



Sam D. Bernard

Sam is founder and owner and President of **Bernard & Associates, P.C.** his Chattanooga-based private practice focusing on trauma, crisis intervention and disaster mental/behavioral health. He is founder and President of the Board of Directors for the **PAR Foundation**, an IRS registered non-profit that provides **Preparation, Assessment and Response** for various crisis. Sam is a national and international educator, consultant and program developer concerning psychological / behavioral crisis, trauma, suicide, employee assistance program (EAP) services, psychological autopsies, organizational consultations, and public speaking. Sam is a curriculum consultant and instructor with FEMA since 2008 at both CDP and EMI. He researched, consulted, and presented on various psychological aspects of COVID-19. He develops special projects to address psychological trauma prevention and recovery in unique and underserved populations.

Academic:

- **PhD:** Columbia State Consortium: Counseling Psych. focusing on disaster psychology and crisis intervention
Internship: Crisis Management International, Atlanta, GA (1 year)
Residency: Erlanger Medical Center's Level One Trauma Center, Chattanooga, TN (1 year)
- **MA:** Austin Peay State University: Clinical Psychology focusing on psychological testing and therapy,
Internship: Harriett Cohn Mental Health Center & Clarksville Hospital's Psych Ward (6 months)
- **BS:** Emory & Henry College: Psychology with a minor in Sociology and Biology;
Internship at SW State Psychiatric Hospital's Geropsychology Unit, Marion, VA (3 months)

Licensure/Certification:

- Licensed Senior Psychological Examiner – Health Service Provider in Tennessee
- National Certified Counselor
- National Certified Gerontological Counselor
- National Certified Psychologist
- Traumatologist; Green Cross
- Board Certified in Comprehensive, School and University Acute Traumatic Stress Management
- Certified Traumatic Stress Consultant; The Institute for Traumatic Stress
- Psychological Autopsy Investigator and Researcher; American Association of Suicidology
- Fellow and Diplomate, American Academy of Experts in Traumatic Stress
- Certified, Critical Incident Stress Management; University of Maryland - Baltimore County
- Certified, Homeland Security – Level III
- Employee Assistance Specialist – Clinical; Employee Assistance Professionals Association
- Certified Grief Counseling Specialist
- COVID-19 Contact Tracing; John Hopkins University

Instructor:

- **International Critical Incident Stress Fdn (ICISF):** Instructor of 19 courses; National Road Show faculty; International faculty
- **FEMA/EAI/Leidos/SAIC: Center for Domestic Preparedness- Nobel Training Center**, Anniston, AL: Advanced Public Information Officer course (and "Road-Show" faculty) since 2008
- **American Red Cross:** Basic & Adv. CPR; Stress Mgmt.; Disaster Mental Health Services (Retired:30+ years)
- **The Institute for Traumatic Stress:** Acute Traumatic Stress management (ATSM);
ATSM for Schools; University & College ATSM
- **Resiliency Sciences Institutes:** Instructor, Crisis Leadership; University of Maryland-Baltimore County
- **American Academy of Experts in Traumatic Stress (AAETS):** Comprehensive Acute Traumatic Stress Management (CATSM); School ATSM; University ATSM; Excellence in Teaching Award
- **New York Academy of Medicine:** Psychosocial Aspects of Terrorism
- **Green Cross Projects:** Traumatology and Compassion Fatigue Instructor; Training Site Coordinator
- **FEMA's Emergency Management Institute**, Emmitsburg, MD: Advanced Public Information Officer and Master Public Info Officer
Facilitator: Virtual Table-Top Exercises (VTTX) since 2011
- **Suicide Prevention Resource Center:** Assessment & Management of Suicidal Risk (AMSR): Inpatient, Outpatient, Substance Use Disorder
- **QPR Institute :** QPR (Question, Persuade, Refer) Suicide Intervention Model
- **Southern Adventist University; University of Tennessee Chattanooga:** Adjunct Professor: Graduate Counseling Psychology
- **National Association of School Psychologist:** PREPaRE Courses: 1.Crisis Prevention & Preparedness; Comprehensive Safety Planning;
2. Crisis Intervention & Recovery: Roles of School-Based Mental Health Professionals
- **Robert Douglas & Associates:** Advanced Multi-Systemic Resiliency Approach EAP Critical Incident Response
- **Tennessee Commission on Children & Youth:** Building Strong Brains Tennessee (ACEs Educational Program)

Board Member:

- **American Academy of Experts in Traumatic Stress:** [Board of Scientific & Professional Advisors](#); Recipient: Excellence in Teaching
- **PAR Foundation**, Founding member, President Board of Directors; [website](#)
- **Tennessee Suicide Prevention Network**, Founding member, Chair & Emeritus Chair of Governor's Advisory Council; [website](#)
- **Chattanooga Area Clinical Pastoral Education**, Board member 2017-2021 [website](#)

