

# Fordh Sen Mighal 2021 Risk Assessment

ASSESSMENT CARRIED BY: DAVID ANDREWARTHA (GOVERNING EVENT DIRECTOR & SOLE OWNER/TRADER, BYS VYKEN EVENTS & CORNISH TRAILS) DATE: SATURDAY 20<sup>TH</sup> NOVEMBER 2021

## PARKING

PARKING FOR ALL RUNNERS WILL BE AT THE ST ERTH PARK AND RIDE CAR PARKS (NORTH & SOUTH) AT STATION APPROACH, ST ERTH, CORNWALL. THE START IS A 20 MINUTE WALK/10 MINUTE RUN FROM THERE. TAXI SERVICES CAN BE AQUIRED BY TAXI COMPANIES WHOM ARE RESPONSIBLE FOR THEIR OWN PULBIC LIABILTY AND RISK ASSESSMENTS. THIS IS AT THE SOLE RISK AND THE RESPONSIBILTY OF ALL THOSE WHO WISH TO USE A TAXI.

THIS WON'T BE THE ONLY ADVISED PLACE FOR ALL RUNNERS. IT'S THE BIGGEST SPACE TO PARK. ALL RUNNERS WILL BE STRONGLY ADVISED AGAINST PARKING AT THE RACE EVENT HQ, PURELY BECAUSE OF LACK OF SPACE DUE TO OFFICIAL EVENT CREW NEEDING THE PARKING, AND THE FACT THAT THE CAR PARK ROAD ITSELF (WHARF ROAD) GOES THROUGH A FUNCTIONING GOLF CLUB. NO CARS WILL BE BACKED UP THROUGH THIS. THERE IS THE OLDER PARK AT RIDE AT LELANT SALTINGS ON THE SOUTH WEST COAST PATH. RUNNERS COULD PARK THERE BUT AREN'T GUARATEED TO NOT BE BACKED UP WHILST WAITING TO PARK. RUNNERS ARE ADVISED TO USE THIS LOCATION ALSO. ALL PROPERTY IS THE RESPONSIBILITY OF THE INDIVIDUAL AND NOT BYS VYKEN EVENTS & CORNISH TRAILS.

## **REGISTRATION AND ENQUIRIES**

THERE WILL BE NO ENTRIES ON THE DAY BUT THERE WILL BE A REGISTRATION PROCESS TO PICK UP NUMBERS. THERE WILL BE MARQUEES IN PLACE FOR EVENT STEWARDS/CREW TO MEET AND PICK UP SUPPLIES. MARQUEES ARE IN THE OUTSIDE AREA OF 'DYNAMITE QUAY', LELANT. RUNNERS WILL BE AWARE OF THE DANGERS OF TIDE HERE WHEN THEY START ON THE BEACH OR IF THEY WISH TO WARM UP PRE EVENT. THIS PROPERTY IS OWNED BY 'ARKE PROPERTY' WITH FULL PERMISSION GIVEN AFTER THEY HAD EVENT DETAILS COMMUNICATED BY EMAIL. 'ARKE PROPERTY'CORRESPONDANCE FROM GUY PARKER. CONVERSATION EVIDENCE AVAILABLE ON REQUEST. RUNNERS WILL HAVE THEIR ID CHECKED AND WILL HAVE TO PROVIDE PROOF OF A NEGATIVE LATERAL FLOW/PCR TEST, OR EVIDENCE OF DOUBLE VACCINATION UPON ARRIVIAL, WHILST MAINTAINING AND OBSERVING SOCIAL DISTANCING REQUIREMENTS. ALL ENQUIRIES WILL BE ANSWERED HERE AT THIS POINT. OFFICIAL DOCUMENTS INCLUDING MAPS, INSURANCES AND LICENCES WILL BE ON DISPLAY FOR EVERYONE TO SEE INCLUDING THE RACE RISK ASSESSMENT, MAPS, 'ASSOCIATION OF RUNNING CLUBS' (ARC) PERMIT AND CORRESPONDING INSURANCE, ORDNANCE SURVEY LICENCE (FOR SAID MAPS), EXAMPLES OF SIGNAGE, NOTES FROM DEVON & CORNWALL POLICE AND ANYTHING ELSE THAT THE GOVERNING EVENT DIRECTOR FEELS RELEVANT TO THE EVENT. WE WILL BE AVAILABLE FOR ANSWERING ENQUIRIES FROM THE GENERAL PUBLIC AND AUTHORITIES AT THE LOCATIONS OF THE EVENT AND OUT ON THE COURSE FOR THE DURATION OF THE EVENT. ALL PERSONAL INFORMATION FROM PARTICIPANTS AND STAFF WILL BE KEPT IN ACCORDANCE WITH THE DATA PROTECTION ACT OF 2018.

