

Don't Forget Mothers Day!



St. Augustine Shores OBSERVER

NEWS FOR AND ABOUT RESIDENTS OF ST. AUGUSTINE SHORES

Shores Community Pool Opens in May



The Shores Service Corporation's Riverview Club pool and bath house is scheduled to open for the season by May 30 this year according to General Manager Joe Smith. During the off season several Riverview Club renovation projects have been underway including resurfacing the pool and updating the bath house to meet Federal, State, and County regulations.

Youth Featured at St. Augustine Orchestra's Sprint Concert "Hidden Treasures"

St. Augustine Orchestra (SAO) features talented local youth at their upcoming May 15, 2015 concert.

Performing Bach's Concerto for Two Violins in D Minor; soloists from the Jacksonville Symphony Youth Orchestra (JSYO) Philharmonic; Sarah Byres and William Harrington will be offered to share the stage with the St. Augustine Orchestra.

Sarah Byre, a junior at Douglas Anderson School of the Arts, is a JSYO Philharmonic member and co-concertmaster at Douglas Anderson Chamber Orchestra. She is three-time All State Orchestra member and plans to pursue a career in music performance. See picture on page 5.

William Harrington, a sophomore at Ponte Vedra High School, is concertmaster of the Philharmonic Orchestra of JSYO. William is a 2015 finalist in the SJYO Young Artist Competition. In addition to his musical talents, William is an Eagle Scout and plans to pursue a career music and engineering.

Students studying strings under SAO's Music Director William McNeiland leadership will showcase their talents performing a selection of bluegrass music. Mr. McNeiland has devoted most of the last year to help the fledging string program at St. Johns County Center for the Arts at R.J. Murray Middle School. SAO has a long standing commitment to youth programs including instruction, mentorship, and performance opportunities.



The spring Hidden Treasures concert will be held on May 15, 2015 in the beautiful gilded age ambiance of The Lightner Museum at 25 Granada Street in St. Augustine. The program will begin at 8:00 P.M., doors open at 7:00 pm. Tickets for the concert are \$20.00 for adults, \$5.00 for Students with ID, and free to Children 12 and under. Tickets are available in advance online at www.StAugustineOrchestra.org or at the door on the performance night. (continued on page 5)

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1965 A1A SOUTH #180
St. Augustine, FL 32080-6509

Shores Riverview Club Morning Yoga Class



The morning yoga class each Monday, Wednesday, and Friday at the Shores Riverview Club surprised their instructor, Nancy Willis, by dressing up with T-shirts reading "Yes, Yoga Mama" on Valentine's Day morning. One of the students did the T-shirt imprinting and also gave Nancy a fashionable yoga outfit. It was so amusing that we had to take a photo of the morning event! The class is so grateful to Nancy for her dedication to keeping us "yoga fit."

What's Inside The Observer This Month...

- News From Around the Shores:
 - May Rec. Calendar
 - Shores Service Corp May Board Update
- Health Update: Gamer's Thumb
- Financial Focus: "Step-by-Step" Approach Can Ease Estate Planning Process
- Computer Corner: Windows 10 is Coming....
- Sheriff's Corner: Proms, Parties and Alcohol
- Make Your Home Easy To Insure

The St. Augustine Shores Observer

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Cliff Logsdon
Publisher/Editor
(904) 607-1410
clifflogsdon@att.net
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The function of the St. Augustine Shores Observer is to serve residents of the St. Augustine Shores Community.

First priority will be given to reporting news and activities of the residents of the St. Augustine Shores, Shores organizations and other news and events that directly affects St. Augustine Shores. Second priority will be given to articles of general interest as space permits.

Information must be received by the 10th of the month in order to appear in the following month's issue. Articles or information may be sent to the Shores Observer, 1965 A1A South #180, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@att.net.

All material submitted to the Shores Observer is subject to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the Shores Observer.

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The Observer is published by an independent publisher and is not affiliated with the Shores Developer, the St. Augustine Shores Service Corporation or the St. Augustine Shores Civic Association.

How To Reach The Shores Service Corporation (Shores Homeowners Association) (904) 794-2000

Shores Community Calendar

• **Shores Service Corporation** monthly meetings are held on the second Thursday of each month. Meetings are at 7 p.m. at the Riverview Club.

• **Shores Recreation Association** board meetings are held on the first Tuesday of each month at 11:30 a.m. at the Riverview Club.

• **Conquistador Condominium** Board meetings are held on the fourth Monday of each month at 6 p.m. at the Riverview Club.

• **Fairview Condominium** Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.

• **Greens Condominium** Board meetings will vary. Contact Steven Sheremeta at Sovereign-Jacobs at 904-461-5556.

• **Casa Bella Condominium** Board meetings- March 12th, 2015- 6 pm Annual Meeting, April 7th, 2015- 6:30 pm, May 5th, 2015- 6:30 pm, June 2nd, 2015- 6:30 pm.

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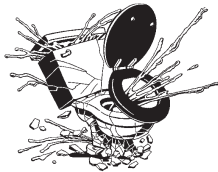
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Community Classifieds

The Observer offers free community classified ads to all Shores residents. Ads May Not Promote A Business Or Service. Classified ads will not be printed without a name, address and phone number included with the request. Send your ad to Shores Observer, 1965 A1A South #180, St. Augustine, 32080-6509. Or you may email your ad to clifflogsdon@att.net. Deadline for all ads is the 10th of every month for the next month's issue.

FOR SALE: Aladdin Sunshine CCTV video magnifier for people with low vision. 2008 like new. Orig. \$2300. Now \$1200. Also Pico hand-held video magnifier. 2008 like new. Orig. \$600. Offered for \$300. (856)630-1981.

FOR SALE: 1. 2 High back orange mesh stackable outdoor chairs and a small side table in very good condition. \$25.00/set.

2. Orvis seersucker striped lightweight bedspread/blanket; will fit twin bed as a bedspread, or double bed as a quilt. Also, a set of matching pillow shams. Beautiful, and unique. \$65.00/complete set. 3. Set of 4 Mercedes original carpeted floor mats in medium beige. Very good condition. Contain metal Mercedes logo on front mats. Fits many models (came from a 2004 CLK 320). \$70.00/set. Call 904 797-3736.

