

Research supporting Physical Medicine Intervention for Chronic Pain

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Fibromyalgia

Research presented by:

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Research has shown that in fibromyalgia patients, the main pain inhibitory mechanisms are not working properly. These pain inhibitory mechanisms that are dysfunctioning are the brain's opioid receptors.

The research suggests that fibromyalgia patients either have too few receptors or the receptors themselves when activated are causing pain instead of lessening pain.

This research suggests that physical medicine intervention may provide more substantial pain relief in those suffering from fibromyalgia.

- Pain Regulation Goes Awry in Fibromyalgia by Nancy Walsh.

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