

February 2021



friendship force
WESTERN COLORADO



www.ffwcolo.com

Upcoming Events:

- Monthly Board Meeting: February 2, 2021 9:00am via Zoom. Contact Ellen Bradley at meb712002@yahoo.com for link to join meeting.
- **February 18, 2021 Thursday 6:15pm**
Monthly Meeting via Zoom
- Check your email for a separate Membership Directory update. It will come mid-February from Membership.

ABOUT THE CLUB

Friendship Force Western Colorado, located in Grand Junction, CO., was formed in 1982.

General meetings held during odd months are currently suspended due to Covid.

Each meeting features travel, a time for fellowship, and a light snack.

Membership is open to all who are interested in the goals and purposes of the Friendship Force program.

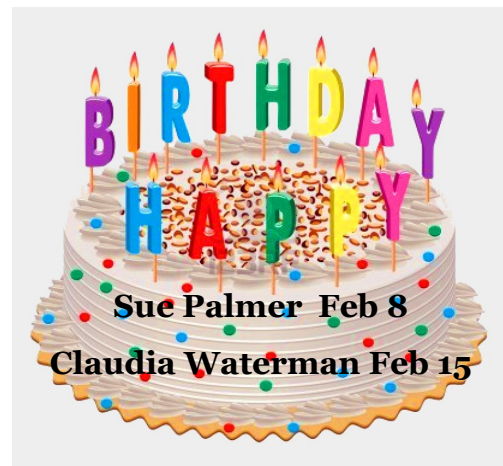
Check our website or the newsletter for updates. www.ffwcolo.com

**A World of Friends is
a World of Peace!**

**Your Leadership Board at our
January Zoom meeting.**



Members are welcome to attend





Council Leader's Message

Hello Western Colorado members,

Well, we have made it into 2021. We have left 2020 behind and are looking forward to a much better year. And it should be so. We have vaccines on the way and the experts are telling us that it could be into the Fall before most of the country has been vaccinated.

Our travel and social club have been severely hampered by the pandemic and safety precautions. However, the leadership council reminds you that you have options for virtual travel through the FFI website. You should have received an email from FFI titled "Welcome to 2021!". It announces upcoming FF virtual experiences. If you did not get one, please let me know.

And speaking of virtual experiences, we have decided to have a General Meeting in February using the internet through ZOOM. ZOOM is a meeting app that allows everyone invited to the meeting to log in using the internet through their own computer. (You don't have to dress up and leave the house).

We plan to have the meeting on February 18, the third Thursday of the month, at our regular meeting time of 6:15pm. Many of you have used ZOOM already. The leadership council monthly meetings have been on ZOOM since last May. For those of you who are not familiar with it, we will have practice sessions available in the days before the meeting so you can feel comfortable with it. Some of you may want to group together at one place and open the ZOOM app from there. I hope you will all mark your schedules to be there.

(Meeting hint: the theme will be **LOVE**) Watch for an email about a week before the meeting containing the meeting information and agenda.

As pandemic conditions improve in the Grand Valley, I am hopeful that there will be occasions for us to get together in person and meet to share some experiences locally. Stay safe.



Dan

Positive Changes During 2020

Here are additional “shares” from our members. The ones in January were greatly enjoyed.

Rebekah McDermott, Membership



My “positive” in 2020 was that new friendships could be formed. Bill and I were introduced in February at the onset of the pandemic. With no place to go, our quiet conversations and home visits over dinner led to a slow bonding and close friendship.

I’m grateful for reconnecting with old friends and distant family members, and time to focus on new goals.

I’m grateful a vaccine is being offered to help us overcome some of the uncertainties of our future.


Best Wishes to all in the coming New Year!

Judy Sealy

Hi Rebekah! I have been thinking very hard about this, and sorry it took so long to reply! My positives are:

- 1) More frequent phone contact with my daughter Lenore in Denver. It's been wonderful!
- 2) Friendlier greetings at the mailboxes in my building from residents and friends I've made here.



- 3)  Time to reflect and listen to beloved pieces of classical music I miss from attending the Symphony.

- 4) More phone calls with family afar, and friends here in Grand Junction, Co. So many wonderful days and evenings at home, slowing down and sipping tea (occasionally a glass of wine).

Thanks for doing this. I miss you and others from Friendship Force. Hoping for a healthy and happy 2021. Blessings Always...Jan Reece.

