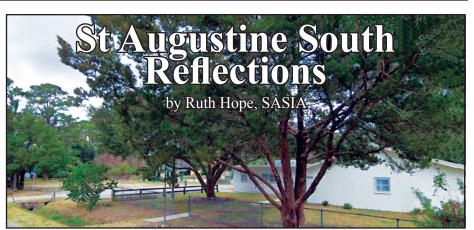
Shores Resident Gives Communities A "Spooktacular" Halloween Display



Shores resident Arch Rivenbark continues again this year shows off his annual Halloween display in front of his house at 223 Estancia Street. Drive by and see the display soon after the last week in September.

Shores and South residents don't need to look at their calendar or notice a change to fall weather to realize its nearing Halloween again.....they just drive by Shores resident Arch Rivenbark's house and see his annual Halloween display to know trick or treat time is on its way. Arch, who starts planning his display months in advance, has 30 - 40 humorous tombstones for neighbors and friends. Each year, Arch entertains his neighbors with the much anticipated display and has them all asking him "What are you going to put on my tombstone this year?" He invites everyone to drive by 223 Estancia Street to enjoy his display. You can find him off Lilly or Alhambra streets.



After 1958, the historical records for St Augustine South are missing for several years. A pile of newspaper cuttings from the St Augustine Record indicates someone was cutting and keeping items that mention folks who lived in The South. Many were births, marriages, deaths of community residents; there are also mention of notable activities. It is recorded that SASIA received a check for street paving from the developer in 1960 to launch the paving of Shore Drive and a further \$3,000 in 1961 for road maintenance, further paving of Shore Dr and some secondary roads. Two cuttings from 1966 and 1967, mention St Augustine South resident Hugo Ohlms who took more than a year to create over 20 murals for the required

Catholic Cathedra Basilica that illustrate the 400 year history of the Catholic Church in St Augustine. Hugo Ohlms was also President of the St Augustine Symphony, his wife played in the Symphony strings section.

In the 1960s, The Record regularly published details of SASIA meetings. SASIA was in discussion with the County Commissioners about zoning the subdivision in 1964 with a County hearing on the zoning resolution held at the end of May. This was needed, after the developer relinquished approval of building plans, to ensure new homes were compliant with their building standards, lot sizes and set backs. SASIA successfully addressed two lot owners who had live-in trailers on their properties and a home without the required (continued on page 5)

PRSRT SDT US POSTAGE PAID ST. AUGUSTINE, FL PERMIT #132

St. Augustine Observer 1965 A1A South #120 St. Augustine, FL 32080-6509

North Florida Women's Chorale Looking for New Members

Provided by Ms. Laura McElroy

The North Florida Women's Chorale is open for new members. Please call 904-806-7781 or visit the website: womenschorale. org to set up an audition appointment. The Chorale rehearses on Monday evenings from 6:45 to 8:45 at Palms Church, 3410 3rd St S, Jacksonville Beach, FL 32250 and performs in December and in the spring.

The North Florida Women's Chorale, Kerry Fradley, director, will resume regular rehearsals on September 13, Monday, at 6:45 pm, at Palms Church, 3410 3rd St. Jax Beach. The Chorale will be rehearsing for a performance, Jubilate! on December 5. The Gainesville Brass Quintet will be joining the chorale for the performance. If you wish to join this vibrant group of women, call or visit the website: womenschorale.org to schedule an audition.

For additiona information please contacy Ms. Laura McElroy, (904) 401-1107, email: fearlessin2013@gmail.com





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THE PARK AVENUE PROJECT

2020-2021 supported by a community grant from the Parkinson's Foundation. This grant has allowed us to expand our wellness programs and offer new, year-round classes for FREE for people living with Parkinson's disease in our brand-new Parkinson's gym, and for those that wish to stay at home, virtually through online zoom sessions.

Parkinson's Foundation

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St. Augustine Observer

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First priority will be given to reporting news as space permits.

month's issue. Articles or information may be sent to the St. Augustine Observer, 1965 A1A South #120, St. Augustine Florida 32080-6509. Information may also be e-mailed to clifflogsdon@

All materials submitted to the Observer is subject to editing. Publishing of submitted letters and information is at the discretion of the publisher. Views and opinions expressed are those of the writer and do not express the viewpoint of the publisher or editorial staff of the Observer.

Information, articles and other materials published are believed to be accurate at time of The purpose of the St. Augustine Observer publishing. Acceptance of advertising does not is to serve residents of St. Augustine area constitute an endorsement or approval of any product or services by the Observer or its staff. It is agreed that the Observer and its staff will not be held and activities of the residents of the St. Augustine liable for information provided herein by submitters/ local communities, and other news and events that directly affects the St. Augustine area. Second priority will be given to articles of general interest potential to constitute fraud or other violation of law including copywriting infringements. The publisher Information should be received by the 15th reserves the right to refuse materials that does not of the month in order to appear in the following meet the publication's standards.

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St. Augustine Shores Community Calendar

The Shores Service Corporation Shores Homeowners Association (904) 794-2000 www.staugshores.org

Shores Monthly Meetings

- · Shores Service Corporation monthly meetings are held on the second Thursday of each month. Vitural Meetings are at 6 p.m. at the Riverview Club doe to the COVID-19 virus until
- Conquistador Condominium Board meetings are held on the fourth Monday of each month at 6

p.m. at the Riverview Club.

- Fairview Condominium Board meetings are held on the second Tuesday of every other month at 4 p.m. at the Fairview Condo club house.
- Greens Condominium Board meetings will vary. Contact Jeff Edwards at Sovereign-Jacobs at 904-461-5556
- Casa Bella Condominium 2020 Board Meetings: March 16th- 6pm (Annual Meeting), April 20th- 6pm, May 4th- 6pm, June 15th- 6pm, July 20th- 6pm, August 17th- 6pm, September 21st- 6pm, October 19th- 6pm, November 9th- 6pm, December 21st-6pm. For Information contact Ellen Lumpkin at 904-461-5556.

St. Augustine South Community Calendar

St. Augustine South Improvement Assoc. 709 Royal Rd. St Augustine, 32086 email: staugsouthimpassoc@gmail.com www.staugsouth.com (904) 794-5129

SASIA Meeting 3rd wed at 7:00 PM

Please join us and bring your ideas on how to improve our wonderful neighborhood! Connect with us on our Facebook.com and NextDoor.com pages: St. Augustine South Improvement Association.

Residents interested in joining SASIA please see for application below: https://www.joinit.org/o/st-augustine-south-improvement-association

Monthly Meetings at Clubhouse

Yoga - Join Registered Yoga Teacher Emily Flagler for Gentle Flow Yoga on Thursdays 5:30 - 6:30! Just bring your yoga mat, towel, and water. Try your first class for free!

