



Native Australian Extracts & Essential Oil in Gut-Brain-Skin-Connection and the Skintox Protocol

3-day Certificate (18 CPDs) Seminar

with **Deby Atterby**, Aromatic & Herbal Medicine Practitioner,
Clinical Aromatherapist, Remedial Massage, Esthetician

In this practical course, Deby will discuss Detoxification and the gut-brain-skin connection. Deby will be sharing several protocols that have given great results and satisfaction to her clients, including her Skintox protocol. All Australian Essential oils and extracts are discussed and used throughout the course.

Deby welcomes trained Clinical Aromatherapists, Herbal medicine practitioners and Naturopaths, etc. to attend her 3-day Advanced Certificate Course and be enlightened in the world of Australian Native and Common Essential Oils and how they can be successfully used in clinical practice and dispensaries.

She will also show attendees how to integrate extracts and clays to help recharge the skin through using the Skintox protocol. Attendees can look forward to an introduction of Deby's journey and what led her to combining her expertise in Aromatic Medicine, Herbal Medicine, Esthetician Therapy, Remedial Massage, Iridology, Clinical Aromatherapy into her Holistic Practice. We will study of the skin anatomy and physiology, the brain-gut-skin connection, pathways to improve the detoxification on the skin, skin analysis for creating an appropriate formulation, home regime to maintain an all over healthy skin due to increasing lymph, circulation and oxygenation, and an essential oil chemistry review. Deby will take the attendees into the world of Australian extracts and their healing properties and then progress onto how valuable clays from the earth can heal the skin. Lastly, she will give an insight into the Australian hydrosols and the significant part they play in skincare. Attendees will participate in the hands-on protocol of the Skintox method and use products for facial care.

Dates: June 9-11, 2023 (3 days) — 9:00 am - 5:00 pm

Venue: Springhill Suites—Longmont, Colorado

Fee: \$549* if paid by February 20, 2022, \$625 thereafter**

*Payments are non-refundable, but transferable (see website for details)

**If class minimum is met and class moves forward.

Register: Online at www.ijpha.com

Questions? +1 815-814-1444

*hosted by the
International Journal of Professional Holistic Aromatherapy*



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About the course

Learning Objectives:

- On completion of the 3 day course, you will:
- Have a greater understanding of the why, when and how the use of Essential Oils internally in Aromatic Medicine treatment and when you should or should not apply this method, covering safety and precautions.
- You will leave with the knowledge of just how the layers of the skin and cellular levels (skin ecology) make an impact when using essential oils in applications and formulations.
- Achieve a clear understanding about the Gut – Brain and Skin and how they work together, thus creating certain health conditions to the largest organ of the body.
- From there we will realize a wealth of knowledge on how the pathways of how detoxing improves our all over health of the skin.
- Attendees will learn a technique of facial care and recognize how to address what the body needs.
- Attendees will leave with an understanding of native Australian Essential Oils, along with the safety and chemistry behind them.
- Have knowledge on how to use Australian extracts, clays and hydrosols can play a vital role in skincare.
- The attendees will leave with knowledge of how to apply a treatment protocol in order to help the skin maintain its health and vitality.
- Attendees will leave with a knowledgeable understanding of how to treat the face using Australian Essential Oils, Carrier Oils, extracts, Clay and Hydrosols with enough confidence to treat a client's face and body in a clinical practice.
- Have the ability to create and use certain product formulations.

Deby Atterby, Adv Dip Aromatic Medicine, DIST Herbal Medicine, Dip Clinical Aromatherapist, Dip Remedial Massage, Adv Dip Aestheticians, Author, Editor & Publisher *Aromatherapy Today* journal. Deby is an active Clinical Aromatherapy educator and practitioner with over 30 years' experience. She continues to be active in Aromatic Medicine and Clinical Aromatherapy as well as Western Herbal Medicine. She studies and trains internationally.

In 2008, she undertook the task of editor and publisher of the industry magazine, *Aromatherapy Today International Journal* (www.aromatherapytoday.com) which assists Aromatherapists with their continuing education in the aromatherapy realm and Deby provides an in-depth profile of an Essential Oil in each volume.

Deby organized the first 2-day Aromatica Australia conference in 2015, which was well attended by therapists from Australia, New Zealand, Taiwan and Japan, who were all treated to wonderful presentations by guest speakers in their field. As a result of the first Aromatica Australia conference, Deby has continued running the conference in 2017, 2019 and 2021. More recently, Deby has been recognized as an expert in Australian native essential oils and has many case studies to demonstrate their efficacy and benefits in a clinical environment and along with her colleague, educates predominantly in the use of Australian Essential oils.

She then has since written a book on Australian Essential Oils, which was released during the 2021 virtual Aromatica conference and is being sold worldwide, available on www.aromatherapytodayeducation.com.au. Deby is considered to be among one of the leading experts in the use of Australian Native Essential Oils and Extracts in Clinical practice.

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