FOR SALE: Men's or Boy's 26", 14 speed shift/ Black color bicycle. Super condition-used one year. Has been upgraded with improved seating, Motorcycle size rear view mirror, has front & rear lighting for safety, warning bell and a hold all carrier. Including all these improvements, bicycle is priced at only \$70. Call 904-217-0940.

FOR SALE: Bathroom Vanity/Sink. Free standing oak. Great condition. \$150.00k call 904-347-3702.

FOR SALE: 1. DELL Monitor 19" and Keyboard with mouse, \$60.00/ 2. MICROSOFT Wireless Optical Desktop Keyboard and Optical Mouse, \$25.00. Tel. 423-928-0298.

FOR SALE: 1. 21 speed GT All Terrain Bicycle. Excellent condition with owners manual. Great for beach and bike trails. \$150. 2. 21 Speed Pacific tandem bicycle like new. All terrian tires. Great for beach and bike trails. \$200. Call 404-386-2278.

FOR SALE: MISC. WHITE WICKER: 2 chairs \$50/60, end table \$30, TV Entertainment Center \$100. Oak Cracker Barrel Rocker \$100, Vtg. Wood Secretary desk/dresser & glass cabinet \$125, Vtg Wood China Cabinet \$100. OBO call: 904-442-9168.

YARD SALE: Ladies clothes size 8, 10, 12 evening gowns and accessories. Misc. household items, brown 2 seated recliner sofa with console in middle (asking \$300). May 8, 9 at 283 Almansa Rd. 679-5517.

WANTED: Stationary/Exercise bike, older model preferred if in good condition. Call: (904) 794-6837.

BIBLE STUDY GROUP: Who would be interested in joining? We could meet in the St. Augustine Shores Riverview Club Library on Monday or Thursday evening from 7:00 - 9:00 p.m. Open for suggestions contact Martina Lingas at: 904-342-2604 or email hmlinges@arcor.de.

FREE TO GOOD HOME: Adorable Black and White Adult Female Cat, Spayed; Owners relocating; Needs a Loving Home. Call: 603-582-2621.

Breast Cancer Support Group of St. Augustine

The monthly meetings are held the first Tuesday of every month at 7 PM in the Cancer Resource and Education Center (Suite 1010) at Flagler Hospital. We welcome newly diagnosed breast cancer patients, survivors of all ages and caregivers. For more information call (904)501-7100 or email Bean602@aol.com.

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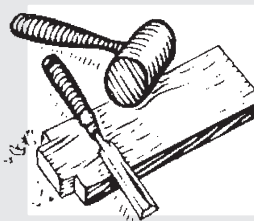
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St. Augustine Shores Club News

April Riverview Club Calendar

DANCE MEMBERS:

May 3rd EARLY SOCIAL

6:00PM - 9:00PM Music By: Ernie

Sunday Chairpersons: Paul & Kristen Bergquist

Reservations: Tuesday 4/28/15 and Thursday 4/30/15 *9-10am

Dance Members and Houseguests- \$5 / Activity & Outside Guests- \$10 BYOB

May 23rd MAIN SOCIAL

7:00PM- 10:00PM Music by: Nostalgia

Saturday Chairpersons: Kurt & Carla Greulich

Reservations: Tuesday 5/19/15 and Thursday 5/21/15 *9-10am Dance Members and

Houseguests -\$5 and Activity & Outside Guests \$10.00. *BYOB*

ACTIVITY MEMBERS:

ART CLASS- This is a private art class you do not need to be a Rec. Member to participate. Please contact Shirley Depasquale to sign up 904-461-4632.

BOOK CLUB- Second Wednesday of every Month in the library from 3-4pm. You do not need to be a Rec. member to attend.

RUBBER BRIDGE- Friday at 12:30PM

BRIDGE LESSONS- Every Monday at 10:30am

CHICAGO BRIDGE- Must have a partner to Play, Monday at 12:30 and Thursday at 12:30pm

CHAIR YOGA- Every Wednesday at 12:30pm Friday at 10:45am. A gentler form of yoga for those for whom balance is an issue.

DANCE CLASS - Dance & Activities Members Welcome. Classes run every Thursday at 2pm. Members \$2.50 per person, Guests \$3.50. NOTE: the May 14th class will be held on Wed. May 13th at 2pm and the May 28th class will be held on May 27th @ 2pm.

EXERCISE CLASS- Every Tuesday and Thursday at 10:00AM. Donation at door \$2.00, call Nancy Willis 794-1855

FRENCH CLASS- learn French conversation on Tuesdays @ 1:30pm. To sign up call Micheline Sterling 794-0800

LINE DANCING- Every Monday at 7pm and Wednesday at 10:00AM

MAH JONGG- Tuesday at 1:00PM & Wednesday at 10:30AM

Writers in the Shores- May meetings for Writers in the Shores will be Tuesday the 12th and again on the 26th at 1pm. The chosen subject "Happiness is..." was suggested for this month's topic on the 26th. Rec. Membership is not required for more info please call Donna Johnson @794-0789

YOGA- Every Monday, Wednesday and Friday at 9:00AM. Bring a non-skid mat & wear comfortable clothing (no belts or anything tight around your waist). The class is geared to all levels

To All Members of the Recreation Association,

If you know of anyone who should receive a greeting card, please call Cecilia Scully at 797-4816

SPECIAL NOTICE

Geoffrey S. Nadler, local Edward Jones financial advisor, will host a coffee club at 9:00 a.m. the second Friday of each month at the Riverview Club Library at the St. Augustine Shores.