Tai Chi - Join Instructor Katie Monaghan for a donation based Tai Chi class on Tuesday's at 6:00PM. For more information please contact Katie at (904) 377-3390 or email at KatieMonahanTaiChi@gmail.com

SASIA Board Members

President - Alan Chappell

Board Member - Cindy Zimmerman

1st V.P. - Robert Kennedy 2nd V.P. - Josh Silcox Secretary - Kate Anreise

Treasurer - Jerri Sue Dawson Board Member - Ruth Hope

Board Member - Nicolette Soucy

Lawn Service Landscaping **Pavers Pressure Wash** 904-392-9630

The Observer offers free community classified listings for USPS selected addresses in Southern St. Johns County and paid subscriptions. Classified ads will not be printed without a name, address and phone number included with the request. Free listings of 5 items or less should be sent. Free ads Are Not for Business or Personal Service ads.

Community Classifieds

Business, Service, seeking work, etc. may be placed in the classified section: (1-4 lines) \$5, (5-8 lines) \$10, (9-12 lines) \$15, (13-16 lines) \$20. These Ads should be paid in advance before placed. Send your listing and payment, if required, to Observer, 1965 A1A South #120, St. Augustine, 32080-6509. You may email your ad to clifflogsdon@att.net. Deadline for all listings or ads is the 15th of every month for the next monthly issue.

FOR SALE: 2014 grey Nissan Rogue, 82,000 miles. Asking \$12,000. Call for details, 904-417-3672.

FOR SALE: Shopsmith - Mark V Model - Accessories - Good Condition - \$300 . Call 904-797-5893.

FOR SALE: Pennsylvania House cherry wood oval, drop leaf coffee table, like new, \$59. Mahogany end table, \$39. Vintage linen, tablecloth/napkins, handmade in Italy, \$195. Beautiful Scully attaché case, Italian leather, pigskin lined, \$99 OBO (orig. \$300), for men or women. Keen hiking boots, women's 8.5, \$59 (orig. \$135). All items in excellent condition. Original oil paintings and drawings by local artist. Call 904.794.2594.

FOR SALE: Entire house of brand new furniture! Living Room, Dining Room, Bedroom Set with new mattress, All brand new from Babcock. Kitchen appliances, microwave & more. Call

FOR SALE: (1) Patio Cushions for Martha Stewart Living T-back wicker chair and ottoman, outdoor, quarry red color \$60. Could fit other chairs. Excellent condition. Ottoman is 19 x 23, chair seat is 23 x 26 and the back T part is 29 wide and seat itself is 21. (2) 40" Vizio LED HDTV with remote \$225. Text 516-319-9688

FOR SALE: (1) Sofa - sleeper, color is herring bone gray, modern style, clean \$325.00- excellent condition (2). Kitchen round table drop leaf, white, with 4 Windsor chairs, \$70.00 good condition. (3) Pine dresser with mirror, Broyhill Fontana, \$85.00 good condition. (4) Chest of drawers, Broyhill Fontana match to dresser, \$40.00 good condition. (5) Entertainment Center, modern style All Wood red to brown color, 68" inches long - Heavy item, \$65.00 excellent condition. Call (904)-794-9151.

FOR SALE: Twin Mattress XL Beautyrest. Like new, very good condition. \$400 or best offer. Call 904-501-6593.

FOR SALE: (1) All-in-one HP Desk Top Computer. Model 22-c0036. Like new. Asking \$150. (2) New gray Crib including mattress, used 3 times. New

\$390 asking \$195. Call 904-814-2164.

FOR SĂLE: (1) Sport fisherman Sea Hornet Speargun \$30. (2) Mares Fins \$15. (3) Hydrolight Fins \$10. Call 904-

FOR SALE: (1) Kayak by Perception Pescadore Pro 10 Fisher personal model. Perfect condition, garage kept and never been in the water. \$400 firm. (2) Yakima Rack and Roll 66" Kayak trailer. For 2 Kayaks. Perfect condition like new. \$1,600 firm. Call 904-635-2871.

WANTED: Riding lawnmower less than 5 years old in good condition. Quality brand, fair price. Call Shores resident Rev. Larry DuBose @ 412-215-

WANTED: Used Stainless Steel Kitchen Aid Mixer. (2) Used CD player, toys for 2-3 year old boys. Call Nancy 904-806-2060.

WANTED: Female seeks walking partner in the Shores. Please call 904-687-3362

WANTED: Silver Coins, Gold and Jewelry at great prices. Call Mike at 904-501-1449.

WANTED: I buy old record collections. I am not a re-seller but a serious listener. Your records will go to a good home. Call John 904-325-9802.

SERVICESOFFERED: Upholstery, Drapes, Throw Pillows or simply need dining room chair seats recovered. Please call Deborah 916-316-1155.

FREE: 2 Kittens needs a home. Please call 470-577-4452.



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St. Augustine Shores & South News & Events

Shores Riverview Club Activities

OCTOBER DANCES: RSVP required: Call 904.794.2000 or www.staugshores.org/dance-rsvp.

Guests: \$15.00/pp. Dance Club Members: Free **BYOB**



Early Social Tim Rippey Friday, Oct .15th 7 pm to 10 pm



Main Social LA Robinson & StreetLife Friday, Oct .29th 7 pm to 10 pm

FREE for Activity Members, guests are \$5.00/pp/class (unless specified).

Tai-Chi Class led by Robin, Tuesday at 5:30 pm. Learn the principals

of Tai Chi and help your overall health and well-being!

Barre Class led by Mary, Tuesdays at 5:30 pm. Classic Barre is a Workout dance-based fitness class designed to sculpt, stretch, and

strengthen. Class size is limited.

Line Dancing Class led by Jinny, Monday at 6:30 pm and Wednesday at

10:00 am.

Chair Yoga Class led by Nancy, Mon, Wed & Fri at 10:45 am.

A gentler form of yoga for those whom balance is an issue.

Yoga Class led by Nancy, Mon, Wed & Fri at 9:00 am.

Evening Yoga Class led by Annamarie, Wednesday at 5:30 pm.

Upcoming Events at the Riverview Club

Annual Craft Fair: Sunday October 3rd 1:00 pm – 4:00 pm

Early Social: To be determined Sunday, November 7th - 6 pm to 9 pm

Main Social: Traces of Gold Sunday, November 21st - 6 pm to 9 pm

Temple Bet Yam of St. Augustine presents SUNDAY AT THE MOVIES!

On Sunday, November 21, 2021 at 1200 noon for he National Geographic film, JERUSALEM, is showing at the IMAX Theater in World Golf Village, St Augustine, FL. This wonderful experience takes you on a journey to one of the world's most beloved and beautiful cities. Three teenagers, a Jew, a Christian, and a Muslim, who all live in Jerusalem, will take you through the city and share where they go and how the city is important to them. An archaeologist from the University of North Carolina accompanies them and helps explain the finds and secrets which explain the Jerusalem's past.

The Washington Post described the panoramic photography as "at once aweinspiring and intimate" and said watching the film "may be as close as a person can get to praying at the Church of the Holy Sepulchre, the Al-Aqsa Mosque, and the Western Wall without actually going there."

