Bowls

Super Bowl Salad 12.45 romaine and arugula tossed in house ranch with mango, cucumber, red bell pepper, onion, jícama, cherry tomato,

raisons, pecans & cheese

Tostada Salad Bowl

12.45

romaine and arugula tossed in zesty chipotle dressing with grilled tempeh, crispy tortilla chips, mango salsa, jícama, corn & beans

Tikka Masala Bowl

12.45

veggie meatballs in savory tikka masala sauce served with basmati rice and side salad of greens, cucumber, onion tossed in creamy mint dressing

Zesty Manchurian Bowl

12.45

veggie meatballs in hot and sweet sauce over rice noodles, greens, scallion, pickled ginger, cucumber, red bell pepper, cilantro and sesame ginger vinaigrette

Appetizers

lightly encrusted cauliflower florets tossed in tangy sauce, served with house ranch

We use organic sunflower oil for frying

Dessert

Tiramisu Cheesecake 6.99 ultra rich decadent cheesecake made with cashew, almond, coconut, raw cacao, expresso, maple syrup

Cookie Dough Bites One - 1.95 / Four - 6.96 cashews, cinnamon, oats, maple syrup, vanilla & chocolate chunks

Chana Patty: sprouted chana(brown chickpea), cauliflower, cabbage, sunflower seeds, apple cider vinegar, spices

Moong Patty: sprouted moong beans, yellow squash, kale, buckwheat, turmeric, ginger, jalapeno, apple cider vinegar, spices

Hot Entrées

Mushroom Chana Burger

11.55

sprouted chickpea patty on a bun with garlic herb aioli, garlic mushrooms, lettuce, cucumber, tomato and onion

Mushroom Moong Burger

11.5

sprouted moong bean patty on a bun with garlic herb aioli, garlic mushroom, lettuce, cucumber, tomato and onion

Chipotle Chana Burger

10.69

sprouted chickpea patty on a bun with chipotle aioli, lettuce, cucumber, tomato, grilled onion & red bell pepper

Chana Burger

9.45

sprouted chickpea patty on a bun with garlic herb aioli, lettuce, cucumber, tomato and onion

Samosa Burger

10.65

potato & vegetable patty on a bun with mint aioli lettuce, cucumber, tomato & onion

Super Smart Burger

12.45

choice of chana or moong patty with garlic mushrooms on super bowl salad

Chipotle Veggie Tacos

9.45

veggie meatballs on grilled corn tortilla w/ lettuce, mango salsa, black beans & zesty chipotle sauce

Add slice of cheese for extra .96

Everything is gluten free except for buns

Organic I Vegan I Contain nuts I local I Sustainable



Green Grill

Eat Healthy - Feel Healthy!

www.greengrillrestaurant.com Ph: 916 -898-2896 3191 Zinfandel Drive #3, Rancho Cordova CA 95670

Drinks

Black Berry Sage lemonade 3.96
fresh blackberries, fresh lemon juice, sage & agave

Turmeric Lemonade 3.96
raw turmeric root, fresh lemon juice & agave

Mango Lemonade 3.96
fresh mango, fresh lemon juice, mint & agave

Tulsi Tea 3.45
fresh brewed three varities of tulsi leaves over ice

Ayurvedic Teas (decaf)

Be Slim Tea

3.45
blend of three varieties of tulsi, turmeric slices, fennel seeds, cinnamon, licorice, cardamom, black pepper, clove, delicious chai flavors that gently detoxifies

Immunity Booster tea 3.45 blend of three varieties of tulsi, fennel seeds, licorice, cardamom, black pepper, clove, helps relieve allergies

Stress Tamer Tea
3.45
blend of three varieties of tulsi, ashwaganda, gotu kola, rose petals, licorice, relax nervous system with mild soothing flavors

Lattes - Hot / Over Ice

Golden warrior 5.97 house made cashew milk, turmeric, coconut sugar,

cardamom, black pepper

Chai Latte

5.97

house made cashew milk, Baagan chai spice, black tea, coconut sugar

Chai Latte (decaf)

5.97

house made cashew milk, Baagan chai spice, rooibos tea, coconut sugar

Turkish Coffee

5.97

house made cashew milk, instant coffee, dandelion blend, coconut sugar, cardamom

Peaceful Panda

5.97

house made cashew milk, matcha powder, cane sugar, ginger powder