

MEDICAL HISTORY

Name _____

Date of Birth _____

Date _____

Medical History: To be filled out by patient and reviewed by your physician. Information on the history and physical examination is confidential and released only to persons you authorize in writing.

Allergies to Medication _____

Past Medical History Major Illnesses (list, date) _____
 Surgeries (appendix, tonsils, gallbladder, hysterectomy, etc, date) _____
 Hospitalizations (list, date) _____
 Accidents/Injuries (list, date) _____
 Current Medications and dosages _____

Immunizations Date of last tetanus _____
 Date of Pneumococcal _____
 Date of Hepatitis B vaccine _____

Habits Smoking _____ packs per day. Use of chewing tobacco _____
 Alcohol _____ drinks per day.
 Drugs _____ type; _____ frequency of use
 Diet _____ number of meals per day
 Exercise _____ hours/week; _____ type of exercise
 Do you use seatbelts? _____ Do you use sunscreen? _____
 Do you use a bicycle helmet? _____
 Any special dietary restrictions? _____

Social History School _____ Occupation _____
 Outside activities _____ Marital status _____
 Who lives in your home? _____ Do you feel safe at home? _____

Travel Have you been outside the US? _____
 If so, where? _____
 When? _____

Family History

	√ Living	√ Age of Death	Medical Problems of this Relative
Father			
Mother			
Siblings			

Who in your family has had (Please list relationship, i.e. mother/father/MGM-maternal grandmother, etc.) :

Diabetes	Seizures	Migraine	Other cancer
Kidney disease	Tuberculosis	Breast cancer	Stroke
Heart attack	Angina	Intestinal cancer	Ulcers
High blood pressure	Alcoholism	High cholesterol	Thyroid disease
Hepatitis	Asthma	Osteoporosis	Gallstones
Depression/mood disorder		Other _____	

Occupational Exposures (asbestos, etc.): _____

Procedures:	Year
Colonoscopy	_____
Mammogram	_____
Pap smear	_____

Review of Systems (Please put a ✓ for any question that pertains to you at this time.)

General	Recent change in weight Fatigue Nervousness/anxiety Insomnia _____ What is your desired weight?	Change in appetite Fever Depression Do you think you have an eating disorder?	Have you ever put drugs in your veins Weakness Do you have any risk factors for AIDS? Have you ever vomited for weight control?
Skin	Rashes Changes in hair or nails	Lumps Changes in color or size of mole	Itching Unusual skin moles/growths
Head	Headaches	Head Injury	
Eyes	_____ Date of last eye exam Pain Glaucoma	Difficulty with vision Redness	Glasses or contact lenses Double vision
Ears	Decreased hearing Earache Perforation	ringing Infection Hearing aid used	Dizziness Discharge
Nose & Throat	_____ Date of last dental exam Frequent sore throats Sinus problems	Bleeding gums Hoarseness	Nose bleeds Sores in mouth
Neck	Lumps	History of radiation to thyroid gland	
Breasts	Lumps	Pain	Nipple discharge
Respiratory	Wheezing Pneumonia	Cough Asthma Short of breath	Sputum Blood in sputum Bronchitis
Cardiac	Heart Murmur Shortness of breath	High blood pressure Skipped beats	Chest pain
GI	Trouble swallowing Bulimia Black stool Use of laxatives Hernia	Vomiting Change in bowel habits Constipation Hepatitis Barium enema/Colonoscopy	Nausea Blood in stool Diarrhea Anorexia
Urinary	Frequency Urinating at night Urinary infections	Urgency Blood in urine Stones	Burning Hesitancy Incontinence
Musculo skeletal	Joint pain	Joint stiffness	Back pain
Neuro	Fainting	Blackouts	Seizures
Endocrine	Thyroid trouble Excess thirst	Heat or cold intolerance Excess hunger	Diabetes Excess urination
Heme	Anemia	Have you ever had a blood transfusion?	Bleeding tendency
Male	Discharge from penis Testicular pain Sex with men	Sores on penis Testicular masses History of sexually transmitted diseases How often do you examine your testicles for masses?	Do you use condoms every time you have intercourse?
Female	_____ Age menses began _____ Date of last menses _____ # of pregnancies _____ # of deliveries _____ # of abortions (spontaneous or induced) _____ Birth control method	Menses every _____ days Spotting between periods Itching DES exposure _____ How often do you examine your breasts?	_____ Days of bleeding _____ Date of last bone density History of sexually transmitted disease? Vaginal discharge Are condoms used every time you have intercourse?

REVIEWED BY: _____

DATE: _____