We hope you will join us at the 275 seat IMAX Theater where social distancing is easy. For the \$15.00 admission, you can enjoy popcorn and a beverage while you watch the movie. To register for this event, let us know who you are, address and phone number, how many of you will be joining us, and the total amount enclosed. Please make checks payable to Temple Bet Yam, indicating IMAX in the memo, and send it to Temple Bet Yam, P.O. Box 860098, St. Augustine FL 32086. Registration deadline is November 18th.Questions? Contact Carol Levy at (954)895-7332.



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SASIA News and Calendar of Events

by Ruth Hope, SASIA Board

SASIA General Meetings are the third Wednesday of each month, at 7pm in the Clubhouse 709, Royal Rd. All neighbors are encouraged to attend

Children's "petting zoo": A local small holder will bring a variety of small farm animals and fowls for children to see, learn about, and in some cases stroke. On Saturday at end of September or beginning of October – watch out for the date! Free range eggs will be on sale.

St Augustine South Fall Festival: Cookout, local live band: Eric Searcy and the Driftwoods, children's bouncy castle etc. Saturday October 16, 12 noon to 4pm. in the Clubhouse grounds, 709 Royal Rd

Huge Community Sale: Clear out your garage or attic -- sell your no longer needed gear from your car trunk or on stall in the SASIA Clubhouse grounds. Food truck and beverages on sale. Saturday October 23

Fall Plant & Seed Swap: one Saturday end October/beginning November in the picnic pavilion 709 Royal Rd. Date to be decided; will be announced on NextDoor

SASIA Arts & Crafts Fair: Saturday November 13, at the Clubhouse 709 Royal Rd. A great opportunity to find Holiday gifts for family and friends, from local arts & crafters

SASIA Holiday Event: December 4. Santa's arrival and Holiday tree lighting, hot apple cider from 5pm to 6-30pm; Live music, mulled wine and adult social from 7pm. SASIA Clubhouse

Clubhouse Rentals: The SASIA Clubhouse at 709 Royal Road is available for private hire. Call Theresa on (904) 794-5129 to make your booking.

SASIA needs new members to join the Board in 2022, and volunteers for the subcommittees and social events. Everyone in 'The South' is welcome.

Connect with us on our www.Facebook.com and our www.NextDoor.com pages: St Augustine South Improvement Association.

In view of the resurgence in Coronavirus cases in SJC resulting from the more virulent Delta variant, SASIA is following CDC masking guidelines for community meetings inside the Clubhouse.



Shores Communications Corner News & Information from the Shores Service Corp.

Save the Swales

This article is not about the majestic and endangered northern right whales that pass through our waters every year. However, this is a good opportunity to make a plea to all the owners and users of boats large and small to be mindful of the wildlife that inhabits the ocean and waterways in our area. Rather, it is about the swales – the grassy strips of land between the pavement and sidewalk that you can see throughout St. Augustine Shores.

Although the swales and sidewalks are the responsibility of St. Johns County, St. Augustine Shores Corporation pays to cut the grass and keep the land tidy and trash free for the benefit of our residents. The purpose of these swales is for services such as water, electricity, sewage, etc. but the major reason is for storm water drainage. We are fortunate to live in an area that has mostly sandy soil so storm water soak away is not a large problem. However, there are some low-lying areas that flood during heavy rains and will stay waterlogged for several days. Due to this these areas are susceptible to damage because the ground is so soft. Unfortunately, either by accident or intent, vehicles are sometimes driven onto these areas. This results in deep ruts that need filling in and churned up grass that has to be repaired.

Please be aware of these areas that are prone to flooding and avoid driving or parking on them. Let's keep The Shores looking beautiful and not spending our homeowner's dues on unnecessary repairs.

St. Augustine Shores Service Corp., 790 Christina Drive | St. Augustine, FL 32086, 904-797-6441 | www.staugshores.org

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Shores References Available

St. Augustine South Reflections

(continued from page 1)

setback from the street. However, the SASIA Board recognized that it would be very expensive if they had to take a lot owner to court. County zoning was established for The South May 28,1964 – the third County area to be zoned – and a zoning inspector, who lived on Neptune Rd. appointed.

Rd, appointed.
In September 10, 1964 Hurricane Dora made landfall near St Augustine damaging homes in St Augustine South some needed new roofs and other major repairs. Some trees were lost but "the water stayed away from our door" for most residents. Other local issues seen as important in the 1960s were unleashed dogs on the streets and dogs barking at night; speeding motorists, and crime including "kids shooting firearms". The SASIA clubhouse was broken into and looted in September 1964 and again over Christmas in the same year. Early 1965, Joe Bain, who had built and lived in homes on Neptune Rd and Jupiter Rd from 1958, completed 3304 Shore Dr which Mrs Bain said was "Done-Movin"

However, the major 1965 issue for many residents in The South was paving the roads. SASIA had paid the County \$4000 for road paving and held \$2000 in escrow for when the work was completed. By October 1965, 5.25 miles of the requested 7.8 miles of paving was completed but the estimated costs for completion exceeded \$16,000. The annual budget for road building in the district was only \$20,000. The matter was debated by the County Commissioners; there was a partisan editorial in the Record. The road building agreement was a hot potato – seen by some as residents of The South trying to get ahead of the curve on road building by making a payment to the County that did not cover the costs. The Commission decided that The South was not entitled to

setback from the street. However, the further paving outside of normal programs SASIA Board recognized that it would granted to the remainder of the County

A major divisive issue in The South in the early days, was where the "Community Club House" should be sited. Two sites along Shore Drive were suggested in discussion with the developer. One site seems to have been just to the north of the current Douglas Crane Park, and the other site was at Lewis Point, likely where or near where the carpark is now. Tempers were very raised at a SASIA meeting – held in the carport of an unfinished home on Shore Drive – and after angry words, a large group of members walked out and did not engage with SASIA again.

All the negative energy expended was unfortunate as the developer had already deeded the greenway along Shore Drive to the County and the County was not interested in deeding any back to the developer nor SASIA. St Augustine South Corporation finally gave SASIA 5 lots on Royal Rd for the clubhouse. A further 5 lots were purchased—an older past SASIA board member believes the purchase was made with a donation from a generous resident. Joe Bain, with help from other men in the community, built the clubhouse at cost. Donations of facing bricks, lumber for the interior, insultation, baseboards and flooring, and kitchen equipment were negotiated from local businesses. Residents donated window drapes and plants for the garden. All in The South benefit from the generosity in time and kind as well as cash donations to the Community Clubhouse and grounds at 709 Royal Rd. Throughout the initial COVID stay safer at home in 2020 and recent surges in infections this year, we have been able to hold outdoor events in the carpark, the shade of the trees, and using the County picnic shelter that is built on SASIA land.

