

Trinity Evangelical Lutheran Church P.O. Box 64 - 8520 Oakes Road Pitsburg, Ohio 45358

#### Our Mission:



Evangelical Lutheran Church in America

# Narch 2016

TRINITY TRUMPET

## A MONTHLY NEWSLETTER PUBLISHED BY TRINITY EVANGELICAL LUTHERAN

CHURCH of PITSBURG

(A Mission Congregation of the ELCA)
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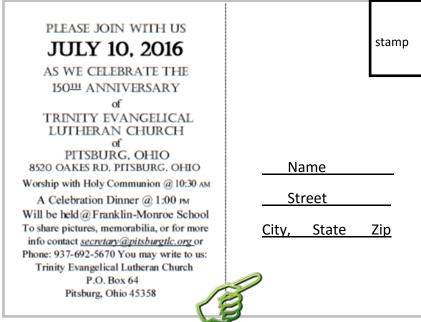
## 150<sup>th</sup> Anniversary Update

Things are rolling right along according to schedule as your Trinity 150th Celebration Team is hard at work getting all the details in place for our BIG CELEBRATION. Please spread the word about our puzzles and mugs that are for sale at the very reasonable price of \$10 = mugs & \$15 = puzzles.

**NEW ITEM FOR SALE! NOTECARDS!!** Yes, hot off the presses our just recently released elegant notecards w/envelopes. This beautiful set of four original artworks from two of our members, Judy Ulrich and Marge Warner depicting different times in the life of our beloved Trinity Evangelical Congregation, each with its own verse spiritually created by Peggy Didier. All of the proceeds go to help reduce the cost of the catered meal the afternoon of the celebration on July the 10th.

We still have plenty of "Save the Date" postcards for relatives and/or friends that you know used to attend at Trinity or who used to call Trinity their church "home" and might want to celebrate this special day in the history of our church. You may take them home and address them and all you need to do then is bring them back to the church and drop them in the wooden drop box. We will put a stamp on them and mail them for you. This will allow us to record the address of the people you're sending to so that when it comes time to mail out the invitations for the big event we will have all the addresses in advance. All we ask is that you don't take more cards than what you will use as we have to pay for each one that we print.



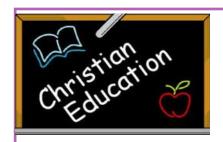


Message side for you to address, return to church, and we will record the address and supply postage and mail it for you.

#### Front of Postcard

Please help us to make this day a very special milestone in the history of our beloved church and in your own lives as well. On behalf of the 150<sup>th</sup> Celebration Team we want to thank you in advance for your help and cooperation.

150<sup>th</sup> Celebration Team
Portia Boord - Team Leader



## Christian Education Team News

Trinity congregation and parents of children, thank you so much for your help and support with our many recent events! The team is excited about plans in the works for upcoming happenings!

Trinity Troops 3rd-6th graders are the talk of the town. Making valentines for shut ins was a great idea. A Fun Run on April 9 will be the next challenge (get in shape)! Other ideas for "the troops" might be a possible church lock-in and saving towards a future Lutheran Gathering or service trip.

Guess what? The Easter Egg Hunt will happen again this year on Easter morning at 10:00AM. The hunt is intended for children up to 6th grade attending either service. We do need help from the congregation in donating small wrapped candies and/or change to put in the eggs. Look for the box in which to place your candy donations.

Family Fun Day is coming to Trinity on April 10. The whole congregation is wanted to attend this event. The main event is Karaoke! You are encouraged to dress in costume as a singer or group from any era of music! More participation means more fun. If nothing else, come to laugh. We will be serving sloppy joes and chicken sandwiches and ice cream sundaes. The time is 5:00PM - ?

Good news for Trinity! Yes, we will be having Bible School as last year with a theme perfect for Darke County! Barnyard Roundup! The June 26 picnic will be the kickoff day with 4 sessions on Wednesdays in July. There was talk of a special event at the picnic - a petting zoo!!!!

The young people are vital to our church future, but we do need volunteer helpers to take turns teaching Sunday School on Sundays. Team up with a partner to teach. Materials are provided. See Marge to help or sign up.

