

**Sleep Positioning or use of Sleep Devices  
Physician Authorization for Exception to Policy**

**Academy of Early Learning** follows the recommendations of the American Academy of Pediatrics by placing infants on their backs without use of pillows or blankets and removing all toys from the crib for sleep.

However, should another sleep position or sleep device be necessary due to medical diagnosis, the child's physician (M.D. or D.O.) must state the child's medical diagnosis, and give his/her recommendations for appropriate sleep.

Physician:

Please complete the following regarding \_\_\_\_\_  
(Child's name)

Medical Diagnosis: \_\_\_\_\_

Recommendation for sleep position or device: \_\_\_\_\_

Comments:

Please follow the above recommendation for sleep position/device until \_\_\_\_\_.

(specify time period)

Physician Signature: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Date: \_\_\_\_\_