



26 April 2021

Dear Parents and Carers

Horse-riding

We are once again in the amazing position of being able to offer accredited horse riding sessions via the Witherslack Equestrian Centre every Friday morning for up to four pupils, leaving at 10am and returning at 12 noon.

Just some of the benefits of this fantastic opportunity are:

- It promotes health and fitness
- It improves social skills and builds relationships
- It teaches self-discipline and problem solving
- It boosts self confidence and well-being
- It's fun!

The sessions are led by fully qualified and trained staff and SwitchED2 staff will also be in attendance to offer support.

We will be travelling in the school cars (all of which are equipped with a first aid kit and fire extinguisher). Staff and pupils will be required to wear a face mask in the car and sanitise their hands both upon arrival and on leaving the centre.

If you have any questions, please do not hesitate to contact me.

Yours sincerely

Andy Coates

Headteacher