Christian Education Leader, Marge Warner

#### **Prayers & Squares Quilters**

The ladies of the Prayers and Squares Quilt Ministry have been finding shelter from the cold winter weather by meeting twice a month in the warmth of our church basement. It's warmed by the smiles, laughter and joy of our members who are busy creating colorful quilts. We are happy that each quilts will provide comfort for those who are suffering from the disasters that happen around the world. We have completed 24 quilts and another 9 are ready to be layered, pinned, sewed and tied. There's always room for another worker at the table. Come, pull up a chair and join our merry ministry. Warm your heart with the flame of the spirit from this ministry that brings warmth and shelter to God's children in need.

#### **Urgent Needs and You Can Help!!!**

We gladly accept donations of cotton and flannel fabrics you might have on hand, new or lightly used washed sheets and spools of white thread. If you purchase fabric for prayer quilts, we need 44-45" cotton flannel in 2 yard pieces for the back of the quilts or any cotton cut yardage in at least 1 yd. pieces for the top. Monetary donation can be used for the purchase of rolls of batting and other supplies. We need large (Diaper changing size) safety pins to hold the quilts together while they are tied too! Thanks for any and all help!

## March Health Tips

#### Good Samaritan Hospital Health Ministries

#### Eating Right Is not Complicated

#### Eating Right Doesn't Have to be Complicated

Simply begin to incorporate a healthy eating plan into your daily routine. These recommendations from the Dietary Guidelines for Americans can help get you started.

Emphasize fruit, vegetables, whole grains and low-fat or fat-free milk and milk products. Include lean meats, poultry, fish, beans, eggs and nuts. Make sure your diet is low in saturated fats, trans fats, cholesterol, salt (sodium) and added sugars.

#### Make Your Calories Count

Think nutrient-rich rather than "good" or "bad" foods. The majority of your food choices should be packed with vitamins, minerals, fiber and other nutrients, and lower in calories. Making smart food choices can help you stay healthy, manage your weight and be physically active.

#### Focus on Variety

Eat a variety of foods from all the food groups to get the nutrients your body needs. Fruits and vegetables can be fresh, frozen or canned. Eat more dark green vegetables such as leafy greens and broccoli and orange vegetables including carrots and sweet potatoes. Vary your protein choices with more fish, beans and peas. Eat at least three ounces of wholegrain cereals, breads, crackers, rice or pasta every day.

#### Know Your Fats

Look for foods low in saturated fats, trans fats and cholesterol to help reduce your risk of heart disease. Most of the fats you eat should be monounsaturated and polyunsaturated fats.

Check the <u>Nutrition Facts panel</u> on food labels for total fat and saturated fat.



Source Set Eightung

The material above is general medical information provided for informative and educational purposes only. General medical advice can never substitute for personal, professional advice given based on your medical history, your family medical history, your medication history, and other factors. Because these factors are different for every person, you should always consult your physician before relying on this information. These health tips should not be construed as establishing a patient-physician relationship between you and Premier Health, Good Samaritan Haspital and/or any staff members. If you need medical assistance, contact 1-866-GSH-WELL to make an appointment with a physician, or call 9-1-1 immediately if it is an emergency.



How can I avoid CO poisoning from my car or truck?

Have a mechanic check the exhaust system of your car or truck every year. A small leak in the exhaust system can lead to a buildup of CO inside the car.

Never run your car or truck inside a garage that is attached to a house even with the garage door open. Always open the door to a detached garage to let in fresh air when you run a car or truck inside.

If you drive a car or SUV with a tailgate, when you open the tailgate open the vents or windows to make sure air is moving through. If only the tailgate is open CO from the exhaust will be pulled into the car or SUV.

This is a carbon monoxide detector.



Protect yourself and family by having a carbon monoxide detector installed in your home.

Information in this article was obtained from the Center for Disease Control and Prevention website (http://www.cdc.gov/co/faqs.htm).

Together we live into the mission of sharing God's grace.

Parish Nurse

PJ Musser MSN RN CNRN RN-BC

#### Blood pressure Screenings are the third and fourth Sundays of the month in the adult Sunday school classroom immediately following church service.