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• St. Augustine Beaches News Journal



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News From Around St. Johns County

Friends of the Anastasia Island Branch Library Book Sale October 2nd

The Friends of the Anastasia Island Branch Library (FAIBL) will be holding their Fall Two-Day Book Sale on Friday, October 1 and Saturday, October 2, 2021 at the library at 124 Seagrove Main Street, St. Augustine Beach. Dates and times are Friday, October 1, 10:00 AM - 5:45 PM, and Saturday, October 2, 10:00 AM - 4:45 PM. Shoppers will enter through the patio door on the east side of the library.

This is our first book sale since the beginning of COVID, and as always, we will have thousands of items available for purchase. Books include like-new hardcover bestsellers with dust jackets at \$1 each. We also have a great selection of children's books, fiction for all ages, history, biography, the arts, cookbooks, crafts, travel, and more. Most books are priced at \$1 or less. Music CDs are \$1, and DVDs are \$2. A collection of specially- priced items will also be available.

On Saturday, prices will be reduced by 50%. A paper grocery sack can be filled for \$5 (doesn't include specially-priced items, DVDs or CDs, but they are half price.)

The proceeds of the Book Sales supplement library funds from the county. The money raised is critical to provide ongoing quality programs materials for the library. Come pick up some fall and winter reading, and support the library!

St. Augustine Travel Club

St. Augustine Travel Club Cruise

The St. Augustine Travel Club will again be sailing the seas – well, not right now but planning - on Saturday, March 26 –April 2, 2022 on the beautiful Norwegian Escape out of Port Canaveral to the Eastern Caribbean ports of Puerto Plata (Dominican Republic), Tortola (British Virgin Islands), St. Thomas and Norwegian's private island Great Stirrup Cay in the Bahamas for a 7-day cruise. Prices start from \$1059.39 per person, double occupancy, for inside cabin, inclusive of all port fees and taxes. Balconies, Oceanviews and Studio Singles are also available at additional cost. Book now with a \$250 p.p. deposit and receive \$100 per stateroom On Board Credit, Free Beverage Package and more. Should NCL have to cancel the cruise, full refund would be issued by NCL. Call Peter, St. Augustine Travel Club at (904) 797-3736.

St. Augustine Travel Club Meetings

The Southeast Branch Public Library has been evaluating on a month by month basis as to when the best time to resume activities that utilize the conference rooms. We will not resume the Travel Club program until we feel comfortable in doing so for the safety and well-being of our audience. There will be no October meeting. We will update you by email. For those of you who do not know about the club, it is formatted as an armchair travel presentation with a brief lecture and a video highlighting areas around the world, with focus mostly on Europe. Also, some of our participants have provided a presentation based on their own travel experiences. Look for future presentations in upcoming local papers like the Shores Observer and the Palencia and Beaches papers, as well as the library website and their monthly printed program available in the lobby. We also organize a cruise in the Caribbean region once a year. If you wish to contact, call Peter Dytrych at (904) 797-3736.

GriefShare, Continues at Crescent Beach Baptist Church

GriefShare, a place to find healing for men and women seeking answers to difficult circumstances after the death of a loved one. A journey from mourning to joy.

August 18, 2021-November 10, 2021 Wednesdays, 6pm-730pm

Crescent Beach Baptist Church, St. Augustine, Fl 32086

Contact, Melanie 904-759-1054 or rscoggn@gmail.com or GriefShare.org under Find a group to register. You are welcome to join anytime during the 13 week period.



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Wednesday Night Services 7 p.m.

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First Coast Card & Newcomers Club

October

1) First Coast Florida Lifestyles Newcomers Card/Games Club Events: Sunday October 3rd. Card Playing. Coffee Cafe. St. Augustine, FL Arrival: 2P. Cards: 2:15P. Buy 1 Item For Mgmt. Sitting Time. Masks Worn.

Sunday, October 17th. Board Games Playing. Coffee Cafe, St. Augustine, FL. Arrival: 2:15P. Games: 2:30P. Buy 1 Item for Mgmt.sitting time. Masks Worn.

Saturday, October 23rd. Card Playing. Dunkins Cafe. St. Augustine, FL Arrival: 2P. Cards: 2:15P. Buy 1 Item for Mgmt.sitting time. Masks Worn.

Sunday October 31st. Card Playing. Dunkins Cafe Coffee, St. Augustine, FL. Arrival: 2P. Start: 2:15P. Buy 1 Item for Mgmt.sitting time. Masks Worn.

Please Contact Our Club Organizers To RSVP Yes In Advance and to receive the finds in painting, creating colorful renditions in acrylic and oil. Venues & Addresses To: 904-829-0643. Days/Evenings. Phone Calls Only. Open To Both Men/Women. Smoke/Drug Free.

2) First Coast Florida Lifestyles Newcomers Recreation & Activities Club Events:

Friday, October 15th. Dinner/Rock N Roll Band. 50's Style Diner. Clay County. No Cover. Arrival: 6:30PM.

Saturday, October 16th. Multiple Dancing/Rock Bands Music Concert. Clay County. Free. Arrival: 9:30AM. Outdoors. Bring your chair. Outside Gazebo. Free

Saturday, October 30th. BIG Halloween Party/Dinner/80's-90's Band. Flagler County, Palm Coast, FL. Free. Arrival: 7PM. Free Park. Vendors. Costume Contest. Outside Courtyard.

COA River House Programs for October 2021

The following programs will be held at COA's River House, 179 Marine Street, St. Augustine. Registration is required, and space is limited. To review course and price details and to register, please visit https://coasjc.coursestorm.com/category/river-house.

- Yoga: 4 weeks starting Tuesday, October 5 Class time 8:45-9:45 a.m.
- Beginning Italian: 4 weeks starting Tuesday, October 5 Class 10:00 a.m.
 Beginning Italian: 4 weeks starting Tuesday, October 5 Class 11:00 a.m.
- Conversational Italian Level 3: 4 weeks starting Tuesday, October 5 Class 1:00 p.m.
- Mindfulness Meditation: 4 weeks starting Tuesday, October 5 Class 1:00 p.m.
- Chair Yoga: 4 weeks starting Wednesday, October 6 Class 10:30 a.m.
- Conversational French: 4 weeks starting Wednesday, October 6 Class 11:15 a.m. Intermediate Tap: 4 weeks starting Wednesday, October 6 Class 1:30 p.m.
- Colored Pencil Art: 4 weeks starting Wednesday, October 6 Class 1:30 p.m.
- Intro to Herbology: 4 weeks starting Wednesday, October 6 Class 3:00 p.m.
 Chair Yoga: 4 weeks starting Thursday, October 7 Class 9:00 a.m.
- Open Art Studio: ongoing every Thursday 10:00a.m.
- Conversational Italian Level 2: 4 weeks starting Thursday, October 7 Class 11:00 a.m.
 Beginner Tap: 4 weeks starting Thursday, October 7 Class 1:30 p.m.
- Intro to Drawing Part 2: 4 weeks starting Thursday, October 7 Class 1:30 p.m. Carolyn Karger: ckarger@coasjc.org - 904-209-3687.

