Position	Bib	Name	Finish	Pace	Age	Gender	Gender	City	Age Rank
1	485	RYAN UDVADIA	00:14:56.1	4:49	23	M	M	ALBANY	1st 5K Male
2	40	SHAUN DONYON	00:16:42.7	5:23	33	М	М	MALTA	1st Male 30-39
3	375	ELLA KURTO	00:17:08.9	5:32	14	F	F		1st 5K Female
4	400	CHRISTINE MYERS	00:17:15.4	5:34	21	F	F		1st Female 20-29
5	405	CLAYTON ORZEL	00:17:37.1	5:41	19	M	M		1st Male 15-19
6	490	BEN HELLAN	00:17:51.2	5:45	30	M	M	TROY	2nd Male 30-39
7	316	KAREN BERTASSO	00:17:51.9	5:45	35	F	F		1st Female 30-39
8	482	ANDREW REED	00:18:35.6	6:00	48	M	M	NISKAYUNA	1st Male 40-49
9	366	ROBERT IRWIN	00:18:59.1	6:07	46	M	M		2nd Male 40-49
10	431	HEIDI STEARS	00:19:05.5	6:09	27	F	F		2nd Female 20-29
11	484	PHIL MATTHEWS	00:19:09.5	6:11	44	M	M		3rd Male 40-49
12	310	JESSICA BASHAW	00:19:27.0	6:16	36	F	F		2nd Female 30-39
13	465	SCOTT MCNAMARA	00:19:34.0	6:19	51	M	M	BALLSTON SPA	1st Male 50-59
14	475	EMILY BUSH	00:19:39.3	6:20	12	F	F	SARATOGA	1st Female 1-14
15	399	MEGHAN MORTENSEN	00:19:40.8	6:21	34	F	F		3rd Female 30-39
16	350	MICHAEL FRANKE	00:19:48.0	6:23	32	M	M		3rd Male 30-39
17	479	MACKENZIE HART	00:19:52.0	6:25	15	F	F	Wilton	1st Female 15-19
18	483	JEFF NASTKE	00:20:21.2	6:34	38	M	M	EAGLE BRIDGE	4th Male 30-39
19	408	ZACHARY PAYANT	00:20:23.9	6:35	15	M	M		2nd Male 15-19
20	128	LEYDON HEMWORTH	00:20:26.5	6:35	14	М	M		1st Male 1-14
21	495	LAUREN SCARUPA	00:20:33.2	6:38	28	F	F	CLIFTON PARK	3rd Female 20-29
22	218	SADIE MCBAIN	00:21:00.2	6:46	15	F	F	SARATOGA	2nd Female 15-19
23	494	SOPHIE TESLA	00:21:03.4	6:47	18	F	F	ALBANY	3rd Female 15-19
24	478	ALUCIA HART	00:21:07.2	6:49	13	F	F	Wilton	2nd Female 1-14
25	304	JACOB ARMER	00:21:17.7	6:52	14	М	M		2nd Male 1-14
26	445	DEANNE WEBSTER	00:21:19.4	6:53	43	F	F		1st Female 40-49
27	461	MICHAEL DITTMER	00:21:21.6	6:53	25	М	M	CLIFTON PARK	1st Male 20-29
28	393	SAM MERCADO	00:21:23.6	6:54	56	М	М		2nd Male 50-59
29	263	KATIE VANDYCK	00:21:32.9	6:57	16	F	F	SARATOGA	4th Female 15-19
30	352	JILLIAN GERDING	00:21:37.2	6:58	31	F	F		4th Female 30-39
31	311	LARISSA BATES	00:21:38.5	6:59	38	F	F		5th Female 30-39
32	474	BRIAN CUNEO	00:21:50.6	7:03	48	М	M	SARATOGA	4th Male 40-49
33	410	NICHOLAS PROCK	00:21:56.1	7:05	31	M	M		5th Male 30-39
34	466	VIRGINIA LUPO	00:21:56.8	7:05	47	F	F	MALTA	2nd Female 40-49
35	129	JESSICA NORTHAN	00:21:58.7	7:05	43	F	F	GUILDERLAND	3rd Female 40-49
36	389	MARGARET MCKEOWN	00:22:04.0	7:07	61	F	F	OUEENODUDY	1st Female 60-69
37	488	MARK DECKER	00:22:09.0	7:09	54	M	M	QUEENSBURY	3rd Male 50-59