THERE WILL BE NO OTHER COVERED ACCOMODATION AT THE START AREA (DYNAMITE QUAY) OTHER THAN AFOREMENTIONED MARQUEES. PLENTY OF SPACE IN AND AROUND FOR COMPETITORS AND STAFF TO NOT GET CRUSHED AND INJURED AND TO ALSO CONTINUE TO SOCIAL DISTANCE FROM ONE ANOTHER DURING TIMES OF COVID – 19 PREVELANCE.

## <u>TOILETS</u>

THERE WILL BE 4 X PORTABLE TOILETS. THIS IS AN OUTSIIDE LOCATION WITH NO INDOOR W.C. THE TOILETS WILL BE PROVIDED BY EURO TOOL HIRE, REDRUTH, CORNWALL. THEY WILL BE PLACE IN A LOCATION ONSITE THAT IS BEST SHELTERED FROM ANY WEATHER THAT MAY MAKE THEM TIP OVER.

RUNNERS WILL BE AWARE OF THE PORTABLE TOILETS, AND THIS AND THIS IS NOTHING NEW ON THE RUNNING/EVENT SCENE WITH REGARDS TO ENTRANTS USING THESE KINDS OF FACILITIES. THESE TOILETS WILL BE/ARE HIRED AND PAID FOR BY 'BYS VYKEN EVENTS & CORNISH TRAILS'.THEY ARE RESPONSIBLE FOR MAINTAINING THEIR OWN INSURANCES AND RISKASSESSMENTS. (SEE OUR COVID MEASURE DOCUMENT FOR COVID-19 TOILET SAFTEY MEASURES).

PARTICIPANTS AND ALL STAFF WILL BE RESPONSIBLE FOR MAINTAINING HYGEINE ON THE TOILETS BY USING THE PPE PROVIDED. THERE WILL BE NOTICES ATTACHED TO EACH TOILET DOOR NOTIFYING RUNNERS OF THIS.

## **REFRESHMENTS**

THERE WILL BE WATER AND SNACKS EVERY 3 MILES APPROXIMATELY OUT ON THE COURSE AND HOT AND COLD FOOD AND TEA/COFFEE FACILITIES AT THE END, WHICH WILL BE PROVIDED BY THOSE QUALIFIED CORRECTLY IN FOOD AND HYGIENE. (CERTIFICATES AVAILABLE ON REQUEST). SOME FOOD ITEMS WILL BE SERVED IN REUSABLE CONTAINERS WHICH ARE DEEMED SAFE BY THE COMPANIES IN WHICH WE PURCHASE FROM. DETAILS OF SAID COMPANIES CAN BE PROVIDED UPON REQUEST ALONG WITH RECIEPTS AND DATES OF PURCHASE. SOME FOOD WILL BE PACKAGED AND IT WILL BE SELF-SERVICE ONLY. SOME WILL STILL BE IN PACKAGING AND WILL ONLY BE HANDLED BY THE RUNNERS.

## HANDLING OF CASH

THERE WILL BE SOME MINOR HANDLING OF CASH FROM COMMERCIAL SALES ONLY. THIS MONEY WILL BE PADLOCKED AND KEPT OUT OF THE REACH OF ANY SINGLE PARTICIPANT OR STAFF MEMBER, OTHER THAN THOSE TRUSTED WITH SUCH A TASK BY THE GOVERNING EVENT DIRECTOR.

## THE COURSE/ROUTE

POLICE AND LOCAL AUTHORITIES NOTIFIED PRIOR TO THE EVENT TAKING PLACE ALONG WITH THE NATIONAL COASTWATCH INSTITUTE AND LOCAL LIFEBOATS AT PENLEE & ST IVES.