1 Mark Oswalt	15 Riley Sagan
3 Brian Baker	16 Alyna Nelson
3 Debra Harleman	17 Betty Merzke
5 Donna Bridenbaugh	18 Darrell Schneider
5 Kraig Ressler	18 John Beard
7 Sandra Williams	19 Tracy Muhlenkamp
7 Sharon Wirrig	20 Wesley Harleman
8 Dean Jr. Thompson	24 Greg Barga
9 Kerry Vanatta	25 Madisyn Nelson
10 Dana Heckman	26 Judy Howard
10 Holly Merzke	27 Daniel Netzley
10 Jamey Rismiller	27 Gary Obringer
12 Darlene Morris	27 Neil Stump
13 Dave Gilmore	28 Mary Piel
15 Julie Kossler	31 Kenneth Hesler



1 Wayne and Claire Wilt7 Claudette and Danny Diceanu18 Amber and James Thacker19 Shane and Brandy Warner

28 Penny and David Wills

29 Troy and Amanda Troutwine

22 Courtney Jasinski
22 Emma Hein
26 Carolyn Blocher
26 Trudy Arling
28 Jean Singleton
28 Logan Ressler
29 David Hofacker
29 David Netzley



#### NOTES FROM YOUR PARISH NURSE

#### **Carbon Monoxide Poisoning**

Approximately 500 people die from unintentional carbon monoxide exposure in the United States every year. Each year, 8,000 to 15,000 people are examined or treated in hospitals for non-fire related CO poisoning.

Carbon monoxide (CO) is an odorless, colorless gas formed by the incomplete combustion of fuels. When people are exposed to CO gas, the CO molecules will displace the oxygen in their bodies and this leads to poisoning.

Common sources of CO in our homes include fuel-burning appliances and devices such as:

Furnaces or boilers

Gas stoves and ovens

Fireplaces, both gas and wood burning

Water heaters

Clothes dryers

Wood stoves

Power generators

Motor vehicles

Power tools and lawn equipment

Tobacco smoke

What are the symptoms of CO poisoning?

The most common symptoms of CO poisoning are headache, dizziness, weakness, upset stomach, vomiting, chest pain, and confusion. CO symptoms are often described as "flu-like." If you breathe in a lot of CO it can make you pass out or kill you. People who are sleeping or drunk can die from CO poisoning before they have symptoms.

How can I prevent CO poisoning in my home?

Install a battery-operated or battery back-up CO detector in your home and check or replace the battery when you change the time on your clocks each spring and fall.

Place your detector where it will wake you up if it alarms, such as outside your bedroom. Replace your CO detector every five years.

Have your heating system, water heater, and any other gas, oil, or coal burning appliances serviced by a qualified technician every year.

Do not use portable flameless chemical heaters indoors.

If you smell an odor from your gas refrigerator have an expert service it. An odor from your gas refrigerator can mean it could be leaking CO.

When you buy gas equipment, buy only equipment carrying the seal of a national testing agency, such as Underwriters' Laboratories.

Make sure your gas appliances are vented properly. Horizontal vent pipes for appliances, such as a water heater, should go up slightly as they go toward outdoors, as shown below. This prevents CO from leaking if the joints or pipes aren't fitted tightly.

Have your chimney checked or cleaned every year. Chimneys can be blocked by debris. This can cause CO to build up inside your home or cabin.

Never patch a vent pipe with tape, gum, or something else. This kind of patch can make CO build up in your home, cabin, or camper.

Never use a gas range or oven for heating. Using a gas range or oven for heating can cause a buildup of CO inside your home, cabin, or camper.

Never burn charcoal indoors. Burning charcoal - red, gray, black, or white - gives off CO.

Never use a portable gas camp stove indoors. Using a gas camp stove indoors can cause CO to build up inside your home, cabin, or camper.

Never use a generator inside your home, basement, or garage or less than 20 feet from any window, door, or vent.

