



## Safeguarding Adults

Safeguarding refers to the process of protecting adults and to provide safe and effective care. This includes all the procedures designed to prevent harm to an adult. This means protecting against abuse and neglect.

At the end of the session care workers should:

- Explain what is meant by the term 'an adult at risk'
- List the forms abuse may take
- Recognise signs and symptoms of abuse
- Understand how to respond appropriately to disclosures of abuse
- Understand the legislation and guidance concerning safeguarding adults at risk.