THE ROUTE IS 11.5 MILES FROM THE START AT PORTHKIDNEY SANDS, LELANT TO 'THE STATION HOUSE', MARAZION GOING COAST TO COAST AND POINT A TO POINT B. WE HAVE/WILL PROVIDE A BAG DROP AND TRANSPORTATION ALONG WITH A WASH AREA SO THE RUNNERS CAN GET CLEAN AND DRY AT THE END. (THIS WILL BE BUCKETS OF WATER). BAG DROP WILL BE FOR MINIMAL ITEMS ONLY AND WILL BE LABELLED BY THE RUNNER. THERE WILL BE A REDUCED BAGDROP SERVICE AND RUNNERS WILL BE MADE AWARE THAT THEY SHOULD ONLY USE IT IF THEY HAVE NO OTHER OPTION. WE ARE REDUCING THE BAGGAGE BECAUSE OF COVID AND ADVISING RUNNERS TO ONLY USE THE TRANSPORT IF THEY NEED IT.

THE ROUTE IS MADE UP OF COASTAL AND INLAND TRAILS, FARMS, LIVE STOCK, STILES, GATES, STEPS, BRIDGES AND SEVERAL STRETCHES OF ROAD. IT IS 60/40 TRAIL TO ROAD APPROXIMATELY. ALL ENTRANTS ARE MADE AWARE OF WHAT TO EXPECT BY THE PRE EVENT INFORMATION, CONSTANT WEBSITE AND SOCIAL MEDIA UPDATES AND ALSO IN EVENT LITERATURE BEFORE THEY ENTER THE EVENT, AND ALSO IN THE TERMS AND CONDITIONS ALSO MADE AVAILABLE TO READ ON THE WEBSITE PUBLICLY PRE EVENT AND PRE ENTRY.

THERE IS A 0.8 MILE (AVERAGE TAKEN FROM SEVERAL GPS WATCH DATA READINGS) BEACH SECTION TO NAVIGATE TOWARD THE FINISH. THIS WILL BE MANNED AND IT HAS A ROCK CLIMB OFF OF THE SLIPWAY ONTO THE BEACH. MARSHALS WILL BE THERE TO ADVISE. RUNNERS WILL BE MADE AWARE OF THIS IN ALL OF THEIR PRE EVENT INFORMATION EMAILED OUT WITH THE EMAIL ADDRESS THAT THEY ENTERED WITH, AND THROUGH SOCIAL MEDIA POSTS

ALL LANDOWNERS WILL BE ALERTED BY LETTER AND/OR VISITS FROM THE GOVERNING EVENT DIRECTOR 28 DAYS PRIOR TO THE EVENT TAKING PLACE.

THERE ARE SOME COUPLE OF TREES WHICH HAVE FALLEN IN RECENT STORMS WHICH WILL NEED EXTRA MARKING, CAREFUL NEGOTIATION AND ALSO WARNING TO ENTRANTS BASED ON PRE EVENT INFORMATION AND SAFETY BRIEFING, OF WHICH COPIES CAN BE AVAILABLE UPON REQUEST BY CONTACTING THE GOVERNING EVENT DIRECTOR. THE SAFETY BRIEFING WILL BE DONE NEAR TO THE STARTLINE ON THE DAY 20 – 25 MINUTES PRIOR TO THE SIREN TO SIGNAL THE START OF THE EVENT.

THERE IS AN EASIER PATH BY WAY OF THE MORE MODERN DIVERSION THROUGH THE CARBIS BAY HOTEL UNLIKE IN SOME PREVIOUS YEARS. THIS IS A CONSTANTLY CHANGING LANDSCAPE. THE SOUTHWEST COAST PATH HERE HAS BEEN CHANGED/MOVED SEVERAL TIMES OVER THE LAST FEW YEARS BUT IS NOW MORE ACCESSIBLE THAN EVER BEFORE. CONVERSING WITH HOTEL STAFF TO LET THEM KNOW WE'RE COMING THROUGH IS THE WAY FORWARD FOR THIS ASPECT OF THE EVENT.