38	131	BRIAN NORTHN	00:22:15.8	7:11	44	M	M	GUILDERLAND	5th Male 40-49
39 40	468	RICHARD LYNCH	00:22:21.6	7:13	61 40	M	M F		1st Male 60-69
	339	JUDITH DORE	00:22:31.3	7:16	49 15	F F	F		4th Female 40-49
41 42	361 436	BETH IRWIN	00:22:38.1	7:18	15 44				5th Female 15-19 6th Male 40-49
42 43	317	NEIL TYRRELL TRUDY BOULIA	00:22:47.2 00:22:48.2	7:21 7:21	44 47	M F	M F		5th Female 40-49
43 44	480	EMILY CAMENGA	00:22:54.8	7:21	38	F	F	TROY	6th Female 30-39
44 45	463	KEVIN MCNAMARA		7:23 7:24	36 16	M	M	IROT	
45 46	437	MATTHEW VERNON	00:22:57.7 00:23:24.0	7:24	39	M	M		3rd Male 15-19 6th Male 30-39
40 47	497	AINSLEY BILLINGS	00:23:45.6	7:40	14	F	F	DOLEGEVILLE	3rd Female 1-14
47 48	343	ANDREW EISLER	00:23:45.6	7:40 7:45	15	M	M	DOLLOL VILLL	4th Male 15-19
49	82	JAMES LANDI	00:24:04.1	7:46	33	M	M		7th Male 30-39
50	500	JOHN COFFEY	00:24:04.1	7:47	51	M	M	BROOKLYN	4th Male 50-59
51	83	TEMPE LANDI	00:24:20.0	7:51	30	F	F	BALLSTON SPA	7th Female 30-39
52	348	JOHN FLAGG	00:24:37.4	7:56	35	M	M	BALLOTON OF A	8th Male 30-39
53	397	WILLIAM MOHR	00:24:39.4	7:57	49	M	M		7th Male 40-49
54	351	KRISTEN GARZONE	00:24:46.7	7:59	32	F	F		8th Female 30-39
55	481	CHELSEA SMITH	00:24:48.4	8:00	31	F	F	VALATIE	9th Female 30-39
56	462	SHEA MCNAMARA	00:24:56.9	8:03	16	F	F	· · · · ·	6th Female 15-19
57	492	AMBER TREDELL	00:25:03.2	8:05	40	F	F	BURNT HILLS	6th Female 40-49
58	140	KATELYNNE SHIMLAUS	00:25:06.5	8:06	29	F	F	SARATOGA	4th Female 20-29
59	394	STEPHEN MEYER	00:25:08.7	8:06	47	M	M		8th Male 40-49
60	439	KATHY VIGGIANO	00:25:00.7	8:07	51	F	F		1st Female 50-59
61	302	JED ALDERFER	00:25:21.3	8:11	13	M	M		3rd Male 1-14
62	422	TODD SHIMKUS	00:25:22.4	8:11	52	M	M		5th Male 50-59
63	464	DENISE MCNAMARA	00:25:26.5	8:12	51	F	F	BALLSTON SPA	2nd Female 50-59
64	344	KIM EISLER	00:25:27.5	8:13	52	F	F		3rd Female 50-59
65	491	DAVID LEITH	00:25:34.1	8:15	64	M	M	WEST CHARLTON	2nd Male 60-69

Position	Bib	ROCK 5K Name	Finish	Pace	Age	Gender	Gender	City	Age Rank
66	486	CONNOR BROOKS	00:25:34.7	8:15	19	M	M	BROADALBIN	5th Male 15-19
67	362	ERIKA IRWIN	00:25:36.9	8:15	13	F	F	5.10/15/125	4th Female 1-14
68	454	STEPHANIE WILKINSON	00:25:41.6	8:17	31	F	F		10th Female 30-39
69	477	JANICE PHOENIX	00:25:46.9	8:19	58	F	F	SCHENECTADY	4th Female 50-59
70	385	FRANK MCCANN	00:25:55.4	8:22	43	M	M		9th Male 40-49
71	428	LEAH SPOAR	00:25:58.6	8:23	36	F	F		11th Female 30-39
72	349	MARY FLAGG	00:26:03.9	8:24	35	F	F		12th Female 30-39
73	473	CLAIRE CUNEO	00:26:16.4	8:28	15	F	F	SARATOGA	7th Female 15-19