Saint Augustine Ballet stages 2021 Nutcracker! **Tickets Go on Sale!**

The Sugar Plum Fairy, the Mouse King, Clara, Uncle Drosselmeyer and all the Nutcracker characters will return to the St. Augustine stage this holiday season. Saint

Augustine Ballet presents the 13th Annual Nutcracker to the community — a timeless classic featuring professional ballet dancers and dance students from St. Augustine and surrounding areas. This holiday favorite will be staged December 18-19, 2021 in Lewis Auditorium at Flagler College, 14 Granada St., downtown St. Augustine. Tickets are available at saintaugustineballet.org



Show times are 1:30 p.m. and 7 p.m.

Saturday, December 18; and 2 p.m. Sunday, December 19, 2021. (see page 11)

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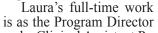


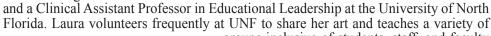
In October we have our First Friday Opening on October 1st and Featuring, Artist of the Month Laura Boilini.

The title of the show is "Expressions of Color" which symbolizes the joy she

Laura's art career began years ago as she studied art and education and taught

elementary art for several years in Indiana before educational pursuing Her passion leadership. for art reignited when she moved to Florida and she now has a studio in her home and teaches classes to help others find their creative potential. She has created many paintings as commission work, and she loves the excitement of creating a special piece for a client in their color choices and style. Her work ranges from abstracts, to flowers and landscapes. Laura has been a frequent teacher at the Palencia Lunch and Learn opportunities where she enjoys inspiring others to paint.





groups inclusive of students, staff, and faculty as part of her service work.

Her works with a brand new Member's Show Opens with a reception Friday evening at 5pm until 8pm, join us for a beverage and snacks and meet the artist. The show runs through October.

We will be open for Halloween, bring the kids as we will give out treats from 12 to

The Art Studio is located at 370 A1A Beach Blvd. in the St. John's County Pier Park and is open 7 days a week from 12pm to 5pm. We are a 501(c)(3) Non-Profit organization that brings Art and Cultural to the community and offers classes, special events, exhibitions and rental space. For more information visit us at www.beachartstudio.org, Facebook or call 904-295-4428.



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The Wildflower Meadow Group

by Cindy Taylor

Last month in my article I wrote about the near-by railroad vine. This way the the down time in the meadow between spring and fall. When I wrote it in early August, there weren't many flowers in bloom, but by the time the paper came out, horse mint had blossomed across the meadow and it didn't look like an inbetween time at all. They're still blooming as I write this early in early September but will probably be past their prime by the time you read this. So when you read my articles keep in mind it refers to the way meadow was several weeks earlier.

The in-between time this year wasn't as long as in other years and that's a characteristic of a wildflower meadow: it's never the same month to month or year to year. Nature decides what blooms, when, and for how long and sometimes when we expect a down cycle, nature surprises us. It surprises us the other way too and it helps to remember that for every down cycle there's one that's up.

The sunflowers we transplanted into the lower meadow last spring are now a little taller than near-by grasses, but we pulled out some grasses anyway. also pulled out some grasses threatening



flowers have more light and space to grow. Coincidentally, without the tall grasses there, people walking by can more easily see the flowers.

Thanks to all those who work hard to nurture the meadow and thanks to Marlene for some of her photos.

We meet at the meadow near the Riverview clubhouse at about 8:30 the first Saturday of each month and usually work for a couple of hours. We also try to have a hike once a month. We're an informal group without officers or dues and hope you will join us. You can join us for hikes only, work in the meadow only, or both.

Call Cindy at 904-797-3931 or Marlene at 305-968-0447 for more information. If we can't answer leave a voicemail or message and we'll call you back. And feel free to call if you're interested in sharing your photos of the meadow.









Pumpkin Patch Coming to Shores UMC



The Pumpkins are coming! Pumpkins! Pumpkins! Everywhere! Mini-pumpkins, pie pumpkins and all in-between. The Pumpkin Patch is opening on Saturday, October 16 thru October 30, 2021. The hours of the Pumpkin Patch are M - F from 2 p.m.to 6 p.m. and weekends 12 p.m. to 6 p.m. The Pumpkin Patch supports the local outreach ministries of the church. Shores United Methodist Church is located at 724 Shores Blvd, between the Golf Course Clubhouse and Hartley Elementary. Sunday worship services are inside at $8:4\bar{5}$ a.m. (Traditional) and 11:00 a.m. (Contemporary). Rev. Carolyn Westlake is the pastor. All are welcome! For more info call 797-4416 or visit www.shoresumc.org.













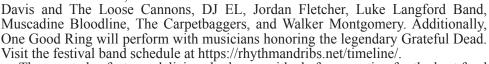
25th Annual Rhythm & Ribs Festival Features music legend Travis Tritt October 15-17

The 25th Annual Rhythm & Ribs Festival will feature music legend Travis Tritt, national recording artists, award-winning barbeque with regional and national BBQ Champions, live music, arts and craft vendors, and activities in downtown, historic St. Augustine, Fla. at Francis Field, US 1 and Castillo Drive from Friday, October 15 until Sunday, October 17.

Founded by St. Augustine Sunrise Rotary Club in 1995 as an event with proceeds donated to charitable organizations for local and international service-oriented projects, the family-friendly weekend will attract locals and visitors. Key sponsors include Bozard Ford, Budweiser, and Canan Law.

This year, music is highlighted on Saturday night with headliner Travis Tritt who remains a key influence in country music, southern rock, blues, gospel and honky-tonk genres attracting fans across the globe. Notably, he will play selections from his first original full-length album in more than a decade.

Also, performing throughout the weekend will be Darrell Rae Music,



The event also features delicious barbecue with chefs competing for the best food items, people's choice barbecue awards, and an array of vendors featuring arts and crafts, and more. The popular festival, normally held in the spring, was postponed due to COVID-19.

Festival times are Friday, October 15 from 5 pm until 10 pm, with ticket priced at \$10.00 per person online and \$15.00 at the gate; Saturday, October 16 from 12 pm noon until 2 pm with tickets priced at \$10 person at the gate, and from 2 pm until 10 pm for \$25 per person online and \$35 per person at the gate, and on Sunday, October



17 for \$5.00 at the gate for family day from 12 pm noon until 5 pm. Gate entry tickets are available for cash only with no re-entry permitted. On Saturday, with the purchase of five tickets, attendees get one free, available online only. Children 15 years of age and younger may attend events at no charge.

VIP Weekend Access tickets are available online

only, for \$150 per person and includes exclusive viewing areas next to the stage with first come first serve seating, private restrooms, access to the exclusive premium cash liquor bar, commemorative items, and re-entry to the festival. Lawn chairs and blankets are allowed; however, no coolers or outside food and drinks are permitted along with no dogs or pets, and no overnight camping.