THE HOTEL AND ALL OTHER LAND OWNERS HAVE ALL BEEN ALERTED THROUGH EITHER ELECTRONIC MAIL/SOCIAL MEDIA OR IN AN INTERFACING CAPACITY.

NOTICES HAVE GONE THROUGH THE DOORS OR IN THE HANDS OF ALL LANDOWNERS ON THE ROUTE, OF WHICH CAN ALL BE AVAILABLE UPON REQUEST TO THE GOVERNING EVENT DIRECTOR. THESE COPIES WILL BE COPIES OF THE LANDOWNER NOTICES AND ALSO THE NAMES AND ADDRESSESS OF ALL LANDOWNERS IN QUESTION, SUBJECT TO THEM AGREEING FOR SUCH INFORMATION TO BE PASSED ON DUE TO GDPR LAWS AND REGULATIONS.

THERE IS NO LONGER A FARM SHOOT TAKING PLACE IN 2021 IN ANY FIELD ON OR NEAR TO THE ROUTE.

## THERE ARE 3 MAIN A ROAD CROSSINGS:

- A3074 (FUEL STATION 1 @ CARBIS BAY/CORNISH ARMS TO STEEPLE LANE SECTION)
- A30 (LUDGVAN LEAZE CROSSING INTO FIELDS TOWARDS THE NEXT MAJOR ROAD)
- A394 (NEWTOWN ROAD LEADING TO ROUNDABOUT, CROSSING FROM LUDGVAN INTO MARAZION MARSH)

THERE IS ALSO A TRAIN CROSSING WITHIN MARAZION MARSH AROUND THE 9 MILE MARK THAT HAS NO LIGHTS AND REQUIRES LISTENING TO. MARSHALS WILL BE IN THESE SPOTS TO GUIDE AND ADVISE ALL RUNNERS THE BEST THAT THEY CAN WITH THE TRAINING PROVIDED BY THE GOVERNING EVENT DIRECTOR.

THERE HAS BEEN REPAIR WORKS TO THE MARAZION MARSH PATH IN 2021, MAKING THE MARSH SAFER AND MORE ACCESSIBLE.

ANOTHER MAJOR 'B ROAD' POINT IS AT THE BOWL ROCK/BOWL ROCK CHAPEL CROSSING 5 MILES INTO THE RACE. MARSHAL/STEWARD COMMUNICATION AND ACTION WILL HELP THIS SECTION.

ALL OF THESE POINTS ARE MANNED AND SIGNED TO NOT ONLY WARN THE RUNNERS BUT THE DRIVERS AND OTHER ROAD AND PAVEMENT USERS ALSO. THERE ARE 16 MANNED POINTS WITH AN EXTRA 3 ON TOP OF THAT WHICH ARE EXTRA TO THE TWO PREVIOUS YEARS AND ALSO 3 AID STATIONS SPACED OUT EVENLY AND AT REGULAR INTERVALS. THERE ARE SEVERAL MORE CORREX SIGNS OUT ON THE COURSE THAN PREVIOUS YEARS. ALSO THERE ARE A COUPLE MORE MANNED AREAS THIS YEAR. ALSO EVERY SINGLE COMPETITOR AND STAFF MEMBER/VOLUNTEER WILL HAVE ACCESS TO MAPS AND EACH OTHERS' PHONE NUMBERS INCLUDING OUR MEDICAL PERSONNEL (OMEGA MEDICAL). EACH CREW MEMBER/MARSHAL WILL BE RECOGNISABLE DUE TO THE OFFICIAL HIGH VIZ WITH 'BYS VYKEN EVENTS & CORNISH TRAILS' LOGOS THAT EACH OF THEM WILL BE WEARING.

THE ROUTE WILL BE MARKED NOT ONLY WITH HIGHWAY CORREX SIGNAGE WHICH ARE LARGE BRIGHT YELLOW AND HAS HIGH VISABILITY QUALITIES, BUT ALSO WITH BLUE CORREX TRIANGLES. THERE WILL ALSO BE BIODEGRADEABLE MARKING TAPE GUIDING THE WAY AND GREEN 'ST MICHAELS' WAY' SCALLOP SHELL SIGNS AS WELL AS ORIGINAL WAYMARKERS.

