

Child's Name: _____

Kids of the Kingdom Episcopal School Menu (May 2022)

Mon	Tue	Wed	Thu	Fri
(2) A) Cheerios* & Toast* & Fruit B) Chicken & Rice* / Green Beans / Peas C) Wheat Thins & Cream Cheese	(3) A) Cinnamon Raisin Bread & Fruit B) Ham & Cheese Sandwiches* / Cucumbers / Ranch / Apple Slices C) Yogurt & Granola	(4) A) Waffles & Fruit B) Fish Sticks / Bread* / Carrots / Pineapple C) Fruit Salad	(5) A) Malt- O – Meal & Fruit B) Sloppy Joes / Tater Tots / Mixed Fruit C) Baked Cheese Crackers	(6) A) Blueberry Muffins & Fruit B) Pizza / Salad / Ranch / Bananas / Cookies C) Trail Mix*
(9) A) Cheerios* & Toast* & Fruit B) Cheeseburgers / Bread* / Corn* / Applesauce C) Apple Butter Sandwiches	(10) A) Bagels w/ Cream Cheese & Fruit B) Turkey & Cheese Sandwiches* / Carrots / Ranch / Bananas C) Granola Bars	(11) A) Toast w/ Jelly & Fruit B) Raviolis / Bread* / Corn* / Pineapple C) Celery & Carrots w/ Ranch	(12) A) Oatmeal & Fruit B) Oven Baked Chicken / Mixed Vegetables / Pears C) Ranch Oyster Crackers	(13) A) Bean & Cheese Tacos & Fruit B) Pizza / Salad / Ranch / Oranges / Cookies C) Trail Mix*
(16) A) Cheerios* & Toast & Fruit B) Spaghetti* w/ Meat Sauce / Carrots / Peaches C) Vanilla Wafers & Pudding	(17) A) Cheese Toast* & Fruit B) Chicken Salad Sandwiches* / Cucumbers / Ranch / Oranges C) Rice Krispy Treats	(18) A) Pigs in A Blanket & Fruit B) Mac & Cheese* w/ Beef / Mixed Vegetables / Mixed Fruit C) Jell -O w/ Fruit	(19) A) Malt – O – Meal & Fruit B) Steak Fingers / Bread* / Broccoli w/ Cheese / Pears C) Trail Mix*	(20) A) English Muffins* & Fruit B) Pizza / Salad / Ranch / Apple Slices / Cookies C) Trail Mix*
(23) A) Cheerios* & Toast & Fruit B) Bean & Cheese Tacos* / Brown Rice* / Applesauce C) Fresh Fruit Cup	(24) A) Biscuits w/ Sausage & Fruit B) Grilled Cheese Sandwiches* / Carrots / Ranch / Strawberries C) Graham Crackers & Yogurt	(25) A) Pancakes & Fruit B) Meat Loaf / Peas & Carrots / Mandarin Oranges C) Ritz Crackers & Cheese Sticks	(26) A) Oatmeal & Fruit B) Hot Dogs / Bread* / Corn* / Bananas C) Cottage Cheese w/ Peaches	(27) A) French Toast Sticks & Fruit B) Pizza / Salad / Ranch / Oranges / Cookies C) Trail Mix*
(30) Memorial Day Center Closed	(31) A) Cheerios* & Toast & Fruit B) Tuna Salad Sandwiches* / Cucumbers / Ranch / Bananas C) Cheese Wraps*			
A) Breakfast (Milk & Water)	B) Lunch (Milk & Water)	C) P.M. Snack (Juice & Water)	*Whole Grain Item Menu meets CACFP requirements	

If your child is on the allergy list please put a line through the food item they cannot have and return the menu in your child's folder. Please provide a substitution for that item.