Early Social- June 7th Sunday 6-9pm. Entertainment: Frank Saffi

Dance Members (& Houseguests) - \$5/ Activity Members & All outside guests- \$10

Main Social- June 27th Saturday 7-10pm. Entertainment: Phil Farino

Dance Members (& Houseguests) - \$5/ Activity Members & All outside guests- \$10

Memory Enhancement Classes will begin May 12th @ 2 pm and continue until June 30th. Please call Michelle Sanchez 904-729-9535. Pre-Registration is required

Attract Butterflies and Hummingbirds to Your Yard

by Renee Stambaugh, Native Plant Consulting & Native Gardens Nursery

Northeast Florida is home to a spectacular array of butterflies as well as our Ruby-throated Hummingbird. Discover how to cater to their life cycle needs May 21 at the St. Johns County Windstorm Training Center, 3111 Agricultural Center Drive, St. Augustine from 2-4 PM.

Beverly Fleming, Master Gardener and Nature Columnist, will explain how to offer not only nectar plants for the adults, but also how to sustain the

babies. "By balancing your landscape with Florida native plants, you can enjoy watching the caterpillars grow and transform into adult butterflies as well as watching hummingbirds raise their young", says Fleming.

This free program is open to the public and hosted by the St. Johns County Extension Service. For more information go to www.nativeplantconsulting.com or call 904-692-3927.

Needlework with Friends

Needlework with Friends, a program sponsored by Friends of the Main Library St. Augustine, meets at the Main Library from 1:30 - 3:30 p.m. on the first and third Monday of the month. May 4 & 18 and June 1 & 15 are upcoming meeting dates. Bring your favorite projects - knitting, crocheting, needlepoint or cross stitch - and share your love of needlecrafts. This

program is free of charge and open to the public.

For more information contact Friends President Mrs. Toni Siriani at toni825@hotmail.com or call the Main Library at 904-827-6940. Please visit the St. Johns County Library System website at www.sjcpls.org. Follow us on Facebook/Friends of the Main Library St. Augustine.

Brown Bag Lunch Fiesta 450! Prelude

May 2015 Wednesday On May 20, 2015, Friends of the Main Library St. Augustine will host Fiesta 450! Prelude, a sneak peek of EMMA Concert Association's upcoming event celebrating St. Augustine's 450th birthday. Reservations are required for this very special program, which will begin at 12:30 p.m. at the Main Library at 1960 N. Ponce De Leon Blvd. Reservations can be made at the Reference Desk in the Main Library or by calling the Main Library at 904-827-6940.

Fiesta 450! will be a major celebration on September 6 at the St. Augustine Amphitheatre, featuring free Spanish-themed performances and a musical tribute to St. Augustine directed by Gary Cadwallader. The St. Augustine Orchestra, the St. Augustine Community Chorus, the Limelight Theatre and the First Coast Opera will join in this performance. The Ensemble Espanol will perform at an evening ticketed performance.

Fiesta 450! Prelude at the Brown Bag Lunch will include a presentation by Joanne Everett, Chairperson of Fiesta 450!,

about the history of EMMA, the upcoming season and an overview of the September 6 event. Everett will also share a YouTube video of Ensemble Espanol. Director Gary Cadwallader will give a preview of the Fiesta 450! afternoon performance. Guests of the Wednesday Brown Bag Lunch will then be treated to a musical performance including two singers and a keyboardist from First Coast Opera, and a narrative performance highlighting St. Augustine's Spanish Heritage, presented by the Limelight Theatre.

Fiesta 450! Prelude is sponsored by Friends of the Main Library St. Augustine. Patrons are welcome to bring their lunch. Beverages will be provided. The program is free and open to the public, but reservations are required to guarantee seating. For reservations, please call the Main Library at 904-827-6940. For additional information, contact Friends President Toni Siriani, toni825@hotmail.com. Follow us on Facebook/ Friends of the Main Library St. Augustine.

"LOVE, LOSS and WHAT I WORE" CAST ANNOUNCED

A Classic Theatre announces the cast of their second production of the 2014-15 Season, "LOVE, LOSS and WHAT I WORE" by Nora Ephron and Delia Ephron, based on the book by Ilene Beckerman. Directed by Anne Kraft, the three performances are on Monday May 11, Tuesday May 12, and Wednesday May 13 as part of the Romanza Festivale. All performances at 7:30pm at the Gamache-Koger Theatre in the Ringhaver Student Center of Flagler College at 50 Sevilla St., downtown St. Augustine. Tickets are \$20 Adults, \$10 Students (at the door with ID). Tickets on sale now at www.aclassictheatre.org Reservations at aclassictheatre@hotmail.com Call 904-829-5807 for information.

Proving that a great show is always in fashion, "LOVE, LOSS, AND WHAT I WORE" is an international hit and uses clothing and accessories and the memories they trigger to tell funny and

often poignant stories that all women can relate to, creating one of the most enduring theatergoing experiences.

The six talented actresses cast in the production are Francesca Bellavista, Barbara Evans, and Jean Rahner of St. Augustine; Julie Grayauskie of Ponte Vedra Beach, Harolyn Sharpe of Fleming Island, and Vanessa Warner of St. Johns.

Lighthearted and witty, "LOVE, LOSS AND WHAT I WORE" is perfect for a girls night out, a mother-daughter outing, or even a date night. Some have called it a chick flick for the stage, and it's a fair assessment. It has all of the qualities of a great chick flick: relatable characters, quotable comedy and the right amount of sentimental moments mixed in. A show about matters of the heart and matters of the closet! -The New York Times.

Don't miss this tribute to the women in your lives... you'll recognize them... and you'll love them! And please like us on FaceBook.



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News from Around the Shores

St. Augustine Shores Service Corporation April 9, 2015 Board of Directories Summary

The St. Augustine Shores Service Corporation's Board of Directors held their April 9, 2015 regular meeting at 7:00 p.m. and conducted the following business:

1. Approval of the Minutes – March 12, 2015 was made by unanimous motion.
2. Treasurers Report – Approved and accepted for audit with Reserve Fund Expenditures explanations.
3. The ACC Committee had 1 meeting in the month of March where there was discussion about window replacement not needing to be permitted by the ACC.

The ACC Committee also approved 9 applications:

- 5 fences
- 1 Florida room
- 1 new house
- 1 screen room
- 1 shed

Total approved YTD 154

4. The General Manager discussed the Pool Marcite Project and explained that the pool chemical balancing for 200,000 gallons of new water is progressing for pool opening.