ALL RUNNERS WILL BE WARNED OF ALL HAZARDS INCLUDING: COASTAL SECTIONS; THE TECHNICAL ASCENT AND EVEN MORE TECHNICAL DESCENT OFF OF THE TOP OF TRENCROM HILL FORT ; ANIMALS; MUD; FARM MACHINERY; STREET FURNITURE; ROADS; CARS; CYCLES; PEDESTRIANS ETC PRIOR TO THE EVENT AND AGAIN IN THE EVENTS' SAFETY BRIEFING BEFORE THE START OF THE RACE. COMPETITORS WILL BE SIGNING A DISCLAIMER UPON REGISTRATION TO SAY THEY ARE HAPPY TO COMMIT TO SUCH AN EVENT BASED ON ALL AVAILABLE AND IN-VIEW INFORMATION, AND THE TERMS AND CONDITIONS WHICH THEY ARE RESPONSIBLE FOR READING. ENTRANTS HAVE ALREADY AT THIS STAGE AGREED TO THE TERMS AND CONDITIONS ALREADY LAID OUT BEFORE THEM UPON ENTERING TO THE EVENT ON 'RIDER HQ', WHICH IS THE EVENT ENTRY SYSTEM ONLINE. ALL ENTRIES ARE COLLECTED ONLINE ONLY AND THROUGH NO OTHER METHOD. ENTRANTS ARE RESPONSIBLE FOR PROVIDING THEIR OWN EMERGENCY CONTACT DETAILS ON NOT ONLY THE ENTRY SYSTEM BUT ALSO WRITING THEM ON THE BACK OF THEIR NUMBER, WHICH WILL BE ON THEM AT ALL TIMES OR DISQUALIFICATION WILL ENSUE.

THE FINISH STRAIGHT THAT WILL BE IMPLEMENTED AGAIN ON A SECTION OF MARAZION BEACH, LESS THAN A MILE UNDERNEATH AND FOLLOWING THE CYCLE PATH TO 'THE STATION HOUSE' FINISH. RUNNERS WILL BE INSTRUCTED BY MYSELF AND THE MARSHALS TO STAY ALONG THE TOP AREA OF THE BEACH TO STAY TO THE TOP WALL UNTIL THE STEPS TOWARD THE FINISH. FROM KINGS ROAD (NEAR THE GODOLPHIN INN AND MARAZION SAILING CLUB) THE RUNNERS WILL USE THE BEACH ALL THE WAY TO THE END.

THERE IS A GOLF COURSE THAT RUNNERS WILL START NEAR TO. WEST CORNWALL GOLF CLUB IN LELANT, HAYLE, WILL BE HALTING PLAY FOR 15 MINUTES FOR THE START OF THE EVENT, ENSURING THE SAFETY OF EVERYONE INVOLVED.

STARTING IN 2020, THERE HAS BEEN IDENTIFICATION CHECKS AT REGISTRATION TO DETERMINE THE RUNNERS ARE WHO THEY SAY THEY ARE, FOR THE PURPOSE OF MEDICAL EMERGENCIES AND CONTACTING NEXT OF KINS IN THE EVENT OF SUCH AN OCCURANCE.

# <u>LITTER</u>

THIS WILL BE MANAGED BY THE LAST RUNNER AND SWEEPER MARSHALS. ALSO EVERY SINGLE MARSHAL WILL HAVE BIN BAGS TO PICK UP AND COLLECT ANY DISCARDED WASTE. THE EVENT DIRECTOR WILL DO ONE FINAL SWEEP OF THE ROUTE BY THE MIDDLE OF THE FOLLOWING WEEK TO REMOVE ANY SIGNAGE. ALL RUNNERS CAUGHT LITTTERING WILL BE DISQUALIFIED. OUR ENVIRONMENTAL IMPACT WILL BE CONSIDERABLY LOWER FROM HERE ON IN, AS WE ARE USING PLANT BASED PRODUCTS INSTEAD OF PLASTIC. THESE ARE COMPOSTABLE AND SUSTAINABLE. WE HOST CUPLESS EVENTS, MEANING NO MORE SINGLE-USE CUPS WILL BE MADE AVAILABLE TO ANYONE, REDUCING OUR RISK ON THE SURROUNDING ENVIRONMENT. RELEVEANT DOCUMENTATIONS OF PURCHASE CAN BE OBTAINED UPON REQUEST. WE ARE A 'SUFERS AGAINST SEWAGE' PLASTIC FREE CHAMPION AND THE ONLY RUNNING EVENT BUSINESS IN THE COUNTRY TO BE AWARDED AS ONE.