Parking is available at the Downtown Parking Facility (HDPF) next to the festival field. All-day parking is \$15. With a ParkNow card, parking is \$3 all-day. Visit the website for more information at http://www.citystaug.com/government/financial services/parking/index.php. Additional City parking (continued on page 13)



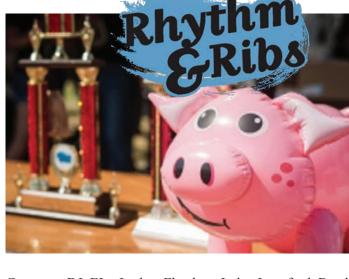
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New Senior COA Travel Club in Town!

Bartimus Travel Group/CruiseOne and Council on Aging (COA) of St. Johns County have teamed up to form the new COA Travel Club! Inaugural "kick-off" meetings were held in September at COA's Senior Centers located at Nocatee, Ponte Vedra Beach and St. Augustine's River House.

'An August travel survey to recipients of COA's e-newsletter demonstrated that the senior community has a strong interest in travel, including day trips, longer land tours, as well as cruises and overseas travel," explained Tom Torretta, COA Development Director. "We are pleased and excited that Linda Bartimus and Judi Cowan of Bartimus Travel Group/CruiseOne have answered the challenge and partnered

with us to provide group travel opportunities for seniors. Your participation in the club will help determine which trips are

arranged."

There is no membership fee to join the COA Travel Club. To become a member, seniors simply need to attend a travel meeting at a COA Center or participate in a travel activity. There are fees for the various travel activities.

Upcoming travel include a variety of choices:

 Local Discovery Trips begin with a visit to the Lightner

Museum in St. Augustine to include lunch at Café Alcazar and an Upstairs, Downstairs tour of the Museum on Thursday, October 14.

• Members will go cruising on Royal Caribbean's Mariner of the Seas for a 4-night,

Bahamas cruise from Port Canaveral sailing October 25 - 29.

• An Explorer Day Bus Trip follows on November 19 to Fernandina Beach, Amelia

Island for a Historic Trolley tour, lunch and shopping.

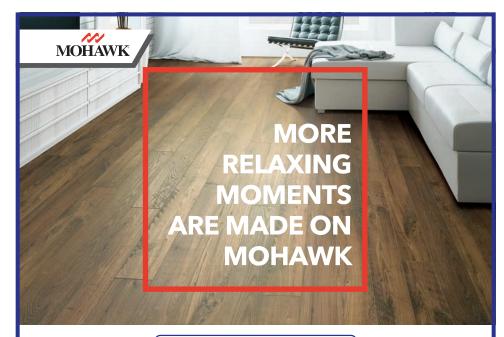
• A New Year's 6-night Celebration is planned on the MSC Meraviglia sailing roundtrip from Port Canaveral, Dec. 27 to Jan. 2, 2022.

Additional meetings and activities are being planned based upon the August survey and input from attendees at the kick-off meetings.

For more information, please contact Bartimus Travel Group at (904) 392-1703, via email at LBartimus@CruiseOne.com, or visit COA's website at https://www. coasic.org/COA-travel-club. Be sure to let us know you are calling about the COA Travel Club.

To sign up to receive COA's e-newsletter and receive all the latest news, events and programs for seniors, visit www.coasjc.org/sign-up.







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- than 2 minutes)
- The Buyer typically pays for all expenses associated with offer/counter-offer process. Many options here... the Loan, the recording of the deed and loan docs and, in some cases, the survey.
- A Lender will estimate the Buyers expenses in the form of a since 1984 can take the mystery and the stress "Loan Estimate" which should match closely to the final "Closing out of Buying and Selling Real Estate. Call Disclosure" (CD).

- Closing Cost requests sometimes a Buyer will ask the Selling Real Estate, chances are you will have Closing Costs of Seller to pay a Dollar Amount of the Buyer's Closing Costs and ask to "roll it in" to the Purchase Price. That provides a great • Even though there are some "Norms" when it comes to option unless you run into an issue with the Appraisal later. Be
- Repairs even though not considered Closing Costs, many • Normally, the Seller pays for Title Search & Exam, Title deals fall apart around inspections and repair costs. You will need Insurance, Real Estate Commission, Documentary Stamps on a Realtor to guide you through this potential quagmire. There are

Contracts that require a Repair Agreement and • A Realtor will estimate the Sellers expenses very easily (less Standard Florida Realtors/Florida Bar Contracts where you negotiate repair limits at the time of the

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"Diaries of a Shores Grand-Dad"

by Dirk Schroeder

a week before the due date and then it takes another two weeks or so before "The Observer" is in your mailbox and unraveled and read before it hits the recycle bin. Last month, I was writing about Labor Day on the 11th of August and that month finished badly. First, the Delta variant was spreading rampantly worldwide. Then, we lost 22 people in middle Tennessee to flooding. At the same time, the "withdrawal" from Afghanistan turned into an urgent mass evacuation with 13 more Americans and scores of Afghans killed. The Hurricane Ida slammed the coast of Louisiana causing billions in damage all the way up to Boston while fires raged in California threatening the Lake Tahoe area. A lot can happen in a few weeks and that is part of the reason to stick with generic, non-political topics that avoid the fear mongering that is today's news and social media. Another reason is that I try to write about topics that may be happening at the time you read the magazine - thus, the last article about Labor Day (and not the disasters between August 11th and September 6th).

On that note, by the end of September, we will hopefully have been lucky enough to avoid any major hurricanes in Florida. The first day of Fall will have come and gone on the 22nd and the next holiday will be Columbus Day on October 11th. Some cities around the country will celebrate the removal of Columbus statues while most people will simply take advantage of the day off. In the District of Columbia (named after him), they will surely have the day off and can ponder how to change their name (sarcasm intended). Columbus, always, a Sunshine State of Mind.

I typically write these articles about like Vespucci, was an Italian explorer and yet both of their voyages were sponsored by Spain and Portugal. They say that Columbus may not have been aware that he discovered the New World; he was thinking that he had reached the Far East. Vespucci was aware of the New World as he landed in Brazil and he is credited with naming the Americas. It's a good thing they didn't name it North and South Vespucci - imagine the United States of Vespucci!

You know, when you go on the Internet these days to look up information, it is shocking what you will find. Google and YouTube are a treasure trove of information but they also have the largest amount of unrelated information and distracting suggestions that direct people to even more unrelated material. For that reason, I've minimized using Google a long time ago. YouTube does have some interesting content but there are so many videos with misinformation that you could hire a whole new government to clean up that mess. Oh, that's right; Google, Facebook, Twitter and YouTube already are small governments that do all of that - NOT! They always want to claim how they are all about the public domain and your privacy. If that's the case, think about this: Facebook is filing with the U.S. Gov't. copyright/patent office for the right to own all of your content after you die. Public domain? Makes you want to delete your account.

