## Benefits Himalayan Salt & Sea Moss Scrub

Ingredients – Sea Moss, Himalayan Salt, Rosehip oil, Grape seed Oil and Eucalyptus and Lavender essential oil.

### **Sea Moss**

Sea Moss is botanically known as Chondrus Crispus, it is a type of algae or seaweed. It is an edible sea plant that grows in a number of shades, green, yellow, purple, red brown and black and grows in abundance along the Atlantic Coast of Europe.

Sea Moss is high in minerals and vitamins, it possesses a high sulfur and iron content which causes it to be antibacterial, antiviral and antimicrobial. This miracle plant is pack with certified goodness for the skin and can aid in soothing irritated and inflammatory skin conditions, while imparting moisture to dry skin while helping healthy skin to retain its suppleness and hydration. Sea Moss helps to tighten pores, boost collagen and balances the skin's microbiome.

## **Himalayan Salt**

Himalayan salt contains potassium, iron, calcium and magnesium. The contents of the Himalayan salt make it ideal in treating eczema, acne and psoriasis, and reduces skin inflammation. The salt is able to generate negative ions in the air, creating a calming effect which further helps to lower stress levels and increase a feeling of contentment and emotional balance, salt has antimicrobial properties; this makes it for treating acne and exfoliating dead skin cells.

# **Rosehip Oil**

Rose hip oil has fatty acids and vitamin A, this helps to moisturize the skin, promote skin regeneration and aids in improving the skin's flexibility and permeability, which overall improves skin's texture, reduces the appearance of acne scars and stretch marks.

## **Grapeseed Oil**

Grape seed Oil is high in antioxidant properties, it contains vitamin E, which helps to improve the skin barrier and reduce the appearance of acne scars and hyperpigmentation, and is very low on the comedogenic scale, your skin will get all the benefits without your pores being clogged.

# **Eucalyptus essential oil**

Helps to relax the mind and promote deep breathing and a sense of relaxation, it possesses purifying and cleansing properties, and contains anti-inflammatory properties that diminishes redness and acne related symptoms.

### Lavender essential oil

Helps to reduce inflammation, discoloration, blotchiness and darks spots on the skin, create a soothing and calming effect, aids in the reduction of stress and promote a sense of well-being

## Benefits Himalayan Salt & Sea Moss Scrub

Using this scrub, once or twice per week in gentle circular motion, it will unclog and tighten pores, prevents and treat acne outbreaks, even skin tone, increase skin's radiance and youthfulness, soften and smooth skin whilst boosting collagen and a more youthful appearance.

#### **Benefits of Sea Moss Face Mask**

Applying Sea Moss to the skin daily, will help in skin's regeneration, tightening of pores, a more even skin tone, and suppleness whilst boasting skin's collagen production and enabling a more youthful appearance.

Sea Moss Face soap – Ingredients: Olive Oil soap Base, Sea Moss, Grape seed oil, Tea tree, Lavender and Lemongrass essential oil.

Our all-natural sea moss face soap is made using the MP method, by adding sea moss to the olive oil soap base, along with grape seed oil and essential oils.

Benefits of Sea Moss Hydrating Face Serum – Ingredients: Sea Moss, Aloe Vera Gel, Almond oil, Rosehip oil with tea tree & Lavender essential oils.

#### **Sea Moss**

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### Aloe Vera Gel

Aloe vera gel can be used to soothe skin after extreme exposure to sun, applying aloe vera gel to the face daily helps to moisturize the skin, and also helps to treat other skin conditions such as acne and eczema.

## **Almond Oil**

Almond Oil is antibacterial and pack full of Vitamin A, which makes it ideal in the treatment of acne conditions, it is highly calmative, and helps to balance the absorption of moisture and water loss to the skin. Using this oil on a daily basis will sooth dry skin and overall improve complexion and skin tone.

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## **Tea Tre Oil**

Tea tree oil helps to soothe and relieve painful and irritated skin, it helps in reducing redness and swelling and has an anti-inflammatory effect on the skin.

# Lemongrass oil

Lemongrass possess purifying properties, this makes it ideal for skin care, it's properties helps to remove impurities, detoxify the skin and helps it feeling clean.

Turmeric Clarifying oil – Ingredients- Sunflower oil, Almond oil, Grape seed oil, Jojoba oil, Olive oil, and Rosehip oil.

Our Turmeric Clarifying oil is made by blending together 5 oils, and using a heated process to add turmeric to the oil solution, creating an oil that will even out your skin tone, brighten your skin, promote a healthier and younger looking skin, while healing acne break out.

Turmeric is antimicrobial, antioxidant, and anti-inflammatory, this makes turmeric ideal in the use of any skin care regime, turmeric helps to speed up the skin's ability to form new, healthy tissue, it boosts collagen production, and helps the skin to heal faster, it aids in removing dead skin, brightens and removes dull skin. Turmeric also has a calming effect on the skin, and helps in reducing acne break outs and scarring and prevents skin cells from clumping together and clogging pores.