

SUGGESTED PACKING LIST

CONSIDERATIONS



- Pack LIGHT! One 21-22" wheeled bag and a backpack/tote should be sufficient. Consider a rolling duffel like Eddie Bauer's Expedition Drop Bottom Rolling Duffel – Medium (often on sale at Outlets) or any rolling bag with good wheels.
- Take an extra tote that will fit over your luggage handle.
- You will have to personally carry everything you bring through the airports.
- All clothing should be comfortable, breathable, travel friendly, and useful in warm weather.
- Hotels can do laundry for you at a reasonable cost.
- Share common items with your roommate (laundry soap, charger, etc.).
- Put a copy of your itinerary with your contact info in each bag. Give someone else a copy of your passport.
- We will likely check our main bag under the plane (50 lb max) and carry on the backpack/tote (17 lbs max + a 2nd item if needed - 8 lb max). Check your airline for weight limits.
- All liquids and aerosols must fit in ONE sealed quart size bag or TSA approved equivalent in carry-on's. No limit if bag is checked.

TSA What can I bring on the plane?

<https://www.tsa.gov/travel/security-screening/whatcanibring/all>

TSA: Ages 75+

<https://www.tsa.gov/travel/special-procedures/screening-passengers-75-and-older>

TSA: Disabilities & Medical

<https://www.tsa.gov/travel/special-procedures>

**TYPICAL
WEATHER
IN JULY**



**Egypt
Israel
Jordan
Greece**

**Day Avg.
89F
84F
88F
90F**

**Night Avg.
72F
63F
66F
72F**

Pack in Backpack/ Tote	Think about what you would need if your main bag were lost.
✓	One change of clothes + light jacket and compression socks for plane if needed
	Electronics/chargers/camera/phone/tablet
	Medicines
	Reading material/activities, Bible or bible app, notebook, pen
	Valuables– condense your wallet, take only what you need
	Quart size toiletry bag with toiletries & toothbrush
	Travel documents & passport
	Smaller purse/crossbody bag/waist wallet for use off bus
	Masks! Take multiple for use on entire trip.
Pack in Main Bag	+ extra for multiple tours It's OK to re-wear clothing!
	4-6 short sleeve shirts (sun protective material is good)
	1-2 long sleeve shirts
	2-3 sleeveless tops for women (if you wear them)
	3 pair lightweight pants or capris (women's knees must be covered some days)
	Shorts/skirts/skorts/dresses – OK to wear if you can move well
	Shawl, scarf or sweater for women to cover shoulders
	Light jacket for evenings; Mt. Sinai hikers may need pants/fleece/jacket/hat for colder night hike up.
	Underwear, socks bras, sports bras
	Sleepwear/robe

Main Bag continued	
	Swimwear or something you can get wet in (pools, Dead Sea, Jordan River, Hezekiah's Tunnels). Towels are provided.
	Good walking shoes with a good tread & non-slip sole + sandals with heel strap if you wear them. No flip flops. Water shoes with heel strap (no metal), can double as slippers for plane.
	If you plan to HIKE to the top of Masada or Mt. Sinai, consider your footwear as it is a solid dirt/rock trail. Shorts/shirt
Optional	As you may need...
	Small first aid kit, pain relievers, moleskin for blisters, motion sickness pills, sunscreen, etc.
	Wet wipes or small towel for washing on plane, hand sanitizer
	Hat or visor
	Cell phone with international plan (or use WIFI only); download WhatsApp app
	Spare cell phone charger with two 3-4' cable for bus/hotel; neck lanyard for phone; camera and/or spare SD card for phone
	Envelope or pouch to hold receipts/stubs/tickets/papers
	Power adapter (type C plugs/2 round prongs) for charging devices
	Sunglasses/glasses with case/cord; contacts/solution
	Powdered laundry detergent for sink washing; mesh laundry bag
	Umbrella for sun protection
	Wrinkle releaser – spray, must fit in quart bag or put in checked bag
	Packaged snacks
	Neck pillow/blanket for plane (bulky to carry the whole trip); luggage straps to wrap around luggage
	Carabiners to attach things and close zippers
	Earbuds/earplugs, eye mask

Other items	List things you don't want to forget
Things to consider	...as you need
	Let your bank/credit card companies know of your travel plans.
	Plan ahead to get foreign currency if you need/want it.
	Arrange for an international cell phone plan if you want it. Install WhatsApp app.
	Give family/friends a copy of your itinerary and another traveler's cell # in case they need to reach you.
	Get doctor's notes in advance for all medical equipment you must take on flights or needed prescriptions.
	Put a copy of your itinerary and contact information inside all bags.
	Share our group trip Facebook page with your friends & family so they can follow our journey.
	Pay bills in advance.
	Arrange for pet/yard/home care.
	Be sure you have your passport, travel documents, flight information, group contact sheet, COVID documents/tests, and travel insurance policy information with you.
	Pray for the travelers and trip daily!