He also explained the progress on the Pool Bathhouse Project is moving slower than planned, but stated that the pool is scheduled to open between April 15 and the end of the month.

5. The Board was informed that the County Commission voted against Deltona's bid for a major modification to the PUD changing front setbacks on 16 lots in Unit 7 from 25 feet to 20 feet. Without this change, Wetland buffer question would cause development issues. The General Manager provided Deltona's

representative attending the meeting with contact information for St. Johns River Water Management.

6. The General Manager provided the Board with a copy of the revised Baker Landscaping Contract for approval. An e-mail from Internal Audit Committee Chair Lance Conner was presented in support of the revised contract. Following Board discussion the Board approved the Baker Landscaping Contract for 3 years.

7. The General Manager reported that the Election Committee has met and the audited return envelope processing has commenced. 475 proxies received to date. 513 needed to establish a quorum. Future processing set for April 27 and April 30.

8. The General Manager reported that the Pier Staining and Playground Mulching budgeted projects have been completed.

9. The General Manager provided a Deed Violation packet to each Board member that included the initial report of the violations, a printed copy of the entry into the Pride system, a printed copy of the follow up detail from the County Code Enforcement Department and a follow up report on violations reported in the prior month which explained the process.

10. The Directors comments:

We should stop printing out the Deed Restriction Report for the meetings.

What is the status of the park stop Fakahatchee grass replacement project?

The Board needs support and plans to meet with Commissioner McClure about bus kiosk grant funding.

A resident was commended for their effort to remove Gofer Tortoise from the roadway

Writers In The Shores

By Donna Johnson

The May meetings for Writers in the Shores will be on Tuesday the 12th and again on the 26th. The chosen subject "Happiness is" was suggested for this month's topic to write about on the 26th. Come and check us out, everyone is welcome and we would like to invite anyone who loves to write. You do not have to be a member. We meet the 2nd and 4th Tuesday of each month at 1:00 pm here at the Riverview Club Library. We are a casual group who enjoy sharing their work and related discussion with each other. There are no officers, dues or requirements. All genres are encompassed. For information call me at 794-0789.

St. Augustine Travel Club

by Peter Dytrych


Please join us for our FREE St. Augustine Travel Club get together on Tuesday, May 12, at 2:00pm at the Southeast Branch Public Library on U. S. 1 when we will present on Mexico's Guadalajara and Puerto Vallarta. The Travel Club is intended to be educational and fun. We hope you will be able to come. The club is open to all St. Augustine residents and friends. For any questions, please call Peter at 904 797-3736.

Temple Bet Yam to Host Wine & Cheese Reception for Prospective Members

Wednesday, May 6th, from 7:00 – 8:30 PM, Temple Bet Yam of St. Augustine will host a wine and cheese reception for individuals and families interested in learning more about the Temple. Temple Bet Yam, led by Rabbi Fred Raskind, has a membership of 110 families, including many from interfaith backgrounds. Members are warm and welcoming and truly care about one another. Temple activities are diverse, from worship services punctuated by music from the lively choir, to lifelong learning, social justice, and a myriad of social activities. For families with children, the Religious School serves students from Pre K through B'nai Mitzvah, and a "Teen Talk" group meets regularly with the Rabbi.


Whether you are searching for a Temple, or have been away from Judaism for a while, please join us on May 6th. Guests are always welcome at any service. Visit us at <http://templebetyam.org/> for our service schedule and other calendar events. For more information please call: 904-819-1875. Temple Bet Yam is located at 2055 Wildwood Drive, St. Augustine, just off SR 207, with close proximity to I-95.

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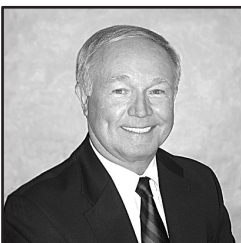
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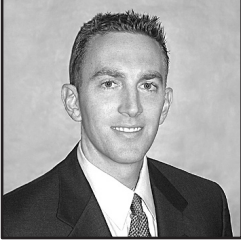
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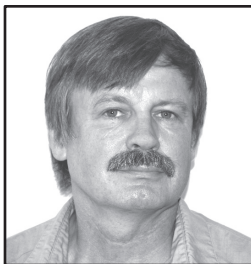
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- Wound Care • Restorative Care



Computer Corner

By Gary Herrick, Computer Professor
904-377-6785
mainely2@bellsouth.net

Windows 10 is coming.....

Greetings from Computer Professor
I hope some of you have had the opportunity and ambition to learn a little about Windows 8.1, the fastest and easiest operating system Microsoft has offered to date (yes, I have owned all of them) because Windows 10 is on its way. Microsoft built a great operating system with Windows 8 but failed on letting anyone know what was going on; therefore most people, users and techs alike, reacted in disfavor when Windows 8 first came out. To Microsoft's credit (beneficial or not) they reacted to overwhelming number of grumbles and started to adjust Windows 8. Many grumbles were from beginning and average users and dealt primarily with "where did this or that button go"? I must confess the adjustment they made and came out with in Windows 8.1 was for the better.

Remember I discussed Windows 8 before and it is essentially Windows 7 and the new tablet "app" craze brought together in a real nice way. Once my clients and students found this out they come to use and like it much faster than any other Windows version change.

It seems Microsoft has grown tired of this battle every time technology and

demand advances and the Operating systems evolve to keep up with the visionaries of our planet. This thought combined with new leadership at Microsoft has them working on a new Windows version, Windows 10. The current information reveals there will not be any more Windows versions; but rather just updates to Windows 10, like existed in Windows XP's four major versions. They are putting in a lot of future capability to make this possible. You will still have a merged "APP" and regular full function computer. No operating system has ever gone backward in capability and never will.

I have been previewing the Beta of Windows 10 for six months, they are putting in a ton of work on this and I hold my opinion until after the final has been out and fine-tuned. Other facts about Windows 10 are that they plan on providing it free for all Windows 8 users and possibly Windows 7 users, IF your computer is compatible. We will have a year to get the free upgrade to Windows 10 so you do not have to jump too soon. The official release date is not announced yet but the unofficial goal is summer - fall of this year.

