

# THE MIRACLE MORNING 1ST EDITION Read Free



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Author: Hal Elrod  
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Most salespeople use these techniques daily, yet the majority still fail to achieve the results they want. Thus, logic would have it that if you want to take your SALES to the next level, you must first figure out how to take your SELF to the next level because it only happens in that order. We want to take our lives, our businesses, and our selves to the next level. What if you could get there, faster than you ever thought possible, by simply changing how you start your day? This book takes you on a journey into the lives of real estate agent Rick Masters and mortgage professional Michelle Phillips. Rick and Michelle face new challenges as the demands of their industry have left them stressed, overweight, and unfulfilled.

Something has to change. They attend an event and meet other agents who have transformed their lives. Although Michelle is optimistic, Rick is

skeptical. Little does Rick know, there really is a not-so-obvious secret that will transform your life in just 30 days. Discover it for yourself as you join Rick and Michelle on their life-changing journey. Buy Now. Tried all the network marketing tricks without results? Transform your routine to break through your current ceiling! What if you could make a few simple changes to increase your income, reduce your stress, and send your fulfillment through the roof? The Miracle Morning for Network Marketers is your key to making immediate and profound changes on the path to peak performance. Buy the book for the simplest, fastest path to network marketing prosperity. This book gives you exactly what you need to do both! He died for 6 minutes, broke 11 bones, suffered permanent brain damage, and was told by doctors that he would never walk again.

Yet, Hal was happy. So happy, in fact, that his doctors thought he must be in denial. The book encounters many useful links to other authors. An interesting moment for me is that most of the books that the author mentioned in his book read before and totally agree on all the points. The "Miracle Morning" book will help both "larks" and "owls" make your morn The year has just begun, and this is the second book that impressed me very much and deserves to claim the best book of The "Miracle Morning" book will help both "larks" and "owls" make your morning energetic, happy and full of joy all day long. While reading the book, I made markers on the pages and then I realized that almost all the pages had some marks and strokes.

A lot of useful and interesting information. The book should be read several times. The most important thing after reading is to start using the "miracle morning" method in your life. It can also be prayer or simple reflection in silence, - 5 minutes of affirmations positive statements. It has long been proven that people are capable of programming for success. Affirmations are the best way to do this, - visualization 5 min. Select a small amount of time to visualize your dreams, just try to imagine all that you want to achieve in the near future, dream and visualize everything with the smallest detail.

This process is very nice - it is charged with energy and, oddly enough, very effective, - reading min , read every day for at least minutes. Personally, I like to do exercises for speed reading in the morning, and to read already during the day. I think this option is also suitable for a "good morning" - you should have a diary, either online or regular. And every morning write anything, everything you want.

If it's hard to write, just describe the day that has passed, the most interesting moments. Can write for what and to whom you are grateful. Remember the famous saying "if you do not find time for physical exercise, most likely to have to find time for illness. Jun 07, Peter Skaronis rated it it was amazing. Excellent book!!! All those years of listening to Jim Rohn and Tony Robbins, here comes Hal putting everything together in such a simple and profound way that is amazing. As I grow older I realise that the simplest things create the biggest impact and the miracle morning seems quite basic until you try it. You are awake at 5 am while most people are asleep and the silence allows you to see the bigger picture of things that I couldn't see before as a night owl. Thank you Hal.

God bless you. Mar 29, Joe rated it really liked it. A very compelling argument to wake up at 5am or about one hour before you usually get up, including weekends. It advices you to do the following for approximately 10 minutes each of that hour: Meditate Affirmations Visualise Exercise Read - something constructive Write - a journal or something else This all makes sense and probably would make a great start to the day. I'm tempted to give it a go but personally would rather trim back most of the other ideas to 5 minutes each and give minutes to exe A very compelling argument to wake up at 5am or about one hour before you usually get up, including weekends. I'm tempted to give it a go but personally would rather trim back most of the other ideas to 5 minutes each and give minutes to exercise.

The book is very compelling but at pages is not concise and with such a narrow call to action - wake up early and do these things It does repeat itself quite a bit. Mar 28, Ngiste rated it did not like it. The worst of its genre of personality-driven personal development books. Repetitive, poorly edited, entirely available for free without the constant onslaught of Hal stories. This is not wrong about what makes a successful morning. It's just packaged idiotically. The book was also a reminder of how little systemic injustice is accounted for in the white-guy-personality-cult-self-help world. All you have to do is tra The worst of its genre of personality-driven personal development books. All you have to do is transform yourself and then you can have wild success is a statement you can only make and sell from a position of extreme privilege.