Positive Changes During 2020

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Rebekah McDermott, Membership



My Pandemic Positives: DJ Clancy

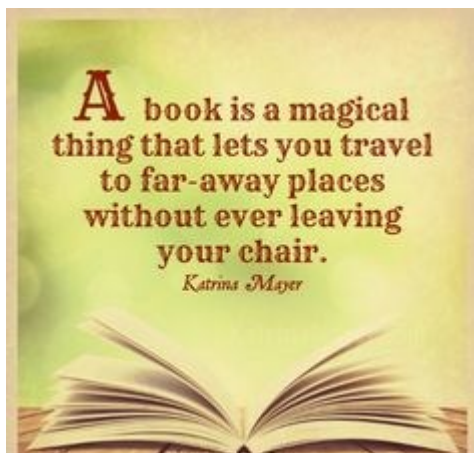
At least once a week I say, "thank goodness we live here." I already loved living in the Grand Valley, but access to the outdoors has provided a sense of normalcy in a distinctly abnormal time as well as providing much needed exercise.

Hiking in the Monument with our border collie mix restores my soul and makes me grateful for all that I have. I am reminded that many are not so fortunate.

I've tried new recipes and added some to my repertoire. With some, once was enough!

We found creative ways to visit with friends, including driving to Minturn for socially distanced meetups with family and friends. Those happened in much warmer weather!

Looking forward to when we can all be together again in person.




So until whatever is the new normal settles in, make the best of your day..... Read a book and mentally travel to your heart's desire.



And know there will be a time to travel.

Bank on it and sock away your pennies!!!!

So you **LOVE** to Travel!!!! Can't go there yet; grab your computer & take virtual tours to these places filled with 

Is it any surprise that the town of Valentines is located in a state with the slogan "Virginia is for lovers?" This small hamlet is more community than town, located within Brunswick County about 100 miles southwest of Norfolk.

Named for the founder and first postmaster, William H. Valentine, the town continues the tradition of stamping mail around February with special Valentine's emblem.



Although the name implies romance, Loveland, CO is better known as the "Gateway to the Rockies." Situated at the base of the Rocky Mountain National Park, the town was incorporated with the dawn of the railroad and named for the president of the Colorado Central Railroad W.A.H. Loveland. Like Valentines, IL, the postmaster of Loveland is kept busy around Valentine's Day resending mail with

Loves Park, IL
"The city with a heart" was named after its founder, Malcolm Love, who purchased 236 acres of land at the turn of the 20th century. The town is situated just outside Rockford, IL and 80 miles northeast of Chicago.



Cities named LOVE in America.

Love - Virginia

Love - Texas

Love - Mississippi

Love - Kentucky

Love - Illinois

Love - Arizona



Laughter is Good Medicine!

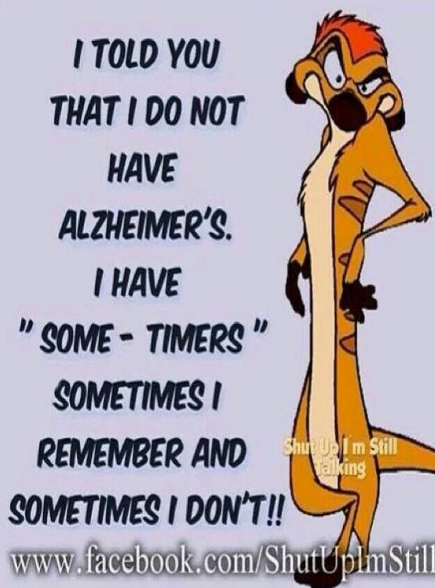
Me in 2019: If I could just have like a week with nothing to do and nowhere to go I could finally get this house clean and organized.

Me now: Nope, that wasn't the problem . . .

If things get better with age then I must be getting close to freakin' magnificent.



Do not let them take your temperature going into the store! It's a scam! They're erasing your memory. I went for bread and eggs and came home with Blue Bell Ice Cream and Snickers.



OLD PEOPLE AT WEDDINGS ALWAYS POKE ME AND SAY "YOU'RE NEXT."

SO, I STARTED DOING THE SAME THING TO THEM AT FUNERALS.



Is it OK to pull the bag of wine out of the box & stab a straw in it like it's a giant adult Capri Sun? Asking for a friend.

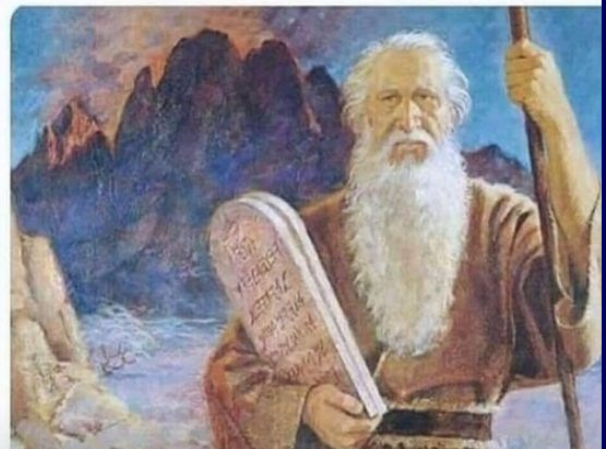


JOKES FOR FUNNY

THEY SAID THAT A MASK AND GLOVES WERE ENOUGH TO GO TO THE SUPERMARKET. THEY LIED, EVERYONE ELSE HAS CLOTHES ON.