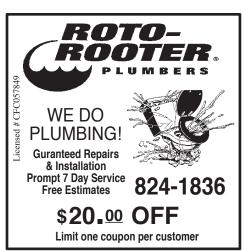
It is late September and the next issue will come out before Halloween. Hopefully, there will not be any further disasters between the 15th of September (the day I submitted this Diary) and the end of the month. Wishing everyone, as

Saint Augustine Ballet stages 2021 Nutcracker! **Tickets Go on Sale!**

Tickets are \$35, \$45 to \$50, available at saintaugustineballet.com or by calling 855-

Community sponsors are needed to help support the Saint Augustine Ballet, a nonprofit organization. To become a sponsor of the Nutcracker and the spring show, please contact Meghan Deputy at MeghanDeputy@sjrstate.edu or call 386-538-

Saint Augustine Ballet offers performance opportunities to dancers from St. Augustine, St. Johns County and the surrounding area. The Saint Augustine Ballet is a nonprofit performing arts organization founded in 2010. For more details, go to saintaugustineballet.co.





Financial Focus

Information Provided by Edward Jones

Start thinking about your retirement income plan



you're probably thinking about the ways your life will soon be changing. And one key transition involves your income – instead of being able to count on a regular paycheck, as you've done for decades, you'll now need to put together an income stream on your own. How can you get started?

It's helpful that you begin thinking about retirement income well before you actually retire. Many people don't in fact, 61% of retirees wish they had done better at planning for the financial aspects of their retirement, according to an Edward Jones/Age Wave study titled Retirement in the Time of Coronavirus: What a Difference a Year Makes.

Fortunately, there's much you can do to create and manage your retirement income. Here are a few suggestions:

- Consider ways to boost income. As you approach retirement, you'll want to explore ways of potentially boosting your income. Can you afford to delay taking Social Security so your monthly checks will be bigger? Can you increase your contributions to your 401(k) or similar employersponsored retirement plan, including taking advantage of catch-up contributions if you're age 50 or older? Should you consider adding products that can provide you with an income stream that can potentially last your lifetime?
- Calculate your expenses. How much money will you need each year during your retirement? The answer depends somewhat on your goals. For example, if you plan to travel extensively, you may need more income than someone who stays close to home. And no matter how you plan

If you're getting close to retirement, to spend your days in retirement, you'll need to budget for health care expenses. Many people underestimate what they'll need, but these costs can easily add up to several thousand dollars a year, even with Medicare.

- Review your investment mix. It's always a good idea to review your investment mix at least once a year to ensure it's still appropriate for your needs. But it's especially important to analyze your investments in the years immediately preceding your retirement. At this point, you may need to adjust the mix to lower the risk level. However, you probably won't want to sell all your growth-oriented investments and replace them with more conservative ones – even during retirement, you'll likely need some growth potential in your portfolio to help you stay ahead of inflation.
- Create a sustainable withdrawal rate. Once you're retired, you will likely need to start taking money from your IRA and 401(k) or similar plan. But it's important not to take too much out in your early years as a retiree, since you don't want to risk outliving your income. A financial professional can help you create a sustainable withdrawal rate based on your age, level of assets, family situation and other factors.

By planning ahead, and making the right moves, you can boost your confidence in your ability to maintain enough income to last throughout your retirement. And with a sense of financial security, you'll be freer to enjoy an active lifestyle during your vears as a retiree.

This article was written by Edward Jones for use by your local Edward Jones Financial Advisor.

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Orthopaeics &
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Nick November
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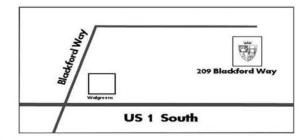
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Balance &
Vestibular Specialist



Beth Olson
Physical Therapist
Manual Therapist
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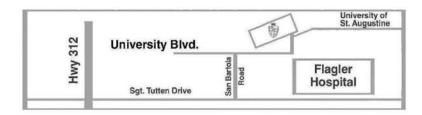
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Pandiculation

By Rob Stanborough PT, DPT, MHSc, MTC, CMTPT, FAAOMPT First Coast Rehabilitation (904) 829-3411

Pandiculation Padicu...what?

Pandiculation involuntary stretching of soft tissues. You've probably seen your dog or cat perform such stretches upon waking from a nap or even experienced the refreshing feeling yourself. Yawning is a perfect example of pandiculation – arms stretched over head, back arched. It's a stretch that can't be stopped. But why do our bodies do such strange One current hypothesis is that it helps regulate our locomotor or musculoskeletal system.

Most people know muscles move bones, which create movement but few have heard about fascia. Fascia is the fabric that helps hold us together and more. Current research now tells us fascia not only holds us together but also plays an integrative role with It helps distribute forces muscles. from muscle making movement more

So why stretch, or pandiculate? Although fascia is a durable connective tissue, remains lubricated and mobile with movement, it can become sticky and stiff when we don't move, hence the need to stretch, or 'pandiculate' after periods of stillness. Such stretches are said to reverse the stiffening effects immobility during sleeping.

The purpose of this column is to emphasize the need to stretch. Chances are the last time many of us stretched with a goal in mind was when we participated in in sports, or maybe further back during "hips, ankles, knees and toes" in elementary school PE. The fact is, stretching should be a regular part of one's life. Gentle

stretches to the neck, shoulders, back, hips and legs are thought to decreases compressive forces to the joints. And, they only take a few minutes.

Stretching can be as simple as leaning through a doorway while your arms on you the jam. Or leaning back in your computer chair after sitting a while - both examples reverse the stresses through the tissues.

The body will automatically attempt to maintain mobility of soft tissue via pandiculation (involuntary stretches). Îmagine how voluntary and routine stretching could achieve greater and longer lasting effects when done intentionally.

We've all been a little less active during covid, why not learn to stretch intentionally. If you are getting stiffer or feel you are losing range of motion, perhaps you should consult your physician or physical therapist regarding a stretching program designed specifically for you.

Rob Stanborough is a physical therapists, president and co-owner of First Coast Rehabilitation. He is coauthor of Myofascial Manipulation: Theory & Application, 3rd ed by Proed Inc. He has been in practice for over 13 years, is a Fellow of the American Academy of Orthopaedic Manual Therapists and trained/certified in a number of soft tissue techniques. Read previous columns posted on www. firstcoastrehab.com.

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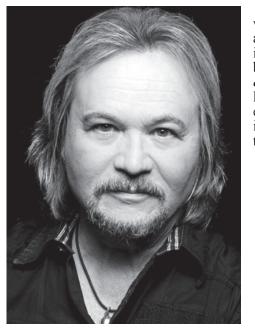
2720 U.S. HWY 1 SOUTH, STE B ST. AUGUSTINE, FL 32086

25th Annual Rhythm & Ribs Festival Features music legend Travis Tritt October 15-17

(continued from page 8)

and Overnight Parking.

