

SKIN TYPING

NAME _____ **DATE** _____

The purpose of this form is to aid in selecting your best options for your skin type and to more accurately predict your tissue response to treatments and products. Please answer the following questions by circling the number which best describes you. Your NuYu clinician will total the score during the consultation.

My ethnic origin is closest to:
(check one)

I. Very fair (Celtic and Scandinavian)	<input type="checkbox"/>
II. Fair-skinned Caucasians with light hair and light eyes	<input type="checkbox"/>
III. Pale-skinned Caucasians with dark hair and dark eyes	<input type="checkbox"/>
IV. Olive-skinned (Mediterranean, some Asian, some Hispanic)	<input type="checkbox"/>
V. Dark-skinned (Middle Eastern, Hispanic, Asians, some Africans)	<input type="checkbox"/>
VI. Very dark-skinned (African)	<input type="checkbox"/>

My eye color is:

Light blue	0
Blue/green	1
Green/gray/golden	2
Hazel/light brown	3
Brown	4

My natural hair color at age 18 was:

Red	0
Blonde	1
Light brown	2
Dark brown	3
Black	4

The color of my skin that is not normally exposed to sun is:

Pink to reddish	0
Very pale	1
Pale with a beige tint	2
Light brown	3
Medium to dark brown	4
Dark brown-black	6

If I go out into the sun for an hour or so without sunscreen and have not been out in the sun for weeks, my skin will:

Burn, blister and peel	0
Burn, then when the burn resolves there is little or no color change	1
Burn, but then turns to tan in a few days	2
Get pink, but then turns to tan quickly	3
Just tan	4
Just gets darker	5
My skin color is so dark I can't tell	6

When was the last time the area to be treated was exposed to natural sunlight, tanning booths or artificial tanning cream?

Longer than one month ago	0
Within the past month	1
Within the past two weeks	3
Within the past week	4

Total Score: _____

If your score is:	Your skin type is:	Notes:
0 - 3	I	
4 - 7	II	
8 - 11	III	
12 - 15	IV	
16 - 19	V	
20 - 24	VI	