## FIRST AID

OUR COVER AND SUPPORT WILL BE PROVIDED BY 'OMEGA MEDICAL SUPPORT COVER'. THEY WILL BE GIVEN ALL CREW NOTES, MAPS, PRE EVENT INFORMATION, TERMS AND CONDITIONS, RISK ASSESSMENTS AND A TOTAL NUMBER OF ENTRANTS AND THEIR MEDICAL/EMERGENCY DETAILS THAT SAID ENTRANTS HAVE PROVIDED THEMSELVES. THEY WILL ALSO HAVE A COPY OF THE SAFETY BRIEFING. THESE ARE GIVEN IN ELECTRONIC FORMS PRIOR TO THE EVENT, AND PHYSICAL FORMS AT THE EVENT SO WE ARE ALL METAPHORICALLY ON THE SAME PAGE AND WAVE LENGTH.

OUR SENIOR MARSHAL AND 2<sup>ND</sup> RACE DIRECTOR WILL BE IN CHARGE AND WILL BE RESPONSIBLE FOR OUR ACCIDENT BOOK. THIS WILL BE **SALLY ANN GALSWORTHY** ALL EMERGENCY FIRST AID WILL BE DONE IN COMPLIANCE WITH COVID-19 GUIDELINES.

## <u>MARSHALS</u>

THERE WILL BE MARSHALS INSTRUCTING PARTICIPANTS WHERE TO GO ON THE COURSE ALONGSIDE AFOREMENTIONED SIGNAGE.

ALL MARSHALS WILL BE SUPPLIED WITH JACKETS WITH HIGH VISABILITY QUALITIES WITH OUR LOGO ON THEM. THEY WILL ALSO BE PROVIDED WITH REFRESHMENTS AT THE END IF THEY WANT THEM. ALL MARSHALS WILL BE INSTRUCTED ON CORRECTLY PLACING SIGNS AND TAPE TO MAXIMISE ULTIMATE SAFETY OF ALL INVOLVED. MOST OF THE HIGH VIZ MAIN ROAD CORREX WILL BE ERECTED THE DAY BEFORE THE EVENT WITH COMPETENT STAFF AND A GOVERNING EVENT DIRECTOR.

ALL MARSHALS WILL ALSO BE PROVIDED WITH FULL PPE (PERSONAL PROTECTIVE EQUIPMENT). PLEASE SEE OUR COVID-19 MEASURES DOCUMENT FOR FULL DETAILS ON THIS.

MARSHALS WILL BE OF AN ADULT (18+) AGE.

THEIR DUTIES WILL INCLUDE SOME OR ALL OF THE FOLLOWING:

- PLACING (AND RECOVERING) WARNING AND DIRECTIONAL SIGNS.
- PREVENTING COMPETITORS FOLLOWING THE WRONG ROUTE.
- ACTING AS AN ADDITIONAL MEANS OF WARNING DRIVERS.
- REQUESTING DRIVERS TO SLOW DOWN OR TO STOP IF NEEDS BE.
- LIASING WITH, AND ASSISTING POLICE OFFICERS IN CONTROLLING THE TRAFFIC PACE IF NEEDS BE.
- CONTROLLING SPECTATORS AND OTHER PEDESTRIANS.
- DIRECTING COMPETITORS AT, OR CLOSE TO THE FINISH.
- SUMMONNING FIRST AID ASSISTANCE.

MARSHALS MUST ARRIVE WELL IN ADVANCE OF THE EVENT AND BE FULLY BRIEFED ON THEIR DUTIES. THEY WILL ALSO BE TEMPERATURE CHECKED UPON ARRIVAL. (FULL DETAILS CAN BE FOUND IN OUR COVID-19 MEASURES DOCUMENT). WRITTEN INSTRUCTIONS FOR MARSHALS WILL BE USEFUL. SOME MARSHALS WILL BE EQUIPPED WITH COMMUNATIVE TOOLS, PARTICULARLY THOSE IN REMOTE PARTS OF THE COURSE. THE COURSE/EVENT/RACE DIRECTORS WILL HAVE A LIST OF ALL CREW/STAFF NUMBERS LOGGED INTO THEIR PHONES IN CASE OF AN EMERGENCY.

