

Vegan Menu Selections



Vegan Menu ~ Gluten Free ~ Dairy Free

Ask your Event Consultant about additional Plant based proteins & dairy substitutes that are available!

"Gardein Chicken Breast" Penne

Pan Seared Asparagus, Tomato, and Mushroom tossed in Olive Oil and a Basil Pesto Avocado sauce over Whole Wheat Pasta

"The Ultimate" Vegan Lasagna!

"Beyond Meat Italian Sweet & Hot Sausage" With a garden's worth of Roasted Vegetables Layered with Marinara Sauce and "Follow Your Heart" Vegan Cheese on Mueller's Gluten Free Lasagna Sheets

Baked Stuffed Bell Peppers

Garden fresh Green, Yellow, and Red bell peppers, Filled with sautéed white beans, spinach, mushrooms, zucchini and tomatoes combined with "Bocaburger Meatless Vegetable Beef Crumble", Vegan Mozzarella and our Vegetable Wild Rice

Breakfast Burrito

Tortilla wrap, Chickpeas, Tomato, Spinach, Mushroom, and "Beyond Meat Italian Sweet & Hot sausage" Served with Home Fries made with Potatoes, Bell Peppers & Onions using "Earth Balance Buttery Spread with Olive Oil"

This is a great Lunch Option too!

Oven Roasted Stuffed Portobello

Marinated Portobello Mushroom with homemade celery, carrot, & onion Stuffing filled with Spinach, vegan Mozzarella Cheese Drizzled with Balsamic Glaze and served over "Path of Life" Riced Vegetables Confetti Blend

Grilled Veggie Skewers

Grilled vine ripe Tomatoes, yellow Squash, Zucchini, Mushrooms, red Onion and Bell Pepper, topped with Balsamic Glaze Served over Roasted Vegetable Red Quinoa

Burgers & Sandwiches!

"Beyond Meat" Burger Patty
"Gardein" Black Bean Burger
"Gardenburger" Organic Malibu Burger "Gardein" Crispy Chick'n Patty
"Gardein" Golden Fishless Filets
All Served on Ezeckiel Sprouted Grain Burger Buns

Eggplant Parmesan

Non-breaded Eggplant Layered with "Follow Your Heart" Vegan Cheese and Marinara Served over "Barilla Angel Hair" Pasta