AZA Grants Accreditation to St. Augustine Alligator Farm Zoological Park!

The Association of Zoos & Aquariums (AZA) today announced that the St. Augustine Alligator Farm Zoological Park was granted accreditation by AZA's independent Accreditation Commission.

"The Association of Zoos and Aquariums accredits only those zoos and aquariums that meet the highest standards," said AZA President and CEO Jim Maddy. "As a proven leader in the care and conservation of wildlife and education outreach, St. Augustine Alligator Farm is ranked among the best zoos and aquariums in the world."

To be accredited, the St. Augustine Alligator Farm underwent a thorough review to ensure it has and will continue to meet ever-rising standards, which include animal care, veterinary programs, conservation, education, and safety. AZA requires zoos and aquariums to successfully complete this rigorous accreditation process every five years in

order to be members of the Association.

The accreditation process includes a detailed application and a meticulous on-site inspection by a team of trained zoo and aquarium professionals. The inspecting team observes all aspects of the institution's operation, including animal care; keeper training; safety for visitors, staff and animals; educational programs; conservation efforts; veterinary programs; financial stability; risk management; visitor services; and other areas. Finally, top officials are interviewed at a formal hearing of AZA's independent Accreditation Commission, after which accreditation is granted, tabled, or denied. Any institution that is denied may reapply one year after the Commission's decision is made.

Founded in 1924, the Association of Zoos and Aquariums is a nonprofit organization dedicated to the advancement of zoos and aquariums in the areas of conservation, animal welfare, education, science, and recreation. AZA is the accrediting body for the top zoos and aquariums in the United States and seven other countries. Look for the AZA accreditation logo whenever you visit a zoo or aquarium as your assurance that you are supporting a facility dedicated to providing excellent care for animals, a great experience for you, and a better future for all living things. The AZA is a leader in saving species and your link to helping animals all over the world. To learn more, visit <http://www.aza.org>.

The St. Augustine Alligator Farm Zoological Park is one of Florida's oldest and most treasured attractions. Since 1893, it has provided visitors with

Youth Featured at St. Augustine Orchestra's Sprint Concert "Hidden Treasures"

(continued from page 1)



SAO invites accomplished musicians to join the orchestra for the 2015/2016, which will begin with the September 6, 2015 performance at the St. Augustine Amphitheatre for the city's 450th commemoration celebration. Rehearsals will begin in August. For membership opportunities please contact Victoria Scarlett at 904-655-7499.

Sarah Byre, a junior at Douglas Anderson School of the Arts, a JSYO Philharmonic member and co-concertmaster at Douglas Anderson Chamber Orchestra

Retired & Senior Volunteer Program Hosts Fashion Show

The Retired and Senior Volunteer Program (RSVP) of St. Johns County will be hosting its inaugural fashion show on Tuesday, May 12 at the prestigious Slammer & Squire Country Clubhouse in World Golf Village. The fashion show entitled "A Night in Spain - 450 Years Tracing St. Augustine's Roots" will be an evening of elegance reminiscent of Spain's culture and heritage. The event price of \$45 includes dinner and fashion show beginning at 6:30 p.m. For just \$10 more attendees can also enjoy the VIP tapas party at 5:30 p.m. The evening will showcase clothing and accessories by Cottonways Boutique of St. Augustine, and hair and make-up by London Looks Hair of St. Augustine Beach. Proceeds

from the event will be used to recruit, train and place volunteers to serve at-risk youth in the St. Johns County School District through mentoring, tutoring, and school readiness literacy enrichment. For tickets - 904-547-3945; @RSVPofStJohnsCo; www.rsvpstjohns.com.

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exciting and educational opportunities to interact with a wide range of crocodylians, reptiles, mammals and birds. Located on Anastasia Island in St. Augustine, The Alligator Farm features natural exhibits, wildlife shows and educational demonstrations. It is the only place in the world where visitors can see every species of alligator, crocodile, caiman and gharial. In 1992, The Alligator Farm was designated a U.S. Historic District. For more information, visit www.alligatorfarm.com.

Please contact Molly Ebersold at St. Augustine Alligator Farm at (904) 669-3201 for additional information about the facility, including special events and activities for visitors and its ongoing commitment to wildlife conservation and science education.

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Temple Bet Yam Holds Chocolate Passover Seder



Temple Bet Yam recently held a Chocolate Passover Seder for the children and families of the Religious School. As the Seder progressed, children learned the traditional symbols on the Passover Seder plate through chocolate treats that replaced them. One of the highlights of the morning was the hiding of the Afikomen, a piece of matzoh that is wrapped in a napkin and hidden. The children raced to find it, knowing that there was a prize for the winner. Everyone had a delicious time.

For more information about Temple Bet Yam, please call: 904- 819-1875 or go to templebetyam.org. Temple Bet Yam is located at 2055 Wildwood Drive, St. Augustine, just off SR 207, with close proximity to I-95.

“Dancing Around the World” at Riverview Club



Picture Caption
Jacksonville dance instructor Misha Vlasov, and his very talented student Kim Taylor, are shown here in their spectacular ending of their American Tango performance at a recent association dance.

The St. Augustine Ballroom Dance Association will gather for an evening of dancing in elegant style on Saturday, May 9th from 7:30pm to 11pm, at the Riverview Club, 790 Christina Drive, in St. Augustine Shores.

"Dancing Around the World" is the theme for this special evening of ballroom dancing. The very popular Frank Saffi band will provide a variety of dance music for this event.

A ballroom dance performance is scheduled for the first break. Hors d'oeuvres, desserts and coffee will be served at the second break.

Guests pay just \$15. Appropriate guest attire is a dark business suit with tie for the men and a cocktail dress for the women. Members will be wearing formal attire.

For an invitation to this special evening of dancing, call Hal Sommer, association president, at 904-823-0719. Or call reservation chairpersons Dennis and Mary Larimore at 904-825-4902. For additional information and pictures, visit facebook.com/SABDASTAug.

