

Child Checklist of Characteristics

Name: _____ Date: _____

Age: _____ Person completing this form: _____

Many concerns can apply to both children and adults. If you have brought a child for evaluation or treatment, please review this checklist that apply mostly to children or adolescents, and mark any items that describe this child's current or past situation. Feel free to add any others at the end under "Any other characteristics."

- Affectionate
- Abused [emotional, physical, mental, sexual, spiritual, intellectual] circle all that apply
- Access to and uses adults outside of the immediate family [church, school, extended family] for support
- Anxious
- Argues, "talks back," smart-alecky, defiant
- Bored a lot of the time
- Bullied - age[s] _____
- Bullies/intimidates, teases, inflicts pain on others, is bossy to others, picks on, provokes circle all that apply
- Can express emotions and thoughts appropriately
- Career/College concerns
- Cautious
- Cheats
- Confused
- Cruel to animals
- Shows appropriate concern for others
- Conflicts with parents over persistent rule breaking, money, chores, homework, grades, choices in music/clothes/hair/friends
- Complains
- Contributes to family income with after school or weekend job
- Creative
- Cries easily, feelings are easily hurt
- Dawdles, procrastinates, wastes time
- Destructive
- Difficulties with parental dating/new marriage/new family
- Difficulties with teachers
- Dependent, immature for age
- Depressed
- Developmental delays
- Disrupts family activities
- Disobedient, uncooperative, refuses, noncompliant, doesn't follow rules
- Distractable, inattentive, poor concentration, daydreams, slow to respond
- Dropping out of school or refuses to go to school
- Drug or alcohol use
- Eating—poor manners, refuses to eat, appetite increase or decrease, odd combinations, overeats, binges, hides food or has food rules.
- Exercises more than 30 minutes per day
- Extracurricular activities interfere with academics
- Failure in school
- Sees self as failure even if performance is average or above average

- Fatigue
- Fearful
- Fighting, hitting, violent, aggressive, hostile, threatens, destructive
- Financial stability or stress in the home circle one
- Firearms in the home
- Fire setting
- Follows directions well
- Friendly, outgoing, social – good supportive friendships
- Good problem-solving skills
- Grief
- Guilt
- Headaches
- Helpful
- Honest
- High energy
- Hygiene problems [does not bathe at least every 48 hours, brush teeth, comb hair] circle all that apply
- Hypochondriac, always complains of feeling sick
- Immature, “clowns around,” has only younger playmates
- Imaginary playmates, fantasy
- Impulsive
- Indecisive
- Independent
- Interrupts, talks out, yells
- Irritable
- Lacks friends
- Lacks organization, unprepared
- Lacks respect for authority, insults, dares, provokes, manipulates
- Shows leadership capabilities
- Learning differences _____
- Legal difficulties—truancy, loitering, panhandling, drinking, vandalism, stealing, fighting, drugs circle all that apply
- Likes routines
- Likes to be alone, withdraws, isolates
- Listens well
- Lives with non parents [like living with a relative or friend’s family]
- Lonely
- Loyal
- Lying
- Low frustration tolerance, irritability
- Medical issues _____
- Mental retardation
- Missing work or school
- Money problems
- Moody
- Motivated
- Mute, refuses to speak
- Nail biting
- Nervous

- Nightmares
- Need for high degree of supervision at home over play/chores/schedule
- Obedient
- Obesity
- Odd or unusual thoughts or visions
- Organized
- Overactive, restless, hyperactive, overactive, out-of-seat behaviors, restlessness, fidgety, noisiness
- Oppositional, resists, refuses, does not comply, negativism
- Optimistic
- Parents divorced or separated
- Parents do not speak or speak little English
- Parent[s] have had legal issues _____
- Perfectionism
- Picks at skin, face, feet, hands [etc]
- Plans ahead
- Prejudiced, bigoted, insulting, name calling, intolerant
- Pouts
- Reads well
- Recent move, new school, loss of friends or pet
- Rejected
- Relationships with brothers/sisters or friends/peers are poor—competition, fights, teasing/provoking, assaults
- Resistant to learning to drive
- Responsible
- Takes appropriate risks in new situations
- Repetitive thoughts, movements or actions
- Rule follower
- Runs away
- Sad, unhappy
- Saves money appropriately
- Sense of humor that helps cope with difficult situations
- Self-harming behaviors—biting or hitting self, head banging, scratching self, cutting or burning self
- Speech difficulties
- Speaking in public difficulty or strength circle one
- Sexual—sexual preoccupation, public masturbation, inappropriate sexual behaviors
- Sexual orientation – lesbian, gay, bi-sexual, trans-sexual
- Shy, timid
- Sleep issues – too much, not enough, can't go to sleep, can't stay asleep, can't go to sleep on their own circle all that apply
- Smokes/Vapes
- Spiritual questions
- Splits time between two homes
- Regular stomach aches/digestive issues
- Strong faith
- Stubborn
- Suicide talk or attempt
- Suspicious
- Swearing, blasphemous, bathroom language, foul language
- Temper tantrums, rages

- Thumb sucking, finger sucking, hair chewing
- Tics—involuntary rapid movements, noises, or word productions
- Teased, picked on
- Transportation challenges [lack of access or vehicles are unreliable]
- Truant, school avoiding
- Trustworthy
- Underactive, slow-moving or slow-responding, lethargic
- Uncoordinated, accident-prone
- Unusual thoughts or ideas
- Wetting or soiling the bed or clothes
- Will ask for help
- Witnessed traumatic event[s]
- Writes well
- Work problems, employment, workaholism/overworking/overstudying, can't keep a job circle all that apply
- Works well in groups
- Worries

Any other characteristics:

- _____
- _____