MARSHALS MUST REMAIN IN POSITION UNTIL THE LAST RUNNER HAS PASSED, OR ANY CUT OFF TIME HAS BEEN REACHED. FOR LONGER EVENTS, MARSHALS WILL NEED TO BE PROVIDED WITH HOT DRINKS AND POSSIBLY FOOD, IF THEY ARE TO BE OUTDOORS FOR RATHER LONG PERIODS.

SWEEP MARSHALS/BACK MARSHALS WILL BE RESPONSIBLE FOR NOT ONLY THE REMOVAL OF SIGNAGE BUT ALSO WITH KEEPING EVERYONE AT THE BACK TOGETHER AND MONITORING THE PARTICIPANTS TO SEE IF THEY WILL OVERLAP THE EVENT'S CUT OFF TIME OF 4 HOURS/240 MINUTES.

THEY WILL ALL COMMUNICATE VIA TELEPHONE AND WILL ALL HAVE A LIST OF OTHER PEOPLE'S PHONE NUMBERS BECAUSE OF SAFETY REASONS. ALL MARSHALS GIVE PERMISSION FOR SUCH INFORMATION TO BE DISTRIBUTED.

## DYNAMIC RISK ASSESSMENT

DESPITE CONSIDERABLE ATTENTION BEING GIVEN TO ADVANCE PLANNING, PROBLEMS CAN STILL ARISE AND HAVE TO BE ADDRESSED. ON OR CLOSE TO THE DAY OF THE EVENT CONSIDERATION MAY HAVE TO BE GIVEN TO THE EFFECT OF:

- SEVERE WEATHER CONDITIONS.
- ROAD TRAFFIC PROBLEMS (AFFECTING ACCESS TO THE COURSE OR THE COURSE ITSELF).
- OTHER UNFORESEEN CIRCUMSTANCES.
- THESE PROBLEMS COULD IMPACT PARTICUULARLY ON:
- THE VENUE (RACE HQ) E.G. THE APPROACH FOR ROAD TRAFFIC- PARKING ARRANGEMENTS-AVAILABILITY OF THE KEY FACILITIES E.G. TOILETS, CHANGING ACCOMODATION ETC.
- THE COURSE E.G, THE SURFACE CONDITION (ICE, SNOW, FLOODING, EROSION)- GENERAL VISIBILITY (E.G, FOG, HEAVY SNOW, DRIVING RAIN) - UNEXPECTED ROAD WORKS – ROAD TRAFFIC ACCIDENTS – TRAFFIC CONGESTION AND/OR DIVERSIONS – UNEXPECTED EVENTS TAKING PLACE AFFECTING THE ROUTE – FALLEN TREES.
- THE ORGANISER WILL ALWAYS ENSURE THAT SOMEONE (E.G THE REFEREE OR COURSE DIRECTOR/GOVERNING EVENT DIRECTOR) IS GIVEN THE RESPONSIBILITY FOR CHECKING THE COURSE SHORTLY BEFORE THE EVENT STARTS (AND PREFERABLY ALSO A FEW DAYS BEFORE) ALTERNATIVE ARRANGEMENTS OR APPROACHES MAY BE NEEDED TO CONTROL NEW RISKS WHICH HAVE ARISEN. THESE MIGHT INVOLVE:
- PROVISION OF ADDITIONAL WARNING SIGNS AND UPDATED COMMUNICATIONS TO PARTICIPANTS.
- ADDITIONAL MARSHALS OR OTHER PERSONNEL.
- COURSE REDESIGN E.G, MISSING OUT PROBLEM SECTIONS.
- PROGRAMME CHANGES, E.G., PUTTING BACK OR BRINGING FORWARD THE START TIMES.
- GIVING WARNINGS TO COMPETITORS.