#### **\$ FINANCIAL NEWS FROM JAN. 31, 2016 - FEB. 24, 2016 \$**

Current Operating Budget per week: Budgeted giving is \$1,543.00/ Per Week Benevolence Budget Per Week: \$341.54

Building Fund: No budgeted amount. The restroom project is paid in full.

<u>Date</u>	<u>Current</u>	<u>Ber</u>	<b>Benevolence</b>		<u>ilding</u>	<b>Attendance</b>
01/31	\$ 1,469.00	\$	135.00	\$	35.00	72
02/07	\$ 1,139.00	\$	85.00	\$	50.00	53
02/10-AW	\$	\$	256.00	\$		37
02/14	\$ 1,435.00	\$	215.00	\$	60.00	62
02/17-L		\$	140.00			39
02/21	\$ 2,513.00*	\$	230.00	\$	210.00	64
02/24-L		\$	109.00			18

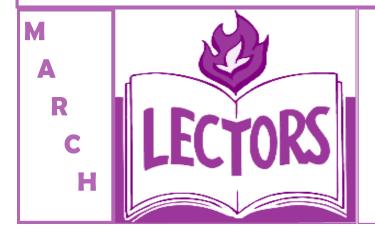
150th Anniversary Donations & Proceeds of Sales to Date = \$1213.64. Envelopes for giving specifically to this fund are on the back middle window sill in the church. Please include your envelope number if you wish to have it recorded.

Figures printed in red are those amounts not meeting budgeted giving.

**Current** total includes both envelope giving and loose funds placed in the offering plate.

**Benevolence** funds come from member's envelopes who designate an amount specifically for the Benevolence fund in the appropriate box.

**Building Fund** has no set budgeted amount and is sustained solely (or should we say souly) by individual members' generosity, who choose to contribute to it.



**6 Susan Harter** 

13 Bev Erdmann

**20 Katherine Obringer** 

25 Claire Wilt

27 Dean Thompson(8:00 AM)

27 Gary Obringer (10:30 AM)

<sup>\*</sup> Denotes Sundays we met or exceeded our budgeted giving.



#### Stewardship Minute

"All Christians are but
God's stewards.

Everything we
have is on loan from
the Lord, entrusted
to us for a
while to use in
serving Him."





Wednesday, March 9, 2016
12 Noon & You're Invited to the Bistro Off Broadway
117 East Fifth Street Greenville, Ohio 45331

Please let Shirley Rhoades know if you are planning to attend by Sunday, March 6. Phone 937-737-0097 or simply let her know before or after worship service. There's never a dull moment when these Lutheran Ladies get together. Come join the fun!

From Your Congregational Council

#### The President's Perspective



President's Perspective for March 2016

Another month has passed and we are one month closer to our 150<sup>th</sup> Anniversary celebration on July 10. We would like to make any needed improvements on our facility, so if you see something that needs attention, please write it on the list on the bulletin board outside the secretary's office. The upcoming Men's Breakfast at 8:00 AM on March 6 offers a great opportunity for many of us to help with these projects.

A major repair of the parking lot cannot realistically be completed in time for our celebration, so the Church Council has decided to explore applying a seal coating for the time being. We are hoping to complete this in time for the service if the funds are available. Look for fundraisers to help with this project in the future.

Our Wednesday evening Lenten services have been well attended. Pastor's messages have been very good and so have the free soup suppers. Sometimes seats are available, so feel free to attend and show your support.

Thanks to everyone for all of your ministries throughout the community. It is great to see everything we at Trinity have accomplished.

Eldon Erdmann, President

#### ABOUT ELCA GLOBAL MINISTRIES

The ELCA has deep, long-standing relationships with more than 80 Lutheran churches around the world. As part of a global Lutheran community, we work alongside our brothers and sisters to spread the good news of Jesus Christ near and far.

Because we can do more together than we can as individual congregations, the ELCA listens to our companion church bodies around the world and responds to their requests for financial support to expand their ministries - to start new congregations, extend outreach in urban areas, and train pastors and evangelists. We call these joint evangelism projects Global Ministries.

The initiative in Senegal and The Gambia is one of 14 new Global Ministries introduced as part of Always Being Made New: The Campaign for the ELCA.