The Conquistador Condominium Apartments of St. Augustine Shores



The new Board Members that were elected on April 8th.
Jeremy Duncan - President (2015-2017)
Anthony Smith - Vice President (2015-2016)
Robert Burton - Director (2015-2017)
Mary Kaschub- Secretary (2015-2017)
Margaret Kelly- Treasurer (2015-2016)

Betty Griffin House Charity Golf Tournament June 14 Royal St. Augustine Golf Club

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• Putting Contest • Closest to the Line • 50/50 Raffle

• 1st Place • 2nd Place

• 3rd Place • Last Place

• Best Sponsor Hole

Sponsorships Still Available

Sponsorships begin at \$100 and include signage and much more depending on the level. If you are interested in sponsoring the event or playing please contact (Lou Kindleberger at 386-576-3029 for further detail.



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Wild Flower Meadow Group

The honeysuckle vine by the fence near the woods wanted opportunities to "spread its wings" so we gave it a trellis. For some reason vines won't grow on the fence and we suspect it has something to do with how the wood is treated. The spiderwort are spreading and blooming across the meadow but you can see the blooms only in the morning. They close in the afternoon to rest and bloom again after the sun rises. The field sorrel is reaching its peak, along with the daisy fleabane, coreopsis, and as of this writing early in April, we're hoping for more showy primroses. Clusters of little (yellow) rock roses are growing near the fence in the lower meadow and we're hoping those in the upper meadow near the fence will soon bloom too. The powderpuff (*Mimosa strigillosa*) will bloom later this month or in May. Please look at the printouts in the box on the fence for help with identifications.

In March our group went to DeLand for the Wild Flower Garden Festival and in April we're planning to go to Princess Place. We'll have a walk, look at their gardens, and have a picnic. Maybe next month we'll have pictures to share.

We meet the first Saturday of each month at about 8:30 by the Riverview Club House and welcome newcomers. Our goal is to tend the wild flower meadow, learn about native plants, what grows in this location, and how to care for it. We want to share our knowledge, learn what others know, and occasionally visit state and county parks. We're an

informal group without officers or dues and hope you will join us. Call Claire at 794-7473 for more information.



Let Me Help You Look Your Best!

by Lisa Harris

A great haircut can take you anywhere! And it's important that you find a professional hair stylist that will not only listen to you, but one that will give you realistic advice about what can be achieved with your hair. You need to be able to tell your hairdresser what you like and don't like. You want to build a good, long term relationship with them so that you can have a hair style and hair color that works for you, 365 days a year.

I am originally from Jacksonville, Florida, and received my initial beauty school training at Brevard Community College. Very quickly I realized that I was truly passionate about learning the art and skill of professional hair cutting and hair styling.

While living in Melbourne, Florida, I met my mentor. She encouraged me to continue training in my profession. I travelled to Miami on a monthly basis and began extensive Paul Mitchell training. Eventually I became a certified Paul Mitchell Educator.

During my career I have been fortunate to be able to spend time in London, England. There I learned about the differences in techniques and consultations. The Vidal Sassoon academy in Santa Monica, California is the creme de la creme of hair cutting schools. It was there that I greatly expanded my horizons and my skill set in this wonderful world of hair!

Over the years I have immersed myself in advanced training in hair coloring, hair cutting and hair design. Paul Mitchell conducts extensive educational events in Las Vegas, Nevada and Miami, Florida. I have attended their Hair Camp seven times and participated in advanced classes at their Signature Gathering on three occasions. I constantly strive to increase not only my abilities in this field, but also my creativity in all aspects of hair coloring, cutting, and styling.

I now live in St. Augustine, Florida and work out of Jacksonville. I finished up my Bachelor's Degree at St. Johns River State College, MBA, St. Leo University. Seminars and hands on training keep me on my toes and up to date with what's going on in the field of hair dressing. I am proficient in ASL (American Sign Language). Are you ready to make a change? My specialty is making you look your best! Call me at 904-334-6888!



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Make Your Home Easy To Insure

By Paul Murray, President, Murray Insurance

Why would an insurer deny homeowners insurance for your property? The reasons for rejection could fall into many categories, but they all have one undeniable fact - insurance companies don't like to sell insurance to home owners who are likely to use it. In Florida, there isn't much homeowners can do about living in a hurricane prone area, but consider these things you CAN do:

Avoid anything on your property that could bring about liability claims. Many insurers will refuse coverage, or charge a higher rate if you have an unfenced pool, and especially if your pool has a diving board or slide. A trampoline may also result in a liability claim due to an injured child or adult.

Is your home a fixer-upper? How you maintain your property could have a detrimental effect on an insurer's choice to write or renew a policy on your home. Is your home in disrepair? Does it have broken or cracked steps? Missing shingles or a leaky roof? Were fire-resistant materials used in the construction of your home? Is the crime rate above average in your neighborhood?

Do you own more than three dogs? Unfriendly or even unleashed dogs on your property may send up a red flag to insurance companies worried about liability claims. Insurers have been known to decline coverage when they view a property and find a threatening dog.

Installed a wood-burning stove in

your home? The warmth and charm of an old-fashioned wood-burning stove has become a popular trend in many homes, but insurers see them as a source of accidental house fires and may refuse to write a homeowners policy or at least increase your premium.

Location, location, location. If the location of your home is in an area far from fire hydrants, or a nearby fire station, you may also see an increase in the cost of homeowners insurance.

Take good care of your home and possessions. Have you had several small claims in the past year, such as lost rings, broken Grandfather clock, or missing golf clubs? Insurers would rather see one very large claim, such as your roof blowing off, rather than several small claims. If your insurance company feels that you are not taking good care of your home and possessions, they may deny coverage.

Remember, if you are denied coverage, an independent insurance agent can help you find a new policy through one of the many companies they represent. And, he or she can go to bat for you in finding the policy that is right for you and your family.

Call a Murray Insurance agent to discuss your current policy coverages. Their goal is to be certain you have the absolute best rate for which you qualify. Call 808-8600, click on www.TheMurrayIns.com, or come by to visit one of our friendly Murray Insurance agents. Where "Your Satisfaction Is Our Policy."