Mental health, racism, misogyny, all can be overcome in this one hour! We'll see if I manage to stick to it and if it will have a significant impact on my life. I had to put some effort into ignoring the writing style and focus on the essential. The author has a background in sales and that's totally obvious. I often felt he was beating a dead horse, running in circles around the idea of achieving one's "full" potential. The thing is, for the first few chapters he was trying to sell the idea of personal development, which was unfortunate for me, cause I'm already sold.

I've been into this thing for years, so I was starting to lose faith he was ever getting to a point I could be interested in. Once the book passed the self-congratulatory and sales pitch phase, there was finally some useful info. Sure, nothing revolutionary, he basically combined a series of personal development principles from different successful people in the business and made it into a ritual of sorts, but it's obvious he put work into acquiring this knowledge and he did set up a system that's very appealing to a lot of people. This review has been hidden because it contains spoilers. To view it, click here. With sincere gratitude, - Hal Read this in an hour because I skimmed through most of the pages. It didn't really give me any new information or useful tips.

Most things seemed too farfetched and bogus claims.. Easy reading and practical, very on time for my new way of living. It is so interesting for me that when I decided to change my type of job, I faced this book which gives me a smart schedule for planing my days and going on. I admire writer for his passion about life after such a bad accident he had in early age that could make him sit at home and live same as a plant.

Just reread this book as I felt it helped my life back in but have been feeling a bit off track recently and life has changed a lot so it was time for bringing back some morning discipline! I find if I rush in the morning because I have gotten up too late or I am just too busy, my whole day is thrown off and even the rest of the week is out of whack. I have always found that easing into my day with relaxing routine in the morning gives me a good start. This book helped confirm that. We were Just reread this book as I felt it helped my life back in but have been feeling a bit off track recently and life has changed a lot so it was time for bringing back some morning discipline! We were given a copy of this book by a friend and I read it on vacation so that I would be able to put it into practice once I got home. Elrod spends an hour approximately each morning to give him a

good start to the day - and life!

The miracle morning is made up of meditation, visualization, affirmations, writing, reading and exercise. The book goes into detail and also discusses the forming of good habits the miracle morning being one of them. I already read and journal in the morning so now I am putting into practice the other four components. LOVED it! Nov 04, Kathy rated it it was amazing Shelves: read-in This was recommended to me. Honestly it's not the most well written book. It's very repetitive at times.

BUT the principles it teaches are so worth reading about. I've started my own Miracle Morning routine and all I can say is on the days I actually follow it I get so much more done on those days. This is a quick read and it is free on Kindle Unlimited so to all who can access this for free you should definitely download it and read through it. Apr 22, Holden Johnson rated it really liked it. That being said i cant argue with the results or message. Oct 19, Amanda Antonelli rated it did not like it. So the premise of the book isn't a bad one. Wake up earlier, do you for an hour or so, then go about your day feeling better. It was the first of many songs Kenny would sing e. Released a month or so after the Kent State shootings , the song drew a standing ovation the night it debuted live. In addition to the band's continuing frequent appearances on television, songs by Kenny Rogers and the First Edition were featured in two films. First up was the never released on record "If Nobody Loved" for the camp political comedy Flap.

The Fools soundtrack was released in Another song about the need for brotherhood, it was seen as an uptempo counterpart to the balladry of "Tell It All Brother. Though scoring high on the easy listening charts, "Someone Who Cares" failed to reach the pop top fifty. This ushered in a period during which the First Edition attempted to retool its image.

Keyboard player John Hobbs was briefly in the lineup, but, though he played on future recordings, was not in the group long enough to appear on any album covers or publicity photos. The special provided an unusually in-depth look at the group, all of whom were at ease speaking in front of the camera. In mid the First Edition released a gospel single called "Take My Hand", which barely scraped into the bottom of the charts. After the success of a pilot shot in late , the fall of saw Kenny Rogers and the First Edition become hosts of their own television series Rollin' on the River. Later to be shortened to Rollin , this was a variety show that was taped in Canada taking advantage of recently imposed Canadian content requirements which geared itself toward rock, blues, and folk performers and groups.