#### Make a gift to "Senegal and The Gambia: Growing the Church."

#### HELP US DO MORE!

ONLINE Make a secure credit card donation by visiting community.elca.org/Senegal

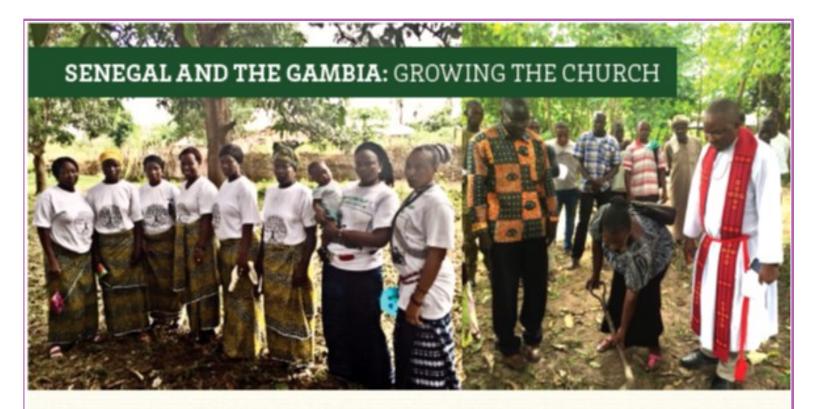
MAIL Make checks payable to ELCA Global Church Sponsorship with "Senegal and The Gambia: Growing the Church - GCS4031" in the check's memo line. Mail checks to: ELCA, P.O. Box 1809, Merrifield, VA 22116-8009.

OTHER WAYS For other ways to give, including multiyear pledges, TO GIVE gifts of securities or real estate, and planned gifts, please call 800-638-3522, ext. 2612, or email CampaignforELCA@elca.org.



Always Being Made New: The Campaign for the ELCA is our moment to look toward the future of this church and boldly respond to the needs of the world with a living. daring confidence in God's grace. This five-year, \$198 million campaign will help our church grow our communities of faith, form new leaders, welcome our neighbors, overcome malaria, confront hunger and poverty, accompany our global churches and so much more. Together, we can achieve things on a scale and scope we could never do otherwise.

Evangelical Lutheran Church in America 8765 West Higgins Road • Chicago, IL 60631-4101 800-638-3522 • ELCA.org © 2015 Evangelical Lutheran Church in America



#### THE NEED

For nearly 25 years, the Lutheran Church of Senegal has spread the gospel and helped communities in Senegal flourish.

From education for children and health care for those affected by HIV/AIDS to agricultural initiatives, the Lutheran Church of Senegal has strived to share God's love in all it does. And, in a 95-percent Muslim context, the church is doing something even more groundbreaking - helping build up women leaders in its congregations and communities.

In addition to the work happening in Senegal, the church played a pivotal role in the founding of the Lutheran church in its neighboring country - The Gambia. By sending missionaries to assist with evangelism, the Lutheran Church of Senegal has helped the Evangelical Lutheran Church of The Gambia grow to nine congregations and more than 2,000 members.

Now the Lutheran Church of Senegal and the Evangelical Lutheran Church of The Gambia are ready to take their outreach to the next level and touch even more communities and individuals than they do now.

The Gambia: Growing the Church," the ELCA will help establish and support the growth of two new schools in The Gambia - St. Andrew's Lutheran Education Center and St. Luke's Lutheran Education Center; allow the Evangelical Lutheran Church of The Gambia to create an official church infrastructure. THE GAMBIA including an office building equipment and staff stipends; and provide training for evangelists in both Senegal and The Gambia.

Through the \$100,000 goal for \*Senegal and

SENEGAL

Together we can grow the global Lutheran church.



### March The Trinity Trumpet 2016



8 If we say that we have no sin, we deceive ourselves, and the truth is not in us. 9 If we confess our sins, he who is faithful and just will forgive us our sins and cleanse us from all unrighteousness. (1John 1:8-9)

Lent is a season of repentance. It's a time to look at ourselves without the rose colored glasses and to acknowledge our true selves, warts and sin and all. We use these verses from the first letter of John (or some paraphrased version) in our Brief Order for Confession and Forgiveness each time we gather for worship. Even though we participate in this religious rite every time we gather, I'm not so certain many of us understand exactly what we're doing.