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Financial Focus

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“Step-by-Step” Approach Can Ease Estate-planning Process

Like many people, you may enjoy investing. After all, it can be invigorating to put away money for your future, follow the performance of your investments and track the progress you’re making toward your long-term goals, such as a comfortable retirement. However, you might be less excited about doing estate planning, dreading the perceived time, effort and cost. Yet, you can make the entire process more manageable by breaking it up into specific tasks.

What are these tasks? Everyone’s needs are different, but here are a few suggestions that may be applicable to your situation:

- Purchase life insurance. If something were to happen to you, would your family be able to stay in the house? Would your children be able to go to college? You should have sufficient life insurance to take care of these and other essential needs. You might hear about various “formulas” for how much insurance you should purchase, but you may be better off by working with a financial professional — someone who can evaluate your assets, goals and family situation, and then recommend an appropriate level of coverage.

- Draw up your will. For most people, a will is probably the most essential estate-planning document. Regardless of the size of your estate, you need a will to ensure that your assets and personal belongings will be distributed according to your wishes. If you die intestate (without a will), your belongings will be distributed to your “heirs” as defined by state laws — and these distributions may not be at all what you had in mind.

- Consider a living trust. Depending on your situation, you may need to go beyond a will when drawing up your estate plans. For example, you might want to create a

living trust, which can allow your assets to go directly to your heirs, avoiding the public, time-consuming and expensive process of probate. A living trust offers other benefits, too, so you may want to consult with a legal professional to learn more about this estate-planning tool.

- Check beneficiary designations. The beneficiary designations on your insurance policies and retirement accounts, such as your IRA and 401(k), are powerful and can even supersede the instructions left in your will. So it’s in your best interests to make sure you’ve got the right people listed as your beneficiaries. Over time, you may need to update these designations to reflect changes in your family situation.

- Make final arrangements. Whenever you pass away, it will be a stressful time for your loved ones. To ease their burden, consider establishing a “payable-on-death” account at your bank, and then funding this account to pay for your funeral and related expenses.

- Share your plans. The most comprehensive estate plan in the world may not be of much value if nobody knows of its existence. Share your plans with your loved ones and heirs. It’s important that everyone knows their roles in carrying out your wishes.

When dealing with any estate-planning issues, you’ll want to consult with your legal and tax professionals. And by taking a step-by-step approach, you can keep the process moving forward — without feeling that you’re being overwhelmed.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor

Edward Jones, its employees and financial advisors are not estate planners and cannot provide tax or legal advice.

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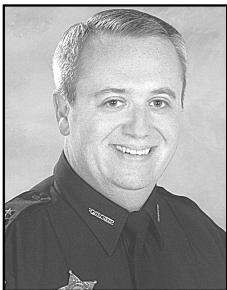
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St. Johns County Sheriff's Corner

By David Shoar, St. Johns County Sheriff

Proms, Parties & Alcohol

We are fortunate in St. Johns County to have a wonderful population of young people. You often read of their many accomplishments in this publication. As we approach prom season and graduation I urge parents and all citizens to join with the law enforcement community to do everything we can to help keep our celebrating students safe.

One major concern is underage alcohol use and abuse. In recent years we have seen some promising young people from our high schools killed in crashes where alcohol consumed at parties was a contributing factor. The 2014 Florida Youth Substance Abuse survey of St. Johns County found 57.4 percent of high school students had used alcohol in their lifetime, this is way down from over 75% of high school students who had used alcohol in their life eleven years ago. More than 27.9 percent had consumed alcohol in the past month of the survey and 9.5% reported binge drinking in the past 30 days. (five or more drinks for males and 4 or more drinks for females for the sole purpose of getting drunk). The numbers for our Middle School students in the survey is as follows: 21.9% have used alcohol in their lifetime, which is also down from the 2004 survey that revealed over 40% had used alcohol in their lifetime. More than 7.5% had consumed alcohol in the past month of the survey and 2.3% reported binge drinking in the prior 30 days of the survey. According to the National Highway Traffic Safety Administration the leading cause of death for 15 to 20 year olds is a car crash and 23 percent of teen drivers in fatal crashes had a blood alcohol content in excess of .08, the legal limit for drunk driving.

Another federal study found that of the nearly 70 percent of high school students who have consumed alcohol in the past 30 days 49 percent purchased it illegally, 30 percent got it from an unrelated person of drinking age and 21 percent were provided alcohol by their parents or another adult family member. In an effort to reduce these alarming numbers we continue to partner with the St. Johns County School Board and the PACT Coalition (Prevent-Act-Change-Together) to create educational

awareness of the dangers of alcohol for our young people.

We all should be concerned about the potential risky behavior of young people associated with proms, graduation parties and school year end celebrations. Here are 7 suggestions for parents to help ensure that their sons and daughters arrive home safely after attending such events.

1. Have a very specific conversation with your teen about alcohol consumption, driving under the influence and resisting peer pressure that often leads to poor judgment before, during and after proms and parties.

2. Find out who will be driving, their address and phone number and a list of names and phone numbers for each teen passenger.

3. Get a planned itinerary and stress that no changes to it be made without approval.

4. Talk with your teen specifically about how he or she will handle difficult situations such as being offered alcohol or drugs or turning down a ride with an intoxicated driver.

5. Make sure your teen has a cell phone or some other means of contacting you throughout the entire evening and perhaps even set up specific check in times.

6. Program the number of a reliable cab company into their cell phone. They may more comfortable calling for a cab in front of their peers than calling home for a ride.

7. Lastly, monitor your student's social media sites. Their friends or contacts, evening plans, etc.

It is my hope that our high school juniors and seniors in St. Johns County will use good judgment and safely enjoy their proms and graduation parties. We at the sheriff's office will do all we can to make sure the roadways they travel are safe.

I hope this information assists you and your family and please pass it onto friends and relatives in an effort to combat underage drinking. You can get additional information from the P.A.C.T. Prevention Coalition of St. Johns County at www.pactprevention.org. Of course please feel free to contact me anytime at my e-mail address at dshoar@sjso.org. Thank you.

