



## **SWIMMER CODE OF CONDUCT-**

When representing Nation's Capital Swim Club, athletes are expected to behave in an exemplary manner. The reputation of NCAP, as well as the other athletes with you, is dependent on your behavior. NCAP swimmers must always follow the directions of the coaching staff— disrespectful attitudes will not be tolerated from any swimmer.

- Any inappropriate use of cell phones, social media, or other devices is prohibited, especially in private areas such as the locker room or hotel room and will not be tolerated. **Cell phones cannot be used in the locker room at any time.**
- Swimmers will not show any unsportsmanlike conduct towards other teams, parents, swimmers, or officials at any time.
- Any bullying or allegations of bullying of any athlete will be investigated and disciplinary action will be at the discretion of the NCAP staff, and potentially the PVS SafeSport Committee.
- Any act of dishonesty or theft in connection with any swimmer will be investigated by the team and appropriate actions taken.
- Any non-consensual physical contact, obscene language or gesture, or other threatening language is not acceptable.
- The consumption of alcohol, the use of tobacco, or use of any non-prescribed drugs or illegal substances of any kind will not be tolerated.