74	319	DAVID BRICKMAN	00:26:17.3	8:29	61	M	М		3rd Male 60-69
75	305	KELLY ARMER	00:26:18.3	8:29	52	F	F		5th Female 50-59
76	376	JAMIE LANDON	00:26:19.9	8:29	40	F	F		7th Female 40-49
77	342	ALEXIS EISLER	00:26:25.1	8:31	13	F	F		5th Female 1-14
78	303	JULIAN ALDERFER	00:26:39.9	8:36	44	M	M		10th Male 40-49
79	487	TAMMY DECKER	00:26:42.2	8:37	51	F	F	QUEENSBURY	6th Female 50-59
80	395	MATTHEW MICZEK	00:26:49.8	8:39	47	M	M		11th Male 40-49
81	450	JOSHUA WICKERT	00:26:51.6	8:40	32	M	M		9th Male 30-39
82	371	JEREMY KERGEL	00:26:58.7	8:42	44	M	М		12th Male 40-49
83	313	RICHARD BENNETT	00:27:04.1	8:44	67	M	M		4th Male 60-69
84	456	SEAN MICHALIK	00:27:15.0	8:47	13	M	М	CLIFTON PARK	4th Male 1-14
85	396	BRI MINER	00:27:19.3	8:49	27	F	F		5th Female 20-29
86	355	KAYLEE GRAYSON	00:27:23.5	8:50	12	F	F		6th Female 1-14
87	340	ABIGAIL EDWARDS	00:27:25.0	8:51	12	F	F		7th Female 1-14
88	346	JENNIFER FERRISS	00:27:26.4	8:51	47	F	F		8th Female 40-49
89	493	MICHALE HUGES	00:27:28.6	8:52	32	F	F	ALBANY	13th Female 30-39
90	320	DANIEL P BROWN	00:27:35.3	8:54	73	M	M		1st Male 70-79
91	496	STEPHAN OBERMAYER	00:27:37.9	8:55	58	M	M	BALLSTON SPA	6th Male 50-59
92	458	MOLLY MICHALEK	00:27:44.7	8:57	48	F	F	CLIFTON PARK	9th Female 40-49
93	457	THOMAS MICHELIK	00:27:54.6	9:00	50	M	М	CLIFTON PARK	7th Male 50-59
94	407	GRACE PASTER	00:27:55.9	9:00	42	F	F		10th Female 40-49
95	382	DIANE MAHAR	00:28:03.3	9:03	58	F	F		7th Female 50-59
96	111	JOHN WEBBER	00:28:11.9	9:05	64	M	M	BALLSTON SPA	5th Male 60-69
97	322	DARLENE CARDILLO	00:28:30.0	9:12	66	F	F		2nd Female 60-69
98	372	ZACHARY KIELB	00:28:35.7	9:13	20	M	M		2nd Male 20-29
99	360	QUINCY HYTKO	00:28:44.3	9:16	14	F	F		8th Female 1-14
100	413	SHAINA REARDON	00:28:49.1	9:18	32	F	F		14th Female 30-39
101	363	KIM IRWIN	00:28:54.4	9:19	51	F	F		8th Female 50-59
102	331	SUSAN DAVIS	00:28:59.4	9:21	57	F	F		9th Female 50-59
103	416	JILL ROBBINS	00:29:09.5	9:24	50	F	F		10th Female 50-59
104	421	GINA SCAVONE	00:29:10.8	9:25	60	F	F		3rd Female 60-69
105	435	CHARLES TRAVIS	00:29:28.5	9:30	64	M	М		6th Male 60-69
106	429	ASHLEY STAIGAR	00:29:29.3	9:31	43	F -	F		11th Female 40-49
107	471	SHERI STEELE	00:29:38.2	9:34	61	F	F		4th Female 60-69
108	489	JAMES MALAZITA	00:29:51.4	9:38	32	M	М	TROY	10th Male 30-39
109	433	RICH TANCHYK	00:29:57.0	9:40	67	M	M		7th Male 60-69
110	289	DEIDRE LADD	00:30:04.3	9:42	52	F	F	SARATOGA	11th Female 50-59
111	142	CARLY HAMILTON-JONES	00:30:04.9	9:42	46	F	F	SARATOGA	12th Female 40-49