Volunteer Service:

- **American Red Cross:** Retired after 30+ years beginning in 1975 (15 years old), Instructor in various courses including:
 - =First Aid, Advanced First Aid and Emergency Care
 - =CPR and Professional Rescuer CPR
 - =Disaster Mental Health (National Instructor)
 - =Stress Management
 - =HIV-AIDS Education
- **CISM Team:** Northeast TN CISM; Tri-State CISM Tm; Suicide Postvention Response Tm; School Crisis Support Coop;
- **Civil Air Patrol, Auxiliary US Air Force:** Joined 1990; retired after 24 years holding the rank of Lieutenant Colonel; served as:
 - =Squadron Pilot and Assistant Medical Officer
 - =Squadron and Wing Public Affairs Officer and attained "master rating" in PAO,
 - =Southeast Regional Critical Incident Stress Management Officer
 - =National CISM Team Leader and lead trainer (6 years)
- **TN Suicide Prevention Network:** Founding member; elected 2007 and 2008 Chair, Governor's Advisory Board; first "Emeritus";
- **TN Department of Agriculture & TN Department of Homeland Security:** Consultant: Agri-terrorism and Psychological Impacts;
- **Hamilton County Health Department:** Medical Reserve Corp;
- **Clinical Pastoral Education, Erlanger Medical Center**, Chattanooga, TN; Clinical Consultant/Lecturer,
- **National Center for Missing and Exploited;** Clinical Team
- **Second Life Tennessee /Street Grace:** Clinical Volunteer (*Awareness education concerning human trafficking*)
- **PAR Foundation:** COVID Support Group Facilitator: COVID Workers, Chaplains, Public Information Officers, Gay Men

Incident Response:

- **Woodmore Elementary School Bus** Crash, Chattanooga, TN Clinical consultant to guidance counselor staff
- **Nutro /MARS**, Nashville, TN; Lead Clinical EAP Consultant: Employee killed in terrorist bombing at Brussels Airport, March 2016
- **Chattanooga Terrorist Shooting**, Mayor's Office / Chief of Police / Family Justice Center: Clinical consultant, July 2015
- **Green Cross Projects:** Deputy IC with FSU; Tsunami & Katrina & Rita & Miami post Haitian earthquake
- **GA EMA:** Tri-State Crematory Event response: 2 months on-site working with GBI agents, local responders and families;
- **NYC 9-11-01:** 3 weeks; consulting with FORTUNE 5 Companies in lower Manhattan
- **Local Responses:** robberies, workplace violence, suicide, homicide, drowning, lost person, fires, tornadoes, aviation incidents, etc.

Special Projects:

- **Memorial Hospitals:** Contractor; COVID Supplemental Staff Support Project providing crisis and counseling to staff and physicians
- **COVID-19:** =Psychological Resources [website](#) =Facebook LIVE broadcasts [website](#) =Discussion/Support Groups(various)
=EndCoronaVirus.org mental health consultant [website](#) =Infodemic Challenge: Behavioral Health Consultant
- Director, Mental Health Services; **Captive Audience:** Abduction prevention, Captivity survival training, Recovery services
- **International Trainer:** NAV Portugal: air traffic controllers (ATC), pilots, cabin crew & Portuguese Air Force ATC;
SkyGuide: Swiss Air Traffic Controllers and airport employees
- **FEMA, Public Information Officer** curriculum development focus groups for Advanced and Master PIO courses: since 2007
- **Chattanooga State Community College:** Military Veteran Student Enhancement Project: 2016
- **Response Works Aviation Disaster Coordinator:** Nashville, TN International Airport; Co-coordinator Atlanta, GA Airport
- **Magic Relief:** Training magicians in psychological crisis intervention to provide service in disaster shelters
- **John D Martin, EdD Institute for Clinical Crisis Chaplain Education:** educating spiritual leaders in trauma informed shepherding
- **LGBTQO Peer Crisis Support Project:** developing peer crisis support teams internationally
- **Journalist/Media Peer Crisis Support Project:** developing peer crisis support teams for media journalist
- Zero COVID: Chattanooga: Founder/Consultant

Personal: Married; Native of Kingsport, TN; Only child; Home in Chattanooga, TN; Licensed private pilot; People-To-People High School Student Ambassador 1980 – visited Austria, Germany, Italy, Greece, Yugoslavia with home-stays in Austria, Germany, and Greece, then in 1981, France, Egypt, Israel, China and Japan with home-stays in France and Japan; Survivor of an aviation incident in Karachi, Pakistan while serving as a People-To-People High School Ambassador in 1981; Pet therapy with "Buddy" (petit sheltie) until his death in 2010. He has been learning magic since 1976 and is a member of the International Brotherhood of Magicians. Volunteer research subject for Moderna's phase 3 COVID-19 vaccine.

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