

Public Speaking

Learn tips & techniques to overcome your fears & take it to the next level.

Public Speaking

Glossophobia, the fear of public speaking, is a common social phobia, with an estimated 75% of the population experiencing some form of anxiety before giving a speech. It's natural to have butterflies, you just want to get them flying in formation.

Presentation Skills

On average, people start to fade away every 7 minutes, even if they are interested in your presentation. So every 7 minutes do something to shake your audience in their seats – raise your voice, show a photo, etc. Keep them awake.

Communication

This fast-paced world of multitasking & “MTV” messaging makes for a short attention span. The next time you want to better communicate with someone, give them your undivided attention. Listen and focus.

Improve Public Speaking & Presentation Skills

The phrase natural born speaker is misleading. While some people are more outgoing and conversational, a well-delivered speech is far from being spontaneous or natural. In fact, effective public speaking requires significant planning and preparation. Like cooking, driving, or playing a sport, it's a learnable skill. Learn how to begin the process and to take your speech to the next level. Get comfortable using techniques such as getting feedback from a trial audience, and taping yourself when practicing.

Who Would Benefit?

This workshop would benefit anyone who would simply like to improve his or her public speaking and presentation skills. If you are already a good speaker but want to take your speeches to the next level this workshop could help you do that. It will help you fine-tune your current skills and help to polish your speeches or presentations to a higher level.



Workshop Objective

This workshop is designed to provide an interactive & engaging platform for you to apply tips and “how tos” to your speaking toolset. Learn the most important aspects of captivating & inspiring your audience.



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