112	141	MICHAEL LADD	00:30:05.1	9:42	55	M	M	ODEENE'S OSSITES	8th Male 50-59
113	470	CHERYL RENCH	00:30:09.7	9:44	60	F	F	GREENFIELD CENTER	5th Female 60-69
114	417	RICHARD ROMANO	00:30:12.5	9:45	52	M	M	CLIETON DADIC	9th Male 50-59
115 116	455	RICH HENGSTERMAN	00:30:24.2	9:48	49	M	M	CLIFTON PARK	13th Male 40-49
116	41	JOANNE HAMMOND	00:30:48.1	9:56	43	F	F	BURNT HILLS	13th Female 40-49
117	460	JEFF NERNEY	00:30:52.1	9:57	62	M	M		8th Male 60-69
118	448	TYSON WELLER	00:30:55.6	9:58	41	M	M		14th Male 40-49
119 120	424	JENNIFER SMITH	00:30:56.0	9:59	39 55	F	F		15th Female 30-39
120	301	RENEE ABDOU-MALTA	00:31:07.1	10:02	55 42	F	F	OHEENEDLIDY	12th Female 50-59
121	31	RAMI HACHEM	00:31:11.5	10:04	42 47	M	M	QUEENSBURY	15th Male 40-49
122	39	MARIA MASSA	00:31:11.5	10:04	47 64	F	F M	RENSSELAER	14th Female 40-49
123	383	JIM MAHAR	00:31:11.5	10:04	64	M	M		9th Male 60-69
124	423	DONNALYN SHUSTER	00:31:35.8	10:11	62	F	F		6th Female 60-69
125	442	DAVID WALDIN	00:31:39.8	10:13	14	M	M		5th Male 1-14
126	328	KRISTEN COSTELLO	00:31:42.5	10:14	37 57	F	F		16th Female 30-39
127	418	MARTIN RULISON	00:31:44.1	10:14	57 26	M	M		10th Male 50-59
128	345 444	ABRA GALLOGLY STEPHEN WALDIN	00:31:53.9 00:31:58.8	10:17 10:19	36 11	F	F M		17th Female 30-39 6th Male 1-14
129						M			

		Name	Finish	Pace	Age	Gender	Gender	City	Age Rank
132	81	BARRY OSTRANGER	00:32:29.5	10:29	72	М	M		2nd Male 70-79
133	476	JAMIE DAVENPORT	00:32:38.9	10:32	34	F	F	SCHENECTADY	18th Female 30-39
133	398	STEPHEN MONTANARO	00:32:39.5	10:32	53	M	M		12th Male 50-59
134	335	AUBRIE DIGIACOMO	00:32:40.5	10:32	41	F	F		15th Female 40-49
135	381	MARK LUCAS	00:32:40.6	10:32	48	M	M		16th Male 40-49
136	332	TASHA DAVIS	00:32:48.1	10:35	27	F	F		6th Female 20-29
137	377	ANNE LAROCHE	00:32:52.3	10:36	67	F	F		7th Female 60-69
138	447	HEATHER WELLER	00:32:55.0	10:37	37	F	F		19th Female 30-39
139	443	JEFFREY WALDIN	00:32:58.1	10:38	49	M	M		17th Male 40-49
140	380	TRACY LOCKE	00:32:59.0	10:38	45	F	F		16th Female 40-49
141	333	KELLIE DECKER	00:33:04.7	10:40	45	F	F		17th Female 40-49
142	373	ANDREA KILLIAN	00:33:30.0	10:48	22	F	F		7th Female 20-29
143	498	JOEL NUM	00:33:42.3	10:52	59	M	M	ALBANY	13th Male 50-59
144	401	MEGAN NADEAU	00:33:50.3	10:55	41	F	F		18th Female 40-49
145	338	ELISA DONATO	00:33:50.4	10:55	39	F	F		20th Female 30-39
146	323	KATELYNN CARROLL	00:33:50.6	10:55	29	F	F		8th Female 20-29
147	499	DEIRDRE MULDOON	00:33:58.1	10:57	54	F	F	ALBANY	13th Female 50-59
