

# Desyree Dixon

## TRAUMA TRANSFORMER™

CONSULTANT | SPEAKER | INTERNATIONAL TRAINER



Desyree Dixon is a first generation Jamaican-American Trauma Transformer™ and Change Point Expert. She believes in the dual power of Resiliency and Joy to improve both people and organizations. Desyree is:

- A licensed clinical social worker and well-renowned trauma therapist in the Mid-Atlantic region, based in Baltimore, Maryland.
- Founder and CEO of Bolton Therapy & Wellness, a private group practice, where she works with individuals, couples and families with children.
- Serving on the inaugural Baltimore City Trauma Informed Care Task Force.
- The creator of TBID I/TBID II,™ an innovative treatment modality and therapeutic framework for identity based trauma.

Featured in Baltimore Magazine's "Top Docs of 2020," Desyree's work focuses on the concept of identity as it relates to both people and organizations. She understands that organizational success is human centered. Desyree focuses on harnessing human capital; identifying the root causes of organizational dysfunction; and transforming organizations in ways that are positive, empowering and restorative. She addresses organizational health through a lens that intentionally incorporates diversity, equity, inclusion and justice (DEIJ). Desyree delivers inspiring presentations that are insightful and engaging.

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