JOKESFORFUNNY.COM

So technically Moses is the first man to download files from the cloud using a tablet.



Laughter is an instant vacation.
- Milton Berle

Rocky Mountain Regional News

Greetings from——-Sue Palmer, Field Rep

Greetings – Listed below are 2 more opportunities to join a Virtual Zoom Meeting on interesting topics. As you know, the FFI website continues to add new Virtual Meetings with a full variety of presentations from all over the Friendship Force WORLD!

Enjoy—— Sue Palmer

Faces & Places:

Explore Ohio, USA

Friday, February 12, 2021, Noon MST

Host: Jackie Herriman of FF of NE Ohio, Bambi Saxe and Byron Wade of FF of Dayton, Katie Campbell of FF of Greater Cincinnati, and Britton Holmes, FFI Staff

Come with us on a virtual journey through Ohio in the mid-western U.S.A. Representatives from Ohio's three Friendship Force clubs will share the history, sights, culture and food of three separate areas of the state. You'll learn from Ohioans what distinguishes Ohio from the other 49 states and what to expect when you visit the place we call home.

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Special presentation from a Physician on "How to Stay Safe while Traveling".

This virtual Zoom Meeting will be held February 20, Saturday at Noon (MST). FF clubs are welcome to attend this presentation. Marilyn Whelan is the coordinator and is from the FF of Florida Suncoast club. Please contact her if you're interested – her e-mail is: moptimist@bellsouth.net

MEMBERSHIP NEWS

Co-Chairs: Rebekah McDermott &
Claudia Kellar

Our annual Membership Renewal for 2021 has ended. FFWC now has 31 paid members. This is exciting news, as it shows each one of us is anticipating a better 2021 and eager to begin meeting and traveling again. Thank you for your continued, positive, encouraging support!!! Thank you Claudia Kellar and Kathy Nielsen for your help contacting the members about renewing.

By separate email you will receive a page of membership updates and deletions. Please insert that information into your current 2020 Membership Book, as we are not printing books in 2021.

Member News

Please join me in sending best wishes to Jim Witt and Marguerite Collard. Both have been battling illness in the past month.

Jim has been diagnosed with cancer on his lower lip. He is nearly halfway through the 30 treatments he is taking. Jim has decided to not renew his club membership for 2021. Jim has been a member since 2013 and he will be missed. He was active in creating publicity for the club and helping out with visitors from Germany.

Marguerite has been diagnosed with COVID-19 and is quarantining now at her home, after spending three days in the hospital to get better. Marguerite has decided to relinquish her position on The Leadership Council as Events Coordinator for 2021. When we are able to schedule 2021 events, the club will need a member to volunteer for the Events Coordinator position.



friendship force
WESTERN COLORADO

FFWC Leadership Council

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Sue Palmer alfshouse12@hotmail.com

Club Websites

Cheyenne	friendshipforcecheyenne.org
Denver	friendshipforcedenver.org
Northern Colorado	ffncolo.com
New Mexico	friendship-force-new-mexico.org
Pikes Peak	friendshipforcepikespeak.com
Utah/Salt Lake City	friendshipforceofutah.org

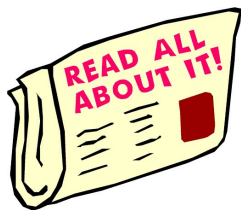
Have a friend who likes to travel?

Share with them the FFI website and let them see all the great places they can go.

Be sure to invite them to our activities so they can see what we do and decide if it is for them.



Find us on:
facebook®



NEEDED: ideas for virtual events, book suggestions, local merchants to support, stories of your past travels, pictures of what you do during the year, jokes, etc.

Send to ffwcnewsletter@gmail.com.

Deadline for your submissions is the 25th of each month.
The Newsletter is sent to you via email the 1st of the month.

LEADERSHIP COUNCIL MEETINGS

The Leadership Council holds a Zoom Meeting on the 1st Tuesday of each month at 9 a.m. Any member of the Club is welcomed to attend this Council Meeting.

Ellen Bradley, Secretary, can set you up to attend a Zoom Leadership Meeting.

Email her at FFWCsecretary@gmail.com.

Friendship Force Pledge

As a member of the Friendship Force I recognize that I can make a Difference.

I recognize that I have a mission; that mission is to be a friend to the people of the world. As I embark upon this adventure, I know that others will be watching me.

I know that through my example to my own fellow citizens and the people of other nations, the cause of friendship, love, and peace will be furthered.

I can make a difference.

**Friendship Force International
Western Colorado Chapter
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**CHANGING THE
WAY YOU SEE
THE WORLD**