Gamer's Thumb

By Rob Stanborough
PT, DPT, MHSc, MTC, CMTPT, FAAOMPT
First Coast Rehabilitation
(904) 829-3411



I've written about Wii-itis, which is another name and cause for Tennis elbow or lateral epicondylitis. There is also a Gamer's Thumb, otherwise known as de Quervain's Tenosynovitis. It is a real problem and I'm not making this stuff up. Gamer's thumb or de Quervain's Tenosynovitis can be very painful and debilitating. For those who use their hands for work it may hinder such tasks.

De Quervain's Tenosynovitis occurs when a sheath around the thumb tendon gets inflamed. Two particular tendons that move the thumb are surrounded by what is called a synovial sheath. When the sheath is abnormally stressed or rubbed by the tendons, it gets inflamed and causes pain. It's called Gamer's Thumb because it most commonly affects gamers, those who play video games, Xbox, Play Station but can also be a problem for those who text a lot or even some jobs where the hands are used a lot. For that reason it is categorized as a repetitive stress injury.

De Quervain's Tenosynovitis is often diagnosed with the Finkelstein test. The test is performed by folding the thumb down into the palm. While maintaining that position, the grasped thumb and hand are bent in the direction of the pinky, as if one were casting a fishing pole. If a sharp pain is produced over the thumb, wrist or arm, a diagnosis may be made. Other tests are done to confirm and/or rule out similar problems. The tendons are also very tender with palpation.

Conservative treatment can be quite easy and successful. The first thing to do,

and sometimes the most challenging, is to first remove the stress from the tissues. This is something easier said than done for habitual texters or gamers. If necessary, the thumb can be taped in a way to protect the tissue or placed in a splint, which is more restrictive. Treatment may also include soft tissue manipulation or joint manipulation if they too are restrictive. Eventually stretching is performed followed by strengthening.

Reversing the effects of Gamer's Thumb does not take long, provided the stresses through the thumb are reduced. It's just a matter of controlling the stresses, allowing the tissues to heal and then slowly working on proper function. In chronic or reoccurring cases, adaptive equipment may be prescribed such as built up grips or larger electronic devices.

The therapists at First Coast Rehabilitation are familiar with Gamer's Thumb either by diagnosis or personal experience. If you are experiencing this type of pain, please call either of our offices to schedule an appointment: (St. Augustine: 904-829-3411 or (Palatka: 386-325-2721). We're happy to help.

Rob Stanborough is a physical therapist, president and co-owner of First Coast Rehabilitation. He is co-author of *Myofascial Manipulation: Theory & Application*, 3rd ed by Proed Inc. He has been in practice for over 14 years, is a Fellow of the American Academy of Orthopaedic Manual Therapists and trained/certified in a number of soft tissue techniques.

FOSAA Invites the Arts Community to Participate in Second Annual Children's Arts Festival

Friends of the St. Augustine Amphitheatre (FOSAA) is excited to announce that the second Gathering of Friends: Children's Arts Festival will be held on Sunday, May 17th from 10:00 A.M. – 3:00 P.M. at the Amphitheatre. This is a free event that will take place rain or shine. Thirteen hundred people attended last year's festival where children of all ages participated in a myriad of art, music and dance activities, played historic games, wrote poems, and listened to music and storytelling. Carol Gladstone and Jessie Getchius, Festival Co-Chairs, were thrilled with the surveys collected last year and pleased that FOSAA can again offer children hands-on exposure to so many art forms. It's also a wonderful opportunity for the arts community to share their information with the public.

Many of last year's artists, musicians and arts organizations will be returning this year. FOSAA would like to invite others in the greater arts community to participate. If you are interested, please contact Carol Gladstone at grambini1@comcast.net for further information and an application form. The deadline for

applications is March 1st and slots will be filled on a "first come first served" basis.

FOSAA is also looking for non-food vendors who sell items of interest to children and families. —Non-food vendors should e-mail inquiries to grambini1@comcast.net.

FOSAA is a 501c3 corporation with its primary mission to increase access to the St. Augustine Amphitheatre by schools and other non-profit community organizations. FOSAA assists the Amphitheatre in promoting excellence in programming and in being a positive contributor to the quality of life for citizens and visitors to St. Johns County.

FOSAA is governed by a twelve-member Board, led by President Dottie Acosta. FOSAA awards year-round grants to schools and non-profits, sponsors a summer arts camp, Paint Outs for school art departments, and many events during December to Remember. Fundraisers and membership donations provide the funding for FOSAA's activities. For more information about FOSAA and pictures from past events, go to www.fosaa.org.




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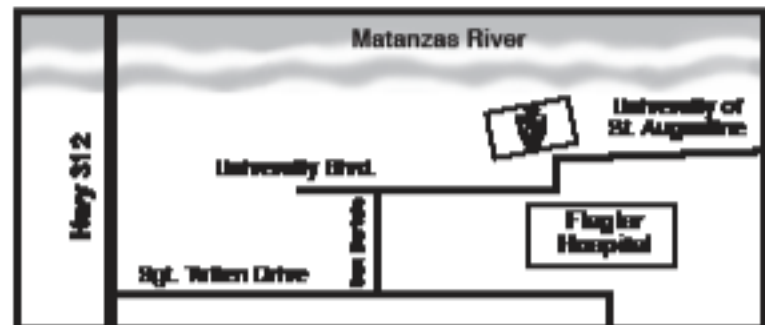
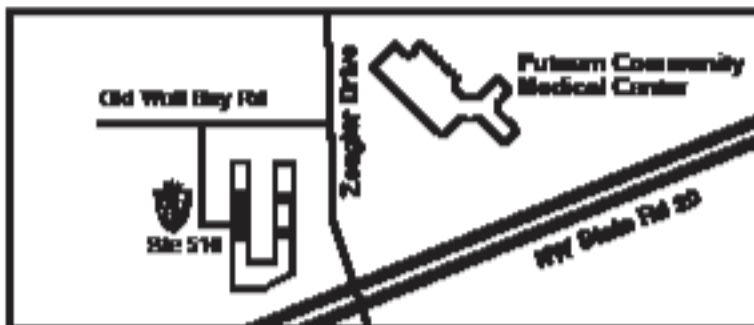
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