The show also gave the First Edition a chance to do the comedy Kenny and Terry had long made a part of their act. Though it got good ratings, Rollin did have one ill side effect: the First Edition were now seen as television personalities instead of recording stars. It was the first First Edition 45 not to chart since Recorded over six months in , and released in March , The Ballad of Calico was written by future star Michael Murphey and the First Edition's musical director and arranger Larry Cansler. Cansler replaced Hobbs on stage during this period, but despite his large creative role here, and on Rollin' on the River, he was not promoted on either as a member of the group. The album was a country rock opera about a late 19th-century mining town, but unlike most like-minded projects of the era, all of the songs were based on fact.

The sleeve and booklet of this two-LP set had genuine and period-styled photos depicting the era, with all of the lyrics presented in hand-written script. The music was critically well received, with all of the group outside of Mickey taking at least one lead. The song chosen for a single was "School Teacher," an acoustic rhythm and blues song with a lead by Kin. In retrospect it's easy to understand the probable reasons the artistically valid "School Teacher" didn't get past No. Putting out a First Edition single where Rogers was not prominent had already shown itself to be a gamble, plus lyrics written to reflect the sexist views of the 19th century sounded odd outside of the LP's concept.

Frustrated by the falling sales the album hardly sold at all , Vassy began to let a drinking habit get out of control. Jimmy Hassell joined the group about six months later to replace Vassy. Lorenzo was a keyboard and piano virtuoso. Hassell was a hard rock singer similar to Vassy, and physically resembled a friend of Terry's, actor Gary Busey. Both fit in well, without marring the public impression of the original members. Around the time the new members hopped on board, Rogers formed his own label, Jolly Rogers distributed by MGM , Rogers retained the name when he started his own publishing company as a solo artist and the group left Reprise. The third single from the album, a version of Merle Haggard 's "Today I Started Loving You Again" reached the lower regions of the country charts in mid Then came a soundtrack from Rollin'.

Now in its second year, an album of live versions of the "Calico" songs and hits like "Ruby," "Reuben James" and "Just Dropped In" could have sold quite well, bringing proven hits to the Jolly Rogers label at the same time. The album did not check the group's declining sales, and the TV show was soon canceled. The group increasingly played on the county fair circuit.

It was decided that a new image far away from their TV persona was required. Monumental tried to give them just this. Combining a wide variety of styles, it ranged from a Rogers-written rocker about prostitute "Morgana Jones" later rerecorded by Rogers for his album The Gambler in to the nostalgic "42nd Street. As he would continue to do in his solo career, Rogers cloaked some mature subject matter with a gentle delivery. The Dr. Though in tune with other music of the day, Monumental was one of their biggest sales failures in the United States, but in New Zealand it went gold. Following on the local success of "Rollin'" and the understated ballad "Lady, Play Your Symphony," Kenny's rocking nursery rhyme "Lena Lookie" went to number six, and the group embarked on three New Zealand tours over the next two years. As their domestic popularity continued to decline, Terry wanted to focus on the hard rockers that had done so well for them overseas.

Kenny disagreed, wanting a more conservative agenda. Kenny admitted in his book Making It with Music, that he perhaps should not have complained about MGM's poor distribution on a radio show, but despite their mounting problems, New Zealand continued to consider the First Edition as superstars. The problem was that they had to go halfway around the world to benefit from their success, and travel expenses ate a big chunk out of their profits. The US LP was basically going to be the same but with two new cuts replacing the two songs reused from "Monumental. A mix of new songs and remakes possibly done because some songs were not available in New Zealand , "Love Woman" was now a hard rock jam featuring Jimmy on lead. This arrangement was borrowed from the band's stage performances of Bill Haley 's "Rockin' Through the Rye". Start your day with silence. This can mean taking a few deep breaths, meditating, repeating a mantra to yourself, and so on. The point of this habit is to start the day with calm clarity and a peaceful mind.

A — Affirmations. We all know the importance of positive self-talk. The second habit of the Miracle Morning will allow you to begin the day with encouraging words which will motivate you to go after your goals with a feeling of confidence and self-efficacy. V — Visualizing. E — Exercise. The fourth habit of the Miracle Morning is to exercise to get your heart pumping and get oxygen flowing to your brain. It will wake up your body and prepare your brain to meet the challenges the day will undoubtedly bring. R — Reading. We all know that input determines output. S — Scribing. The habit of journaling will allow you to clarify your thoughts and feelings by putting them down on paper. How you apply each of the six habits in your life is entirely up to you.

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