148	425	MYAH SNAY	00:33:59.8	10:58	12	F	F		9th Female 1-14
149	432	STEPHANIE STEPHEN	00:34:16.3	11:03	39	F	F		21st Female 30-39
150	467	DANA PRUDEN	00:34:16.9	11:03	42	F	F		19th Female 40-49
151	388	SYDNEY MCGRATH	00:34:18.9	11:04	8	F	F		10th Female 1-14
152	387	BRIAN MCGRATH	00:34:19.9	11:04	44	M	M		18th Male 40-49
153	341	KATE EDWARDS	00:34:33.8	11:09	58	F	F		14th Female 50-59
154	469	LAUNE FERLAZZO	00:34:59.1	11:17	58	F	F	MECHANICHVILLE	15th Female 50-59
155	354	HEATHER GRAVES	00:35:00.0	11:17	25	F	F		9th Female 20-29
156	308	ERICKA BARRANTES	00:35:01.5	11:18	42	F	F		20th Female 40-49
157	42	KATHY BROOKDS	00:35:20.9	11:24	66	F	F	SCOTIA	8th Female 60-69
158	314	CINDY BERNARD	00:35:47.2	11:33	51	F	F		16th Female 50-59
159	312	MACKENZIE BENNETT	00:36:29.0	11:46	27	F	F		10th Female 20-29
160	347	GENE FIGLER	00:36:43.9	11:51	66	M	M		10th Male 60-69
161	330	CHRISTINA DAVIS	00:36:46.2	11:52	42	F	F		21st Female 40-49
162	325	KAT CODY	00:36:46.3	11:52	44	F	F		22nd Female 40-49
163	364	NOEL IRWIN	00:36:46.9	11:52	40	F	F		23rd Female 40-49
164	434	LAUREN TANIGUCHI	00:36:47.0	11:52	39	F	F		22nd Female 30-39
165	324	LAURA CLARK	00:37:09.9	11:59	72	F	F		1st Female 70-79
166	411	DON PROULX	00:37:10.1	11:59	58	M	M		14th Male 50-59
167	307	KEVIN BAKER	00:38:00.9	12:15	50	M	M		15th Male 50-59
168	459	CHELSEA GWYER	00:38:08.4	12:18	15	F -	F -	MIDDLE GROVE	8th Female 15-19
169	89	AYUMI KASAL	00:38:50.7	12:32	48	F	F	BALLSTON SPA	24th Female 40-49
170	402	JEFF NUDI	00:39:02.7	12:35	65	M	M		11th Male 60-69
171	356	KATHY GREGG	00:39:14.1	12:39	60	F -	F -		9th Female 60-69
172	378	KATHI LARUE	00:39:15.4	12:40	49	F	F		25th Female 40-49
173	440	MICHAEL WALBERG	00:40:10.9	12:57	48	M	M		19th Male 40-49
174	427	STEPHANIE SORGIE	00:40:11.1	12:58	41	F -	F -		26th Female 40-49
175	441	NICOLE WALBERG	00:40:11.4	12:58	46	F -	F -		27th Female 40-49
176	327	KARLA CONWAY	00:41:02.0	13:14	56	F -	F -		17th Female 50-59
177	337	LAURI DITTMER	00:41:12.0	13:17	55	F	F		18th Female 50-59
178	336	DAVID DITTMER	00:41:12.6	13:17	59	M	M		16th Male 50-59
179	386	FRANK MCCANN	00:41:24.7	13:21	75	M	M		3rd Male 70-79
180	409	DIANNE PODESVA	00:42:09.5	13:36	49	F	F		28th Female 40-49
181	88	SHAWN TAN	00:43:01.6	13:53	17	M	M	BALLSTON SPA	6th Male 15-19
182	318	JENNIFER BOURDEAU	00:43:29.9	14:02	37	F -	F		23rd Female 30-39
103	306	JENNIFER BAILEY	00:45:00.2	14:31	46	F			29th Female 40-49
183	306 374	JENNIFER BAILEY KENNETH KILLIAN	00:45:00.2 00:46:32.1	14:31 15:01	46 51	F M	F M		29th Fem 17th Male