) Strong
- b) Average
- c) Not Strong

How to support M.A.T.

- a) Strong
- b) Average
- c) Not Strong

Understand the regimen and titration.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 31

“Creating a Family Solution Finder Learning Centers.”

Learning Objectives

- Set up a local Family Solution Finder Learning Centers.
- Receive Instructor Training.
- Engauge the local community stakeholders.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>
Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand “set up a local family solution finder learning centers”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “receive instructor training” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “Engauge the local community stakeholders” that interfere with the functioning of the family when responding to substance use disorders.

Set up a local Family Solution Finder Learning Centers.

- a) Strong
- b) Average
- c) Not Strong

Receive Instructor Training.

- a) Strong
- b) Average
- c) Not Strong

Engauge the local community stakeholders.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 31
“Create a Family Solution Finder Learning
Centers.”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar One in the Family Solution Finder Study Guidebook.

Set up a local Family Solution Finder Learning Centers.
Receive Instructor Training.
Engauge the local community stakeholders.

View Power Point Presentation (with slide audio) and embedded videos.
Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Set up a local Family Solution Finder Learning Centers.
Receive Instructor Training.
Engauge the local community stakeholders.

Using zoom.com ***breakout rooms***, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family.

Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in

zoom.com. (15 min.) Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand “set up a local family solution finder learning centers”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “receive instructor training” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “Engauge the local community stakeholders” that interfere with the functioning of the family when responding to substance use disorders.

Set up a local Family Solution Finder Learning Centers.

- a) Strong
- b) Average
- c) Not Strong

Receive Instructor Training.

- a) Strong
- b) Average
- c) Not Strong

Engauge the local community stakeholders.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Seminar # 32

“Harm Reduction”

Learning Objectives

Family member role in harm reduction.
How to manage one’s self-care.
Tips in dealing with difficult people.

Instructions

Go To: <https://familiesimpactedbyopioids.com/32-learning-modules>

Download from our website onto a jump drive Steps 1-8.

Pre-Seminar Questions

Using zoom.com “Polling Feature”

Using zoom.com Polling feature:

Rate how well you understand the “Characteristics Patterns of a Family”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a family members” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “sequence of thought” that interfere with the functioning of the family when responding to substance use disorders.

Family member role in harm reduction.

- a) Strong
- b) Average
- c) Not Strong

How to manage one’s self-care.

- a) Strong
- b) Average
- c) Not Strong

Tips in dealing with difficult people.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder, eLearning Program
Seminar # 32
“Harm Reduction”
Monthly Learning System (weekly meetings)

I. Family Solution Finder Study Guidebook Module I.
(week one)

Present Highlights of the Three Learning Points: Read Seminar Thirty Two in the Family Solution Finder Study Guidebook.

Family member role in harm reduction.
How to manage one’s self-care.
Tips in dealing with difficult people.

View Power Point Presentation (with slide audio) and embedded videos.

Group discussions

II. Family Solution Finder Seminar Workbook Module II.
(week two)

Presentation of guest speaker on the topics: (30min)

Family member role in harm reduction.
How to manage one’s self-care.
Tips in dealing with difficult people.

Using zoom.com *breakout rooms*, each room completes selected Workbook Seminar question from the **Family Solution Finder Seminar Workbook Learning Module II.**

Back to Group Discussion

III. Family Solution Finder 3-D's Coping Skills Module III. (week three)

Discuss the Family Solution Finder 3-D's Coping Skills. (Group Discussion)

Review how to use Coping Skill # 1 "Determine a Solution" Model.

Review how to use Coping Skill # 2 "Develop a Decision" Model.

Review how to use Coping Skill # 3 "Design a Plan of Action" Model.

Using zoom.com *breakout rooms*, each room completes the Module III for this issue, regarding their family. Instruct the group to share as a small group discussion. See youtube.com learn to use breakout rooms in zoom.com. (15 min.)

Group discussions.

IV. Family Solution Finder Local Resource Connection Module IV. (week four)

Group Discussion of connecting with a local resource, (optional: use *white board* zoom.com feature for group involvement).

Identify "Who is in the community" for this issue.

Identify "What programs are available" for this issue.

Post Seminar Questions

Using zoom.com “Polling Feature”

Rate how well you understand the “Characteristics Patterns of a Family”. (select one)

Very Strong

Average

Not Very Strong

Rate how well you understand “different roles of a family members” living with substance use disorders.

Very Strong

Average

Not Very Strong

Rate how well you understand the “sequence of thought” that interfere with the functioning of the family when responding to substance use disorders.

Family member role in harm reduction.

- a) Strong
- b) Average
- c) Not Strong

How to manage one’s self-care.

- a) Strong
- b) Average
- c) Not Strong

Tips in dealing with difficult people.

- a) Strong
- b) Average
- c) Not Strong

Family Solution Finder



e-Learning Program

Families Living with Substance Use Disorders

Conclusion

In conclusion, the family will benefit by getting organized. By completing this workbook, they will have organized exactly how they will respond to the 32 key issues the family will possibly face in living with substance use disorders.

There is a certain level of stability when we know what is likely to happen next in our journey, prepare for how we will respond and be assured there are others around us to help when we address each issue. This workbook provides a space for the family to design their life towards being ready, empowered with knowledge and a plan of action.