On Saturday only, free parking and free shuttle transportation is available, managed by the City of St Augustine, and paid for by the St. Augustine Sunrise Rotary. The shuttle will run from 8:00 am until 11:00 pm with pick-up and



Travis Tritt

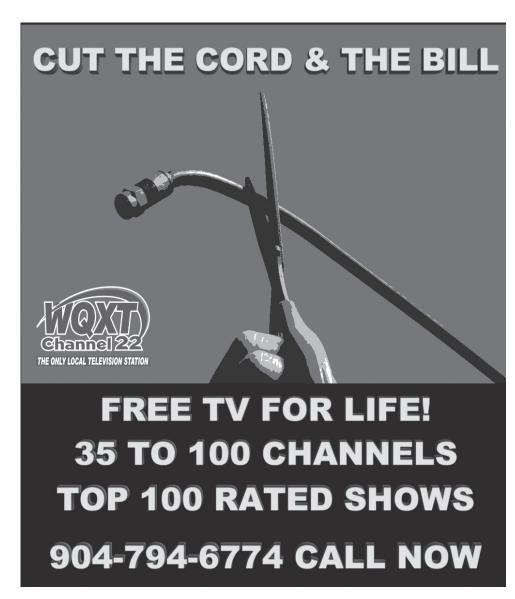
facilities include Handicapped Parking delivery every 20 to 25 minutes from two and Overnight Parking.

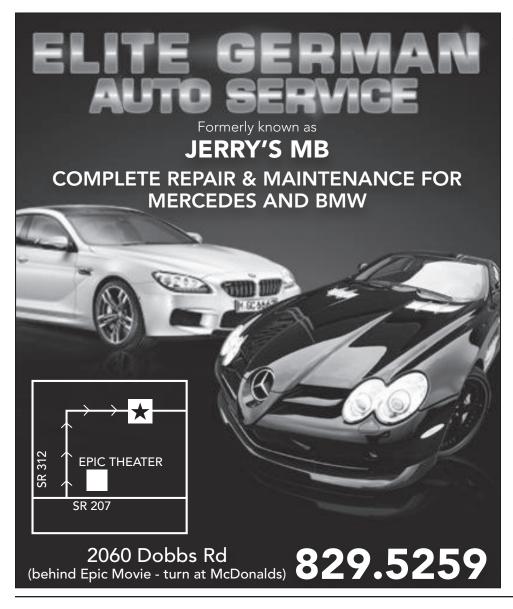
delivery every 20 to 25 minutes from two parking locations on the north side of the city including St. Johns County Health Department, 200 San Sebastian View in St. Augustine, and North San Marco Lot, 301 San Marco Ave. in St. Augustine. Additional Rotary Club sanctioned parking lots are located around the festival field for \$10 all-day.

> With the help of approximately 200 volunteers including Rotarians, friends and family, more than 2000 hours of help is volunteered over the weekend. What began as a small Barbeque Fest, Rhythm & Ribs has grown and attracts music lovers and barbeque aficionados who enjoy the Festival weekend. For more information and to purchase tickets, visit the website at https://rhythmandribs.net.









Computer Corner

by Steven Aldrich 904-479-5661

So Many Scams these Days

How many times a day does your phone software and firewalls. ring and how many of those are outright scams? There are so many scams that the FBI has a webpage that breaks them into several classes. Here's a link: https://www. fbi.gov/scams-and-safety/common-scams-

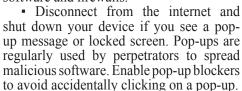
Since we live where we live, let's take a Fraud.

- Romance scam
- Tech support scam
- Grandparent scam
- Government impersonation scam
- Sweepstakes/charity/lottery scam
- Home repair scam
- Family/caregiver scam

I have lost count of how many of these scams have touched one of my clients. It is heart-breaking to hear these folks recount how they fell for it.

How can you Protect Yourself?

- Recognize scam attempts and end all communication with the perpetrator.
- Resist the pressure to act quickly. Scammers create a sense of urgency to produce fear and lure victims into immediate action. Call the police immediately if you feel there is a danger to yourself or a loved
- Be cautious of unsolicited phone calls, mailings, and door-to-door services offers.
- Never give or send any personally identifiable information, money, jewelry, gift cards, checks, or wire information to unverified people or businesses.
- Make sure all computer anti-virus and security software and malware protections are up to date. Use reputable anti-virus (904) 479-5661.



Be careful what you download. Never look at the list of what the FBI calls Elder open an email attachment from someone you don't know, and be wary of email attachments forwarded to you.

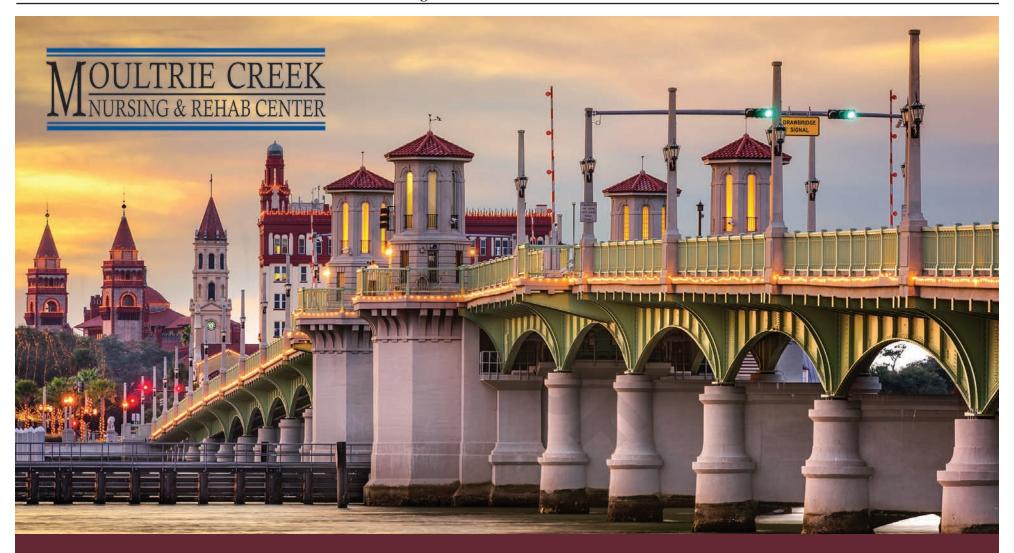
> Take precautions to protect your identity if a criminal gains access to your device or account. Immediately contact your financial institutions to place protections on your accounts, and monitor your accounts and personal information for

> suspicious activity.
>
> What is probably the most important advice I have ever heard for those that have been scammed, is: TELL EVERYONE. Tell your family, friends, and financial institutions. Tell your family and friends, because they are potentially next on the scammer's list. Once they have your funds, they go after everyone close to you as

> It may be embarrassing to admit, but how would you feel if they also got scammed, and you could have prevented it by telling them your experience?

> Steven Aldrich is a technology advisor with decades of experience as an IT Director and is the owner of First Coast Computer Services. Contact Steven if you need a trusted advisor to come to your business or home and help with your technology. See my ad on this page. Steve@fccspro.com or





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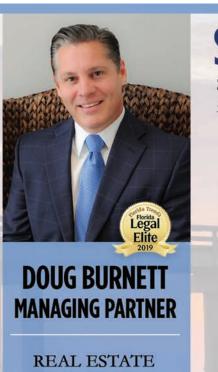
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