

# X-TREME GYMNASTICS TEAM - PRACTICE SCHEDULE (Starting August 16)

GROUP	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>A</b>	4:30-8:30 PM	4:30-8:30 PM	4:30-8:30 PM	4:30-8:30 PM		8:30 AM-12:30 PM
	4:30-8:30 PM	4:30-8:30 PM		4:30-8:30 PM		8:30 AM-12:30 PM
<b>B</b>	4:30-8:30 PM	4:30-8:30 PM	4:30-8:30 PM	4:30-8:30 PM		8:30 AM-12:30 PM
	4:30-8:30 PM		4:30-8:30 PM	4:30-8:30 PM		8:30 AM-12:30 PM
<b>C</b>	4:30-8:30 PM	4:30-8:30 PM	4:30-8:30 PM			8:30 AM-12:30 PM
	4:30-8:30 PM		4:30-8:30 PM			8:30 AM-12:30 PM
<b>D</b>	4:30-8:30 PM	4:30-8:30 PM		4:30-8:30 PM		11:30 AM-3:30 PM
<b>E</b>	4:30-8:30 PM	4:30-8:30 PM	4:30-8:30 PM			12:30-3:30 PM
	4:30-8:30 PM		4:30-8:30 PM			12:30-3:30 PM
<b>G</b>	4:30-8:30 PM		4:30-8:30 PM		4:00-7:30 PM	12:00-3:30 PM
<b>H</b>		5:00-8:30 PM		5:00-8:30 PM	4:00-7:30 PM	8:30 AM-12:00 PM
		5:00-8:30 PM		5:00-8:30 PM	4:00-7:30 PM	
<b>I</b>		5:00-8:30 PM		5:00-8:30 PM	4:00-7:30 PM	8:30 AM-12:00 PM
		5:00-8:30 PM		5:00-8:30 PM	4:00-7:30 PM	
<b>J</b>	5:00-7:30 PM		5:30-8:30 PM		4:30-7:30 PM	
<b>Add Ons</b>	7:30-8:20 PM <b>Tumbling</b>		7:30-8:20 PM <b>Tumbling</b>		7:30-8:30 PM <b>Open Gym</b>	