IF RISKS CANNOT BE CONTROLLED TO AN ACCEPTABLE DEGREE THEN CONSIDERATION WILL BE GIVEN TO CANCELLING THE EVENT, BUT THIS SHOULD ALWAYS BE THE VERY LAST RESORT.

SOMEONE MUST ALSO BE IDENTIFIED AS BEING IN OVERALL CHARGE SHOULD A MAJOR INCIDENT OCCUR DURING THE EVENT.SUCH AN INCIDENT COULD RELATE TO THE EVENT ITSELF OR THE AREA IN WHICH THE EVENT IS BEING HELD.

## EXAMPLES INCLUDE:

- A ROAD TRAFFIC ACCIDENT.
- A FLOODING DUE TO SUDDEN HEAVY RAIN AND/OR TREE FALS OR EROSION.
- UNPREDICTABLE SNOW BLIZZARD (THIS ACTUALLY HAS HAPPENED ON AN EVENT DAY LEADING TO A POSTPONEMENT OF SAID EVENT TO A FUTURE DATE).
- A MAJOR MEDICAL EMERGENCY
- A FIRE IN A PREMISES CLOSE TO THE COURSE.
- A PUBLIC DISORDER (E.G, ATTACKS ON COMPETITORS BY YOUTHS, ADULTS, TERROISTS)

WHAT ACTION IS NECESSARY WILL DEPEND ON THE NATURE OF THE INCIDENT. FOR MOST EVENTS THE GOVERNING EVENT DIRECTOR WILL TAKE CHARGE, BUT OTHERS (E.G, THE REFEREE OR COURSE DIRECTOR/CLERK OF THE COURSE) WILL USUALLY NEED TO BE INVOLVED IN THE DESCISION MAKING PROCESS.

## SIGNED

X DAVID WILLIAM JAMES ANDREWARTHAX

Of 18 HAYLE TERRACE, HAYLE, CORNWALL, UK, TR27 4BT

ADDITIONAL INFORMATION ON THE FOLLOWING PAGE...

#### ADDITIONAL INFORMATION OF RISK ASSESSMENT:

#### KITLIST

OUR KITLIST THAT IS ADVISED TO RUNNERS INCLUDES:

WATERPROOF/TAPED SEAMS JACKET

FOIL BLANKET/BIVVY BAG

HYDRATION SYSTEM (500ML OR ABOVE)

FULLY CHARGED MOBILE PHONE

EMERGENCY MONEY (MIN £20 WHICH GIVES ENOUGH FOR PUBLIC TRANSPORT OR TAXI TO MOST LOCAL PLACES AT NEARBY TRANSPORT STOPS AND ROUTES)

ADEQUATE FOOTWEAR FOR THE TERRAIN (ROAD FOR ROAD/ TRAIL FOR TRAIL & CROSS TRAIL TYPE SHOES FOR MIXED AND MULTI TERRAIN EVENTS)

WHISTLE

FOOD

I.C.E CONTACT

HANDGEL

FACEMASK/COVERING

(ALL OF THIS IS IN THE PRE EVENT INFORMATION AND ON OUR WEBSITE WHICH IS ACCESSIBLE TO EVERY ENTRANT)

THE START

THE START WILL BE OF ADEQUATE WITDH FOR THE ANTICIPATED NUMBERS OF RUNNERS (300 MAXIMUM PLUS 4 SWEEPER/BACK MARSHALS/RUNNERS).

THE STARTING STRAIGHT WILL BE SIGNIFICANTLY AND SUFFICIENTLY LONG ENOUGH FOR THE FIELD TO SPREAD OUT BEFORE ANY BOTTLENECKING OR TIGHT TURNS.AT LEAST 100 METRES IS ALWAYS NECESSARY AND ANY EARLY BENDS WILL BE GRADUAL.WE WILL HAVE OUR TIMEKEEPERS, FEATHER FLAGS, START SIGNS, BANNERS AND TEMPORARY MARKER PAINT TO INDICATE WHERE THE START WILL BE INCLUDING SIGNS GUIDING THEM TO WHERE THEY SHOULD BE.

ADDITIONAL INFORMATION SUPPLIED BY:

DAVID WILLIAM JAMES ANDREWARTHA

GOVERNING EVENT DIRECTOR

**BYS VYKEN EVENTS & CORNISH TRAILS** 

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