The nagging question I have is, why do I have to be always confessing my sin if God already knows about it and has already forgiven me?

The answer to that question can be understood only if we know the real meaning of the word confess. In today's English the word confess means to admit, to own up to, to acknowledge, or plead guilty to something we've done. We think of a criminal confessing to the crime. This was not the primary meaning for the ancient people during the time the Bible was written however. The Greek word translated as confess can mean to admit to something, but the primary meaning is more like to agree with or to consent to something. For example, we confess our faith by saying the words of the Apostle's Creed. When we do, we are agreeing with or consenting to the truth of the words in the creed.

There is really no need to admit our sin to God. He already knows what you did or failed to do. However, there is a need for you to agree that what you've done or left undone is a sin. That's the thing that is so hard for most of us to do (at least it is for me...). I don't want to acknowledge my own sin. I still want to believe I'm a pretty good person and that you all are pretty good people too. The clear evidence I see for this theory is when people ask why do bad things happen to such good people? It's so hard for us to agree with the wicked nature we all possess. That's why we begin each worship service with our Confession and Forgiveness. Not because we have to admit what we've done before the court of heaven. The court of heave has already convened and guess what, you and I have already been found guilty!

So, guilty we stand before the Lord during this time of Lent. Guilty we stand, but not condemned! Thanks to the Cross of Jesus Christ and for His sake your sentence and mine has been commuted. God's justice prevails. Rather than getting what we deserve, we receive forgiveness and mercy. Out of joy for this gift of new life, we repent. Out of joy for this second chance, we renounce sin and at least try to live into this new creation we have in Christ. Out of joy for our forgiven and cleansed bodies and souls we turn in love toward the one who gave us these great and wonderful gifts. Out of our love and our joy we give of ourselves to honor the one who gave His all for us.

So lent doesn't have to be such a somber season of reflection and repentance. How can we remain somber once we realize that forgiveness follows repentance and God's love never wavered? When we acknowledge our true selves, warts and sin and all, God is always there with open arms to welcome you back into the loving arms of your savior. As we reflect on the ways we live beneath the cross of Jesus this Lenten season, remember your confession, but rejoice in God's forgiving grace all the more! Amen!

Pastor Mel Mu

SHE IS	Sat	5	12	19- Set your clock forward 1 hour be- fore you go to bed for Daylight Savings Time begins on the 20th @ 2:00 AM	26- 2-6 PM Prayer Vigil	
	Fri	4-3:30 PM-FISH Choice Food Partition Choice Food Partition Thomas 12 Noon	11-3:30 PM-FISH Choice Food Pantry Brown Bag 12 Noon	18-3:30 PM-FISH Choice Food Pantry Brown Bag 12 Noon	25-3:30 PM-FISH Choice Food Pantry Brown Bag 12 Noon 7 PM-Good Friday	Service of Shadows
2016	Thu	3 2:30- Team 6:30 PM Women offe	10	17-6:45 CHRISTIAN Happy St. Patrick's Day!	24- 6 PM Seder Meal Seder Meal	31
	Wed	Mid-week  Venten  Worship	9-12 Noon-Ladies Lunch Pitto	16-6 PM Mid-Week 7 PM Lenten Worship	23-Full Moon	30
	Tue	1-7PM  (YEARS)  ANNIVERSARY  LEANNIVERSARY	8- 7 PM Church Council	15	22	29
No. of the second secon	Mon		7	14	21	28
1	Sun		6-9:30 AM-Adult Sunday school 10:30 AM-Worship w/Holy Communion	13-9:30-AM Adult Sunday school 10:30-AM Worship & Kids Sun. school	20-9:30 AM-Adult Sunday school 10:30 AM-Worship w/Holy Communion 11:30 AM-Blood Pressure	20-Early Service @ 8:00 am with Holy Communion Easter Breakfast @ 9:15 am Easter Egg Hunt @ 9:45 am Late Service @ 10:30 am with Holy Communion